

It requires a good tonic laxative to keep the body of the patient as strong as possible to counteract the effect of the poisons created by the grip bacillus. An expectorant tonic with some laxative qualities is the safest rem-

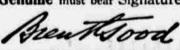
Mrs. Gentry Gates, 8219 First Ave., East Lake, Ala., writes: "I had a bad case of grip. I tried Peruna and it cured me. I can safely say it is a fine medicine."

Mr. George E. Law, 134 N. Franklin St., Brazil, Ind., writes: "I am satisfied that Peruna is a wonderful remedy for grip, and I do most hearts. ily endorse and recommend it."

Don't Persecute Your Bowels



SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature



Here's a Tangle.

How easy it is to mix up the average business man was demonstrated the other day when the son of a local merchant leaned against his father's knee and innecently asked:

"Daddy, is today tomorrow?" "No, my son, of course today isn't tomorrow," answered the father.

"But you said it was," continued the

"When did I ever say today was tomorrow?"

"Yesterday," answered the son. "Well, it was; today was tomorrow yesterday, but today is today, just as yesterday was today yesterday but is yesterday today, and tomorrow will be today tomorrow, which makes today yesterday and tomorrow all at once. Now run along and play," and the father collapsed into his chair with a sigh of relief.-Louisville Times.

Goog News.

"Sir, I am going to raise your "Glad to hear it; I can't."

Very Much So. "My fate hangs on a hair."

"Then you have but a bald pros-



Neuralgia

There is no need to suffer the annoying, excruciating pain of neuralgia; Sloan's Liniment laid on gently will soothe the aching head like magic. Don't delay. Try it at once.

Hear What Others Say

"I have been a sufferer with Neuralgia for several years and have tried different diniments, but Sloan's Liniment is the sest Liniment for Neuralgia on earth, have tried it successfully; it has never ailed."—F. H. Williams, Augusta, Ark.

Mrs. Ruth C. Claypool, Independence, Mo., writes: "A friend of ours told us about your Liniment. We have been using it for 18 years and think there is nothing like it. We use it on everything, scree, cuts, burns, bruises, screethroat, headaches and on everything else. We can't get along without it. We think it is the best Liniment made."

s the best remedy for rheumatism, backache, sore throat and sprains. At all dealers, 25c.

send four cents in stamps for a TRIAL BOTTLE

Dr. Earl S. Sloan, Inc. Philadelphia, Pa.

SELDOM SEE

a big knee like this, but your horse may have a bunch or bruise on his Ankle, Hock, Stiffe, Knee or Throat. Send ten cents to Dr. Kilmer & Co.,



will clean it off without laying the horse up. No blister, no hair gosse. Concentrated—only a few drops required at an application. 122 per bottle delivered. Describe your case for a confinemention and Book 8 K free. ABSORBINE. IR. and selection and Book 8 K free. ABSORBINE. IR. and selection and Book 8 K free. ABSORBINE. IR. and selection are for mankind. Reduces Painful Archibuse. In the selection of the sele

WHY GRIP IS DANGEROUS. NO BAKING POWDER MORE WHOLESOME THAN ALUM POWDERS.

> Washington, D. C .- Alum baking powders are no more harmful to a person than any other baking powders. Such is the conclusion of the referee board of consulting scientific experts of the department of agriculture as the result of experiments to determine the influence of aluminum compounds on the nutrition and health of man. The report gives the results of three sets of extensive experiments on human subjects conducted independently by members of the board and was in response to questions put to it by the department of agriculture. The board's report was unanimous and was signed by Ira Remsen, president of Johns Hopkins university, Chairman: Russell H. Crittendon, professor of

> physiological chemistry in Yale uni-

versity and director of the Sheffield

Scientific school: John H. Long, pro-fessor of chemistry in Northwestern

university; Alonzo E. Taylor, profes-

bald Smith, professor of comparative

pathology in Harvard. Putting It Up to Ma.

"Pop!" "Yes, my son." "What is this war about over in Europe?"

"Don't know, my boy, but you might ask your mother. She knows a lot about fighting."

THE COLONEL'S GOLD MINE

Out in Gregory County, South Dakota, lives Colonel Johnson, the famed Alfalfa King of that great section.

About thirty years ago he left Wisconsin for that domain. All he had was willing hands, a clear brain and a bright vision, Today he is the owner of thousands of acres, president of several banks.



He has found a veritable gold mine in his thousand acre Alfalfa field, and what is of particular interest to you and me is that his first Alfalfa Seed, twenty-five that his first Alfalfa Seed, twenty-five years ago or more, was purchased from the John A. Salzer Seed Co., La Crosse, Wis. The Colonel says: "The best paying crop in hay, or grass, or pasture food is Alfalfa. It outranks everything in money value." Salzer's Alfalfa is good on your own farm, for three to five tons of rich hay per acre, and with the aid of "Nitragen" (see my catalog) its growth is absolutely certain.

For 10c in Postage

We gladly mail our Catalog and sample package of Ten Famous Farm Seeds, including Speltz, "The Cereal Wonder;" Rejuvenated White Bonanza Oats, "The Prize Winner;" Billion Dollar Grass; Teosinte, the Silo Filler, Alfalfa, etc., etc.

Or Send 12c

And we will mail you our big Catalog and six generous packages of Early Cabbage, Carrot, Cucumber, Lettuce, Radish, Onion—furnishing lots and lots of juicy delicious Vegetables during the early Spring and Summer.

Or send to John A. Salzer Seed Co., Boz 703, La Crosse, Wis., twenty cents and receive both above collec-tions and their big catalog.

He Had Some. Mollie-Is her hair all her own? Chollie-No; I've got a look of it in my watch she gave me."

The silos are being built underground extensively through the western part of the United States.

PHYSICAL WRECK RESTORED TO HEALTH BY GREAT KIDNEY REMEDY.

I feel it my duty to furnish you with my testimonial as to what your remedy Swamp-Root did for me when I was a physical wreck from kidney and bladder trouble.

Some years ago I was not able to do any work and could only just creep around and am satisfied that had it not been for Dr. Kilmer's Swamp-Root I would not have lived. After using the preparation for one month I was able to work some and when I had used \$8.00 worth of Swamp-Root I ould do a good day's work. I used about \$10.00 worth altogether and would not take \$10,000 for the good that it did me. I consider it a God-send to suffering humanity for the diseases for which you recommend it and have recommended it to many

sufferers. N. L. HUGGINS, Welch, Ark, Personally appeared before me this 20th of September, 1909, N. L. Huggins,

who subscribed the above statement and

made oath that the same is true in substance and in fact. W. A. PAGE, J. P.

Dr. Kilmer & Co. Binghamton, N. Y.

A SORBINE hattle. It will convince anyone. You will also receive a booklet of valuable in-

INTERNATIONAL

(By E. O. SELLERS, Acting Director of Sunday School Course Moody Bible In-stitute, Chicago.)

LESSON FOR FEBRUARY 7

RUTH CHOOSES THE TRUE GOD

LESSON TEXT-Ruth 1:6-18. (Read endre book.)
GOLDEN TEXT-Thy people shall be ny people, and thy God my God.-Ruth

The book of Ruth is a great love story, full of deep spiritual suggestiveness. Amid the tales of war, de ceit, success and failure, this story most beautifully illustrates another sor of physiological chemistry in the side of the life of the Israelites. The University of Pennsylvania, and Theoauthor of the book is supposed to have been the same as the writer of Judges, perhaps Samuel.

> 1. "There Was a Famine in the Land." This famine drove Elimelech his wife Naomi and their two sons. Mahlon and Chilion, into the land of Moab, even as Abram before them 'went down" into Egypt. The immigrant sons married in that land, one of them becoming the husband of Ruth. Through this Israelitish alliance Ruth learned of the true God and the record of this book reveals God to all who turn to him in sincerity and truth. This suggests the essential missionary character of the Old Testament. After the death of her husband and sons Naomi, hearing of returning prosperity in the homeland (1:16), elected to return to her own people.

II. "Entrest Me Not to Leave Thee." This story puts to silence all of the mother-in-law jokes. When Naomi thought they had gone far enough she sought to dismiss the younger women and expressed to them the tender affection which existed between them. A woman in an eastern land can find rest only in the house of her husband and these young widows stood but poor chance of securing husbands among those who hated their race. Moreover we must remember that they were penniless. There seemed to be nothing for them to gain if they proceeded any farther (v. 12). Orpah reluctantly and tear experience when we have to decide whether to leave friends, home and everything that we may follow Christ the things which are good and refuse to follow the best, (Matt. 10:37; Luke

III. "Whither Thou Goest I Will the love of Ruth for Orpah (v. 15) The word Ruth means "friendship," and one of the strongest motives for a loving nature to forsake the Lord is the love for those that are of the women have had such loves but they usually result in making shipwreck of faith. Read II Cor. 5:14, 15; Rom. 10:37. This test caused Ruth to count Ruth's reply (vv. 16, 17). Ruth's words are still sung as best expressing our song of life devotion. They have furnished inspiration for countless lives, sermons and stories, and for some of the earth's greatest musicians as well. They most wonderfully illustrate our attitude towards him "whom not having seen ye love" (I Peter 1:8).

IV. The Sequel. At Bethlehem Ruth had no other thought than to cling to, her mother-in-law, even in poverty and a life of lowly service, She did her menial duties faithfully, and displayed more of the real heroism of faith than that shown in the daring exploits recorded in the other history (Judges) of her day. The truest hero is not the reckless participant in Europe's battlefields, nor is he found in the mad struggle for commercial supremacy, but more often in the self-sacrificing acts of tender women and in the common round of life's duties. Ruth in a humble hut with Naomi was better off and better satisfied than to have lived in the finest of liquor at Fort Crook and other milipalace in Moab (Phil. 1:23). Through tary posts, and repealing the two and all of this love and devotion Ruth a half-mile limit hitherto existing. was being fitted for a larger sphere of influence in which she was enabled to give to Naomi the happlest life possible to her. Not once is Ruth's beauty suggested but she had the more attractive attributes of goodness, kindness and courtesy. She may have had personal beauty but her character far outshone the physical,

This lesson is a suggestive one for Decision day in our Bunday schools. Give all an opportunity to choose and to follow even as Ruth did. For the little folks tell the story simply "as to a little child."

Emphasize the beauty and value of lovingly serving our elders.

Naemt is no less a heroine. Her name means "pleasant, winsome." True, she suggested a new name Mara, "bitterness," but her sorrow was hot for herself but for others,-"it grieveth me much for your sakes" (1:13). Naomi made the religion and worship of Jehovah so attractive as to win a most notable convert. It is our privilege to make religion attractive. This gift cannot be bought nor holy spirit and through the fellowship of Christ may be-the experience of all.

Want Normal Board Abolished Former State Treasurer W. A. George, an ex-member of the state ermal board, and State Superintend ent A. O. Taomas, now serving as a member of that body, joined in recom mending to the house committee on education that the board be abolished and its duties and authority trans-

ferred to the regents of the state un! versity. Unification of the state's school system, avoidance of unneceseary duplication, removal of the normal schools from the baneful influence of politics and factionalism were the principal points made by Messrs. George and Thomas in advising its

To Prevent Useless Competition Railway Commissioner T. L. Hai has drafted a bill which he will ask some member of the legislature to introduce, prohibiting the establishment

discontinuance.

of a competing public utility in the same community where one of the same kind is already in existence, except on a certificate of public convenience and necessity issued by the railway commission. The measure is ostensibly intended to prevent the installation of duplicate telephone plants, but its application will cover all kinds of utilities, including street railways, electric light and power, waterworks, gas and steam heat.

FOR NEW CAPITOL BUILDING

Asks One Mill Levy for Four Years to Raise Funds

Erection of a new state capitol is the end sought in the Chambers bill introduced in the house. A 1-mill levy to run for the years 1915 to 1918, inclusive, is proposed in the measure.

It is provided further that the money shall be expended by the board of control.

No mention is made of a new site for the building. As that is constitutionally fixed at Lincoln, a legislative enactment could not change that.

On the basis of the 1914 valuation in the state, a 1-mill levy for four years would raise approximately \$1,900,000. The total, however, would be above that, as the grand assessment roll is expected to increase materially year by year.

Substitute Warehouse Bill The much heralded substitute pub lic warehouse bill has been introduced in the senate by Grace of Harlan. The new bill makes it optional with the elevator or warehouse man whether his warehouse shall become a public fully turned back but Ruth clave to one. It specifies the rates that are to Naomi (v. 14). This illustrates our be provided for the storing of grain and provides that the warehouse proprietor insure the same and take out a bond. The two other bills, repreor, on the other hand, have to choose senting the original administration measure, made all warehouse elevators public warehouses.

The house of representatives stood Go." Naomi gave Ruth another op by the governor's premature veto of portunity to go back to her people | the sterilization bill and voted to kill and this time bases her appeal upor the measure before ft went any farthe known fact that it would run up against executive displeasure finally. The vote was forty-four to override the premature veto and forty-seven to world. Many young men and young stand with it. The committee had voted to indefinitely postpone the bill because of the governor's attitude, although Chairman Meredith said that he thought other features of the bill fully the cost (Luke 14:25-33). No were not proper. It created another more beautiful nor immortal words state commission for one thing. can be found in all literature than Stebbins moved to put the bill on general file against the recommendations of the committee, and Mockett said that if the committee wanted to kill it they ought to tell why.

> Primary and general election polls will be open from 8 in the morning until 8 in the evening under the provisions of a bill introduced by Representative Smith of Cuming county. The object is to provide a uniform time for all elections and add two hours to general elections for the especial benefit of farmers and workingmen.

> John C. Holmes of Orleans has been appointed by Governor Morehead as one of the three special deputies serving under Game and Fish Commissloner Rutenbeck. No other appointments have yet been made, although the original two-year terms of all three deputies have expired.

> The senate has passed on third read ing the Gates bill permitting the sale

The committee on state institutions of the house has passed favorably on the bill to permit the giving of rations to old soldiers at the Grand Island home living in cottages, instead of compelling these old soldiers to go up to the home dining room for their meals. 2775 94 1399 194

Deputy Attorney General Andrew M. Morrissey is now chief justice of the supreme court of Nebraska. Mr. Morrissey took the oath of office and immediately entered upon his duties.

Will Head Off Tax Dodging A movement to furnish county as sessors and the state equalization and assessment board with more information than they now have regarding land transfers and values in each county was given impetus by Fuller of Seward. In a bill introduced in the lower house he makes it compulsory for registers of deeds and county clerks to pass this information on to filed, together with the gross acreage of each tract and the average value of the land concerned.

Out of the Frying Pan. David Starr Jordan, at a peace meeting at the Hotel Astor in 'lew York, said to a reporter:

"Half the world at war, and the counsel we are getting is that we must arm more heavily. That counsel reminds me of the African kings. "An African king feasted a white ex-

plorer royally. Then, at the end of the feast, 300 girls were led forward. "'Choose from among these 300," said the king, 'a wife.'

"But the explorer blushed and stammered:

"'Oh, but if I took one, then the remaining 299 would be jealous." ""That is easily remedied,' the king answered. 'Take all.'"

It Puzzled Him. Silas-I hear your son left that small town and went to the city to have a larger field for his efforts. Hiram-Yes; and that's what gets me. When Hank was home a twoacre potato patch was too big a field for him.-Judge.

Labor is necessary to excellence This is an eternal truth, although vanity cannot be taught to believe or indolence to heed it .- John Randolph.

Compromise

You must conquer Stomach Ills at once if you would retain the controlling power in health matters. Such ailments as Poor Appetite, Indigestion, Biliousness, Constipation, Colds and Grippe soon undermine your health. Help Nature conquer them with the valuable aid of

HOSTETTER'S Stomach Bitters

Sick Women

Reliable evidence is abundant that women are constantly being restored to health by Lydia E. Pinkham's Vegetable Compound

The many testimonial letters that we are continually publishing in the newspapers—hundreds of them—are all genuine, true and unsolicited expressions of heartfelt gratitude for the freedom from suffering that has come to these women solely through the use of Lydia E. Pinkham's Vegetable Compound.

Money could not buy nor any kind of influence obtain such recommendations; you may depend upon it that any testimonial we publish is honest and true-if you have any doubt of this write to the women whose true names and addresses are always given, and learn for yourself.

Read this one from Mrs. Waters:

Camden, N.J.—"I was sick for two years with nervous spells, and my kidneys were affected. I had a doctor all the time and used a galvanic battery, but nothing did me any good. I was not able to go to bed, but spent my time on a couch or in a sleeping-chair, and soon became almost a skeleton. Finally my doctor went away for his health, and my husband heard of Lydia E. Pinkham's Vegetable Compound and got me some. In two months I got relief and now I am like a new woman and am at my usual weight. I recommend your medicine to every one and so does my husband."—Mrs. Tillie Waters, 530 Mechanic Street, Camden, N.J.

From Hanover, Penn. HANOVER, PA .- "I was a very weak woman and suffered from bearing down pains and backache. I had been married over four years and had no children. Lydia E. Pinkham's Vegetable Compound proved an excellent remedy for it made me a well woman. After taking a few bottles my pains disappeared, and we now have one of the finest boy babies you ever saw."—Mrs. C. A. Rickrode, R.F.D. No. 5, Hanover, Pa.

Now answer this question if you can. Why should a woman continue to suffer without first giving Lydia E. Pinkham's Vegetable Compound a trial? You know that it has saved many others—why should it fail in your case?

For 30 years Lydia E. Pinkham's Vegetable Compound has been the standard remedy for female ills. No one sick with woman's ailments does justice to herself if she does not try this famous medicine made from roots and herbs, it has restored so many suffering women to health. Write to LYDIA E.PINKHAM MEDICINE CO.
(CONFIDENTIAL) LYNN, MASS., for advice.
Your letter will be opened, read and answered
by a woman and held in strict confidence.





HORSES FOR EUROP Surope is buying thousands of horses from the United States for the war. The army agents refuse all horses that are not in good condition and free from eat taglous and infectious diseases. When the buyers come you must be ready sell. Keep YOUR horses in salable condition, prevent and cure Distempts Pink Eye, Episcotic, Catarrial and Shipping Fever by using the largest sellis

SPOHN'S DISTEMPER COMPOUND. Absolutely safe for all ages. One bottle cures a case. 50 cents and \$1 the bottle and \$10 the dozen. Write for free booklet, "Distemper, Causes and Cure SPOHN MEDICAL COMPANY, Chemists and Bacteriologists, GOSHEM, INDIAN

How It Came. "How did you get your musical temperament?" 'I was born in A flat."-Princeton

Delicate Intimation. "I'll show them I can do more things than sit on a stool and look pretty.

What a lovely collection of peasi- Many actions, like the Rhope, have mists we would be if we could see our two sources; one pure, the other inselves as others see us!

"Come to think of it, you can sit on

WAITING FOR YOU

pure.-Hare.



Yes, waiting for every farmer or farmer's son — any industrious American who is anxious to establish for himself a happy home and prosperity. Canada's hearty in-vitation this year is more attractive than ever. Wheat is higher but her farm land just as cheap and in the provinces of Manitoba, Saskatchewan and Alberta

160 Acre Homesteads are Actually Free to Settlers and Other Land at From \$15 to \$20 per Acre

The people of European countries as well as the American continent must be fed thus an even greater demand for Canadian Wheat will keep must be fed—thus an even greater demand for Canadian Wheat will keep up the price. Any farmer who can buy land at \$15.00 to \$30.00 per acre—get a dollar for wheat and raise 20 to 45 bushels to the acre is bound to make money—that's what you can expect in Western Canada. Wonderful yields also of Oats, Barley and Flax. Mixed Farming is fully as profitable an industry as grain raising. The excellent grasses, full of nutrition, are the only food required either for beef or dairy purposes. Good schools, markets convenient, climate excellent.

Military service is not compulsory in Canada but there is an unusual labor to replace the many young men who have volunteered for each Write for literature and particulars as to reduced railway rates of Immigration, Ottawa, Canada; or to W. V. Bennett, 220 17th St., Room