

QUIT MEAT IF KIDNEYS BOTHER AND USE SALTS

Take a Glass of Salts Before Breakfast if Your Back is Hurting or Bladder is Irritated.

If you must have your meat every day, eat it, but flush your kidneys with salts occasionally, says a noted authority who tells us that meat forms uric acid which almost paralyzes the kidneys in their efforts to expel it from the blood.

To neutralize these irritating acids, to cleanse the kidneys and flush off the body's urinous waste get four ounces of Jad Salts from any pharmacy here; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine.

Jad Salts is inexpensive; cannot injure, and makes a delightful effervescent lithia-water drink.—Adv.

The Mercy-Seat.

Thou must not look so much at the evil that is nigh, but rather at that which stands ready to pity and help—and which hath pitied and helped thy distressed soul, and will pity and help it again.

A Splendid Chance.

"Turkey raising is an arduous business," said a wholesale poultry dealer of Baltimore. "Day and night you must look after your birds the same as you look after horses."

"California turkeys are very fine. They are very well taken care of. It is no snap to work on a California turkey farm," I tell you.

"I was visiting a California turkey farm last month when a boy applied for a job."

"Your references are good. I'll try you," said the farmer.

"Will I have a chance to rise, sir?" the boy asked.

"Yes, said the farmer, a grand chance. I'll want you to have the feed mixed by four o'clock every morning."—Washington Star.

Oh, how great peace and quietness would be possess who should cut off all vain anxiety and place all his confidence in God.—Thomas a Kempis.

A man never wants a thing after he get it half as bad as he thought he did while chasing it.

More than 333,000 Jews are in European armies, it is said.

OUR NATIONAL DISEASE Caused by Coffee.

Physicians know that drugs will not correct the evils caused by coffee and that the only remedy is to stop drinking it.

An Arkansas doctor says: "I was a coffee drinker for many years and often thought that I could not do without it, but after years of suffering with our national malady, dyspepsia, I attributed it to the drinking of coffee, and after some thought, determined to use Postum for my morning drink."

"I had the Postum made carefully according to directions on the pkg. and found it just suited my taste."

"At first I used it only for breakfast, but I found myself getting so much better, that I had it at all meals, and I am pleased to say that I have been relieved of indigestion. I gained 19 pounds in 4 months and my general health is greatly improved."

"I must tell you of a young lady in Illinois. She had been in ill health for many years, the vital forces low, with but little pain. I wrote her of the good that Postum did me and advised her to try it."

"At the end of the year, she wrote me that she had gained 40 pounds in weight and felt like herself again."

Name given by Postum Co., Battle Creek, Mich. Read "The Road to Wellville," in pkg.

Postum comes in two forms: Regular Postum—must be well boiled, 15c and 25c packages.

Instant Postum—is a soluble powder. A teaspoonful dissolves quickly in a cup of hot water and, with cream and sugar, makes a delicious beverage instantly. 30c and 50c tins.

The cost per cup of both kinds is about the same.

"There's a Reason" for Postum.—sold by Grocers

TORPEDO STEAMER

BRITISH SHIP SUNK BY GERMAN SUBMARINE.

EASIER TO KILL THAN CURE

No Economy in Treating Most of Foot and Mouth Disease Cases—Villa Victim of Shooting.

Western Newspaper Union News-Service Fleetwood.—The German submarine 21 torpedoed the North Shields steamer Ben Cruachen off this port Saturday night. The entire crew, numbering twenty, was landed here. The captain of the steamer says he was overtaken by the submarine and ordered to leave his ship within ten minutes. Hardly had the crew got into the boats when a torpedo was fired and the steamer went down.

Villa Victim of Shooting Affray.

El Paso, Tex.—Gen. Francisco Villa northern revolutionary chieftain, was shot but only slightly wounded several days ago at Aguas Calientes in a shooting affair, the details of which have been carefully suppressed. This was the report brought directly from Villa's headquarters by persons who arrived here Saturday. Local rumors had related that Villa had been seriously wounded by Col. Rodolfo Fierro, his personal bodyguard. Those who came from Aguas Calientes said that they had been unable to learn who had shot Villa. The shooting occurred at his car in the railroad yards, at about the time American Consul John R. Silliman at Mexico City telegraphed Washington officials that he had received a report of Villa having been seriously injured.

EASIER TO KILL THAN CURE.

No Economy in Treating Most Foot and Mouth Disease Cases.

Chicago.—Although the quarantine established over the blooded herds of cattle stricken with foot and mouth disease has shown that the animals can be saved, the expense of such cure is so great that in the case of ordinary farm stock it is cheaper to slaughter the animals, according to a statement made public after a meeting of the owners of the prize stock. The blooded animals have been in quarantine here since the first appearance of the epidemic while they were on exhibition at the annual show. Not an animal has been lost from the disease.

Foresees Cheaper Meat and Shoes.

Washington.—The department of agriculture sees cheaper meat and shoes for people of the country in figures gathered by its agents showing that the number of live stock in the United States is on the increase. In a statement the department discontinued reports that prices were bound to rise and said that on January 1 there were 7,712,000 more live stock in the United States than on the same day a year ago. This was the first time in many years, the statement said, that an increase had been shown. The number of beef cattle increased 3.4 per cent over the number a year ago, or an actual increase of 1,212,000 head.

Rejects President's Veto.

Washington.—The house immigration committee voted to reject the president's veto of the immigration bill, and decided to attempt to have the house next Thursday pass the bill over the veto, limiting debate to six hours. Committee members Sabbath, Goldfogle and Moore voted to sustain the veto.

Armistice on Shipping Bill.

Washington.—An armistice in the battle over the administration shipping bill began Saturday night at 11:19 o'clock, when the senate ended nearly thirty-seven hours of continuous debate by taking a recess until 10 o'clock Monday morning, after moving the hands of the clock around to mark midnight.

Echo of North Pole Discovery.

Washington.—Miss Lillian E. Kiel of New York, one of the witnesses, and who said she was a stenographer employed by a magazine that printed articles under the names of Rear Admiral Peary and Doctor Cook on their return from the arctic regions, testified before the house committee on education that neither of those articles was written in its entirety by the explorer whose name it bore, but that both were rearranged in the magazine office.

Big Nursery Stock Consignment.

Omaha.—More than 1,000,000 seedlings, shrubs and trees have been received at the local United States customs house from points in France and Holland, consigned to a nursery company at Shenandoah, Va. Millions of the plants are imported annually, some dutiable and some free. The shipments are held for inspection by the department of agriculture to determine their freedom from insects or worms, which are liable to work injury among orchards of the country.

SLIPPING



MAKING DEMANDS ON CHINA

PRESIDENT WILSON PREDICTS NEW ERA IN BUSINESS.

Disquieting Result of Japanese Pressure in Peking—Carranza is Once More in Power.

Western Newspaper Union News-Service.

Washington.—Another confident prediction that the country will soon enter upon a new era of enterprise and prosperity was voiced by President Wilson in a speech before the convention of the American Electric Railway association. Speaking to business men and through them to the world of business generally, the president outlined what the democratic congress had tried to accomplish through its trust legislation, and declared that while a test period would be required to determine whether the correct remedy had been applied, he believed the "maze of interrogation points" which had checked enterprise for twenty years had been cleared away.

Quiet Again Reigns in Mexico.

Washington.—Although the rapid changes in Mexican politics have brought the authority of General Carranza back to Mexico City once more, after a lapse of two months, the evacuation of the capital and redistribution of forces has resulted in no injury to foreigners, according to official reports thus far received. Only meager advice have come to the state department of conditions in southern Mexico, but it was established that General Obregon is occupying Mexico City with 10,000 men loyal to Carranza; that Roque Gonzalez Garza, temporary executive of the convention government, left the capital on January 27 for Cuernavaca, but has returned.

MAKING DEMANDS ON CHINA.

Disquiet in Peking as Result of Japanese Pressure.

Peking, China.—Certain political and territorial demands which Japan has made upon China following the Japanese occupation of Kia Chow, have become known in Peking and their extent is disquieting to Chinese officials.

These demands, twenty-one in number, were communicated to the Chinese government by the Japanese minister here. They include, first, that China turn over to Japan all existing German and Austrian concessions; second, that China pledge herself not to give concessions in the future to any country except Japan; third, permission to build a special territorial railroad, and fourth, mining privileges in Shantung and Fukien provinces, in Manchuria, in Mongolia and in the Yang-Tse valley.

Rome.—A royal decree has been issued calling to the colors the Italian soldiers of the first category, born in 1888 and belonging to the field artillery, and also the Alpine troops and the soldiers of the third category, born in 1891, 1892, 1893 and 1894, belonging to the Alpine troops.

To Develop Apple Industry.

Lincoln, Neb.—Development of the apple industry of the state on a large scale is the object of the Loess Land & Orchard Co., for which articles of incorporation have been filed with the secretary of state. The corporation will start business with a paid up capital of \$50,000 and an authorized capital of \$200,000. The company's principal place of business is to be at Lincoln. The list of directors and incorporators includes some of the best known orchard men and financiers in the state.

Biggest Beet Crop Grown in State.

Scottsbluff, Neb.—The sugar factory has just closed up the job of slicing beets, finishing the biggest crop of the beet, best ever grown in the North Platte valley of Nebraska. Manager Simmons says that in many ways this has been the most satisfactory year for the company since the factory was established and closed up. The beet crop was the largest ever grown in the county. Two hundred and thirty thousand tons were sliced at the factory, and about 40,000 tons taken to other factories.

A NEW AUTO TAX LAW

MEASURE DESIGNED TO REPLACE PRESENT LAW

TO PIPE OIL FROM WYOMING

Wants Portion of the Automobile Fees to Go Into a Special Road Fund

Western Newspaper Union News-Service Far-reaching in its provisions, if it becomes a law, a bill has been prepared by Representative Dalby of Gage county, which deals with the registration of automobiles and the conversion of the tax into channels intended to keep up the roads of the state. Mr. Dalby is president of the Nebraska Good Roads association and is taking much interest in better roads for the state.

The bill takes from the secretary of state the registration of automobiles and transfers that work to the state board of irrigation, highways and drainage in the state house. It amends the present law and requires that all owners of motor vehicles shall file with the state board a receipt issued by the treasurer of the county in which the applicant resides showing a payment of a registration fee of \$2 for each motorcycle, \$3 for each automobile and \$5 for each taxicab, truck or car used for commercial purposes and also a fee of \$5 for each manufacturer or dealer in motor vehicles.

The bill provides also that \$1.50 of the fee on motorcycles, \$2 on automobiles, \$4 on taxicabs and other commercial vehicles and the same amount of the fee for manufacturers and dealers shall go to the road dragging fund of each county and shall be used by the county board for the dragging of roads, and the remainder of the several registration fees shall be transmitted to the state treasurer to be placed in a special state road fund.

To Pipe Oil from Wyoming

Construction of a pipe line from Casper, Wyo., to Omaha, carrying 10,000,000 gallons of oil every twenty-four hours, is the stupendous interstate improvement sought by Senator Bedford of Douglas county in a resolution to be offered in the senate.

The Omaha man proposes that the governors of the states of Wyoming and Nebraska shall appoint well known business men from each state, who shall hold a conference over the matter, and report back to legislatures of their respective states vast and means for accomplishing this project.

"Infinite possibilities are in it," says Senator Bedford. "We can get oil in this state as cheaply almost as if we had flowing wells of our own—and as for the people of Wyoming, they can have a market for their product and can handle it in a manner which will net them good returns, even at the low price at which the oil would be sold to Nebraskans."

For Relief of Mrs. Davis

A bill appropriating \$10,000 for the relief of Mrs. E. D. Davis, widow of the former deputy warden at the Nebraska penitentiary who was stabbed and killed three years ago by a negro convict named Prince, has been introduced in the house by Representative Moseley. It is the same bill which was put in two years ago, but failed of passage through the neglect of anyone to look after it. Mrs. Davis is living in Lincoln. The 1913 legislature appropriated money for the relief of Mrs. Hellman and her daughter; Thomas Doody, Mrs. Roy Blunt and her infant son, who suffered through the penitentiary outbreak in March, 1911, and subsequent events, but the Davis bill was overlooked.

The senate listened to the reading of a message from the governor, announcing the reappointment of Silas A. Holcomb as a member of the board of commissioners of state institutions and asking the senate's confirmation. The new term begins on July 1, next, and lasts for six years. One new member of the board is appointed every two years. Judge Holcomb was originally appointed two years ago by Governor Morehead and served during that period.

Boosting for Rural Schools

The county superintendents in session with State Superintendent A. O. Thomas adopted a platform or declaration of principles tending with boosts for the rural school and the education of teachers fitted to teach rural schools. It is proposed to ask Governor Morehead to issue a proclamation for the holding of meetings in each of the 7,000 school districts in the state and the election of delegates from each district to a mass meeting to be held next year in the interests of rural schools.

A packing plant in Dodge, Stanton or Cuming counties at which convicts of the state prison will make products for use at state institutions is recommended in a bill to be introduced in the house by Smith of Cuming. The measure carries a \$300,000 appropriation for the plant. The place of the plant is to be decided by the board of control in holding up in order to get the present session's ideas in the matter.

Better Biscuits Baked With

You never tasted daintier, lighter, fluffier biscuits than those baked with Calumet. They're always good—delicious. For Calumet insures perfect baking.

RECEIVED HIGHEST AWARDS World's Pure Food Exposition, Chicago, Illinois. Paris Exposition, France, March, 1912.



You don't save money when you buy cheap or inferior baking powder. Don't be misled. Buy Calumet. It's more economical—more wholesome—gives best results. Calumet is far superior to sour milk and soda.

A Nipped Scandal. "Do you know I heard from the best of authority that young Jips is going to the dogs." "So he is. He's been appointed one of the judges at a big bench show."

Nothing equals Dean's Mentholated Cough Drops for bronchial weakness, sore chests, and throat troubles—5c at all Drugists.

Minds are improved by exercise. Minds are enlarged by thinking as muscles by working.—Amos R. Wells.

Advertisement for Van Houten's Rona Cocoa. Text: "At bed-time—a hot cup of Van Houten's Rona Cocoa makes refreshing sleep. Big red can, half-pound—25c". Includes an illustration of a cocoa can.

Sudan and Billion \$ Grass. Grows in 100 days from seedling! Produces enormous. Positive cure for hay shortage. Big CATALOG FREE. John A. Satter Seed Co., Box 703, La Crosse, Wis.

PATENTS Watson E. C. ... Best results.

Nebraska Directory THE PAXTON HOTEL Omaha, Nebraska. EUROPEAN PLAN Rooms from \$1.00 up single, 75 cents up double. CUTE PRICES REASONABLE.

Auto Lubricating Oils, Greases, Gasoline, Kerosene, Etc. Write, call or wire us for special prices. MUTUAL OIL COMPANY, FREMONT AND SUPERIOR, NEBRASKA.