## What is

## CASTORIA

Castoria is Dr. Samuel Pitcher's prescription for Infants and Cbildren. It contains nelther Oplum, Morphine nor other Narcotic substance. It is a harmless substitute for Paregoric, Drops, Soothing Syrups, and Castor Oil. It is Pleasant. Its guarantee is thirty years' use by Millions of Mothers. Castoria destroys Worms and allay feverishness. Castoria prevents vomiting Sour Curd, cures Diarrhcea and Wind Colic. Castoria relievee tecthing troubles, cures constipation and flatulency. Castoria ass, civing healthy and natural sleep. Case and


## G. V. MATKINS,

Dealer in Second-Hand Goods First door north of Moon Block, If you want bargains you should not fail to call and see me. for I have them.
Fort Abstract Co., Red Cloud, Abstractis of Thite Furnished to all Lands in Webster County, Accurately and



## BALD HEADS



What to the eondution of yourss fo your hatr dry, havoh, Briticy
Doce 11 fall out tehen combed or brushed? is it full of dandruft
 SSKOOKUM ROOT HAIR GROWERD
 ม. THE SKOOKUM ROOT HAR GROWER CO., 87 South Fitth Ave., New York, N. Y.
D. B. Spanogle,

Real Estate and Loan Agent

Red Cloud.

$a$PII. Colum zazvents ceathma, Cannot Choke a Horse AdJusts teself to any
Horeo's jook, Has two Rows of
Stitchlag Stitehing,
will hold Hame
placn botter the othor Collar.

New Real Estate Firm.
J. H. DAVIS \& SON,

Real Estate,
Red Cloud, Nebraska.


 There is nothing like sleeped.
up nervous store
bonergy and put flesh on the



 how flesh can be acquired by slecp.
ne week he slept fourteen hours a
nay and the next woek twenty-two pounds in wesight. was n goin of seven
woman of only how she managed to attend to the
large business from which sho gained oupport, nnd the answer was that sho
obtaneed it by sleepplng ten hours six
days and spending the whole of the seventh dy in in bed. There has been
visible advance American people d during the past twen-
ty or thirty years. Thetr or thirty years. Their stoks of vi-
tality has increased and they livo
longer. longer. And whillo thero aro other
reasons for this change, the chlof one is that peoplo sleep longer and rest
more. The hours for work have grad-
unlly grown fewer Factory unily grown fewer. Factory opera-
tives are no onger compelled to hurry
to their work at at five ocloek in the to their work at five oclock in the
morning and work until seven o'clock
in the evening. in the evening.
Business and
Business and professlonal men po to
their counting-rooms and offices an
hour or more later and hour or more later and leave as much
earlier in the afternoon. The result is carirer in the afternoon. The result is
more time for sleep and better health.
But there is still more room But there is still more room for lim.
provement in this way. Walter Be sant, the English novelist, sald a few
weeks ago nt Harvard university, when commenting on the graduating class:
" fine. noble looking lot of young men. They are unlike our English
miversity students physically. Ithink
our young men, as a rule, are bigger, heavier, stouter men. while yours
have more nervous activity than ours. They are silghter and, perhaps, taller,
but they seem to bo more, highly
strung nervously." That is the trouble with a majority of graduates. Not-
withstanding the growth of the ththstanding the growth of the
athetes sirlt in colleges, too many
toung men go out into life too "hmy trung nervously." There is no better medicine than good sleep and plenty
of at, and many a boy and man is crippled in energy by an unwse hablt
of getting up too carly in the moralng. of getting up too carly in the morning.
The Anercan people would bo
happler, thero would be less crime happler, thero would be less crimo
ommoltted if people stept longer. It
is tlme the so colled sluggard had his Ights and the man who prefors his
oorning snoozo to a morning cocktall orning snoozo to a morning cock
sestimated at his proper value. admiral melancthon smith. cenced Naval of Veteran. Reently Do
Admiral Nelancthon Sulth, Admiral Melanethon Smith, who
aied recently, came of an historic family, for his grandfather was Alexander Hamilton's chifef opponent in the New
York state couvention which ndopted
the vonstitution, and his father was
 Maine to Nantucket. When the war
broke out he received steamer Massachusetts anmand helped to
kuard the

 States except that of California, been had had shots fired thip burned and and, elothing without receiving
scratel. HI wos a native of Now Fo
city and was more than eighty years old when ho died.

studied and cultivated. In the midddi
ages the great glass center of the world for many ycars was Venice. The
eity long kept the glassmaling art secret, but finully it was discorered,
and thin Venice had to suffer bisk



