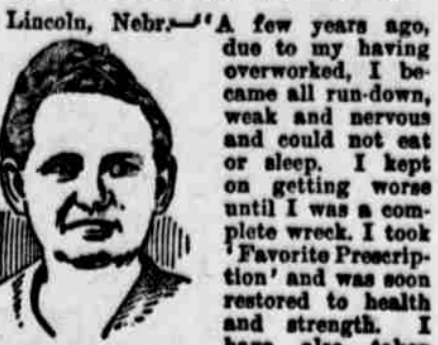


WHILE AT WAR Women Suffer at Home



Lincoln, Neb.—A few years ago, due to my having overworked, I became all run-down, weak and nervous and could not eat or sleep. I kept on getting worse until I was a complete wreck. I took 'Favorite Prescription' and was soon restored to health and strength. I have also taken the 'Golden Medical Discovery' as a tonic and blood purifier; it was excellent. —Mrs. J. S. Barrio, 1945 E St.

Anora, Neb.—I have had a wonderful experience with Dr. Pierce's remedies. I had been ailing for six months with nervous prostration and impurities of the blood, and became so ill finally that my case just simply baffled the doctors. I was down in bed and had just about given up hope when I read an advertisement and started to take the 'Favorite Prescription' and the 'Golden Medical Discovery.' Then we changed doctors and it was with the approval of my physician that I kept right on with them, until I was completely restored to health. We also acted on advice received from Dr. Pierce's Invalids' Hotel along with my doctor's approval and I feel positive that I owe my life and present good health to the treatment I had at that time with Dr. Pierce's remedies. It was all of sixteen years ago and I am so enthusiastic, I have been recommending these remedies to my friends ever since. —Mrs. B. A. Hickman, 317 N St.

The "Prescription" and the "Discovery" are both put up in liquid and tablet, and are to be found in nearly all drug stores. No alcohol or any narcotic. Send Dr. V. M. Pierce, Buffalo, N. Y., 10c for trial pkg. of either tablets.

After reaching the top a man ceases to talk about the room there.

However, pride never brings one the humiliation of having a favor refused.

Only One "BROMO QUININE" To get the genuine look for full name LAXATIVE BROMO QUININE. Look for signature of E. W. GROV. Cures a Cold in One Day. See.

True. "Bad weather we're having." "Yep. But you're in luck if that's all you've got to kick about."

Some Exceptions. "Does like always produce like?" "Not always. Rich food often produces poor health."

Before Wealth Came. No doubt there are a lot of rich men, too, who though they'd be different than they are when they got money in the days before they got it.

Pledge for Children. Mrs. Hattie T. Harl, a school teacher of Council Bluffs, Ia., has prepared a pledge for school children, in which they promise not to find fault with any food set before them during the war.

Swordless Soldiers. Though some ancient weapons are being revived the sword has passed, perhaps, forever. Long the symbol of war, and the badge of the officer, it has now been banished from the American army. It has been abandoned because it is worse than useless, says Milestones. It is no longer an effective weapon either for attack or defense, and it serves as a distinguish mark of the officer, thus making him the prey of the enemy sharpshooter. With far too few trained officers, America cannot afford to waste them, and it is wise to adopt the present practice of the armies of her allies.

The modern line officer of infantry in an attack carries a watch in one hand and an automatic pistol in the other. With a watch he times the progress of his troops, holding them to a slow walk so that they may not advance more rapidly than their artillery barrage lifts ahead of them. Modern attacks are run with a time table, so that the artillery may know just where their own men are at each moment, and not drop shells on them.



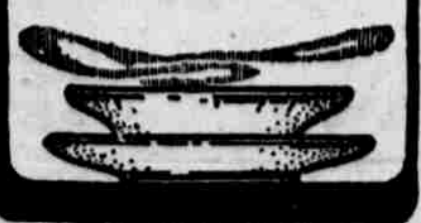
Six Minute Pudding

Here's a new one—a most delicious desert that can be made in a hurry.

To one and one-half cups of milk add one cup of Grape-Nuts

and one level tablespoonful of sugar, boil six minutes, cool and serve with milk or cream. Add raisins if desired.

Get a package of Grape-Nuts from your grocer and try this pleasing recipe.



HELP DRAFTED MEN

ATTORNEYS IN EACH COUNTY WILL TENDER THEIR AID QUALIFIED LAYMEN TO HELP Every Effort Will be Made to Give Registrants Aid in Preparing Papers

Governor Keith Neville has made public the names of lawyers or qualified laymen for all of the ninety-three counties in the state who will assist in mobilizing the lawyers in each county to aid exemption boards and draft registrants in the classification which starts about the middle of the month.

In each county these committees are expected to enlist the services of all of the attorneys. The services are to be given gratuitously. Following is the list: Adams—Judge John Snider, chairman; Raymond M. Tibbets, James E. Addie, Hastings. Antelope—J. F. Boyd, chairman; R. M. Kryger, O. A. Williams, Neligh. Arthur—George F. Walker, chairman; A. J. Staples, Charles Harding, Arthur. Banner—County Assessor, E. Crass, chairman; Joseph Dolezal, Harrisburg. Blaine—Judge William Turner, chairman; H. Riggs, George C. Waters, Brewster. Boone—Judge F. A. Daten, chairman; F. D. Williams, A. E. Garton, Albion. Box Butte—Eugene Burton, chairman; John A. Davies, O. A. Harrington, Butte. Brown—Benjamin H. Burritt, chairman; A. W. Scattergood, John M. Cotton, Ainsworth. Buffalo—John N. Dryden, chairman; F. T. Hamer, Edward R. McDermott, Kearney. Burt—E. D. Pratt, chairman; W. M. Hopewell, R. C. Ehnart, Tekamah. Butler—L. C. Cooper, chairman; A. L. Hughes, C. M. Skiles, David City. Cass—Matt Gering, chairman, Plattsmouth; C. E. Toft, Weeping Water; D. O. Dwyer, Fremont. Cedar—P. F. O'Garra, chairman; B. B. Boyd, H. E. Burkett, Hartington. Chase—Judge J. M. Bender, chairman; P. W. Scott, Charles W. Meeker, Imperial. Cherry—E. D. Clark, chairman; John M. Tucker, James C. Quigley, Valentine. Cheyenne—C. S. Radcliffe, chairman; W. P. Miles, J. L. McIntosh, Sidney. Clay—A. C. Epperson, chairman; Clay Center; Robert G. Brown, Sutton; Clay C. Stewart, Edgar. Colfax—B. F. Farrell, chairman; George W. Werts, John C. Sprecher, Schuyler. Columbus—C. Anderson, chairman; West Point; Clark Evans, Wisner; F. L. Farley, Bancroft. Custer—Judge N. D. Perd, chairman; E. E. Squires, C. L. Gundersen, Broken Bow. Dakota—William P. Warner, chairman; B. H. Evans, Sidney T. Frum, Dakota City. Dawes—Judge E. M. Slattery, chairman; W. P. Rooney, Justin E. Porter, Chadron. Dawson—Judge J. J. Neley, chairman; T. M. Hewitt, W. M. Cook, Lexington. Deuel—Judge Isaac Woolf, chairman; Chappell; George E. Junge, Big Springs; L. O. Pfeiffer, Chappell. Dixon—J. J. McCarthy, chairman; P. O. Dick, A. Van Donselaar, Concord; F. D. Fales, Ponca. Dodge—C. E. Abbott, chairman; S. S. Snider, Howard W. Loomis, Fremont. Douglas—Judge W. D. McHugh, chairman; Raymond Young, Arthur F. Mullen, Omaha. Dundy—C. A. Ratcliffe, chairman; R. D. Durlinger, A. T. Beckman. Fillmore—Judge W. R. Fulton, chairman; F. B. Donahorpe, John J. Burke, Geneva. Franklin—Judge W. C. Dorsey, chairman; Bloomington; Charles R. Stasenka, Campbell; A. H. Byrum, Bloomington. Frontier—Judge E. P. Fyfe, chairman; L. H. Charney, Stockville; J. L. White, Curtis. Furnas—E. B. Perry, chairman; Cambridge; E. J. Lamb, J. F. Fultz, Beaver City. Gage—Samuel Rinaker, chairman; Fulton; Jack H. E. Sackett, Beatrice. Garden—Judge A. G. Gumaer, chairman; P. S. Laycock, F. A. Dutton, Oshkosh. Garfield—Judge George S. Todd, chairman; E. M. White, Clyde Marden, Burwell. Gosper—Judge C. G. Lewis, chairman; E. T. Grunden, J. H. Purrow, Elwood. Grant—A. D. Fetterman, chairman; Theodore A. Frye, Charles O. Jones, Hyannis. Greeley—County Attorney James P. Boler, chairman; T. P. Lannigan, Greeley; John E. Kavanaugh, Spalding. Hall—Judge J. H. Mullin, chairman.

Two hundred Nebraska towns have agreed to co-operate with the agricultural extension service in conducting a garden survey this fall and winter, looking forward to a renewal of the "war garden" activities next summer. In Lincoln the work will be done by the Junior Civic and Industrial league. According to C. W. Watson, leader of the junior division of the extension service, the present survey will include the acquisition of all necessary information. The work will be done entirely by boys and girls working in co-operation with the school authorities.

In each town owners of back yards and vacant lots will be asked to tell whether they will garden or rent the property next year. The students will also ascertain the kind of soil, the available supply of fertilizer in the town, and similar information. The location of each garden spot will be recorded on a card with the details concerning it. It is believed several thousand acres of land will thus become available for gardening in Nebraska next spring.

Overdrafts amounting to \$575,000 are shown by State Treasurer Hall's monthly report at the close of business for November. Of this large sum, \$229,000 was in the state normal fund, \$190,000 in the state university activities fund, \$56,000 in the temporary university fund, \$58,000 in the state aid bridge fund, and \$35,000 in the state institutions improvements fund. The general fund balance declined during the month from \$135,000 to \$50,000. Cash deposits in banks aggregated \$284,000 at the close of the month.

Warns Against Christmas Tree Fires Fire Commissioner W. S. Ridgell recommends the abolition of the Christmas tree as a needless luxury until after the war in a bulletin just issued. Otherwise, it is urged that stores show windows and Christmas trees have their holiday decorations of non-inflammable material instead of cotton and celluloid, and that electric lights replace candles as a protection against fire. The bulletin advocates that careless fire be regarded as a crime and that people guilty of negligence be punished.

Conference Postponed Till January The state conference of the national league for woman's service, which was to have been held in Omaha December 11, has been postponed until late in January on account of the inability of Miss Grace Parker, the national commandant of the league, to come this month. The organization has been in existence for about nine months and the meeting will be held to take stock of what has been done and to make plans for future work.

The state board of educational lands and funds has traded off \$500,000 of government liberty bonds for home securities bearing a higher rate of interest. In addition it has traded \$50,000 of government land bank bonds for home securities bearing a higher rate of interest. The liberty bonds bear 3 1/2 per cent, but were exchangeable for 4 per cent. Liberty bonds. The land bank bonds bear 4 1/2 per cent. interest. Both were exchanged for 5 per cent bonds issued by Nebraska counties, school districts and cities and villages.

Land Commissioner Shumway has just learned that the state owns 120 acres of land in Douglas county, worth \$100 an acre, which is not under lease at the present time and has not been for several years. In fact, the land was reported a few years ago as having been swallowed up by the Missouri river. The fact that it is in existence is shown by a report from Douglas county on reappraisements covering a number of school land tracts there. The river is supposed to have once more changed its course and surrendered the land again to the state.

Benjamin J. Cunningham, J. Leo Cleary, Grand Island. Hamilton—Frank E. Edgerton, chairman; C. L. Whitney, M. F. Stamey, Aurora. Marion—John Everson, chairman; O. E. Shelburn, Otto W. Percy, Alma. Hayes—Judge J. W. Ditty, chairman; M. F. Wasson, C. A. Ready, Hayes Center. Hitchcock—Judge N. T. Jones, chairman; J. F. Ratcliff, C. W. Shurtleiff, Trenton. Holt—Judge C. J. Malone, chairman; Hugh Boyd, Sanford Parker, O'Neill. Hooker—Judge W. E. Howers, chairman; A. G. Humphrey, C. H. Barnobey, Mullen. Howard—Judge R. A. Haggart, chairman; Charles W. Dobry, John Templin, St. Paul. Jefferson—W. H. Barnes, chairman; C. H. Denny, W. H. Moss, Fairbury. Johnson—Al N. Dufos, chairman; Oscar Douglas, Tecumseh; L. A. Varner, Sterling. Kearney—Judge L. W. Hage, chairman; L. C. Paulson, C. P. Anderbury, Minden. Keith—L. A. DeVoe, chairman; H. A. Duro, H. E. Good, Ogallala. Keya Paha—Judge S. M. Wyatt, chairman; Forest Dear, Ross Amaspoker, Spearville. Kimball—Judge F. J. Bellows, chairman; William J. Ballard, Isaac Roush, Kimball. Kiowa—W. A. Meserve, chairman; Creighton; P. M. Peterson, Wauka; Joseph F. Gren, Creighton. Lancaster—A. W. Richardson, chairman; John J. Ledwith, L. A. Flansburg, Lincoln. Lincoln—Judge George E. French, chairman; J. J. Balligan, J. C. Beeler, North Platte. Logan—Judge F. R. Hogeboom, chairman; E. E. Dress, Stapleton; W. E. Hill, Grand. Loup—Judge C. L. Coop, chairman; A. S. Moon, Frank W. Hoobler, Taylor. McPherson—Judge J. J. Stack, chairman; Tryon; W. E. Flynn, Forks; L. E. Pzyer, Tryon. Madison—Judge M. S. McDuffy, chairman; W. L. Dowling, Madison; J. C. Rice, Norfolk. Merrick—Thomas W. Bockes, chairman; Harry R. Ross, Edward J. Patterson, Central City. Morrill—Judge J. R. Steuteville, chairman; K. A. McDonald, Faye Williams, Burdett. Nance—James H. Kemp, chairman; W. L. Ross, G. N. Anderson, Fullerton. Nemaha—Judge Fred G. Hawley, chairman; Edgar Feresau, M. S. McIntosh, Auburn. Nuckolls—Judge E. D. Brown, chairman; David Simms, Nelson; Samuel H. Buck, Superior. Otoe—Judge A. A. Bischof, chairman; W. W. Wilson, W. H. Pitzer, Nebraska City. Pawnee—Frank A. Barton, chairman; John R. Ripper, J. C. Dorr, Pawnee City. Perkins—Judge E. W. Dorr, Hartington; Myles S. Keller, Charles Eppler, Grant. Phelps—E. W. Bechtel, chairman; A. J. Chaffter, J. A. Dillworth, Holdrege. Pierce—Judge J. G. O'Brien, chairman; Pierce; C. H. Doyle, Plainview; O. S. Stillman, Pierce. Platte—Judge J. J. Alberts, chairman; Louis Lightner, August Wagner, Columbus. Polk—M. E. Pittner, chairman; M. A. Mills, Jr., John Torgue, Osceola. Red Willow—C. E. Eldred, chairman; J. F. Cordell, John Rice, McCook. Richardson—Judge John Willis, chairman; R. C. James, J. B. Cain, Falls City. Rock—Judge F. N. Moran, chairman; H. D. Curtis, J. H. Berryman, Russell. Saline—Judge J. J. Griffin, chairman; William; Charles F. Barth, Friend; Roland F. Ireland, Crete. Saunders—Judge Jennings M. Wheat, chairman; James T. Bealey, E. S. Nickerson, Papillion. Saunders—Judge A. Z. Donato, chairman; B. E. Hendricks, Charles H. Slama, Wahoo. Scottsbluff—W. W. White, chairman; Gering; C. M. Morrow, Scottsbluff; Robert G. Johnson, Gering. Seward—Judge F. P. Norvel, chairman; Harry McKillop, Edwin Vail, Seward. Sherman—Judge W. H. Westover, chairman; C. Patterson, R. O. Harton, Rushville. Sherman—County Attorney L. L. Stephens, chairman; J. S. Pedler, Robert H. Matthews, Loup City. Sioux—Judge R. H. Snurr, chairman; S. P. Baker, Harrison; M. J. O'Connell, Norfolk. Stanton—DeWitt C. Chase, chairman; John A. Ehrhardt, Virgil L. Horton, Stanton. Thayer—Judge Peter I. Harrison, chairman; C. L. Richards, J. P. Baldwin, Hebron. Thomas—Judge S. L. Blauvelt, chairman; E. G. Reed, Samuel O'Brien, Theford. Thurston—Judge Ray E. Carlberg, chairman; Paul E. Smith, Winnebago; Harry L. Keefe, Walthill. Valley—Claude A. Davis, chairman; E. P. Clements, George A. Munn, Ord. Washington—Clark O. Harton, chairman; E. B. Kerrigan, E. C. Jackson, Blair. Wayne—Judge James Britton, chairman; Fred S. Berry, Wayne; H. E. Sisman, Winslow. Webster—Judge A. D. Ranney, chairman; H. H. Blackledge, Frank J. Munday, Red Cloud. Wheeler—A. L. Bishop, chairman; J. H. Brown, E. D. Meese, Bartlett. York—Judge George G. Cororan, chairman; George M. Spuriock, G. E. Sandall, York.

SCARED THE BRAVE RED MAN Farmer's Signal for Saying Grace at Supper Table Almost Brought Forth a War Whoop.

The first impressions that the white man's customs made upon the Indians were doubtless more startling than their stoical natures permitted them to reveal. In his book, "From the Deep Woods to Civilization," Dr. Charles A. Eastman discloses something of their feelings by relating his experiences when, as a Sioux, he started on a 150-mile walk to the Indian Mission school at Santee agency, Nebraska.

"All day I traveled," says the author, "and late in the afternoon I came suddenly upon a solitary farm-house of sod and met a white man who had much hair on his face. I was hungry and thirsty as a moose in burned timber. I had some money that my father had given me; so I showed the man all of it and told him by signs that he might take what he pleased if only he would give me something to eat.

"When the family invited me to sit down with them at the table, I felt uncomfortable; but hunger was stronger than my fears, and I took my seat on a rickety stool between the big, hairy man and one of his well-grown daughters. All at once, without warning, the man struck the table with the butt of his knife with such force that I jumped and nearly gave a war whoop. In spite of their taking a firm hold on the home-made table to keep it steady, the dishes were quivering and the young women were no longer able to maintain their composure. Several glances from mother and father soon brought us calm, and it appeared that the blow on the table was merely a signal for quiet before the farmer said grace. I pulled myself in much as a turtle would do, and possibly it should be credited to the stoicism of my race that I have never eaten a heartier meal."

WATCH YOUR SKIN IMPROVE

When You Use Cuticura—The Soap to Purify and Ointment to Heal.

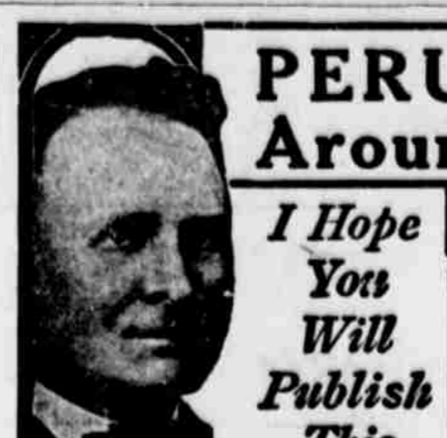
On rising and retiring gently smear the face with Cuticura Ointment. Wash off Ointment in five minutes with Cuticura Soap and hot water. Continue this treatment for ten days and note the change in your skin. No better toilet preparations exist.

Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston Sold everywhere.—Adv.

Gave Eve a Raw Deal. "They say that the game of cards is of very ancient origin." "Undoubtedly! Satan, you know, played the deuce in the Garden of Eden—beat a pair, as it were."

The Usual Way. "What became of that friend of yours who was always looking for a fight? Did he enlist?" "No, and when the draft came he claimed exemption."

Persia has no distilleries, breweries or drinking places.



PERUNA Best All Around Medicine Ever Made

I Hope You Will Publish This Letter

Mr. W. H. Edgar, 49 Cooper St., Atlanta, Georgia, writes:

"I suffered for fifteen years with rheumatic symptoms. Peruna cured me and I think it is the best all around medicine ever made. I hope you will publish this letter for the benefit of others who suffer."

Those who object to liquid medicines can procure Peruna Tablets.

Cupid Statue of Marble. Cupid, fashioned in marble in a statue which has been described as a perfect masterpiece, has just been unearthed at Cyrene, in Libya. Other important archeological discoveries made in the same region during Italian occupation include statues of Jupiter, Venus, Mars, Minerva and Apollo. The statue of Cupid will be sent to Rome.

For Him. Hicks—Does he believe in luck? Wicks—Not in good luck.—Somerville Journal.

Youngest British Soldier. The youngest soldier at the front and the youngest N. C. O. in the British army is a lad of eleven, who is attached to an A. S. C. unit. He was specially enlisted to act as interpreter, as he speaks English and French fluently. He was made a sergeant and is now regarded as a mascot.

Right the First Time. Teacher—Now, there, what are you late for? Walter—School.

Colds Cause Headache and Grip. LAXATIVE BROMO QUININE. There is only one "Bromo Quinine." E. W. GROV'S signature is on box. See.

An Englishman has invented a process for coloring wool khaki and orange shades with diluted nitric acid.

The young condor stays about the nest until it is a year old.

PERUNA Best All Around Medicine Ever Made. I Hope You Will Publish This Letter. Mr. W. H. Edgar, 49 Cooper St., Atlanta, Georgia, writes: "I suffered for fifteen years with rheumatic symptoms. Peruna cured me and I think it is the best all around medicine ever made. I hope you will publish this letter for the benefit of others who suffer." Those who object to liquid medicines can procure Peruna Tablets.

CASTORIA For Infants and Children. Mothers Know That Genuine Castoria Always Bears the Signature of Dr. J. C. Hathcock. In Use For Over Thirty Years CASTORIA. Net Contents 15 Fluid Drams. 100 DROPS. ALCOHOL-3 PER CENT. A Vegetable Preparation for Assimilating the Food by Regulating the Stomach and Bowels of INFANTS-CHILDREN. Thereby Promoting Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC. A helpful Remedy for Constipation and Diarrhoea, and Feverishness and LOSS OF SLEEP resulting therefrom in Infancy. Exact Copy of Wrappers.

Carter's Little Liver Pills. You Cannot be Constipated and Happy. A Remedy That Makes Life Worth Living. Gave Eve a Raw Deal. "They say that the game of cards is of very ancient origin." "Undoubtedly! Satan, you know, played the deuce in the Garden of Eden—beat a pair, as it were." The Usual Way. "What became of that friend of yours who was always looking for a fight? Did he enlist?" "No, and when the draft came he claimed exemption." Persia has no distilleries, breweries or drinking places.

Stop! Women and consider these facts. Every statement made in our advertisements is true. Every testimonial we publish is genuine and honest, which proves that LYDIA E. PINKHAM'S VEGETABLE COMPOUND Is the greatest remedy for women's ills known. LYDIA E. PINKHAM MEDICINE CO. LYNN, MASS.