

SALTS IF BACKACHE OR KIDNEYS TROUBLE YOU

Eat Less Meat If Your Kidneys Aren't Acting Right or If Back Hurts or Bladder Bothers You.

When you wake up with backache and dull misery in the kidney region it generally means you have been eating too much meat...

Either consult a good, reliable physician at once or get from your pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine.

Beauty is only skin deep—and often just an illusion.

Piles Cured in 6 to 14 Days. Druggists refund money if PAGO OINTMENT fails to cure itching, blood, bleeding or protruding piles.

Theatrical speaking, the death scene of the heroine is apt to be far less realistic than her hair-dyeing.

To keep clean and healthy take Dr. Pierce's Pleasant Pellets. They regulate liver, bowels and stomach—Adv.

Naturally. She—He looks prosperous, and yet you say he lives from hand to mouth.

Cautious Calculation. "What do you suppose is the per capita cost of the war?"

"I wouldn't like to say, unless I knew just to what extent they were using the per capita."

Radical Departure. "Just a word, young man," said the owner of the store.

"Yes, sir." "If a customer knows what he wants, sell it to him. I know that a star salesman can always sell him something else, but I have a theory that it will pay just as well to sell him what he wants."

Gaelic Literature for Soldiers. Much Gaelic literature and material comforts were sent to the Highland regiments in Flanders and at the Dardanelles by the Association of Highland societies of Edinburgh.

PRESSED HARD. Coffee's Weight on Old Age.

When people realize the injurious effects of coffee and the better health that a change to Postum can bring, they are usually glad to lend their testimony for the benefit of others.

"Some time ago I was making a visit to a distant part of the country and took dinner with one of the merchants of the place. I noticed a somewhat unusual flavor of the coffee and asked him concerning it.

"I was so pleased with it that I bought a package to carry home with me, and had wife prepare some for the next meal. The whole family liked it so well that we discontinued coffee and used Postum entirely.

"I had been very anxious concerning my mother's condition, but we noticed that after using Postum for a short time she felt much better, had little trouble with her heart, and no sick stomach; that the headaches were not so frequent, and her general condition much improved.

"I know Postum has benefited myself and the other members of the family, especially my mother, as she was a victim of long standing."

Postum comes in two forms: Postum Cereal—the original form—must be well boiled. 15c and 25c packages.

Instant Postum—a soluble powder—dissolves quickly in a cup of hot water, and with cream and sugar, makes a delicious beverage instantly. 30c and 50c tins.

Both kinds are equally delicious and cost about the same per cup. "There's a Reason" for Postum. —sold by Grocers.

Kin Hubbard Essays

ADVERTISING

By KIN HUBBARD

One of the most enjoyable an interesting features of a newspaper or magazine these days is the advertisements. We never used to read the ads. We believed they were just cunningly worded snares to separate the gullible from their money.

artist has brought to light all the mysterious an intricate harness of faint woman. Maybe on the same page, setting off a suit sale, we see a trio of fashionably dressed young men who have apparently gotten together by the merest accident.



Th' Ole Time Merchant Prince Used t' Fume an' Fret an' Sputter an' Finally Write a Little Stingy Ad on a Piece o' Wrappin' Paper Callin' Attention t' th' Arrival of a Fresh Bale o' Calico or Kit o' Whitefish or Somethin' an' Hand It t' an Ad Solicitor With a Frown an' Mumble Somethin' About His Expenses Breakin' Him Up.

Art in their way. Their interest in an entertainin' an' instructive. They remind us of our needs. They call t' mind th' fact that our toes are out, that we're gittin' bald or need a tonic or a new overcoat.

Th' ole-time merchant prince used t' fume an' fret an' sputter an' finally write a little stingy ad on a piece o' wrappin' paper, callin' attention t' th' arrival of a fresh bale o' calico, or a kit o' whitefish or somethin', an' hand it t' an ad solicitor with a frown an' mumble somethin' about his expenses breakin' him up.

Art or pictorial advertising seems t' have reached th' limit. Here th' artist an' writer unite their best wits an' leave little or nothin' t' th' imagination o' th' reader. Tired an' worried after th' day's grind, we open our newspapers an' come face t' face with a realistic lingerie ad wherein th' cent 't'acker. Then thers th' allurin' dandruff ad, th' special sales, Christ-mas suggestions, signed letters t' th' editor an' other ads, all so cleverly gotten up that we read ever' word o' them and spend our money freely.

In th' magazines shingle stains, Hol-land bulbs, winter tours, shavin' soaps, automobiles, corsets, beauty lotions, floor wax, silverware an' union suits are all exploited in such a highly artistic manner that th' average reader ferrets all about th' stories. What could be more eloquent than th' underwear ad wherein a whole, well rounded family is shown seated about a library table readin' in th' soft, mel-ow glow o' an up-t-date lamp—father, mother, Gertrude, Robert, Ethyl an' little Toots, all dressed in union suits jst like they had started t' go t' bed an' then suddenly decided t' return t' th' livin' room an' read a little while longer.

This is an age when we all depend on publicity an' nobuddy profits by keepin' out o' th' public eye but th' crook. (Protected by Adams Newspaper Service.)

Professor Alex Tansey on Naming the Offspring

By KIN HUBBARD

Professor Alex Tansey addressed th' Mothers' Club yesterday, at th' east o' th' Saw mill, Takin' for his subject, "The Namin' o' th' Offspring." th' Professor arose wearin' th' same Prince Albert he graduated in at Ann Arbor, in 1888, an' shone like a wounded tarpon flounderin' in th' Florida sun, an' spoke in part as follows:

"Mothers an' nonproducers, when I see Charles Sumner Moss leavin' agin' th' courthouse fence with his white-wash brush my mind goes back t' th' stirrin' days o' his namesake, that famous American statesman who op-



"When I see Ulysses Simpson Grant Bud Bein' Dragged t' Jail for Stealin' a Ham I Am at Once Reminded o' th' capture o' Ft. Donelson, or th' Brilliant Victory o' luka, in 1862."

posed th' re-election o' Grant, in 1872, on account o' his Santo Domingo policy. When I see Ulysses Simpson Grant Bud Bein' dragged t' jail fer stealin' a ham I am at once reminded o' th' capture o' Ft. Donelson, or th' brilliant victory o' luka, in 1862. An', my friends, when Natalie Jones serves my batter cakes at th' Little Gem restaurant I'm waffled gently back t' that bright May mornin' in 1859, when Natalie, daughter o' Ivanowitch Keckko, was born t' become th' Princess Milan, o' Servia. So I urge that mothers try t' avoid names with historical associations so that th' offspring may not be called upon t' bear thro' life a name out o' all harmony with its environment or attainments. It's allus difficult t' hide our disappointment when we meet a Grover or a Lincoln. They're so different from what we naturally had in our mind's eye.

"A mother may be an admirer o' Marie Corelli without launchin' a long legged daughter on th' sea o' life weighed down with a name like Thelma. O' course if th' daughter chooses t' make snake charmin' with a circus her life's work th' choice is admirable.

"We're jist emergin' from a long siege o' Dorothy's, an' all efforts t' trap th' origin o' th' craze have been futile. Jist think what a refreshin-

explorer," said th' Professor, now growin' easier an' gittin' his subject well in hand.

"Think o' th' bitter disappointments that await th' child named Goldie. She'll need all th' qualifications in th' human category t' guide her back safely thro' th' snags an' shoals that imperil th' voyager down life's stream."

Here th' Professor recounted many failures among his early acquaintance who had fallen in life's feverish battle burdened by names that only embarrassed 'em—names that magnified their inferiorities an' impeded their progress an' showed 'em up. Continuin' he said:

"Somewh' we allus gasp when we meet a Norman or a Lionel. We expect t' see athletes. Mothers, when a boy is born an' you feel a longin' t' call him Norman or Lionel call his father in an' go over th' matter carefully t'gether an' add either Kenneth or Claire t' which ever name you may select. Then it's a good plan t' call him Bud till you see how he's goin' t' stack up. If he fills out well an' stones th' neighbors let it go at Norman or Lionel. If he slows down at fifteen an' shows a tendency toward lawn tennis it shall be your duty t' choose Kenneth or Claire." (Protected by Adams Newspaper Service.)

CLAIM ERRORS IN TABULATION

COMMISSION DENIES CORRECTNESS OF RATE BASIS.

NEWS OF THE STATE HOUSE

Items of General Interest Gathered From Reliable Sources at State House.

Western Newspaper Union News Service. In its petition for a rehearing in the western passenger rate cases the Nebraska railway commission challenges the correctness of computations on which the interstate commerce commission based its decision that interstate rates on traffic north, east and south out of Nebraska should be 2.4 cents a mile. The petition is signed by Commissioners H. T. Calkr, T. L. Hall, H. G. Taylor, Attorney General Willis E. Reed and U. G. Powell, rate expert and accountant for the commission. Numerous tabulations made by the commission are included in the petition, all tending to prove that the interstate commerce commission erred in its decision. It is alleged that an error of the interstate body in terminal allowance for way and structures is sufficient alone to turn the case in favor of the carriers in the so-called two and one-half cent territories.

State Deposits Increase

Deposits of banks under state supervision have increased \$20,989,818 during the past year—a record that is calling for great elation at state banking board headquarters. In the same period the number of state banks has increased from 750 to 803. The number of depositors in the same length of time has advanced from 262,000 to 331,000; loans have increased \$19,023,636, and the reserve 4,143,545.

There has been an advance, too, in the amount of capital stock. The total is \$17,118,000 now, according to the report, or \$1,320,000 greater than a year ago. Total deposits are now above the \$100,000,000 mark, in fact, \$114,487,652.98, to be exact. The aggregate resources of the 803 institutions are given at \$144,422,709— or slightly over \$100 for every man, woman and child in the state.

Roster of Civil War Veterans.

A record containing the names of more than 25,000 veterans of the civil war, living or deceased, whose homes were in Nebraska, has just been completed by the Grand Army of the Republic. Assistant Adjutant General A. M. Trimble says no other state has such a complete record. He believes it will be of great value for reference in years to come. The record was made by Mrs. Kate S. Millar, the daughter of a civil war veteran. The record is double indexed so that names may be easily found. The record shows the name, age, occupation, birthplace, date and place of muster into the service and final discharge, rank, company and regiment, the post, if the veteran is a member of a G. A. R. post, and residence.

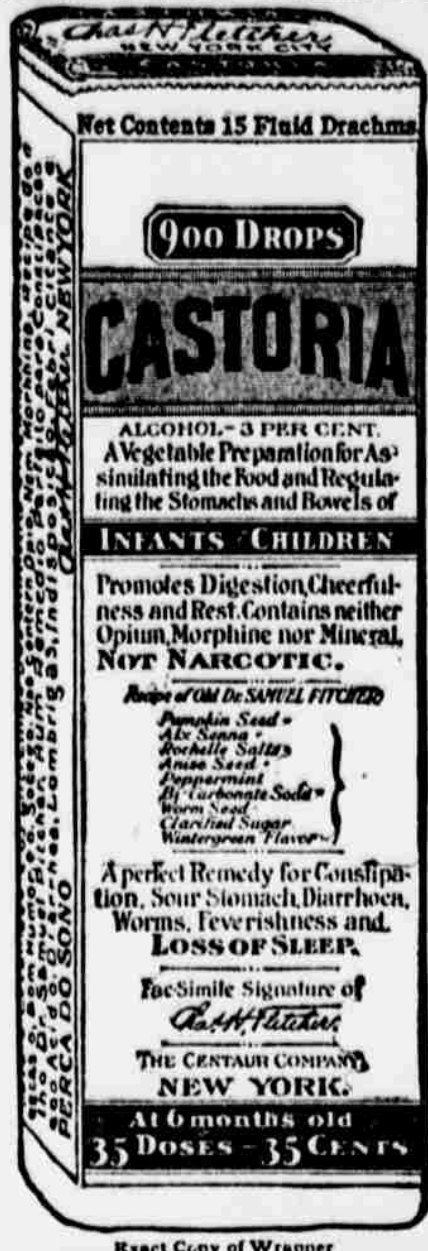
A report filed with Labor Commissioner Coffey shows that the \$30,000 damage suit filed on behalf of Jacob Herman, a boy under 16 years of age, who had part of one hand crushed in the cog wheels of a press at the Nebraska Printing company's plant in Lincoln, has been settled by the payment of \$1,750 to young Herman. \$250 to his father for the latter's right of action, a \$48 doctor bill and \$11 of court costs, making \$2,059 altogether.

Food Commissioner Harman won another step in the litigation against oil companies when the Douglas county district court terminated an action brought there to evade compliance with state law, and hold oil companies responsible to a supreme court order, compelling them to continue recognizing state regulation until their dispute with Mr. Harman can be fully aired before that body.

Fifty-one counties have reported to Labor Commissioner Coffey, through the county clerks, on farm mortgages filed during 1915. The number was 12,366 and the gross amount \$2,561,931. On farm mortgages released, fifty-four counties have reported. The number of these was 10,749 and the aggregate amount \$7,028,777.

Representative F. W. Broome, of Box Butte, called on Governor Morehead and tendered his resignation, to take effect immediately. Mr. Broome is soon to remove temporarily from his district to accept a federal appointment as receiver of the government land office at Valentine. His home is now at Alliance. Removal from the legislative district vacates the office, so Mr. Broome tendered his resignation that the governor might fill the vacancy. Governor Morehead appointed Charles Tully, of Alliance, to fill the vacancy.

The supreme court has issued a temporary injunction prohibiting oil companies from interfering with the collection of inspection fees and set January 21 as a date for hearing the application of Attorney General Reed for a permanent injunction. The application was made at the request of C. E. Harman, chief oil inspector and food, drug and dairy commissioner. Nine oil companies obtained an order Wednesday from the district court of Douglas county restraining Mr. Harman from collecting fees.



CASTORIA For Infants and Children. Mothers Know That Genuine Castoria Always Bears the Signature of J. C. Fletcher In Use For Over Thirty Years CASTORIA

Overheard on the Elevator. "The cunningest dog came to us this week."

"You don't mean it! What did Baby think of him?" "My dear, she was frightened to death. She fairly screamed every time he came into the room, and was so nervous all night she hardly slept a wink."

"Then you didn't keep the dog, did you?" "No, we advertised him, but no one called, so we gave him to a young man in the neighborhood."

"What kind of dog was he?" "Oh, just the same kind as Baby, only larger."

Exaggerated Peace. "Of course, you are in favor of peace."

"Certainly. But I don't want to be equipped with nothing but arguments in case I meet the kind of man whose one idea of peace is to have all his enemies stowed away in a graveyard."

The Proof. "Do you believe dogs can reason?" "I have known a bulldog in a dispute to be able to hold his own."

Advice. "My capital is brains." "You'd better compromise with your creditors."

To Cure a Cold in One Day. Take LAXATIVE BROMO QUININE TABLETS. Druggists refund money if it fails to cure. E. W. GROVE'S signature is on each box. 50c.

Being a born leader may have its advantages, but the man in the rear has a better opportunity to get away.

Mother Explains. "My dear," said Mr. Hommandhaw, "I hope you are not planning to buy a lot of new furniture."

"I am not," replied Mrs. Hommandhaw, "and I don't know what gives you the idea."

"This shopping list gives me the idea." "What shopping list?"

"On this paper, which I just picked up off the floor, is written: 'Washstand, parlor chairs, dining-room table, writing desk, refrigerator, taboret, piano stool, pedestal, step-ladder, cedar chest, music cabinet and garbage can.'"

"Oh, that is just a record I was keeping of the things the baby has fallen from this week."—Judge.

RECIPE FOR GRAY HAIR.

To half pint of water add 1 oz. Bay Rum, a small box of Barbo Compound, and 4 oz. of glycerine. Apply to the hair twice a week until it becomes the desired shade. Any druggist can put this up or you can mix it at home at very little cost. It will gradually darken streaked, faded gray hair, and removes dandruff. It is excellent for falling hair and will make harsh hair soft and glossy. It will not color the scalp, is not sticky or greasy, and does not rub off.—Adv.

The Girl Fooled Him. Howell—Rowell married for money. Powell—Yes, and he didn't get enough to pay the minister.

Not Gray Hairs but Tired Eyes. Keep your Eyes young and you will look young. After the Movies Murine Your Eyes. Don't tell your age. Murine Eye Remedy Co., Chicago, Sends Eye Book on request. A man who patronizes saloons often finds himself in a tight place. Shiftless people are never the ones who worry about it.

WHY "ANURIC" IS AN INSURANCE AGAINST SUDDEN DEATH!

Sufferers from Backache, Rheumatism and Kidney Trouble

Before an Insurance Company will take a risk on your life the examining physician will test the urine and report whether you are a good risk. When your kidneys get sluggish and clog, you suffer from backache, sick-headache, dizzy spells, or the twinges and pains of lumbago, rheumatism and gout. The urine is often cloudy, full of sediment; channels often get sore and sleep is disturbed two or three times a night. This is the time you should consult some physician of wide experience—such as Dr. Pierce, of the Invalids' Hotel and Surgical Institute, Buffalo, N. Y. Send him 10 cents for sample package of his new discovery—"Anuric." Write him your symptoms and send a sample of urine for test.

Experience has taught Dr. Pierce that "Anuric" is the most powerful agent in dissolving uric acid, as hot water melts sugar; besides being absolutely harmless it is endowed with other properties, for it preserves the kidneys in a healthy condition by thoroughly cleansing them. Checks the degeneration of the blood-vessels, as well as regulating blood pressure. "Anuric" is a regular insurance and life-saver for all big meat eaters and those who deposit lime-salts in their joints. Ask the druggist for "Anuric" put up by Dr. Pierce, in 50-cent packages. Dr. Pierce's Favorite Prescription makes weak women strong, sick women well. No alcohol. Sold in tablets or liquid.

The Wheat Yield Tells the Story of Western Canada's Rapid Progress. 60 ACRE FARMS IN WESTERN CANADA FREE. The heavy crops in Western Canada have caused new records to be made in the handling of grains by railroads. For, while the movement of these heavy shipments has been wonderfully rapid, the resources of the different roads, despite enlarged equipments and increased facilities, have been strained as never before, and previous records have thus been broken in all directions.