

GOOD FOR HUNGRY CHILDREN

Children love Skinnors Macaroni and Spaghetti because of its delicious taste. It is good for them and you can give them all they want. It is a great builder of bone and muscle, and does not make them nervous and irritable like meat. The most economical and nutritious food known. Made from the finest durum wheat. Write Skinner Mfg. Co., Omaha, Neb., for beautiful cook book. It is sent free to mothers.—Adv.

Twilight of the Gods.

At the base of the vast structure so patiently reared by Herbert Spencer the mists are already dense, though not as obscuring as the clouds at the mausoleum of Comte. That great charnel woman, George Eliot, smiles the smile of somber ennui before the Spencer tomb, and the invisible voice of Ernest Haeckel is heard whispering: "Where is your Positivism? Where is your Rationalism? What has become of your gaseous invertebrate god?" Surely there is sadly required in the cynical universities of the world a chair of irony with subtle Edgar Saltus as its first incumbent.—James Huncker in New York Sun.

Dr. Pierce's Pellets are best for liver, bowels and stomach. One little Pellet for a laxative—three for a cathartic.—Adv.

INDIAN NAMES FOR WARSHIPS

Suggestion Made That Vessels of the United States Navy Be Called After Famous Red Men.

A correspondent of the New York Times advocates Indian names for United States warships. "How to name the ships of our vastly extended navy is an interesting question. A glance down the list of the names of our naval ships does undoubtedly give the impression that they had been accepted by a weary man as a choice of evils."

"It seems to me that from the men of the race longest identified with our history—the noble red men—and from their tribes, most befitting titles could be found for applying to our warships. From early childhood the lives of the foremost Indian chieftains have inspired intense admiration in Americans. They are the ideal embodiment of the greatest naval battle prowess of their time."

"What names could imply the idea of indomitable fighting force in the American mind equally with Powhatan, the powerful sachem of Virginia; or Pontiac, 'the Red Napoleon,' chief of the Ottawas; or Tecumseh, chief of the Shawnees, or (Shawanoes) and celebrated fighter, diplomat, and orator; or Black Hawk, noted warrior chieftain of the Sacs and Foxes?"

JUST MATTER OF PERCENTAGE

Legislator Had Figured Out Method by Which He Voted Right in Majority of Cases.

During the last session of a western legislature one member, a tall, angular man with a white mustache of the walrus pattern and the faculty of being able to throw both his thumbs out of joint at will, made himself conspicuous by voting "No" on every bill, resolution, or other form of business that came up. However innocent a measure might be, this man voted against it stentorously.

Finally a legislator weakened under the strain and approached the gentleman with the walrus whiskers.

"Why is it?" asked the man, "that you vote 'No' on everything?" "I'll tell you," said he of the walrus mustache, with a confidential air. "Seventy-five of those bills and resolutions are bad and ought never to be passed. And I figure that any man who votes right 75 per cent of the time is a pretty darned good legislator."

Envy of a Loser.

"Dat man done made an election bet dat leaves him 'bliged to eat a gallon of 'lasses wif a toothpick," remarked Mr. Erastus Pinkly.

"Well," remarked Pickanlany Jim. "De toothpick makes it slow work, but de 'lasses is wuth it."

A man never appreciates good luck so much as when he is having a run of bad.

Better to back out than be thrown out.

The cheerful feeling you possess after a drink of something hot and flavory should be only the beginning of your satisfaction.

For this very reason more and more people are turning from coffee to

Instant Postum

A lessened tendency to such annoyances as nervousness and sleeplessness repays them

A ten-day trial of this delightful, flavory hot drink has assisted so many to health and comfort that your friend, the Postum drinker, will tell you its well worth while.

"There's a Reason"

In Woman's Realm

Practical Sports Clothes Have Been Designed by the Leading Parisian Modistes, of Which This Skating Suit Is a Sample—Bridesmaids' Hats That Have the Sanction of Recognized Leaders of Fashion.

There are plenty of practical sports clothes for those who really take part in winter pastimes, and there are just as many sports clothes de luxe for those who dress with an eye to placing themselves in harmony with their environment. These are made to be looked at and are marvels of adaptation of exquisite materials to sports styles.

A skating suit, shown in the picture, is made for real service. It is a middy blouse of a special knitted material in Scotch colorings, trimmed with a plain knitted material. The plain trimming matches the predominant color in the middy, and the skirt is made of the same plain cloth.

For real utility sports clothes, soft, lightweight but warm materials, like

with tassels of vari-colored worsteds Any month in the year is the best of months for a wedding—if the bride chooses it. An Indian summer setting, or a snowclad little world as a background, may seem a happier choice than June when all the details of the great event show a reckoning with the season.

In the three hats shown in the illustration prevailing styles in picturesque millinery give the bride a choice for herself or for her maids, that cannot go wrong. Each one of them represents a type recognized as appropriate in any season. The largest hat, with wide, graceful brim, is of light gray velvet faced with pale rose satin. The ever-present metallic touch appears in the lacing of silver cord across the



SKATING SUIT, DESIGNED FOR SERVICE.

Jersey and camel-hair cloth, are most satisfactory. The sweater goes without saying as the most important feature in the sports outfit, and some of the smartest ones have wide belts, while practically all of them have pockets. Matched sets include sweater, cap, and scarf to match, or sets of hat, scarf and bag, or cap, scarf and muff. The convertible scarf is something new, in a long scarf which may be made into scarf and cap in one. All sorts of sets are trimmed with heavy yarns and worsteds in contrasting colors.

Elderdown is a familiar material that serves the purpose for making inexpensive sets. In white trimmed with white yarn it makes a cap, scarf and bag for the skates, of much distinction.

crown and in a heavier cord of silver on the brim. Large, full-blown metallic roses, in pale rose color, harmonize beautifully with the gray velvet and silver cord, for they have a sheen of silver over their color. If the best man, or some other good fellow, is not made captive by those rose-adorned ropes of silver he is a hardened and hopeless bachelor.

Next appears an enticing poke bonnet, covered with olive green velvet. It has a soft puffed crown and a brim cut away at the back. There is a collar of gold ribbon finished with a bow at the back. On the front a little basket is outlined in gold thread, filled with tiny gay-colored silk flowers, set flat against the collar. A similar model trimmed with narrower ribbon tied



Pretty Hats for Bridesmaids.

The heavy yarn is used for overcasting seams and edges and for tassels which finish the scarf ends and decorate the cap and bag.

These yarns are used in the same way on hats and bags of silk for sports wear. One of the handsomest novelties is a set of hat and bag of blue silk lined with gold. Blue and gold yarn overcasts all the seams in the bag and in the crown of the hat. The tassels, of the same yarns, are fastened to the top of the hat and the bottom of the bag with snap fasteners, and may be removed so that the set may be worn either side out. Mustard-colored fabrics look particularly well

in a simple bow at the front is a shade more demure. It was worn at a morning wedding by a maid in a redingote dress of olive velvet carrying a big bouquet of yellow chrysanthemums. No man beholding it could call his soul his own.

The third hat is a shape of the hour made of light-colored panne velvet with an extension border of chiffon about the brim. Picot-edged ribbon and a brilliant fancy feather herald it as strictly up to date.

John Bottrally

UNCLE SAM'S AIDS SOLVING PROBLEMS

Experts of Bureau of Standards Coming Into Close Touch With People.

SCIENTIFIC WORK OF VALUE

Governmental Agency, Little Known in Past, Proving Big Help to Manufacturer, Business Man and Housewife.

The bureau of standards is one of Uncle Sam's numerous governmental agencies with which the great mass of people of the country have come little into touch in the past, but as manufacturers and business men throughout the country are coming to understand the value of applied science, the work of this bureau is becoming of more and more importance to the people.

The scope of the bureau is varied, and not only is it proving a great help to the manufacturing and business elements of this country, but to the housewife as well.

The bureau has not so long ago completed an investigation of electricity and the danger of fatal accidents from electric currents and from lighting. It has worked out the safeguards and precautions to be taken to avoid such accidents. It has recently constructed a building containing 56 panels of practical size, composed of all kinds of cements and plasters, and subjected them to weather exposure tests to determine the best materials obtainable for use in building construction. Tests are now being made also with full-sized walls to learn which construction is the most resisting to fire.

Testing Structural Steel. The bureau has undertaken the testing of full-sized structural steel girders and columns for buildings and bridges. With these tests completed will come positive knowledge of the laws governing these members.

On the recommendation of the bureau, congress has provided for the important practical work of color standardization, which affects the industries which produce dyestuffs, inks, porcelains, paper and paints. There has been no scientific means heretofore of specifying color in terms of direct measurement.

When it was found that nearly two billion dollars in freight rates were being collected on railroad track scales beyond the capacity of the instruments of state and county inspectors to make tests, the bureau obtained from congress a special fund to co-operate with the manufacturers of such scales, with the railroads and with the inspectors. This was primarily in the interest of the shipper, who was entitled to know from an official source that such scales were accurate. During one year 68 per cent of the scales were found to be defective.

Standards for Public Utilities.

Work is proceeding by officials of the bureau on the development of model standards for such things as electricity and gas and for other forms of public utilities, to assist the public utility commissions, who act for the people, in making such service most efficient and uniform.

A leadless glaze has been found by experts of the bureau to prevent the truly terrible effects of lead poisoning in pottery works, heretofore exacting a vast toll in sick and injured.

A very important work which the bureau has begun to develop within a short time is the manufacture of optical glass from American materials. Heretofore optical glass was exclusively imported from abroad. These are only a few of the many interesting things that are going forward by one of Uncle Sam's most interesting bureaus.

GIVE INVENTIONS TO PUBLIC

Uncle Sam's Scientists Gain No Personal Profits From the Results of Their Investigations.

Uncle Sam's experts are always busy trying to invent some new way of doing an old thing and doing it better than it was done before. These experts gain no personal profits however valuable their discoveries may be, for the results of their work are given to the public.

Twenty-nine valuable inventions and discoveries were made by the scientists of the department of agriculture alone during the last fiscal year and all were dedicated to the public.

In accordance with the policy of the department, its workers, when they discover valuable processes or devices, obtain what is popularly known as a public-service patent, the chief purpose of which is to prevent anyone else from patenting the invention. This insures to the public the free use of these processes and the investigational work of the department.

Vast Alaskan Forests.

The stand of timber on the two great national forests in Alaska is estimated by Uncle Sam's forest service as over 70,000,000,000 board feet, while the annual growth will, it is said, produce of pulpwood alone enough for the manufacture of 3,000 tons of wood pulp a day.

You Must Have Plenty of Iron in Your Blood to Be Strong, Says Doctor

Nutrated Iron Will Increase Strength of Delicate, Nervous, Run-Down People 200 Per Cent in Ten Days in Many Instances.

New York, N. Y.—Most people foolishly seem to think they are going to get renewed health and strength from some stimulating medicine, secret nostrum or narcotic drug, said Dr. Sauer, a specialist in this city, when, as a matter of fact, real and true strength can only come from the food you eat. But people often fail to get the strength out of their food because they haven't enough iron in their blood to enable it to change food into living matter. From their weakened, nervous condition they know something is wrong, but they can't tell what, so they generally commence doctoring for stomach, liver or kidney trouble or symptoms of some other ailment caused by the lack of iron in the blood. This thing may go on for years, while the patient suffers untold agony. If you are not strong or well, you owe it to yourself to make the following test: See how long you can work or how far you can walk without becoming tired. Next take two five-grain tablets of ordinary nuxated iron three times per day after meals for two weeks. Then test your strength again and see for yourself how much you have gained. I have seen dozens of nervous, run-down people who were ailing all the while, double and even triple their strength

and endurance and entirely get rid of all symptoms of dyspepsia, liver and other troubles in from ten to fourteen days' time simply by taking iron in the proper form, and this after they had in some cases been doctoring for months without obtaining any benefit. But don't take the old forms of reduced iron, iron acetate or tincture of iron simply to save a few cents. You must take iron in a form that can be easily absorbed and assimilated like nuxated iron if you want it to do you any good, otherwise it may prove worse than useless. Many an athlete or prize-fighter has won the day simply because he knew the secret of great strength and endurance and filled his blood with iron before he went into the fray, while many another has gone down to inglorious defeat simply for the lack of iron.

NOTE—Nuxated Iron, recommended above by Dr. Sauer, is not a patent medicine nor secret remedy, but one which is well known to druggists and whose iron constituents are widely prescribed by eminent physicians everywhere. Unlike the older inorganic iron products, it is easily assimilated, does not injure the teeth, make them black, nor upset the stomach; on the contrary it is a most potent remedy in nearly all forms of indigestion, as well as for nervous, run-down conditions. The manufacturers have such great confidence in Nuxated Iron that they offer to forfeit \$100.00 to any charitable institution if they cannot take any man or woman under sixty who lacks iron and increase their strength 200 per cent or over in four weeks' time, provided they have no serious organic trouble. They also offer to refund your money if it does not at least double your strength and endurance in ten days' time. It is dispensed by most druggists. If your druggist or general store is without a supply, ask them to get it for you.—Adv.

Before Adam. "Who is the first man mentioned in the Bible?" "Chap I."

Men who speak before they think have occasion to make many apologies.

Cause for Preference. "Why, this portrait is not a speaking likeness of your wife?" "I'd rather have it that way."

When marriage is a failure woman gets the worst of it. When it is a success she gets the best of it.

Many people in the larger cities buy a new automobile every year. This places us in a position to save you many dollars on the purchase of a high grade car in perfect running condition, but with the paint slightly weathered.

USED CAR BARGAINS

Expensive cars costing originally from \$1,000.00 to \$5,000.00, equipped with all the "trimmings", can be had from our stock for a very low figure around \$300.00 or \$400.00.

All cars sold are delivered with our guarantee to be in good running order. Every one is thoroughly inspected before it is offered for sale. Write us today, mention the car you are interested in, whether two, five or seven passenger, and you will receive full particulars with specifications and photographs of cars in that class. Don't delay the best values are sold first.

MURPHY-O'BRIEN AUTO CO.—Dist. Dodge Brothers and Paige Cars
Used Car Dept., 1814-16-18 Farnam St., Omaha, Neb.

Surface Judgments. President T. V. O'Connor of the International Longshoremen was talking to a reporter about a labor dispute.

"You are judging too much by surface conditions," he said. "Judging a labor dispute by surface indications is as bad as judging a man by his clothes—and, as to that, an aviator just back from France said to me the other day: 'The handsomest uniforms and richest medals are always to be found farthest back from the firing line.'"

YOU MAY LOOK YOUNG

By Keeping Your Complexion Young With Cuticura. Trial Free.

The Soap to cleanse and purify, the Ointment to soothe and heal. These super-creamy emollients do much to keep the skin clear, fresh and youthful, as well as to keep the hair in a live, healthy condition and the hands soft and white.

Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

Attar of Roses.

While Bulgarians are fighting so hard it is interesting for women to remember that in that country are raised 20,000 acres of roses from which the celebrated attar of roses is distilled. Only half as much was distilled this year as last, on account of the war, which means of course, that the precious stuff will be much more expensive. Germany makes an attar out of coal tar.

Studying Patience.

The rich old uncle from whom much was hoped was visiting his niece, who had been telling him how dearly his little great-nephew and namesake loved his school and how well he was getting on with his studies.

"Well, Teddy," said the uncle, joyfully, upon the return of the little boy, "what do you do in school all day?" Teddy pondered. "Well," he said gravely, "mostly I wait until it's time to go home."

An easy-going man is sometimes difficult to get rid of.

Safety First.
At the first sign of a cold take—



The old family remedy—in tablet form—safe, sure, easy to take. No opiates—no unpleasant after effects. Cures colds in 24 hours—Crip in 3 days. Money back if it fails. Get the genuine box with Red Top and Mr. Hill's picture on it—25 cents. At Any Drug Store

Crescent City Calif.—Walton Docks—Now! Why?

Plant your seed dollars here. Watch 'em grow! Coming Big Pacific Coast Steam Ship between Portland and Frisco on the Coast. Harbor recently approved by United States Gov't. Engineers. \$400,000 now. Plan totaling \$1,000,000. Only outlet for territory FIVE times the size of Massachusetts. Unexplored copper mines, Gold, Coal and Iron. New mines, New Mills, New Railroad, New Port. Thousands of choice business and industrial lots in a city which is inevitable now getting at 80¢ each. Terms if desired. One or two of these lots bought NOW should make you financially independent. For information, G. R. Sweetser, Local Agent, 200 Fenton, Bldg., Portland, Oregon. WRITE NOW!

LIKE CLOCK-WORK!

(By N. B. COOK, M. D.)

The machinery of the body needs to be oiled, kept in good condition, just as the automobile or bicycle. Why should the human neglect his own machinery more than that of his horse or his engine? Yet most people do neglect themselves. Their tongue has a dark brown color, skin sallow, breath bad, yet they fail to see that their machinery needs attention. Everybody should take a mild laxative at least once a week. A pleasant way to clear the tongue and the highly colored water noticed in the morning is to take a laxative which will cure the inactive liver and biliousness.

A pleasant vegetable pill is made up of May-apple, leaves of aloe, and jalap, made into a tiny pellet and coated with sugar. First put up by Dr. Pierce nearly 50 years ago. Druggists sell these

vegetable pellets in vials for 25c. Ask for Dr. Pierce's Pleasant Pellets.

If backache, scalding urine or frequent urination bother or distress you, or if uric acid in the blood has caused rheumatism, gout or sciatica, if you suspect that you have kidney or bladder trouble, write Dr. Pierce, at Invalids' Hotel, Buffalo, N. Y., send a sample of urine, and describe symptoms. A physician and chemist will examine it without charge and you will be under no obligation whatever. Dr. Pierce's Anuric tablets cannot fail to help you, because their action flushes the kidneys of impurities and puts strength into them.

Obtain a 50-cent box of Anuric tablets today from your druggist here in town. From personal observation in large hospital practice, these tablets will give you speedy relief.—Adv.