

The Influence OF Good Digestion is far reaching. It means Better Appetite—Proper Assimilation—Liver and Bowel Regularity—Improved Health—

To Aid Digestion—TRY HOSTETTER'S Stomach Bitters It Helps Nature In Every Way

Habit is a cable. We spin a thread of it every day, and at last we cannot break it.

THICK, GLOSSY HAIR FREE FROM DANDRUFF

Girls! Try It! Hair gets soft, fluffy and beautiful—Get a 25 cent bottle of Danderine.

If you care for heavy hair that glistens with beauty and is radiant with life; has an incomparable softness and is fluffy and lustrous, try Danderine. Just one application doubles the beauty of your hair, besides it immediately dissolves every particle of dandruff. You can not have nice heavy, healthy hair if you have dandruff. This destructive scurf robs the hair of its lustre, its strength and its very life, and if not overcome it produces a feverishness and itching of the scalp; the hair roots furnish, loosen and die; then the hair falls out fast. Surely get a 25-cent bottle of Knowlton's Danderine from any drug store and just try it.—Adv.

Just as soon as some people get things coming their way financially they change their way.

Important to Mothers Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the Signature of J. C. Fletcher In Use for Over 30 Years. Children Cry for Fletcher's Castoria

DESTROYED STOCKS OF FLOUR

How a New York Mob Deal With Food Speculators Some Eighty Years Ago.

These times of corners on eggs and flour by speculators and owners of refrigerator plants recall the days of panic in 1836-37, when banks closed, and even the government was unable to meet its obligations. Coal was \$10 a ton and flour \$12 a barrel and so great was the distress that a meeting was held in City Hall park, the notice reading: "Bread, wheat, rent, fuel! The voice of the people shall be heard!"

Ell Hart, in Washington street, who was holding 60,000 barrels of flour for higher prices, was denounced and a mob attacked his warehouse and destroyed much of his stock after he had refused to sell to the people at the old price.

Then when the militia arrived the crowd visited Herick & Co.'s warehouse, and there they were outwitted by a very smart clerk, who said: "Boys, destroy the flour, but let every one who can, shoulder a barrel of flour and take it home to his family." To this all agreed, and hundreds of homes were immediately amply supplied. Herick saved much of his stock, and quiet was restored to the town.—New York Tribune.

Retributive Rebuke. "My wife has a bad habit of buying such ugly chairs." "Then why don't you sit on it?"

Why Wait Mr. Coffee Drinker, till heart, nerves, or stomach "give way?" The sure, easy way to keep out of coffee troubles is to use the pure food-drink—

POSTUM Better quiet coffee now, while you are feeling good, and try Postum, the popular American beverage. "There's a Reason"

POLICY OF SILENCE

ADOPTED BY PRESIDENT IN PEACE MOVEMENT.

IN FAVOR OF METRIC SYSTEM

Its Adoption Recommended, Together With Plan of Daylight Saving— Omaha Gets the Farm Loan Bank.

Washington.—A policy of absolute silence regarding the peace negotiations has been adopted by President Wilson and Secretary Lansing. It is stated officially that all steps henceforth will be regarded as confidential; that no comment will be made on any developments and that rumors will not be discussed in any way. The decision to pursue this course was made known after the state department had received the official texts of the German and Austrian replies to President Wilson's notes to the belligerents proposing a discussion of peace terms, and after it was learned that the Teutonic powers would be willing to permit a confidential exchange of tentative terms if it became necessary to do so to bridge the gap threatening to prevent a gathering of peace delegates.

Omaha Gets Farm Loan Bank. Washington.—The federal farm loan board has announced the following cities in which farm loan banks will be located:

Springfield, Mass.; Baltimore, Md.; Columbia, S. C.; Louisville, Ky.; New Orleans, La.; St. Louis, Mo.; St. Paul, Minn.; Omaha, Neb.; Wichita, Kan.; Houston, Tex.; Berkeley, Cal.; Spokane, Wash.

One hundred and forty contesting cities were disappointed.

The farm loan act is intended to do for the farmer what the federal reserve act is doing for the business man. Under it the government provides the machinery for assembling capital to be loaned to farm owners or prospective farm owners, on first mortgage farm security, at a reasonable rate of interest and for relatively long periods of time.

The banks will be established as soon as practicable. Under the law each will have a capital of \$750,000. Applications for loans have been pouring into the board in great volume recently and it is estimated that a sum more than twenty times in excess of the combined capital stock could be used in making loans.

Almost the first work of the banks after approving and issuing loans will be the issuance of farm loan bonds, a new form of security in this country. The bonds will be issued in denominations as small as \$25, it is expected, and will bear interest at a rate of 1 per cent less than the interest rate charged farmers on their loans.

METRIC SYSTEM IS IN FAVOR

Adoption Recommended, Along with Plan of Daylight Saving

New York.—Adoption of the metric system of weights and measures for commercial use in the United States and also of the "daylight savings" plan was advocated by speakers in different sections of the convention of the American association for the advancement of science. An unusual opportunity is afforded at present to make the metric system the American, as well as the international language of commerce, asserted George F. Kunz, president of the New York academy of science.

"For the effective development of our trade," he said, "it is most urgent that all foreign catalogs and publications issued by our manufacturers should have all dimensions expressed in metric as well as in English terms of weights and measures.

The demand for war materials, he added, had forced the introduction of the metric system in many factories.

New York.—Complete official returns on the presidential election show that Mr. Wilson received 9,116,296 votes and Mr. Hughes 8,547,474, a plurality of 568,822 for Mr. Wilson. In 1912 Wilson, democrat, received 6,297,099; Taft, republican, 3,846,399; Roosevelt, progressive, 4,124,507.

Refuse Compromise Proposals. Washington.—Efforts of a joint congressional committee to agree on legislation for the relief of claimants to lands in California naval oil reserves came to an abrupt end when the navy department through Secretary Daniels refused to yield to any compromise proposals.

The attitude of the navy imperils the mineral lands' conservation bill, which had been before congress for several years and in the opinion of committee members, will prevent action at this session.

Have Agreed Upon Terms.

London.—England and France have fully agreed upon the terms of the reply to be made to the peace proposals of the Teutonic allies. It is thought that the answer may be dispatched by the end of the week, but other nations of the entente, although fully agreed in principle, may require verbal attributions, which would necessitate further delay. It is expected that once this reply has been forwarded the response to President Wilson's note will follow very shortly.

DEAD, KINSMEN SAY; ALIVE, COURT RULES

Henry W. Schutt, Whose Supposed Body Was Identified, Declared a Fugitive.

New York.—Henry W. Schutt, lawyer, believed to be dead by his relatives after they had identified a body found in the Hudson river, is alive and must be sought by the police as a fugitive from justice, according to a decision of Judge Delehanty in the Court of General Sessions. He is wanted to answer to an accusation of grand larceny. His office was at No. 30 Church street and his home in Weehawken, N. J.

After his indictment, October 15, Schutt was arraigned in General Sessions and pleaded not guilty, being released on bail of \$1,000. Richard Grant of No. 19 Tenth avenue, furnished the bail. Soon after he was released a coat and a waistcoat, identified as belonging to him, were found on board a West Shore ferryboat. The body of a man who had been drowned in the river was found October 30 at the foot of West Nineteenth street. George W. Adolph, a relative, of No. 612 West One hundred and Seventy-eighth street, identified it as that of Schutt. Lieut. Grant Williams of the Bureau of Identification had other relatives of Schutt identify the body before he finally consented to its removal. Relatives buried the body.



The Body Was Identified as That of Schutt.

Despite the identification, detectives connected with the office of the district attorney were sceptical. Frederick Sullivan, deputy assistant district attorney, asked Judge Delehanty to declare the bail forfeit, asserting that new information had convinced him Schutt had not committed suicide. Detectives are looking for Schutt.

BAR LOVE IN FILMS

Birmingham, Ala.—When Arlie Barber was elected to the city commission here on the Socialist ticket, he declared for Sunday moving picture shows. Now he has introduced an ordinance which reads, in part:

"Pictures depicting the following scenes shall also be barred: Love, murder, domestic troubles, divorces, gambling houses, resorts of questionable character, bar scenes and riots." Movie proprietors declare they will have to go out of business if the suggestion is made a law.

ENTER THE MORPHINE KISS

Latest Form of Osculation Is Practiced in the "Dope Cure" Ward in Bridewell Prison in Chicago.

Chicago.—Officers of the house of correction in the bridewell prison have discovered the morphine kiss as the latest form of osculation practiced on inmates of the "dope cure" ward.

A prisoner who is being weaned away from the morphine habit against his will is watched constantly by attendants, but when a "den" relative as his wife, sister or some other friend calls the prison authorities never have interposed any objections to a long and lingering kiss. Now they find that during the long embraces and lingering kisses perhaps as many as 50 or 60 grains of morphine are transferred to the patient.

Authorities at the bridewell propose now to forbid kissing in the "dope" ward and thus prevent the smuggling of dream-provoking drugs.

Fined for Gum Chewing.

New York.—Because he chewed gum in the presence of Magistrate Krotel while asking for a warrant for a man alleged to have stolen phonograph records from him, Frank Bardonnes was held in \$500 for contempt of court.

Routs Masher With Pen.

Forestburg, N. Y.—Using a fountain pen in self-defense, Mrs. Beniah Lambert, twenty-four, jabbed and squirted with ink a masher who had grabbed and hugged her until she put him to rout.

INTERNATIONAL SUNDAY SCHOOL LESSON

LESSON FOR JANUARY 7

'ESUS THE LIGHT AND LIFE OF MEN.

The studies for the first six months of this year are devoted to the gospel of John; the remaining portion of the year to 11 Kings, Ezra and Nehemiah, being a study with the prophets. One year from now we begin the new "graded uniform lessons" recently adopted by the reorganized International Lesson committee.

John was younger than his brother, James, and lived to be the oldest of the apostles, dying somewhere between A. D. 95 and 98. His name means "Peace," though he is surnamed the "son of thunder" (Mark 3:17). Five of the New Testament books bear his name. He blended the gentleness of a dove with the force and vision of an eagle. The purpose of his gospel is clearly stated (ch. 20:31). Only about 8 per cent of it is used in the other three gospels. Seventy-six times the word "witness" is used. The word "father" occurs 140 times and the name "Jesus" 240 times.

I. The Word (vv. 1-5). Words utter thoughts; a word is an expression of an inaudible and invisible thing. As the Word, Christ is Creator (ch. 14:9; 8:19), he is the source of light. "The word is God heard; the life is God felt, and the light is God seen"—Moody. This eternally existing person is called the Word because in him God fully expresses or reveals himself. The Bible is the written word because in it God speaks and reveals himself through this person who is the eternal Word (Heb. 1:3). The first verse brings out the fact that there are at least two persons in the Godhead, the one divine person in company with whom the word was, and the word, himself, was God; that is, was also a divine person. He who by his incarnation became our brother and our savior was first our creator and the creator of all things, and apart from him not anything came into existence. The Word did not become the light of men by his incarnation in Jesus of Nazareth. He was ever the Light of Men. The light that shone in the Old Testament time shone from him. When sin came, night came.

II. The Witness (vv. 6-10). John the Baptist came for a witness. He was not the light. Some might have thought him to be the promised Messiah. This he denied. He was a lamp which held forth light to men concerning the true light "which lighteth every man that cometh into the world." He reflected light (v. 8). John told all that he knew. Testimony will expand as experience enlarges. The spoken word of man must confirm the experience of the word in our lives. John was a wonderful man, a man whom God delighted to honor, but he was a man. Men are not asked to believe blindly, but always upon an abundance of testimony.

III. The World (vv. 11-14). This world was created by Jesus, and throughout its existence he has been in the world, though the world knew him not. This living light had been coming into the world, and was not fully come until he was manifest to Israel at the baptismal act of John. In order to be made manifest the "Word was made flesh" in the person of Jesus. The world did not apprehend the light (v. 5) nor did the world which he was in and which was made by him (v. 10). Even his own people, literally his own household servants, I. e. Israel, received him not to themselves, but whoever receives him, even the vilest sinner of earth, and takes him into his heart to be all Jesus desired to be, savior, lord, teacher, friend, that instant he becomes a child of God. We cannot attempt to explain this mystery. The union of spirit and body was in one person, a simple fact; though unexplained, still true. The union of God with a human body, forming one person, Christ Jesus, sometimes spoken of separately, sometimes as a whole, sometimes as divine, sometimes as human. We cannot divide his activities into two sections and say this is divine and this is human; they are inexplicably blended into one. This Christ really dwelt among us. He did not merely appear to some persons, or come in a vision, and yet his abode among us was only temporary, only a few years, and we beheld his glory, the glory of the only begotten Son. The world expected a Messiah and his own creation, his own inheritance received him not, rejected him, opposed him, crucified him, their lord, savior, king and messiah. Those who received him and believed on his name became sons.

To be a child of God we must be born into the nature and character of God, into his spiritual life. We are members of his family. We are heirs of all things through him, his joy, his love, his character and his blessing and the privileges of working for him and with him. We become heirs by being born of God, not of blood, physical descent nor inheritance, for the best of parents cannot bestow this gift upon their children. Not by our own efforts or exertions nor the will of the flesh, not by the will of men, through wisdom and man's highest powers of intellect, but of God.

THOUSANDS HAVE KIDNEY TROUBLE AND DON'T KNOW IT

Weak and unhealthy kidneys cause so much sickness and suffering and when through neglect or other causes, kidney trouble is permitted to continue, serious results may be expected.

Your other organs may need attention—but your kidneys should have attention first because their work is most important.

If you feel that your kidneys are the cause of your sickness or run down condition commence taking Dr. Kilmer's Swamp-Root, the great kidney, liver and bladder remedy because if it proves to be the remedy you need and your kidneys begin to improve they will help all the other organs to health.

Prevalency of Kidney Disease.

Most people do not realize the alarming increase and remarkable prevalence of kidney disease. While kidney disorders are among the most common diseases that prevail, they are almost the last recognized by patients, who usually content themselves with doctoring the effects, while the original disease constantly undermines the system.

SPECIAL NOTE—You may obtain a sample size bottle of Swamp-Root by enclosing ten cents to Dr. Kilmer & Co., Binghamton, N. Y. This gives you the opportunity to prove the remarkable merit of this medicine. They will also send you a book of valuable information, containing many of the thousands of grateful letters received from men and women who say they found Swamp-Root to be just the remedy needed in kidney, liver and bladder troubles. The value and success of Swamp-Root are so well known that our readers are advised to send for a sample size bottle. Address Dr. Kilmer & Co., Binghamton, N. Y. When writing be sure and mention this paper.

"Imitate Birds; Don't Fret."

The public health service, which has been gathering statistics on nervous diseases and their tendency to shorten life, issued a bulletin against worrying.

"So far as is known," says the bulletin, "no bird ever tried to build more nests than his neighbor; no fox ever fretted because he had only one hole in which to hide; no squirrel ever died of anxiety lest he should not buy by enough nuts for two winters instead of for one, and no dog ever lost any sleep over the fact that he did not have enough bones laid aside for his declining years."

GIVE "SYRUP OF FIGS" TO CONSTIPATED CHILD

Delicious "Fruit Laxative" can't harm tender little Stomach, liver and bowels.

Look at the tongue, mother! If coated, your little one's stomach, liver and bowels need cleansing at once. When peevish, cross, listless, doesn't sleep, eat or act naturally, or is feverish, stomach sour, breath bad, has sore throat, diarrhoea, full of cold, give a teaspoonful of "California Syrup of Figs," and in a few hours all the foul, constipated waste, undigested food and sour bile gently moves out of its little bowels without griping, and you have a well, playful child again. Ask your druggist for a 50-cent bottle of "California Syrup of Figs," which contains full directions for babies, children of all ages and for grown-ups.—Adv.

Moved to Tears.

"Pardon my emotion," said the sympathetic man. "I have just listened to an affecting story." "Tell me about it." "I overheard a woman on a trolley car telling another woman about having worn the same hat for three years. The tones of her voice were heart-rending. I haven't been so deeply moved since starvation was first reported among the Belgians."

DANDRUFF AND ITCHING

Disappear With Use of Cuticura Soap and Ointment—Trial Free.

The first thing in restoring dry, falling hair is to get rid of dandruff and itching. Rub Cuticura Ointment into scalp, next morning shampoo with Cuticura Soap and hot water. Prevent skin and scalp troubles by making Cuticura your everyday toilet preparation.

Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

Window Screens in Georgia.

In the city of Athens, Ga., a housing survey made recently revealed that of 736 living rooms occupied by negroes only 39 had doors and windows screened. Yet malaria is very prevalent among the southern negroes.

10 CENT "CASCARETS" IF BILIOUS OR COSTIVE

For Sick Headache, Sour Stomach, Sluggish Liver and Bowels—They work while you sleep.

Furred Tongue, Bad Taste, Indigestion, Sallow Skin and Miserable Headaches come from a torpid liver and clogged bowels, which cause your stomach to become filled with undigested food, which sours and ferments like garbage in a swill barrel. That's the first step to untold misery—indigestion, foul gases, bad breath, yellow skin, mental fears, everything that is horrible and nauseating. A Cascaret to-night will give your constipated bowels a thorough cleansing and straighten you out by morning. They work while you sleep—a 10-cent box from your druggist will keep you feeling good for months.—Adv.

Ancient Iron Mines.

Italian guns are being made of iron taken from mines in Sardinia which were utilized 2,000 years ago by the Romans as a source of ore to help arm their legions, and the guns are being used against nations whose tribal foemen the Romans often fought.

A Trial Will Convince Anyone.

Thousands of people have testified that the mild and immediate effect of Swamp-Root, the great kidney, liver and bladder remedy, is soon realized and that it stands the highest for its remarkable results in the most distressing cases.

Symptoms of Kidney Trouble.

Swamp-Root is not recommended for everything but if you suffer from annoying bladder trouble, frequently passing water night and day, stinging or irritation in passing, brick-dust or sediment, headache, backache, lame back, dizziness, poor digestion, sleeplessness, nervousness, heart disturbance due to bad kidney trouble, skin eruptions from bad blood, neuritis, rheumatism, lumbago, bloating, irritability, worn-out feeling, lack of ambition, may be loss of flesh or sallow complexion, kidney trouble in its worst form may be staring upon you.

Swamp-Root is Pleasant to Take.

If you are already convinced that Swamp-Root is what you need, you can purchase the regular fifty-cent and one-dollar size bottles at all drug stores.

Swamp-Root is Pleasant to Take. If you are already convinced that Swamp-Root is what you need, you can purchase the regular fifty-cent and one-dollar size bottles at all drug stores.

In 1915 more than 1,000 Harvard students engaged in major and minor sports.

OF INTEREST TO MOTHERS

The cost of food today is a serious matter to all of you. To cut down your food bills and at the same time improve the health of your family, serve them Skinner's Macaroni and Spaghetti two or three times per week. Children love it and thrive on it. It is the best possible food for adults. Write the Skinner Mfg. Co., Omaha, Neb., for beautiful cook book telling how to serve it in a hundred ways. It's free to every mother.—Adv.

Learn to do the things that count so that you will not be ashamed to count over the things you have done.

Grippy weather this. Better get a box of—



The old family remedy—in tablet form—safe, sure, easy to take. No opiates—no unpleasant after effects. Cures colds in 24 hours—Grip in 3 days. Money back if it fails. Get the genuine box with Red Top and Mr. Hill's picture on it—25 cents. At Any Drug Store.

Nebraska Directory

THE PAXTON HOTEL Omaha, Nebraska EUROPEAN PLAN Rooms from \$1.00 up single, 75 cents up double. CAFE PRICES REASONABLE



COMPLETE NEW FIREPROOF HOSPITAL 1. Medical; 2. Surgical; 3. Obstetrical; 4. Laboratory; 5. X-Ray Department. Training school for nurses in connection. Open to all reputable physicians. For further information, address: A. A. SMITH, M. D., Surgeon, Mary Lanning Memorial Hospital, HASTINGS, NEB.

BEST MARKET Poultry, Butter, Eggs Write for price list and tags.

Consolidated Poultry & Egg Co. Omaha and Council Bluffs

References: Omaha National Bank, Council Bluffs Savings Bank, Duane and Broadstreet.

COSTUMES THEATRICAL HISTORICAL MASQUERADE FOR RENT OR SALE Largest stock in the West. Shipped by express anywhere in the U. S. THEO. LIEBEN & SON, 1516 Howard St., OMAHA

IF YOUR RADIATOR IS FROZEN OR LEAKS—SEND IT TO US.

F. F. FINK, Auto Tinner 317 S. 20th St. OMAHA, NEB. ALSO LAMP AND FENDER REPAIRING.



LINCOLN SANITARIUM SULPHO SALINE SPRINGS Located on our own premises and used in the

Natural Mineral Water Baths Unsurpassed in the treatment of RHEUMATISM Heart, Stomach, Kidney and Liver Diseases. Moderate charges. Address

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