

Look and Feel Clean, Sweet and Fresh Every Day

Drink a glass of real hot water before breakfast to wash out poisons.

Life is not merely to live, but to live well, eat well, digest well, work well, sleep well, look well.

Folks who are accustomed to feel dull and heavy when they arise, spitting headache, stuffy from a cold, foul tongue, nasty breath, acid stomach, can, instead, feel as fresh as a daisy by opening the sluices of the system each morning and flushing out the whole of the internal poisonous stagnant matter.

Everyone, whether ailing, sick or well, should, each morning, before breakfast, drink a glass of real hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver, kidneys and bowels the previous day's indigestible waste, sour bile and poisonous toxins; thus cleansing, sweetening and purifying the entire alimentary tract before putting more food into the stomach.

The millions of people who are bothered with constipation, bilious spells, stomach trouble, rheumatism; others who have sallow skins, blood disorders and sickly complexions are urged to get a quarter pound of limestone phosphate from any store that handles drugs which will cost very little, but is sufficient to make anyone a pronounced crank on the subject of internal sanitation.—Adv.

How did it ever profit you to talk mean about your neighbors?

Dr. Pierce's Pleasant Pellets are the original little liver pills put up 40 years ago. They regulate liver and bowels.—Adv.

Sarcasm.

"Hadn't you better let me clip a little from the ends of your hair?" queried the tonsorial artist.

"Why from the ends?" queried the victim in the chair. "Can't you clip a little from the middle?"

SPEAKS UP FOR CANADA

And No Wonder—Renting His Land He Made \$8.50 Per Acre.

So many Americans now have personal knowledge of Canada that false reports concerning this country are being continually corrected by Americans themselves who know the facts, and who are too fair-minded to let a false statement go unchallenged.

"In Sunday's Spokesman-Review was a letter from a man in Alberta to the chamber of commerce, asking that something be done to keep Americans from going to Canada, and saying that that government was run by the railroads, banks and manufacturers; that once a man got there he never could get away. Had this man published that letter over his own signature there is no doubt but he could get out of Canada.

No country will do as much to help a man to get on his feet, if he tries to help himself, as Canada. I know of the government helping people to provisions, feed, seed grain and fuel, and charging only cost of delivery to the nearest town and 6 per cent. What more could a man ask?

I lived five years in Southern Saskatchewan and earned a patent to 320 acres of as good land as I ever saw. I have raised over 80 bushels of oats on sod, 40 bushels of wheat, and 20 of flax to the acre. Until I lost my health I never was better satisfied anywhere. I had my land rented this last year for one-third. It brought me almost \$8.50 per acre, or \$1,143.91 for 135 acres.

This man says he loves the land his fathers died for. So do I, and I love the land that gave me my home.

"S. L. WALLACE." N4723 Crestline, Spokane.—Advertisement.

The Difficulty.

"Do you think the nations are really going to get a decision at Verdun?" "Don't know; too many outsiders umpiring the game."

NEBRASKA STATE NEWS

DATES FOR COMING EVENTS.

- May 2—Omaha-Lincoln-Denver Good Roads association convention at Lincoln.
May 13—East Central Nebraska High School track meet at Fremont.
May 14—Proclaimed "Mothers' Day" in Nebraska.
May 16 to 18—State G. A. R. Encampment at Lexington.
May 15-18—State Dental Society annual convention at Lincoln.
May 17—Nebraska Bankers' convention, Group One, at Beatrice.
May 23-24-25—State Harness and Saddle Makers' association meeting at Columbus.
May 24-25—State Association of Commercial Clubs' Convention at Omaha.
June 5 and 6—Pageant of Lincoln, presenting "The Gate City."
June 5-6—Spanish War Veterans' State Convention at North Platte.
June 12 to 15—Trans-Mississippi Bankers' Ass'n convention at Omaha.
June 13-14-15—Annual convention of Nebraska Elks at Omaha.
June 13 to 16—State P. E. O. Convention at Alliance.
June 13-14-15—Great Western Handicap Tournament at Omaha.
June 19-20-21-22—American Union of Swedish Singers, West Div., concerts and convention at Omaha.
June 20 to 24—State Stockmen's convention at Alliance.
June 21 to 23—Fraternal Order of Eagles, state meeting at Lincoln.

In a gun duel which lasted several minutes, Officer Lon Trude of the Beatrice police force shot and fatally wounded Nels Smith. Smith had been previously arrested for being disorderly and had been released on promise of good behavior.

Miss Hazel Parks, representing Hastings college, won the state prohibition oratorical contest at Bellevue taking a \$50 cash prize. Simon E. Cozad of Nebraska Wesleyan university was second. Third place went to Earl A. Everett of Grand Island college. The winner will represent Nebraska in the interstate contest at St. Paul, Minn., July 21.

Edward, 10-year-old son of Joseph McMichael, living east of Wellfleet, a small town near North Platte, was instantly killed when lightning struck the bell at the school house and ran down a wire rope, burning his face and right side to a crisp. Other children standing nearby were rendered unconscious by the shock, but none were permanently injured.

A special train loaded with 300 men and women from Lincoln and Omaha left Omaha just recently for the sugar beet fields of Minnesota. They will be distributed in the territory around Mankato, Eagle Lake and Chaska. The party was made up largely of Russians and most of them worked in the Minnesota sugar beet fields last season.

Fremont poultrymen say that the present scarcity of poultry and the high price prevailing for poultry meat is due solely to the fact that eggs are bringing 18 and 20 cents a dozen, an unusually high price for this time of year. Farmers are hanging onto their hens to get the eggs, they say.

The Platte county attorney wants the county to own some bloodhounds to smell out and run down criminals. He will urge the purchase of dogs at the next meeting of the county board. A state bowling league, with a regular schedule of matches and a loving cup as a prize instead of a pennant, is a movement that Omaha bowling leaders are now discussing.

When First street paving in Fremont is laid it will make a total of twenty-nine blocks, or nearly two miles of paving through Fremont on the Lincoln highway.

During a five days' campaign a financial committee of the Balfour library collected \$1,200, the amount necessary to purchase the site for the new Carnegie library.

With a new six-story hotel and a \$100,000 court house, besides many other buildings, Fremont expects to put in one of the busiest building seasons in its history.

Ground has been broken for Broken Bow's new Burlington spot. The structure will be thirty by eighty feet in size and cost \$26,000. The city council has passed an ordinance vacating certain streets, in order that the depot shall have an adequate location.

An evangelistic campaign, under the direction of Rev. James Rayburn, is being conducted in Broken Bow. A tabernacle with a seating capacity of 1,200 has been erected for the meetings.

The pulp drying process is one of the important features which will mark the improved facilities of the new Gering sugar factory, which is now under construction.

More than \$13,000 in cash prizes will be hung up for the national swine show, which will be held in South Omaha October 2 to 7.

The Comstock Telephone company has been authorized to discontinue a \$3 flat rate for service to Arcadia.

The village of Ewing will construct a new school building in the near future to cost \$35,000.

Frank M. Coffey, state labor commissioner, in Omaha recently, announced A. Campbell, United States commissioner of immigration, will send a federal representative to Nebraska to conduct a free labor bureau, and to be in charge of an immigration station here. "The office will be in Omaha," said Coffey. "The labor office will direct the migratory and seasonal laborers. The former come and go without regard to conditions. Seasonal laborers, such as harvesters, fruit pickers and others, want to follow the seasons. The immigration branch of the work probably will bring more immigrants to Nebraska," Coffey said. "Some may be routed directly to Omaha."

The Fairbury city council has refused to grant pool hall licenses to several applicants in the city. The question was not voted on at the spring election, it being understood there would be no opposition to the granting of the licenses. The sentiment against the pool halls sprang up when proprietors started a movement to reduce license fees.

Definite plans have been made by the historical and patriotic societies of the state to mark the old historic California trail. The second monument to be erected within the next few months will be at Florence at the starting point of the trail in Nebraska, the first being already erected at Fremont by Lewis & Clarke Chapter, D. A. R.

Election boards in every precinct in Hastings stood pat at the recent election on the ruling of the attorney general and refused ballots to all voters who failed to state their party affiliations when registering at the city clerk's office last month. There were about 159 voters in Hastings disenfranchised as the result.

About seventy-five delegates are expected to attend the 1916 convention of the English association of the Augustana Synod, which will be held in Omaha next October. Exact dates for the annual gathering have not yet been set, although it will probably be held about the middle of the month.

Both the road grading and road paving bonds of Douglas county, totaling \$1,700,000, carried at the recent primary. These were divided into two propositions: The one for \$200,000 bonds for grading the roads in Douglas county, and the other for bonds in the sum of \$1,500,000 for paving certain Douglas county roads.

Woodrow Wilson was defeated in the recent primary election in one precinct in Seward county by Robert G. Ross, proprietor of a lively stable. The precinct is German-American, and the vote was 39 to 38. Ross filed himself as a candidate for both the democratic and republican presidential nominations at the primaries.

The question of building a jail at Martinsburg, an inland town near Allen, has been the bone of contention there for some time and in order to dispose of the question the village board placed the issue on the ballot at election. The majority favored a jail and it will be built at once.

Pa Rourke, manager of the Omaha Western league baseball team, has signed a new second baseman named Priest, from Rochester, N. Y., and he has joined the team. He will play second until the recovery of Ireland, who had a leg broken at Beatrice during the practice season there.

Revival of the old-style country spelling bees will be undertaken in schools of several counties of the state this year and it is hoped by those interested that next year enough of the counties will have taken up the work to assure a state-wide spelling contest.

John Zook, for years city marshal and drayman at Tecumseh, has suddenly become rich by inventing a church model and selling the patent to a Kansas City firm for \$25,000. He continues at his position, although the windfall means much to him.

The pupils of the Beatrice schools are looking forward with eagerness to the annual May festival, which probably will be held on May 12th. It will be held in Athletic park, a spot of marvelous beauty on the Blue, and the pride of Beatrice.

The eleventh annual convention of the Thirtieth district of Rebekahs will be held at Ponca May 11. The district is composed of six lodges, Wyolet, Newcastle, Ponca, South Sioux City, Allen and Emerson.

Lincoln's chances for an incinerator within the next year went into the discard when the city commissioners rejected all bids.

Committees have raised \$3,100 toward the purchase of a site for an auditorium at Holdrege; another committee has raised \$8,000 toward the construction of the building. Another \$5,000 is required.

Tecumseh has a military band and a local picture house turned its facilities over to the organization one recent night to help it financially.

The farmers in the neighborhood of Osceola will open a union store where they will receive and dispose of goods in quantity lots.

Bids for water, sewer and paving jobs were given out by the city council of Sidney recently. W. J. Craeden was given the contract for \$20,000 worth of concrete paving and the Norfolk Bridge and Construction Co. won the bid for \$20,000 worth of sewer and water extensions.

Toddling Kidney, 3, son of Mr. and Mrs. Howard Kidney, University Place, winner of the grand prize in the 1914 state fair better babies contest, was instantly killed at the Kidney home when a cellar door fell striking him on the head.

URNS DOWN CLAIM

APPROPRIATION DOESN'T COVER FORESTRATION CLAIM.

STATE BOYS' POTATO CLUB

Items of General Interest Gathered from Reliable Sources Around the State House.

Western Newspaper Union News Service. State Auditor W. H. Smith has refused to issue a state warrant for \$100 in payment of a claim presented by Norris Brown of Omaha for "legal services and assistance in preparing a report and proposed laws in forestration matters on the request of the state forestration commission of Nebraska." Carl Rhode of Columbus, chairman of the forestration commission appointed three years ago, presented the claim to the state auditor. The auditor has ruled that the appropriation of 1915 does not cover such expenses. The forestration commission was one of the little jobs created by the legislature of 1913. Governor Morehead appointed a commission of which Mr. Rhode of Columbus is chairman. No funds were appropriated for its use. The commission made a report that was soon forgotten, but the commissioners did not forget to ask the succeeding legislature to appropriate \$2,000 for something which on the start was to cost nothing. The commission went out of existence but the legislature of 1915 appropriated \$2,000 to pay its "traveling expenses, printing of report and publicity work of forestration commission." State Auditor Smith believes none of this can be paid to an attorney employed by the old commission.

College of Agriculture Graduates.

The fourteenth annual commencement of the college of agriculture of the University of Nebraska was observed at the Temple theatre Tuesday night. Carl Schurz Vrooman, assistant secretary of the United States department of agriculture, was the commencement speaker delivering his address "The Spirit of the New Agriculturalist" to an audience that packed the theatre to the doors. Chancellor Avery presented school of agriculture certificates to ninety-seven candidates and elementary state teachers' certificates to ten. Military commissions were presented to twenty-one candidates by Adjutant General Hall.

Big Class in Veterinary Surgery.

Governor Morehead, State Auditor W. H. Smith and Secretary of State Charles W. Pool, members of the state veterinary board, appeared before forty young men who were taking an examination for license to practice veterinary surgery and medicine. Governor Morehead made a short talk to the applicants on the importance of the profession which they seek to enter. The state officers reappointed State Veterinarian J. S. Anderson of Seward a member of the examining board. The other examiners are Dr. J. C. Bowman of Tecumseh and Dr. G. R. Young of Omaha.

State Boys' Potato Club.

Members of the state boys' potato club will be eligible to attend the boys' potato school which will be held annually in the northwestern part of the state beginning next spring. The school will last four days. Instruction will be furnished by the college of agriculture, and will include lectures, laboratory work and inspection trips to potato fields and storage cellars. Only members who have successfully completed the season's work and made proper final report may attend. Several counties are offering free trips, including board and lodging, for two or more boys who rank high in their country club. Membership in this club is open to any boy in the state between the ages of ten and eighteen who will raise not less than an eighth of an acre of potatoes of his own. Application for membership may be sent to the Potato club, agricultural college, Lincoln. No application will be accepted after May 1.

Bonds to the amount of \$23,000, voted by the school district of Guide Rock, Webster county, have been registered by State Auditor W. H. Smith. The bonds were voted for the purpose of raising funds to build a new school house.

Will Call for New Bids.

At the last regular meeting of the board of regents of the state university, it was decided to reject all bids for the proposed agricultural engineering building and to call for new ones. This action was taken because of amended specifications, wherein reinforced concrete is called for instead of structural steel as originally planned. Prof. Grummann made a report regarding the introduction of music into the curriculum of the university, but action was deferred until the next meeting.

Uphold Fort Crook Law.

The supreme court has sustained the law of 1907, prohibiting the licensing of a saloon within two and one-half miles of a military post. The opinion of the court was written by Judge Rose and concurred in by the entire court. A test case was instituted, entitled Gear Rushhart vs. Homer Crippen et al. The case was tried in Sarpy county where Fort Crook is situated. The district court sustained the provisions of the law and the supreme court has affirmed that judgment.

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for Mealtime

With appetite keen, digestion normal, and no fear of any after eating distress.

HOSTETTER'S Stomach Bitters

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Resinol Ointment, with Resinol Soap, usually stops itching instantly. Unless the trouble is due to some serious internal disorder, it quickly and easily heals most cases of eczema, rash, or similar tormenting skin or scalp eruption, even when other treatments have given little relief. Physicians have prescribed Resinol for over twenty years.

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There is no danger or possibility of Con-scription in Canada.

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