 sick child.

Look back at your childhood days.
Remember the "dose" mother insisted
on-castor oil. calomel, cathartics.
on-castor oll., calomel., cathartics.
How you hated them, how you fought Against taking them. Mothers who cling to the old form of physic simply don't realize what they
do. The childrenen's revot is well-found
de. Their tender ed. Their tender little "insides" are
injured by them. in Jured by them.
If your chlld's bowels need cleansing, give only dell
clous "Californla Syrug clous "California Syrup of Figs." Its
action is positive, but gentle. Milions of mothers keep this harmless "frutt
axative" handy; they know children love to take it; that it never falls to
clean the liver and bowels and sweet. given today saves a sick child tomor-
row. Ask at the store for a 50 -cent bottle of "Cailfornia Syrup of Figs," whitch
has fall directions for babies, children
of all ages and for grown-ups platnly


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OLD PRESCRIPTION
FOR WEAK KIDNEFS
$\qquad$
 SPREAD OF AMERICAN TRADE
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| Foods Are Increasing In Price |  |
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| Sut you can still buy |  |
| pe-N |  |
| Grape-Nuts |  |
| t the same price. |  |
| This taple cereal in |  |
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| keep indefinitely, yet is ready to eat at a |  |
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| Crne-Nut is fall of |  |
| ( witha delilightuu |  |
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oods Are In Price But you can still buy

## Grape:Nuts

This staple cereal in its air-tight, wax-pro-
tected package will keep indefinitely, ye moment's notice.

Grape-Nuts is full of with a delightful

The Most Economical of Prepared Cereals

## In the Promotion of Health

It is imperative that you keep
THE STOMACH NORMAL THE BOWELS REGULAR and THE LIVER AGTIVE

ToThat End-Try HOSTETTER'S
Stomach Bitters ABSORBTNE stops Trom a Bone Spavinining Bone
 Sish $=2=25$

PATENTS Witw wowayt
 GALLSTONES


## Sudden Death

Doctor Advises Herbal
Tonic for Women
Council Bluffs, Iowa.-"When I was
going through middle life 1 became ail
run town was run down, was very nervous and sul.
fered with severe pans in my back. A fered with severe pains in my back. A
doctor advised me to take D. Prere's
Favorite Prescription which I did. and
it brought me through in a strong,
healthy condition. I have always used
the Pleasant Pellets and found them
to be to be a splendid regulator of the stom.
nct, Iver nad bowes."-MRS. MARY
MonGAN, 186 G6th Ave. Dr. Pierce's Pleasant Pellets are the
original litte Llver Pills. These tiny, sumar-coated, anti-bilious these tranuess,
the smatlest and acsest to take. Made
up of May apple, the dried Juice of the


