"CASCARETS" ACT ON LIVER; BOWELS

No sick headache, biliousness, bad taste or constipation by morning.

Get a 10-cent box.

Are you keeping your bowels, liver. and stomach clean, pure and fresh with Cascarets, or merely forcing a passageway every few days with Salts, Cathartle Pills, Castor Oil or Purgative Waters?

Stop having a bowel wash-day. Let Cascarets thoroughly cleanse and regulate the stomach, remove the sour and fermenting food and foul gases, take the excess bile from the liver and carry out of the system all the constipated waste matter and poisons in the bowels.

A Cascaret to-night will make you feel great by morning. They work while you sleep-never gripe, sicken or cause any inconvenience, and cost only 10 cents a box from your store. Millions of men and women take a Cascaret now and then and never have Headache, Billousness, Coated Tongue, Indigestion, Sour Stomach or Constipation. Adv.

Contrary Methods. "I see that in Europe they are

having battles in the clouds." "Yes; that is how they are trying to get in the sun."

All Boys and Girls should write to Wm. Wrigley Jr. Co., 1304 Kesner Bldg., Chicago, Ill., for beautiful "Mother Goose Jingle Book" in colors sent free to all readers of this paper.-Adv.

As Ever.

"Since the war began the women have been taking the places of the men on the Paris street cars." "Well, they'd do it here, but the men are too ill mannered to get up."

Kissing Microbes.

Belle-I see a Swiss scientist declares that microbes do not exist in mountain air at an altitude of over 2,000 feet. How do you suppose he's discovered that?

Beulah-Oh, he's probably done some kissing at high altitude."

Circumstances Alter Cases. Lawyer-The evidence against you is too strong, too cumulative. You have no chance of acquittal.

Client-But I'm not innocent; I'm

Lawyer-Ah, that's different. Knowing that, I'll be able to get you free.

The Zealous Youth.

The Employer-If my wife calls up, say that I have just gone out. The Office Boy-Yes, sir, I'll say it every time she calls up.

The Employer-You mustn't do opinion of your truthfulness. The Boy-Yes, sir; she has it now.

Employer - What do you mean?

The Boy-Why, she called up this new boy. An' I said, "Yes, ma'am." And she said it was no place for a truthful boy. She said you had no use for a truthful boy. Then she said. "Did you ever tell a lie?" And I said, "No, ma'am."

"And what did she say?" "She said, 'You'll do!' "-Cleveland Plain Dealer.

MAY BE COFFEE That Causes all the Trouble

When the house is afire, it's about the same as when disease begins to show, it's no time to talk but time to ect-delay is dangerous-remove the cause of the trouble at once.

"For a number of years," wrote a Kansas lady, "I felt sure that coffee was hurting me, and yet I was so fond of it, I could not give it up. At last I got so bad that I made up my mind I must either quit the use of coffee or die.

"Everything I ate distressed me, and I suffered severely most of the time with palpitation of the heart. I frequently woke up in the night with the feeling that I was almost gone-my heart seemed so smothered and weak in its action. My breath grew short and the least exertion set me panting. I slept but little and suffered from rheumatism.

"Two years ago & stopped using the coffee and began to use Postum and from the very first I began to improve. It worked a miracle! Now I can eat anything and digest it without trouble. I sleep like a baby, and my heart beats strong and regularly. My breathing has become steady and normal, and my rheumatism has left me.

"I feel like another person, and it/ is all due to quitting coffee and using Postum, for I haven't used any med/cine and none would have done amy good as long as I kept drugging with coffee." Name given by Postum Co., Battle Creek, Mich. Read "The Road to Wellville," in pkgs.

Postum comes in two forms: well Regular Postum-must be boiled. 15c and 25 packages.

Instant Postum-is a soluble powder. A teaspoonful dissolves quickly in a cup of hot water and, with dream and sugar, makes a delicious beverage

instantly. 30c and 50c tins. Both kinds are equally delicious, and cost per cup about the same.

"There's a Reason" for Postum. -sold by Grocers.

CREAMERY AS MARKET FOR FARMER'S EGGS



Proper Method of Grading Eggs-Whi te and Brown Ones Packed Separately.

ment of Agriculture.)

Because of the methods of handling and marketing eggs in common use among the general farmers who furnish the great bulk of the supply, it duced to a minimum. They were never is not often that the producer can get the full benefit of the high prices for strictly fresh eggs during the fall and winter months. It is customary in many sections of the country for the farmer to take to town at irregular the offender in the future. intervals a basket of eggs some of which may be clean and some dirty, some absolutely fresh and some distinctly below the highest grade. He is usually paid by number, not quality, and thus gets no additional profit from the eggs that are really first class. The village merchant, moreover, who takes these eggs is not usually in a position to make regular shipments to large markets. The result of all this is that before the eggs reach the ultimate consumer they have deteriorated to such an extent that they are not of a quality to command the highest prices.

This waste can be, to a great extent at least, remedied by a system of marketing eggs through creameries. It is not necessary for the creamery to be a co-operative one, for even a privately owned establishment will naturally be destrous of adding to the prosperity of the neighborhood and to oblige as far as possible its patrons.

For this reason it should content itself with a moderate profit on the eggs. This was the case with one privately owned creamery in the northern part of Minnesota, which may be taken as an excellent example of the local storekeepers was hardly more possibilities of marketing eggs in this

A short time ago about 135 farmers were selling their eggs through this agency. They were scattered over a away. This accounts for the fact that wide territory, one man even driving the local merchants, who were at first that. My wife would have a poor 14 miles. Before the creamery con- inclined to look with disfavor upon each farmer was required to sign the following agreement:

"For the privilege of selling eggs to the creamery company and getting a morning and asked me if I was the market established for guaranteed fresh eggs, I, the undersigned, hereby pledge myself to comply in every way with the following rules:

"I agree to deliver eggs at the creamery that will not be to exceed eight days old and to be picked in (gathered) twice every day.

dersize or oversize eggs). "Eggs to be clean and to be kept in

"Eggs to be of uniform size (no un-

a cool, dry cellar. "Brown eggs to be put in one car-

ton and white in another and so marked

"Each egg to be stamped on the side and carton to be stamped on the top.

"I agree not to sell any eggs that I have marked with the creamery company's trademark to anyone else but the creamery company, and to return stamps and other supplies that have been furnished, in case I should decide to discontinue to sell eggs to the creamery company."

Several points in this agreement are nesota, even in summer, are usually dry, cool cellars, was found sufficient to keep the eggs in good condition. It this would be possible elsewhere.

The brown and white eggs were separated because it was found that this added to the attractiveness of the packages, and, secondly, because it lay white eggs. During the spring months the owner of the creamery paid one cent more for white eggs than future he could obtain more for them in the market, and that he wished to uniform market.

The stamping of the eggs is important. The stamp contained the name of the creamery, the creamery brand and a serial number for each producer. Thus, in case of any carelessness or failure to maintain the proper quality it was possible to trace the product back to the individual producer and lay the blame where it belonged.

Each farmer was furnished with a supply of cartons each of which held one dozen eggs and were so shaped

(Prepared by the United States Depart- , that they could be packed in a regular 30-dozen egg case, and shipped fron the creamery to market by express The labor and cost of handling the

eggs at the creamery were thus re-

caudled because the farmer was un-

der obligations to bring in only good

eggs, and failure to do so was regard-

ed as sufficient ground for the creamery's refusing to handle the eggs of In the particular case described, the eggs were shipped to a large grocery store in Duluth, Minn., which was already taking butter from the creamery. This store was able to sell the eggs to its customers for several cents a dozen more than the prevailing prices for other eggs. It is interesting to note, also, that the buyers became accustomed to the stamp on the eggs and when by accident two cases reached the store unstamped there was a little difficulty in disposing of

them. The increased profit to the farmers through this method of marketing was not as noticeable during the spring, when eggs are plentiful, as when they were scarce. During the winter the difference was sometimes as great as ten cents a dozen, and when this particular creamery was visited one December the farmers were receiving 40 cents a dozen for their eggs. At this very time farmers in the nearby village were paid 25 cents a dozen. With the increased prices the production rose rapidly also. Before the creamery took up the marketing of the eggs the supply received by the than sufficient for the local demand. Later the creamery paid out in one year nearly \$4,000 to producers of eggs, nearly all of which were shipped sented to market their eggs for them | the innovation, soon saw that the increased returns to the community meant increased profits to them even-

tually. There is no reason why a system similar to the one just described should not be adopted in many other localities. Local conditions will, of course, require certain changes, but the fundamental principle will remain. Fresh eggs shipped regularly in good condition to city markets are certain to earn greater profits for the producers than those which are allowed to deteriorate on the road from the farm to the consumer. Finally the profits from its egg business may well make the establishment of a creamery possible when it could not be run for dairy products alone.

TO SPREAD OR PILE MANURE

Answer to Question Is Largely One of Location-Much Loss Sustained by Broadcast Scattering.

(By ALVIN KEYSER, Colorado Experi-ment Station.)

The question frequently arises, Should manure be spread thinly over the land in winter when it is hauled, worthy of notice. In the first place, or should it be dumped in piles to be eight days may not seem sufficiently scattered in the spring? The answer often in the majority of places to de- to the question is largely one of localiver the eggs, but the nights in Min- tion. In a great deal of Colorado territory the winters are dry, with dry, cool, and this, together with the gath- very windy springs. Where such conering twice a day and the storage in ditions normally prevail scattering manure broadcast on the land during the winter means that the manure will by no means follows, however, that dry out and frequently be blown away by the first heavy spring wind storm.

Dropping in piles to be hand scattered later saves a part of this loss. Where snow is on the ground and encouraged the keeping of hens which where winds are not a menace, or where conditions permit disking the scattered manure into the top soil, this loss by blowing is prevented. for brown on the ground that in the From the standpoint of labor, dropping in piles increases the labor. From the standpoint of saving the manure stimulate the keeping of one class of it sometimes saves an appreciable perchickens in order to insure a more centage, while broadcast scattering would lose all of it. The farmer will have to decide these questions for himself in his own localities, based upon the points above enumerated.

> Grow Profitable Pigs. We cannot grow pigs profitably without feeding enough to keep them gaining steadily.

> Eggs Easily Ruined. Duck eggs are very easily ruined by careless handling.

READY TO EXAMINE FRUIT LAXATIVE

APPROPRIATION BILLS PRESENT. ED FOR SCRUTINY.

STATE UNIVERSITY BATTLE

Finance Committee Makes Totals Below Those of 1913, With

Prospects of Getting Through.

Western Newspaper Union News Service. Total appropriations covered by the maintenance and salaries bills, which today were given to house members for perusal, are \$785,349 less than the total of the same bills as passed by the 1913 legislature. The gross sum is \$3.374,030.

Cuts are made in many departments, both in direct operation and by consolidation with other departments. Some of these changes are included in the above figures and some are not. The finance committee head estimates that the total, when all comparisons are completed, will be about \$825,000 below that of 1913.

State institutions, whose inmate lists are growing daily, naturally have to undergo increases, this coming, of course, in the big maintenance bill.

The University Battle.

For a second time, the lower branch of the legislature Wednesday morning registered its mandate against oneman rule and against the scheme to put the state university and the state farm under separate control by voting down the Reisner motion, offered on Tuesday, to reconsider its action along the same line last Friday.

Although some members who had voted against Taylor on the first test changed over to his side Wednesday, the motion to reconsider was lost by the vote of forty-one to fifty-one. He gained sixteen votes since Friday and the opposition lost eight.

Mr. Taylor recognized the finality of this second defeat by rising in his seat and offering his written resignation as chairman of the special committee appointed three weeks ago to take charge of appropriation bills for the university and normal schools. He also asked that the house instruct him what to do with the bills in his possession as chairman.

Several Appropriation Bills

Four appropriation bills-\$5,850 for Norfolk insane hospital; \$7,500 for more land at Hastings asylum; \$9,600 for asylum at Beatrice, and \$2,500 for home for dependent children-at Lincoln, the first of the regular grind, aside from legislative expense and the emergency deficiency bill, have been recommended by the house of representatives in committee of the whole. None of these bills are large and the sum total of their appropriation is \$25,350. They each approriate money for a state institution and through, as one member put it, "like greased lightning." They were reported out of the finance ways and means committee at 1:30, came up at 2:30 in committee of the whole, and by 3 p. m. were disposed of. The appropriation for the home for dependent children in Lincoln is for the purchase of three lots specified in the bill as adjacent to the Orthopedic hospital.

Must Complete Naturalization. In committee of the whole the sen-

ate came very near recommending S. F. 104 for passage. This is a proposed constitutional amendment introduced by Hoagland of Lancaster county. It provides that foreign born persons who have taken out their first naturalization papers must cease voting after five years if they do not complete their naturalization. A similar amendment was defeated at the polls a few years ago. It is alleged it was defeated because it was labelled on the ballot "suffrage," and many voters thought it related to woman

Wholesale liquor dealers who retail their goods must obtain licenses entitling them to do so under the provisions of the Buhrman bill, given an impetus in the upper house committee of the whole. Under no conditions can the drinkables be consumed on the premises.

Taylor of Custer lost in his preliminary battle to secure the right to alter the system of making appropriations for the state university. It was the effort of his legislative career. Handicapped by hoarseness caused by a cold in the throat, he nevertheless spoke for more than two hours on his motion to receive an instruction from the house to proceed with his pet plan, either with an instructed committee or what he wanted more, a committee which would follow him. He lost on roll call just at dusk by a vote of 25 for and 59 against him.

The senate, by a vote of 19 to 7 approved Dodge's bill to make it unpleasant for the anonymous political agent who circulates printed or written matter signed "League of Taxpayers." or any other similar misleading name behind which tricksters in politics often hide just before election time, when it is too late to find out who is back of such circulars or advertisements. The bill is S. F. 89, by Dodge of Douglass. It provoked a spirited debate between Mattes of Otos who opposed it, and half a dozen other senators.

FOR SICK CHILD

"California Syrup of Figs" can't harm tender stomach, liver and bowels.

Every mother realizes, after giving her children "California Syrup of Figs" that this is their ideal laxative, fy, abundant and appears as soft, lusbecause they love its pleasant taste trous and beautiful as a young girl's and it thoroughly cleanses the tender after a "Danderine hair cleanse." Just little stomach, liver and bowels with- try this-moisten a cloth with a little out griping.

When cross, irritable, feverish, laxative," and in a few hours all the foul, constipated waste, sour bile and undigested food passes out of the bowels, and you have a well, playful child again. When its little system is full of cold, throat sore, has stomach-ache, diarrhoea, indigestion, colic-remember, a good "inside cleaning" should always be the first treatment given.

Millions of mothers keep "California Syrup of Figs" handy; they know a teaspoonful today saves a sick child tomorrow. Ask at the store for a 50cent bottle of "California Syrup of Figs," which has directions for babies, children of all ages and grown-ups and just try it. Adv. printed on the bottle. Adv.

Activities of Women. Miss Alma K. Boyd has been ap-

pointed private secretary to Lieutenant Governor McClain of Pennsylvania

Mary Pickford, the moving picture acress, receives a salary of \$2,000 per week for 52 weeks in the year. The only real profit-sharing indus-

try in the United States is owned by a woman, Mrs. James P. Warbasse of Brooklyn. German tailors and dressmakers have decreed that the prevailing color

for the new spring fashions shall be the field gray of the German army uniform, and in regard to cut the military style will be followed.

"This, then, Miss Fickle," said the young man as he started for the

foor, "is your final decision?" "It is, Mr. Smithers," said the young girl firmly.

"Then," he continued, his voice be traying an unnatural calmness, "there is but one thing to add." "What is that?" she asked, toying

like ear. "It is this," he muttered. "Shall I return those black satin suspenders by mail or will you have them now?"

absently with the lobe of her shell-

Strange Conclusion. "It is the vote that does the talk-

"Yes, especially the silent vote."

LIFE INSURANCE COMPANIES

lic Health Conditions. An examining physician for one of the prominent Life Insurance Companies, in an interview on the subject, made the astonishing statement that one reason why so many applicants for insurance

They Are Closely Observing Pub-

so common to the American people, and the large majority of those whose applications are declined do not even suspect that they have the disease. According to this it would seem that a medicine for the kidneys, possessing real

healing and curative properties, would

are rejected is because kidney trouble is

be a blessing to thousands. Dr. Kilmer & Co., Binghamton, N. Y., who prepare Dr. Kilmer's Swamp-Root, the well-known kidney, liver and bladder remedy, claim that judging from evidence received from druggists everywhere, who are constantly in touch with their customers, and also indisputable proof in the form of grateful testimonial letters from thousands of reliable citizens, this preparation is remarkably successful in sickness caused by kidney and bladder troubles. Every interesting statement they receive regarding Swamp Root is investigated and no testimonial is published unless the party who sends it is reported of good character. They have on file many sworn statements of recoveries in the most distressing cases. They state that Dr. Kilmer's Swamp-Root is mild and gentle in its action and its healing influence is soon noticed in

Swamp-Root is purely an herbal compound and Dr. Kilmer & Co. advise all readers who feel in need of such a remedy to give it a trial. It is on sale at all drug stores in bottles of two sizes 50c. and \$1.00. However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper. Adv.

Noncommittal. Miss Gushmore-Don't you just love danger, major? Major Grizzley-H'm ! I respect it.

Its Sort. Prisoner-I embezzled this money because I am not rich. Judge-A poor excuse

A simple remedy against coughs and all throat irritations are Dean's Mentholated Cough Drops—5c at all good Druggists.

Many a man is such an enthusiast that you can't even dampen his ardor

GIRLS! GIRLS! TRY IT, **BEAUTIFY YOUR HAIR**

Make It Thick, Glossy, Wavy, Luxur iant and Remove Dandruff-Real Surprise for You.

Your hair becomes light, wavy, fluf-Danderine and carefully draw it through your hair, taking one small breath is bad, stomach sour, look at strand at a time. This will cleanse the tongue, mother! If coated, give a the hair of dust, dirt and excessive oil teaspoonful of this harmless "fruit and in just a few moments you have doubled the beauty of your hair.

Besides beautifying the hair at once, Danderine dissolves every particle of dandruff; cleanses, purifies and invigorates the scalp, forever stopping itching and falling hair.

But what will please you most will be after a few weeks' use when you will actually see new hair-fine and downy at first-yes-but really new hair-growing all over the scalp. If you care for pretty, soft hair and lots of it, surely get a 25 cent bottle of Knowlton's Danderine from any store

Diagnosed.

"How dfd you know your patient had appendicitis, doctor?" "I operated on him."

Some men reach the top through their own shrewdness and some through the stupidity of others.

Should always find you waiting with a hearty appetite-And your condition should enable you to enjoy your food. A "don't care" or a "no thank you" disposition indicates-A lazy liver, clogged bowels or impaired digestion.

HOSTETTER'S STOMACH BITTERS

Will tone and sweeten the stomach and bowels-Regulate the appetite, assist the digestion-Help Nature in every way to-

wards improving your general health. Try a bottle today, but be sure you get Hostetter's.

Sprains, Bruises Stiff Muscles

Sloan's Liniment will save hours of suffering. For bruise or sprain it gives instant relief. It arrests inflammation and thus prevents more serious troubles developing. No need to rub it in—it acts at once, instantly relieving the pain, however severe it may be.

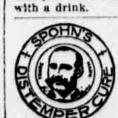
Here's Prest Charles Johnson, P. O. Bes 108, Leston's Station, N. Y., writes: "I sprained
my ankie and dislocated my left hip by
falling out of a third story window aix
months ago. I went on crutches for four
months, then I started to use some of
your Liniment, according to your directions, and I must say that it is helping
me wonderfully. I threw my crutches
away. Only used two bottles of your
Liniment and now I am walking quite
well with one cane. I never will be without Sloan's Liniment."

All Dealers, 25c. Send four cents in stamps for TRIAL BOTTLE Dr. Earl S. Sloan, Inc.

Philadelphia, Pa-**SLOAN'S** INIMENT



W. N. U., LINCOLN, NO. 10-1915.



Watch Your Co

SPOHN'S DISTEMPER COMPOUND a and St a bottle: \$5 and \$10 the dozen of any druggles, or delivered by MPOPIN BEDICAL CO., Chemists and Bacteriologists, Coshen, Ind., U. B. A