
is Saie VHEN THE
APPETITE IS KEEN IN CANADA
It is over the Hill-Splendid Bank Clearings, and the Crop
Returns Reveal Vast Possibilities for the Future.



BEAUTIFY YOUR HAIR


PATENTS Knemt


COMDENSED HEWS
of interbet to all.

WHAT IS URIC ACID?
,
who need sound nourishment, whether for labor of body or brain, have come to know by actual test that they can depend upon

## Grape-Nuts

Made of whole wheat and malted barley, this famous pure food supplies all the rich nutriment of the grains, including their valuable mineral elements-lacking in many foods-but mighty necessary for ene gizing of the mental, physical and nervous forces.

Grape-Nuts has a delicious nut-like flavour-is always ready to eat-easy to digest, and wonderfully nourishing.

## "There's a Reason" fcr <br> Grape-Nuts

