

Improve Your Health

To promote and maintain your general health, pay strict attention to your diet and see that the liver and bowels are regularly active. If assistance is needed, **Just Try HOSTETTER'S Stomach Bitters**

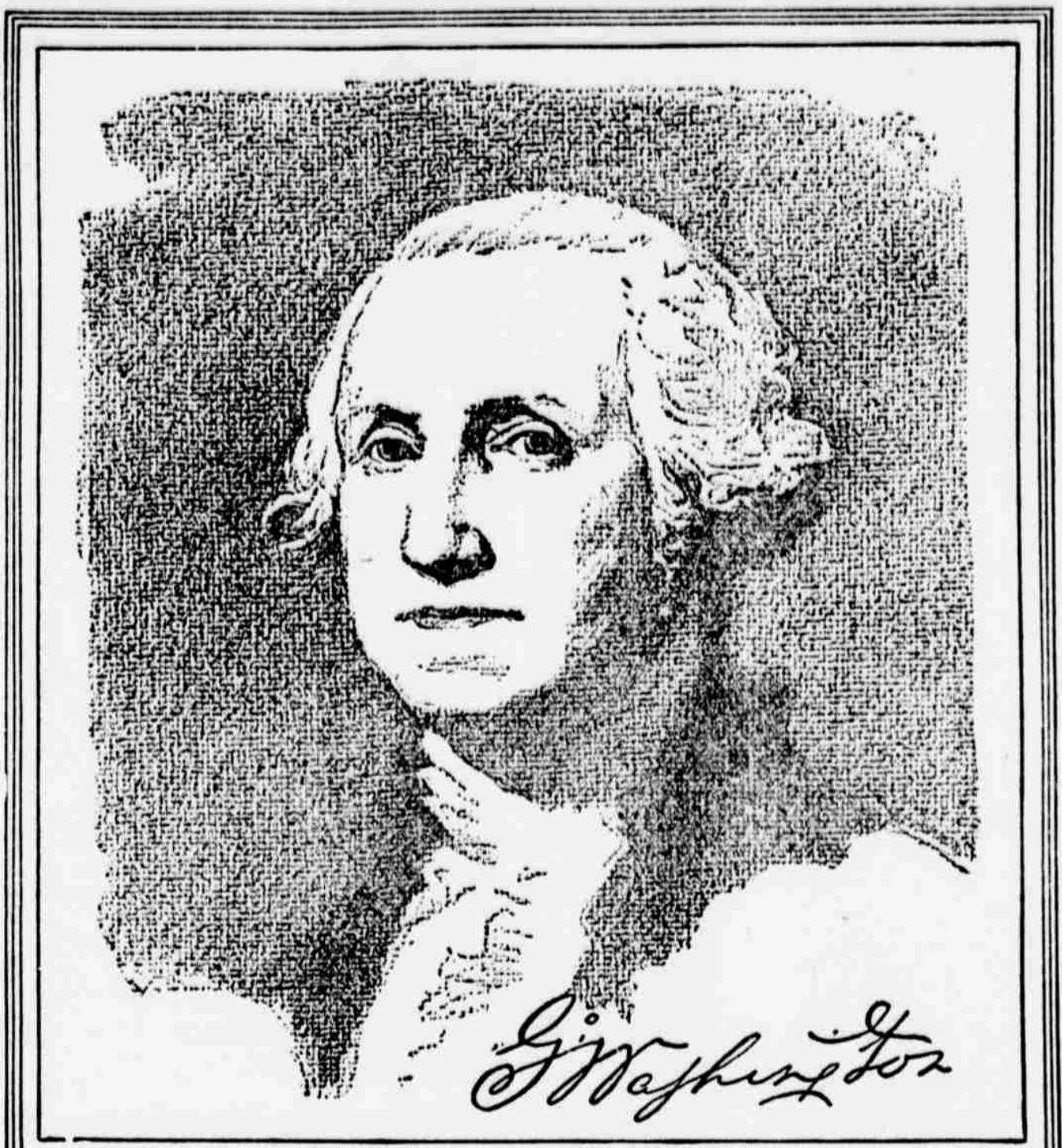
Italy's imports in the first six months of 1915 were valued at \$325,794,650; exports, \$246,026,660.

A GRATEFUL OLD LADY.

Mrs. A. G. Clemens, West Alexander, Pa., writes: I have used Dodd's Kidney Pills, also Diamond Dinner Pills. Before using them I had suffered for a number of years with backache, also tender spots on spine, and had at times black floating specks before my eyes. I also had lumbago and heart trouble. Since using this medicine I have been relieved of my suffering. It is agreeable to me for you to publish this letter. I am glad to have an opportunity to say to all who are suffering as I have done that I obtained relief by using Dodd's Kidney Pills and Diamond Dinner Pills. Dodd's Kidney Pills 50c per box at your dealer or Dodd's Medicine Co., Buffalo, N. Y. Dodd's Dyspepsia Tablets for indigestion have been proved. 50c per box.—Adv.

Many a man who seeks fame finds nothing but infamy.

1732 WASHINGTON 1799



Where may the wearied eye repose
When gazing on the Great;
Where neither guilty glory glows,
Nor despicable state?
Yes—one—the first—the last—the best—

The Cincinnatus of the West,
Whom envy dared not hate,
Bequeath the name of Washington,
To make men blush there was but one!
—Lord Byron.

HAS SUFFERED FROM TRADITION

Modern Writer Gives Us New Version of the Character of Washington.

Great Soldier as He is Universally Acknowledged, He Was Also a Seer—Deathless Champion of the Rights of Humanity.

MORE than any other American statesman, more than any other American, Washington has suffered from tradition, writes John D. Barry in the Washington Times.

In fact, I can't think of any other great man in the history of the world who has been damaged in just the same way, through being made to appear so good.

The reason is that he has been prominently the children's hero. He is a distinguished victim of the deceit we practice on children in the name of education.

Only the very good boys and girls care for the story of Washington and the cherry tree.

The others, the majority, are bored, or amused, or puzzled.

And then there is the saying, dinned into the ears of American childhood, "Washington never told a lie."

It alone alienates vast numbers of children from Washington. In their little hearts it finds no answering echo, no enthusiastic desire for emulation.

For truth telling, much as we love it in children, and much as we labor to graft it on those highly imaginative minds, is often a virtue that develops only with years, related to intelligence and to mature character.

It derives its beauty largely from association with other qualities more sympathetic.

Do Real Damage to Truth. Self-assertive truth-tellers often seem rigid in character. They do great damage to truth by making it seem, not beautiful, as it should be, but hideous.

Even in minds of maturity, to the reputation of Washington there still clings a suggestion of the comic.

Thackeray did not help the situation when he introduced the youthful Washington into "The Virginians" as a highly self-conscious and priggish colonial.

There is a fine chance for a new historian of Washington, one who will bring out the real man.

Owen Wister made a start some years ago, when he published a little book, emphasizing Washington's more human qualities. But the book was too slight to be comprehensive. Mr. Wister may yet write the complete history needed by the world of today.

For today, of all times, the world

ought to reflect on the service of Washington in the making of this nation and on the attitude of Washington toward the future of this nation.

Washington a Seer. Since the Spanish war the Farewell Address, once a classic and apparently just about as much alive as most classics, has fallen into disfavor. We don't hear of its being "pointed to with pride" as often as we did.

Perhaps if we do go back to it we shall find that Washington, besides being a soldier and a statesman, was a seer.

And a seer is much more interesting than a little boy that chops down a cherry tree or a man that has never told a lie.

A seer has a way of projecting himself into the future and finding a new life there.

As a prophet Washington is a vital force today. But he is a force that has been consciously and deliberately disregarded.

Washington, the hero of Valley Forge, was essentially a man of peace. He saw that the happiness and security of this country lay, just as the happiness of an individual did, in a policy of noninterference.

And as soon as this country ceased to follow this policy Washington foresaw complications.

On the surface it seems strange that a man whose inheritance and ways of

life were aristocratic should be regarded as the father of American democracy.

And to the present-day point of view it is all the more strange when we recall the reproach made against Washington that "the great Virginian held slaves."

But Washington, to be judged fairly, like everyone else, must be considered with reference to his time and surrounding conditions.

Washington deserves little credit for not yielding to the temptations to assert his aristocratic lineage by becoming a tory. He was directly affected by the unfair attitude of the mother country in imposing taxation without representation. What he did was a natural outcome of what he was.

Where he did merit the highest honor was in his rising so magnificently to his responsibilities and opportunities. A man selfish and arrogant might have exacted more for himself, might have striven to establish himself as a permanent power over the nation he had helped to create. But there is no evidence that Washington ever felt such a temptation. Aristocrat as he was and slaveholder, he was all the more extraordinary in being able to turn from the prejudices of his training to a realization of the democratic ideal.

Perhaps we can reach a little clearer understanding of what Washington was and of what he did by placing him in our own time. It was as if, at the present time, a man of distinguished position and of wealth, were to become a leader in the labor movement. For, from the point of view of England, the colonials were humble folk, mainly tillers of the field, workers in small enterprises. To their cause Washington gave dignity, as well as marvelous personal courage. With his tattered, half-fed, poorly trained troops he defeated the professional soldiers of England and the Hessian mercenaries. He had, of course, the superlative advantage of being sustained by the power of a sublime moral idea, all the more effective because it was opposed by the weakness that goes with self-consciousness and contemptuous superiority.

Really Deserves More Credit. Washington has not been accorded by the world the credit he deserves for his share in establishing democracy as a working force in a nation. We are likely to forget that democracy, while he fought for it, was not accepted by the world as practicable. To a few it was a beautiful theory, at ideal. To the many it was impracticable, a denial of what they regarded as the natural unfitness of human beings in large masses to govern themselves. From France, mainly through Rousseau, had come the great democratic theory. But France had yet to seek its establishment in the blood of the French revolution.

Our next Washington is not likely to be a soldier-statesman. He will not lead in a war between nations or between foes identified with any geographical limits. He will give dignity and coherence and organization to a cause now in need of a powerful champion. He will strive, not against taxation without representation, but against production without fair compensation.

For a certain period of the day, when the sun is shining, the reflection of the Washington memorial in the waters of the Potomac is plainly visible. The picture shows the effect.



For a certain period of the day, when the sun is shining, the reflection of the Washington memorial in the waters of the Potomac is plainly visible. The picture shows the effect.

MAKING THE PLAY REALISTIC

Small Boy Willing to Suffer Slight Discomfort in Order to Perform His Part Properly.

After the War Editor had subsided at the octagon table of the Pittsburgh Press club, the paragrapher spoke up: "When I went home yesterday afternoon I found my two hopefuls engaged in a battle royal with all the small boys of the neighborhood. It was a rough-and-ready scrimmage, and all seemed to take it good-naturedly, but one boy had a bloody nose. "What's doing?" I asked. "Playing war," one boy answered. "See me? I'm the allies. Bill is the Germans. Tom's the Austrians and Jim's the Turks. These fellows are jes' Japs and Serbs and Russians." "The boy with a decorated nose was silent but laughing. What are you?" I asked. "I'm bleeding Belgium," he answered.—Pittsburgh Chronicle Telegraph.

WHEN KIDNEYS ACT BAD TAKE GLASS OF SALTS

Eat Less Meat If Kidneys Hurt or You Have Backache or Bladder Misery —Meat Forms Uric Acid.

No man or woman who eats meat regularly can make a mistake by flushing the kidneys occasionally, says a well-known authority. Meat forms uric acid which clogs the kidney pores so they sluggishly filter or strain only part of the waste and poisons from the blood, then you get sick. Nearly all rheumatism, headaches, liver trouble, nervousness, constipation, dizziness, sleeplessness, bladder disorders come from sluggish kidneys.

The moment you feel a dull ache in the kidneys or your back hurts, or if the urine is cloudy, offensive, full of sediment, irregular of passage or attended by a sensation of scalding, get about four ounces of Jad Salts from any reliable pharmacy and take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia and has been used for generations to flush clogged kidneys and stimulate them to activity, also to neutralize the acids in urine so it no longer causes irritation, thus ending bladder disorders.

Jad Salts is inexpensive and cannot injure; makes a delightful effervescent lithia-water drink which all regular meat eaters should take now and then to keep the kidneys clean and the blood pure, thereby avoiding serious kidney complications.—Adv.

Getting Satisfaction. De Quiz—Why did you walk home from the races? De Whiz (with bitterness)—Because I wanted to beat the nag I bet on.

PREPAREDNESS! To Fortify The System Against Grip when Grip is prevalent LAXATIVE BROMO QUININE should be taken, as this combination of Quinine with other ingredients, destroys germs, acts as a Tonic and Laxative and thus keeps the system in condition to withstand Colds, Grip and Influenza. There is only one "BROMO QUININE" E. W. GROVE'S signature on box, 50c.

Read the Answer in the Stars. "Do you believe in short-time bonds?" "Government or matrimonial?"

The government of Japan is planning to start a factory for the production of carbolic acid from coal tar.

New Strength for Lame Backs and Worn-out Conditions

Dear Mr. Editor: I suffered from lame back and a tired, worn-out feeling. Was unable to stand erect and scarcely able to get around. It would usually come on at first with crick in small of my back. I took Anuric Tablets and my back commenced to get better. I did not have to walk doubled over as I did before using the "Anuric." It is the best remedy I have ever taken for what it is intended to relieve.

A. G. DRAKE. NOTE:—When your kidneys get sluggish and clog, you suffer from backache, sick-headache, dizzy spells, or the twinges and pains of lumbago, rheumatism and gout. "Anuric" is the most powerful agent in dissolving uric acid, as hot water melts sugar. Ask the druggist for "Anuric," put up by Dr. Pierce, in 50-cent packages.

FROM GIRLHOOD TO OLD AGE WOMEN ARE HELPED

At the first symptoms of any derangement of the feminine organism at any period of life the one safe, really helpful remedy is Dr. Pierce's Favorite Prescription for every conceivable ailment and disease of a womanly nature. It is a woman's temperance medicine and its ingredients are published on wrapper.

Dr. Pierce's Favorite Prescription is a true friend to women in times of trial and at times of pain when the organs are not performing their functions. For headache, backache, hot flashes, catarrhal conditions, bearing down sensations, mental depression, dizziness, fainting spells, women should never fail to take this tried and true women's medicine.

Shortly after the wedding march many a man discovers that he's an April fool.

What Did He Mean? Mrs. Dough—How do I look in my new furs? Mr. Dough—Out of sight.

Not Gray Hairs but Tired Eyes make us look older than we are. Keep your eyes young and you will look young. After the Movies Murine Your Eyes. Don't tell your age. Murine Eye Remedy Co., Chicago. Sends Eye Book on request.

A woman is very apt to overestimate the good time her husband has when he is away from home.

FROM GIRLHOOD TO OLD AGE WOMEN ARE HELPED

At the first symptoms of any derangement of the feminine organism at any period of life the one safe, really helpful remedy is Dr. Pierce's Favorite Prescription for every conceivable ailment and disease of a womanly nature. It is a woman's temperance medicine and its ingredients are published on wrapper.

Dr. Pierce's Favorite Prescription is a true friend to women in times of trial and at times of pain when the organs are not performing their functions. For headache, backache, hot flashes, catarrhal conditions, bearing down sensations, mental depression, dizziness, fainting spells, women should never fail to take this tried and true women's medicine.

Western Canada produced in 1915 one-third as much wheat as all of the United States, or over 300,000,000 bushels.

Canada in proportion to population has a greater exportable surplus of wheat this year than any country in the world, and at present prices you can figure out the revenue for the producer. In Western Canada you will find good markets, splendid schools, exceptional social conditions, perfect climate and other great attractions. There is no war tax on land and no conscription.

Send for illustrated pamphlet and ask for reduced railway rates, information as to best locations, etc. Address Superintendent Immigration, Ottawa, Canada, or

W. V. BENNETT, Room 4, Base Bldg., Omaha, Nebr. Canadian Government Agent

160 ACRE FARMS IN WESTERN CANADA FREE

is no war tax on land and no conscription.

You Can Avoid This By Using PE-RU-NA

44 YEARS LEADERSHIP

Catarrh means inflammation, which is stagnation—the gorging of the circulation with impure blood.

Correct all catarrhal conditions, wherever located, by the use of PERUNA, obtainable in either liquid or tablet form at all druggists or the **Peruna Company** Columbus, Ohio

For Immediate Use. An old Rip Van Winkle of a fellow went into a country drug store and asked for some powder. "Face, gun or bug?" asked the clerk, leaning far over the counter. "Bug," replied the old man, "and nolan to mind about wrappin' it up—just blow it on my whiskers."—Cottrell's Magazine.

IS CHILD CROSS, FEVERISH, SICK

Look, Mother! If tongue is coated, give "California Syrup of Figs."

Children love this "fruit laxative," and nothing else cleanses the tender stomach, liver and bowels so nicely.

A child simply will not stop playing to empty the bowels, and the result is they become tightly clogged with waste, liver gets sluggish, stomach sours, then your little one becomes cross, half-sick, feverish, don't eat, sleep or act naturally, breath is bad, system full of cold, has sore throat, stomach-ache or diarrhoea. Listen, Mother! See if tongue is coated, then give a teaspoonful of "California Syrup of Figs," and in a few hours all the constipated waste, sour bile and undigested food passes out of the system, and you have a well child again.

Millions of mothers give "California Syrup of Figs" because it is perfectly harmless; children love it, and it never fails to act on the stomach, liver and bowels.

Ask at the store for a 50-cent bottle of "California Syrup of Figs," which has full directions for babies, children of all ages and for grown-ups plainly printed on the bottle. Adv.

What Did He Mean? Mrs. Dough—How do I look in my new furs? Mr. Dough—Out of sight.

Not Gray Hairs but Tired Eyes make us look older than we are. Keep your eyes young and you will look young. After the Movies Murine Your Eyes. Don't tell your age. Murine Eye Remedy Co., Chicago. Sends Eye Book on request.

A woman is very apt to overestimate the good time her husband has when he is away from home.

Shortly after the wedding march many a man discovers that he's an April fool.

What Did He Mean? Mrs. Dough—How do I look in my new furs? Mr. Dough—Out of sight.

Not Gray Hairs but Tired Eyes make us look older than we are. Keep your eyes young and you will look young. After the Movies Murine Your Eyes. Don't tell your age. Murine Eye Remedy Co., Chicago. Sends Eye Book on request.

A woman is very apt to overestimate the good time her husband has when he is away from home.

Shortly after the wedding march many a man discovers that he's an April fool.

What Did He Mean? Mrs. Dough—How do I look in my new furs? Mr. Dough—Out of sight.

Not Gray Hairs but Tired Eyes make us look older than we are. Keep your eyes young and you will look young. After the Movies Murine Your Eyes. Don't tell your age. Murine Eye Remedy Co., Chicago. Sends Eye Book on request.

A woman is very apt to overestimate the good time her husband has when he is away from home.

Shortly after the wedding march many a man discovers that he's an April fool.

What Did He Mean? Mrs. Dough—How do I look in my new furs? Mr. Dough—Out of sight.

Not Gray Hairs but Tired Eyes make us look older than we are. Keep your eyes young and you will look young. After the Movies Murine Your Eyes. Don't tell your age. Murine Eye Remedy Co., Chicago. Sends Eye Book on request.

A woman is very apt to overestimate the good time her husband has when he is away from home.

Shortly after the wedding march many a man discovers that he's an April fool.

Facing the Decorating Problem



The decorating problem is the woman's problem. Alabastine will solve this problem for thousands of women this spring.

The Alabastine "Free Decorating Service" will assist you to procure the correct tones and color combinations that will harmonize perfectly with your rug, furniture, draperies, curtains, and wearing apparel.

Alabastine The superior wall finish

The ease with which Alabastine can be mixed and applied, the absence of fumes, the decorative effects that can be obtained by tinting Alabastine, make Alabastine preferable to all other forms of finishing wall.

The best decorators advise the use of Alabastine to produce decorative wall and ceiling borders, trimmings, stencil work from 50 cents to \$2.00 each. If you will write for the free "Alabastine" booklet, containing hand-colored proofs of 12 of the very latest stencil effects, we will tell you how you can have your choice of these and 100 others at practically no expense. Write today for this absolutely free decorating service.

Alabastine in 5 lb. packages, in dry powder form, ready to mix in cold water, is sold by paint, hardware, drug and general stores everywhere.

Alabastine Co. 384 Grandville Rd. Grand Rapids, Mich.

PATENTS Watson E. Coleman, Patent Lawyer, Washington, D.C. Advice and books free. Rates reasonable. Highest references. Best services.

Seeds Alfalfa Seed Corn \$1.50 Sweet Clover \$9. Farms for sale and rent on crop payments. J. Mulhall, Box C17, Ia.

Nebraska Directory

THE PAXTON HOTEL Omaha, Nebraska EUROPEAN PLAN Rooms from \$1.00 up single, 75 cents up double. CAFE PRICES REASONABLE

Wanted Young Women

to fill vacancies soon to exist Nurses' Training School recognized by State and registering graduates. During training pays salary making possible secure education while earning living. Address Box 1183, Lincoln, Nebr.

COMPLETE NEW FIREPROOF HOSPITAL

Medical, Surgical, Obstetrical, Laboratory, X-Ray Department. Training school for nurses in connection. Open to all reputable physicians. For further information address

A. A. SMITH, M.D. Surgeon Mary Leaning Memorial Hospital HASTINGS, NEB.