

In Woman's Realm **OPPORTUNITIES** THAT ARE MISSED

## Why Wait? Why Not Go to Western Canada Now?

The writer has frequently heard the remark that "after the war we will go to Western Canada." It does not occur to those making the remark that if they wish to secure lands in Western Canada, whether by homestead or purchase, the best time to go is now. After the war the welcome will be just as hearty as ever, but the chances are that land values will increase and today homesteads are plentiful and land is reasonable in price. There is no question about what the land in Manitoba, Saskatchewan and Alberta will do, what it will give under proper cultivation.

materials.

clothes may be got under way.

Farmers in Western Canada are paying for their land holdings with the proceeds of last year's crop. That this is no idle statement may be gleaned from the three following items, which are picked out at random:

"In the spring of 1916 a half-section of land was offered for sale at \$17.00 per acre. There were 105 acres of summer-fallow, which because the owner could not at the time find a buyer, were seeded to wheat. A yield of 40 bushels per acre, 4,200 bushels all told, grading No. 1, was obtained. The price the day the grain was sold (which was very early in the season, before grain prices advanced to round about \$2.00) was \$1.60, which brought the handsome total of \$6,720.00. Three hundred and twenty acres at \$17.00 equals \$5,440.00, so that a buyer, by placing less than half of the whole under crop, would have made a profit of \$1.280.00." - Robson Messenger, Robson, Sask.

"That the 'Indiana Boys' farm this year raised sufficient crop to pay for the land, all the machinery and all overhead expenses as well as make a handsome profit, is the information given by N. E. Davis, the manager. The wheat yield was over 22,000 bushels. Of twelve cars already sold, nine graded No. 1, and Mr. Davis has sold over 2,000 bushels locally for seed at \$2.00. Naturally, when he gets to Indiana he will be a big booster for Alberta."-Bassano Mail, Bassano, Alta.

"Oscar Castalor, who bought land at Blusson after the crop had been put in last spring, for \$3,800.00, has threshed 3,900 bushels of wheat, which is worth at present prices about \$7,500.00. He refused an offer of \$5,000,00 for the land after the crop had been taken off."-Lethbridge Herald, Lethbridge, Alta.

Reports from the wheat fields are highly encouraging and show that the wheat crop of many farmers in West-

Here is a pretty and sensible morn- mighty well worth while. There is a ing dress which may be made of linen feast spread there for the eyes, as but is more likely to be made of cotton well as the cars,

Pretty and Sensible Morning Drass Which May Be Made of Linen.

but Is More Likely to Be Made of Cotton, Such as Indian

Head or Some Other Suitable Weave-Pretty Head-

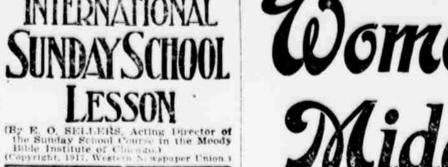
dress for the Opera.

such as Indian head or some other The colffares and hair ornaments are suitable weave. For it appears that enough to engross eyes that love to linen is soaring in price, with the end see woman's crowning glory still furthnot yet in sight. There is no very er glorified. This season, handsome good reason for preferring it to sub- combs have taken precedence over othstantial and beautifully-woven cotton | er hair ornaments. They are made of silver filigree, shell, coral, amber and

Now that the days are short and the gold; some of them are enameled, and evenings long, and while the weather most of them are set with brilliants. out-of-doors is not inviting, springtime and mock jewels. Besides these, there are many pretty opera caps and head-The dress shown may be cut by a dresses in which malines, brightened



pattern for a plain skirt and jacket, | with spangles or rhinestones, make a urnished by any of the standard patbackground for wonderful feathers or tern companies. It has a wide cape other ornaments, collar and a belt with sash ends made



Lesson for January 21

FIRST DISCIPLE OF THE LORD JESUS.

LESSON TEXT-John 1:25-49. GOLDEN TEXT-Jesus saith unto him, follow me.-John 1.43.

The words "I see" or "behold" occur fifteen times in this first chapter, John was a witness to the Son of Man. This term, "Son of Man," occurs eighty times in the gospel. The words "Come and see," or their equivalents, occur nine times in this lesson. This is a great invitation lesson. It would be interesting if the scholars would tell what the voices are which say, "Come," and those which are urging them to "stay" away from God. Bethabara was probably two miles from the fords of the Jordan, where John baptized. Jesus was thirty years old, just entering upon his ministry. Tiberius Caesar was the emperor and Pontius Pilate the governor of Judea.

I. The Son of Man Attracts Men. (vv. 35-39) not by his ethical teachings nor alone by his works and his character, but what he was and inspired in others attracted men to Jesus (John 10: 41). Crowds still gathered around the baptizer who "changed the hearts of men as by a spell." John, the Baptizer, brought terror to men. He broke through the crust of self-righteousness and indifference, and compelled men to see their need of forgiveness and of a new life, but the time had come when John must step aside, and Jesus 'to increase," to begin his ministry. 'our successive days are noticed in this chapter. Andrew (v. 40), and foubtless the apostle John, who wrote his account, were the two disciples (v. 35) to whom John, the Baptizer, peaks. It is interesting to note the lifferent kinds of men who were atracted to Jesus; the aggressive Peter, the reflective Thomas, the practical Judas. He had what the souls of men needed, and they followed him. Aware of their questioning, Jesus turns to them with the question: 'What think ye?" the first recorded words of his public ministry. This is a great testing question of every man's life. What is the aim and purpose of your life? Jesus, the kingdom of God, goodness, righteousness, usefulness or on the other hand selfishness, worldliness, success, ambition, money, pleasare? These disciples who had listened to this testimony of the baptizer, replied that they wanted to know where

# INTERNATIONAL SUNDAY SCHOOL WORK of Middle Age

Many distressing Ailments experienced by them are Alleviated by Lydia E. Pinkham's Vegetable Compound.

### Here is Proof by Women who Know.



Lowell, Mass .- "For the last three years I have been troubled with the Change of Life and the bad feelings common at that time. I was in a very nervous condition, with headaches and pain a good deal of the time so I was unfit to do my work. A friend asked me to try Lydia E. Pinkham's Vegeta-ble Compound, which I did, and it has helped me in every way. I am not nearly so nervous, no head-ache or pain. I must say that Lydia E. Pinkham's Vegetable Compound is the best remedy any sick woman can take."-Mrs. MARGARET QUINN, Rear 259 Worthen St., Lowell, Mass.

### She Tells Her Friends to Take Lydia E. Pinkham's Remedies.

North Haven, Conn.-"When I was 45 I had the Change of Life North Haven, Conn.—" When I was 45 I had the Change of Life which is a trouble all women have. At first it didn't bother me but after a while I got bearing down pains. I called in doctors who told me to try different things but they did not cure my pains. Ore day my husband came home and said, 'Why don't you try Lydia E. Pinkham's Vegetable Compound and Sanative Wash?' Well, I got them and took about 10 bottles of Vegetable Compound and could feel myself regaining my health. I also used Lydia E. Pinkham's Sanative Wash and it has done ma a great deal of good. Any ora Sanative Wash and it has done me a great deal of good. Any ora coming to my house who suffers from female troubles or Change of Life, I tell them to take the Pinkham remedies. There are about 20 of us here who think the world of them."-Mrs. FLORENCE ISELLA, Box 197, North Haven, Conn.

### You are Invited to Write for Free Advice.

No other medicine has been so successful in relieving woman's suffering as has Lydia E. Pinkham's Vegetable Compound. Women may receive free and helpful advice by writing the Lydia E. Pinkham Medicine Co., Lynn, Mass. Such letters are received and answed by women only and held in strict confidence.

its Class. "What are those pamphlets hanging women excel men in their interest in up there?" politics, "They are catalogues of the articles not subject to duty."

"Ah, I see. The free list suspended."

# **GOOD FOR HUNGRY CHILDREN**

Children love Skinner's Macaroni and Spaghetti because of its delicious taste. It is good for them and you great builder of bone and muscle, and does not make them nervous and Irritable like meat. The most economical and nutritious food known. Made from the finest Durum wheat. Write Skin- Get a 10-cent box.

Governor Capper of Kansas says

BILIOUS, HEADACHY, can give them all they want. It is a Gently cleanse your liver and sluggish bowels while you sleep. Sick headache, biliousness, dizziness, coated tongue, foul taste and foul breath-always trace them to torpid liver; delayed, fermenting food in the bowels or sour, gassy stomach. Poisonous matter clogged in the intestines, instead of being cast out of the system is re-absorbed into the blood. When this poison reaches the delicate brain tissue it causes congestion and that dull, throbbing, sickening headache. Cascarets immediately cleanse the stomach, remove the sour, undigested food and foul gases, take the excess bile from the liver and carry out all the constipated waste matter and poisons in the bowels. A Cascaret to-night will surely straighten you out by morning. They work while you sleep-a 10-cent box from your druggist means your head clear, stomach sweet and your liver and bowels regular for months. Adv.

ern Canada was highly satisfactory.

Coblenz, Sask .-- W. A. Rose has threshed an average of 33 bushels per acre and 83 bushels of oats.

Gleichen, Alberta,-Up to date 237,-812 bushels of grain have been received by local elevators, of which nearly 180,000 bushels were wheat. Seventyone cars of grain have already been shipped.

Stoop Creek, Sask .-- James McRae has threshed 5,400 bushels of grain, 2,000 bushels of which were wheat, grading No. 1 Northern. One field averaged 44 bushels per acre, and a large field of oats averaged 83 bushels.

If information as to the best location is required, it will be gladly furnished by any Canadian Government Agent, whose advertisement appears elsewhere.--Advertisement.

### Truthful Excuse.

"The sheriff caught his young assistant writing love letters in business hours today."

"What did the young fellow say when he was taxed with doing so?" "Said he was not shirking his duty as they were all writs of attachment.'

# SYRUP OF FIGS FOR A CHILD'S BOWELS

It is cruel to force nauseating, harsh physic into a sick child.

Look back at your childhood days. Remember the "dose" mother insisted on-castor oil, calomel, cathartics. How you hated them, how you fought against taking them.

With our children it's different. Mothers who cling to the old form of physic simply don't realize what they do. The children's revolt is well-founded. Their tender little "insides" are injured by them.

If your child's stomach, liver and bowels need cleansing, give only delicious "California Syrup of Figs." Its action is positive, but gentle. Millions of mothers keep this harmless "fruit laxative" handy; they know children love to take it; that it never fails to clean the liver and bowels and sweeten the stomach, and that a teargoonful given today saves a sick child tomorrow.

Ask at the store for a 50-cent bottle of "California Syrup of Figs." which has full directions for babies, children of all ages and for grown-ups plainly on each bottle. Adv.

Waterproof knapsacks made of horse hair have been invented by a Japanese army officer.

A headdress of this kind is pictured of the same material as the dress, here. It consists of a fan of plaited The skirt is embroidered near the bot- malines, set on a headband made of tom with occasional sprays of flowers, wire, covered with many thicknesses and this embroidery reappears on the of malines. In front of the fan of cuffs, collars, and sash ends. The jack- malines a smaller fan-shaped ornaet is laid in plaits at each side of the ment of fine rhinestones is set, and front and across the back. The sleeves bands of rhinestones are slipped over are plain. Plain white buttons, eith- the headband, at short intervals, all er bone or pearl, and buttonholes, the way round it.

are used for fastening the jacket. Silver cloth and silver lace make whether the material of the dress is headbands that are ornamented with.

HEADDRESSES FOR THE OPERA.

white or a color, and the embroidery is | either strands of pearls or rows of

done in white cotton.

long run should be chosen.

Even those who have no ear for mu-

sic find the opera alluring, and one

might be stone deaf and still find it

like to talk with him and discuss the problems which were arising in their minds. Three steps of Christian experience are here suggested. These two disciples heard, they looked and they followed. Other steps must come

shortly, but we must first look at Jesus as the Lamb, if we are to follow him as our example. We must believe what he has done (Rom. 3:25) before we can ask what would Jesus do or try to imitate him. It is by following that we demonstrate that we have real-

he dwelt, implying that they would

ly looked unto him and been saved. II. The Son of Man Cares for His

Own. (vv. 39-42). The instruction which they received from abiding with him impelled them, as we have already indicated, to go out and spread the good news. The greatest act in the life of Andrew was the bringing of his brother Peter to Jesus. Jesus changed Peter's name, and gave him a prophecy of his future life and career. He saw the possibilities within him, though it took much instruction, bitter experiences, prayer and long abiding with Jesus before he attained to those possibilities. It is this passage which gave rise to the organization of the Brotherhood of St. Andrew, which has adopted, first, the "Rule of Prayer," that of daily prayer for the spread of Christ's kingdom among young men; second, "The Rule of Service," to make an earnest effort each week to bring at least one young man within the hearing of the gospel of Jesus Christ. On the morrow Jesus would go forth to Galilee, that is to the East side, across the Jordan river, and on the way he found Phillp. It was Philip who asked the question, "Show us the Father," and of whom the question was asked as to the resources sufficient to feed the hungering multitude (John 6:5). John, the Evangelist, alone tells us about Philip, Philip saw not only the resources of Jesus, but he saw a union of the law of the prophets (v. 45) in this Jesus, and therefore could and did invite his brother to Jesus.

Christianity would soon fill the earth if Christians would put forth the personal effort here suggested.

Nathaniel (v. 46) repeated a proverb of the country, "Can any good thing come out of Nazareth?" Philip's reply was: "Come and see," and to his amazement Jesus reveals not only his character but his supernatural power; whereupon Nathaniel's reply was: "Thou art the Son of God, the King of Israel" (v. 49). Jesus, seeing his faith, promised that he should see still greater things (vv. 50, 51).

Everybody in this lesson who found Jesus seemed to go at once for someone else, and though some were sceptical, yet their scepticism ended, even as Nathaniel's, in following him.

ner Mfg. Co., Omaha, Nebr., for beautiful cook book. It is sent free to mothers.-Adv.

### Contrary Methods.

"How are you going to learn to drive our motor car?"

"I am going to employ a coach."

### Important to Mothers Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it



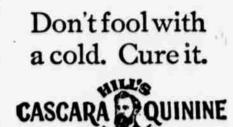
Children Cry for Fletcher's Castoria

Unkind Interpretation. "My fingers are all thumbs."

"I guess they are, at the identification bureau."

Pimples, boils, carbuncles, dry up and disappear with Doctor Pierce's Golden Medical Discovery. In tablets or liquid. -Adv.

Within the heel of a recently patented shoe for women is contained a complete vanity case.



The old family remedy-in tablet form-safe, sure, easy to take. No opiates-no unpleasant after effects, Gures colds in 24 hours-Grip in 3 days. Money back if it fails, Get the genuine box with Red Top and Mr. Hill's picture on it-25 cents.

At Any Drug Store

The New Method (BY L. W. BOWER, M. D.)

Backache of any kind is often caused by kidney disorder, which means that the kidneys are not working properly Poisonous matter and urle acid accumulate within the body in great abundance over-working the sick kidneys, hence the congestion of blood causes backache in the same manner as a similar congestion in the head causes headache. You become nervous, despondent, sick, feverish, irritable, have spots appearing

tween meals and take a single Anuric rouses every organ into natural action, tablet before each meal for a while. tablet before each meal for a while.

with this novel treatment.

### The Reason.

"Why did the founders of our nation take a bald engle for our emblem?"

"I suppose it was to show we had no use for hairs apparent."

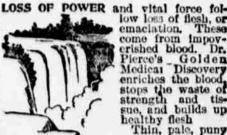
# CUTICURA COMPLEXIONS

### Are Usually Remarkably Soft and Clear-Trial Free.

Make Cuticura Soap your every-day toilet Soap, and assist it now and then as needed by touches of Cuticura Oint ment to soften, soothe and heal. Nothing better to make the complexion clear, scalp free from dandruff and hands soft and white.

Free sample each by mail with Book Address postcard, Cuticura, Dept. L Boston, Sold everywhere .- Adv.

London has 78,500 miles of telephone and telegraph wires.



low loss of flesh, or emaciation. These emaclation. come from impovcrished blood Pierce's Golden Medical Discover Golden enriches the blood, stops the waste of strength and tis-sue, and builds up healthy flesh Thin, pale, puny

and scrolulou children are made plump, rosy robust by the "Discovery." They it too.

In recovering from "Grippe," or in conbefore the eyes, bags under the lids, and lack ambition to do things. The latest and most effective means of overcoming this trouble, is to eat spar-ingly of meat, drink plenty water be-

Simply ask your favorite druggist for Anuric. If you have lumbago, rheuma-tism, gout, dropsy, begin immediately candy.

Julia Bottomby



spangles or rhinestones set on them.