

Two Smart Suits
From One Pattern



COOL—comfortable—gaily embroidered and made of but 1 yard of material! The applique chicks are sister's; brother goes nautical.

Make two suits from one pattern! Pattern 909 has a transfer pattern of 2 bibs, pockets, necessary pattern pieces for suits in sizes 1, 2, 3 and 4.

Due to an unusually large demand and current war conditions, slightly more time is required in filling orders for a few of the most popular pattern numbers.

Sewing Circle Needlecraft Dept.
564 W. Randolph St. Chicago 89, Ill.
Enclose 16 cents for Pattern

No. _____
Name _____
Address _____

Acid Indigestion

Relieved in 5 minutes or double money back

When excess stomach acid causes painful, suffocating gas, sour stomach and heartburn, doctors usually prescribe the fast-acting medicine known as *Fraxipar* relief—medicine like those in *Fraxipar* Tablets. No laxative. *Fraxipar* brings comfort in a 5-minute or double your money back on return of bottle to us. See at all druggists.

Save Used Fats for
The Fighting Front



POST'S RAISIN BRAN
GOLDEN FLAKES OF WHEAT AND BRAN COMBINED WITH SUGAR-SWEET TENDER RAISINS

delicious NEW breakfast idea

● Taste it...and you'll agree. Post's Raisin Bran is a magic combination! Made from real Post's 40% Bran Flakes, plus seedless raisins that stay tender, thanks to Post's exclusive Tender-Sured process. Ask your grocer for Post's Raisin Bran—today.



Relieves smothering torment and covers with protecting coat. Generous supply costs little.

ITCH OF SIMPLE SKIN RASHES

MEXSANA
SOOTHING MEDICATED POWDER

Here's a SENSIBLE way to relieve MONTHLY FEMALE PAIN

Lydia E. Pinkham's Vegetable Compound is famous not only to relieve periodic pain but also accompanying nervous, tired, high-strung feelings—when due to functional monthly disturbances. Taken regularly—it helps build up resistance against such symptoms. Pinkham's Compound helps nature! Follow label directions. Try it!

VEGETABLE COMPOUND

HOUSEHOLD MEMOS... by Lynn Chambers

Vegetables Rescue Luncheon Time From Doldrums



Creamy rice, tinged red with tomatoes and garnished with eggs, peeks through this pretty loaf dish and flirts with winter-weary appetites.

If you have any luncheon obligations, take care of them during the spring. You have the fresh colors of spring flowers to help out your table motif and a gardenful of fresh fruit and crisp green vegetables.

Yes, give your luncheons in spring. A group of feminine guests won't expect the hearty substantial affair that a male gathering would, so you can lay aside the ration book and concentrate on point-free foods. There are eggs, plentiful in spring, asparagus, tomatoes, greens, strawberries and rhubarb. All make colorful and delectable eating.

Your table will be pretty carried out in the delicate shades of green and pale pink, green and yellow, or pale blue gray and yellow. Do have flowers if it's at all possible because they make for freshness and gaiety. Or, work out an attractive arrangement in fruit. A fresh pineapple surrounded with oranges and shiny apples draped with grapes is effective.

My first suggestion is for a scalloped dish of eggs and tomatoes which is a pretty blending of white, yellow and touches of green and red.

*Scalloped Eggs and Tomatoes. (Serves 6 to 8)

- 1 1/2 cups scallions or small onions
- 4 tablespoons butter or substitute
- 2 cups cooked tomatoes
- 1 teaspoon salt
- 1/4 teaspoon marjoram
- 1/2 teaspoon celery seed
- 2 cups boiled rice
- 2 hard-cooked eggs, sliced
- 1/2 cup grated American cheese

Cook the sliced scallions in butter or substitute until they are about tender. Mix together tomatoes, salt, marjoram, celery seed and cooked scallions. Place half of the boiled rice in the bottom of a well-greased loaf pan; cover with tomato and scallion mixture and with a layer of sliced eggs. Place the re-

Lynn Says:

Wife-Savers: To remove thread from vacuum cleaner, run a scissors lengthwise between bristles and cut the threads off. Brush cut pieces out.

Setting curtain tiebacks? Use a window shade as a marker to get both sides done evenly.

Shine the stove by wiping it carefully with a piece of waxed paper.

To rip seams from garments, use a pair of tweezers for pulling out the shorter threads.

Shine dull glassware by rubbing a cut piece of lemon over it.

If bureau drawers stick, rub soap on bottom and sides. This helps the drawers to slide out easily.

It is easier to clean a room if you pick up all odds and ends first, then remove all small items like knickknacks, papers and magazines, pictures, lamps and other decorations.

To remove glue stains from washable articles, rub the stains well with warm water applied with a soft sponge or brush.

To clean painted walls, wash carefully with sponge dipped in warm sudsy water or solution of wallpaper cleaner. Wipe off the soil with a cloth and repeat until walls are cleaned. Rinse with sponge dipped in lukewarm water. Wipe dry. Walls should not be repainted until perfectly dry.

Cotton flannel cloths or rags are ideal for cleaning and polishing silverware. Keep several on hand and wash often in suds and water.

Keep all cleaning materials, cloths, etc., together in a small cart or box with handle. This can be carted from room to room as you clean and saves the time you would spend in getting each item from the cleaning closet.

Lynn Chambers' Point-Saving Luncheon

- Grapefruit-Cranberry Juice
- *Scalloped Eggs and Tomatoes
- Shredded Lettuce
- and Green Pepper Salad
- Bran-Raisin Muffins Spread
- Citrus Chiffon Pie Beverage
- *Recipe given.

mainder of the rice over the other ingredients in the dish; cover with sliced eggs and top with grated American cheese. Bake in a moderate oven (350 degrees) about 30 minutes. Garnish with parsley and serve piping hot from the same dish.

Tomato-Bacon Luncheon. (Serves 4)

- 4 firm ripe tomatoes
- 3 tablespoons butter or salad oil
- 1/2 pound fresh mushrooms
- 1 green pepper, chopped
- 1 cup cream
- Salt and pepper to taste
- 8 toast triangles
- 8 slices bacon, broiled

Cut tomatoes in 1/2-inch slices and brown on both sides in butter or oil. Remove from pan and fry mushrooms. Remove vegetables from pan, add cream to drippings, bring to a boil and season. Arrange vegetables on top of toast. Cover with sauce and top each toast triangle with a slice of bacon.

The above is good when served with a cantaloupe salad, and ice cream with toasted almonds.

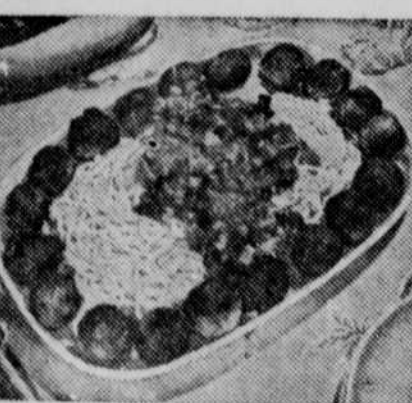
If you tire of potato salad readily, I'd suggest you give yourself a different treat with a macaroni salad, molded to be pretty as a picture and garnished cleverly with deviled eggs ornamented with pimiento:

Macaroni Salad. (Serves 8 to 10)

- 1/2 pound elbow macaroni
- 4 cups tomato juice
- 3 tablespoons lemon juice
- 2 tablespoons unflavored gelatin in 1/2 cup cold water
- 1 cup diced chicken or ham or flaked salmon or tuna fish
- 1/2 cup diced celery
- 1/2 cup canned peas or diced green pepper

Cook macaroni in boiling, salted water until tender. Drain. Rinse with cold water and allow to cool. Heat the tomato juice to boiling. Add gelatin which has been dissolved in the cold water. Cool mixture. Then add other ingredients and place in oiled mold. Refrigerate until set. Unmold and serve garnished with deviled eggs, pimiento and cucumber slices.

The dessert for the above main dish salad can be hearty. You might like applesauce cake with chocolate icing, icebox cake or lemon meringue pie.



Meatless is the description for this spaghetti with its vegetable balls that taste like meat and a savory sauce also made of vegetables.

Have you gone vegetarian enough to eat your spaghetti that way? Then you'll like this recipe which makes a tasty dish but still saves points:

Vegetarian Spaghetti. (Serves 6 to 8)

- 1/2 pound spaghetti
- 1 onion, medium
- 1 green pepper
- 4 carrots
- 4 stalks celery
- 1/2 to 1 cup ground cooked meat, poultry or fish, if desired.

Grind vegetables and then blend with ground meat, poultry or flaked fish. Mix 1 egg and 1 cup fine dry bread crumbs into mixture. Shape into balls and fry in hot fat or drippings. Remove and drain, then place on top of vegetable sauce made as follows:

- 3 tablespoons drippings or oil
- 1/4 cup onion, chopped
- 1/2 cup green pepper
- 1 cup diced celery
- 1 cup mushrooms (optional)
- 2 cups canned tomatoes

Cook the onion, green pepper, celery and mushrooms in hot drippings until lightly browned. Then add tomatoes and cook until thickened. Serve by heaping spaghetti on platter, garnish with vegetable balls and pour sauce over all.

Released by Western Newspaper Union.

Teen-Timers Want Chic Styles
Designed Especially for Them

By CHERIE NICHOLAS



THERE is no clientele that has a better, chummier "stand-in" with designers, merchants and in fact the entire fashion industry than that of our ever-beloved teen-age youngsters.

Believe it or not, these teen-timers, who seem to have "taken over" in the fashion realm, judging from the way their every whim in matter of dress is catered to by those who set the new fashions, definitely do not all wear booby socks, nor do they all go about carelessly in too-large sweaters. As a matter of fact, most of them are keen on smart duds right now. There are times when even a Sinatra-swooner likes to get prettied up in a real dress, and pumps that have real heels.

There is one thing that teen-timers insist upon, and that is, the clothes they wear must be styled definitely for them. The frocks, the suits, the coats, the blouses and all the details that go to make up their wardrobe must look the part of the radiant, keen-minded teen-age. You can see at first glance that the fashions here pictured are unmistakably keyed in teen-age mood. The roguish little teen-timer to the right is wearing a dress that fairly shouts youth at you. That good old standby, color-bright gingham, is the material used for this charming frock. It's trimmed with ric rac and features a baby neckline. A dirndl neckline and full ruffles about the neck and pockets bespeak a youthful styling.

The pretty girl, centered in the trio, is wearing a decidedly teen-age type dress that features a daisy chain neckline and fly-front enhanced with embroidered daisies. This season embroidery enters very

importantly into fashion's scheme of things. The smart epaulet shoulders carry the same line as the flanges on big sister's new spring frock.

Any teen-age lass would feel quite dressed up in the dress to the left. It is made of gabardine in any of the new and lovely pastels you may choose. Embroidered daisies outline the scalloped pockets and the epaulet shoulders. The bodice ties with a self-belt cord at the neckline. The soft dirndl-type skirt will sway beautifully on the dance floor.

A jumper dress rates as an indispensable in a young girl's wardrobe. A smartly styled type of gray flannel has a skirt that fastens down the left hip with huge red buttons. A semi-yoke that flanges over each shoulder is also cleverly anchored with three red buttons at each side. With this jumper frock, Miss Fashionwise Teen-ager wears a blouse of the new and tres chic long-sleeve type, the fullness of which is gathered into wristbands.

The weskit dress is another high-spot in a teen-timer's wardrobe. A favorite model is made of checked rayon. The skirt has three flat box pleats in front and the bottom of the sleeveless weskit has a two-point hemline cut exactly like Daddy's vest. Girls in their early teens are also quite elated over the sun-back dresses being made up especially for them of striped chambray or printed piece that have the cunning little separate boleros with cool cap sleeves styled in the latest manner.

Released by Western Newspaper Union.

Cottons de Luxe



Cottons are going places this spring and summer. Many women think so highly of them, they are planning a wardrobe made up almost entirely of swank cotton weaves. This pretty frock of mint-cool chambray will be just the thing to wear for an afternoon date. It has an interesting neckline and modish cap sleeves. The plaid gingham peplum is detachable, which goes to show what clever things are being done in way of interchangeable accessories. This peplum on, and that peplum off, gives you two costumes in one. As to the gloves of matching gingham, they are right in step with fashion's idea as to what's what in high-style costume accents.

Dirndl Skirt With Blouse Making Hit This Season

This is a season when young girls will be wearing most picturesque dresses that stress the blouse-and-skirt theme. It's the dirndl skirt worn with a quaint and charming off-shoulder blouse that is making the big hit. You may expect to see this fashion played up in most versatile and fascinating ways. In the colorings, the styling and the general appearance these exotic looking little two-piecers definitely reflect Mexican and South American influence. The dirndl skirt made of gay cottons is smartly styled with flounces in many instances or, if a simple straight silhouette, is apt to be made ornate with huge novelty pockets or wide contrast borderings about the hemline. The favorite blouse is the off-shoulder type with full short puffed sleeves. You can make them up simply of gay print or any material you choose. However, the big news is the fine lingerie blouse of an exquisite sheer that is enchantingly trimmed with lace edging or colorful hand embroidery. You will want at least one of these for gala occasions and parties.

Large Star Shape Is New Jewelry Trend

The newest thing in brooches, clips and pendants is the large important-looking star shape. These handsome jewelry pieces are fetchingly designed in glittering sunburst effects; some with colorful stone settings in a one-color scheme or they may reflect multi-colors or they may be worked in lacy filigree gold effects. They are so decorative that they may be worn as the single important jewel that glamorizes an entire costume.

SEWING CIRCLE PATTERNS

Gay Two-Piecer for Teen-Agers



1984
11-18

THE gay little flared peplum on this smooth two-piecer for juniors whittles your waist to a minimum. Use big, bright ric rac for a dashing trim. Smart, and so easy to wear for all your summer activities.

Pattern No. 1984 is designed for sizes 11, 12, 13, 14, 15, 16 and 18. Size 12, short sleeves, requires 3 1/2 yards of 39-inch fabric; 9 yards trimming.

Household Hints

When making pancakes, here is a useful tip: Rub a little salt over the frying-pan when it is hot. The batter will not stick then.

Use crankcase oil may be used to paint fences and gates. Paint only during dry weather.

By cooking in dishes that you can bring right to the table, food will stay hot longer and you will save yourself dishwashing.

To avoid fatigue while you are ironing or doing any work where you remain long in one spot, stand on a heavy rug or rubber mat.

Squeeze a little lemon juice through the meat grinder before grinding dates, figs, prunes or raisins and they will leave the chopper more readily.

Eggs which are very cold separate more easily. Break them as soon as they come out of the ice box if the yolks and whites are to be used separately.

Due to an unusually large demand and current war conditions, slightly more time is required in filling orders for a few of the most popular pattern numbers. Send your order to:

SEWING CIRCLE PATTERN DEPT.
539 South Wells St. Chicago
Enclose 25 cents in coins for each pattern desired.

Pattern No.Size.....
Name.....
Address.....

Wear Bronze Arrowhead

American soldiers who have landed on enemy-held territory by parachute, glider or landing craft one or more times, are now entitled to wear a bronze arrowhead on the service ribbon for that theater of war.

Win Free Scholarship

Learn Beauty Culture, make from \$125.00 to \$250.00 monthly. Big demand for our graduates. Just write us a short letter on "Why I wish to learn Beauty Culture." Our regular beauty course will be given free to the writer of the best letter received each week during the contest.

NEBRASKA BEAUTY SCHOOL
Omaha 7 4707 So. 24th St. Nebraska.

SNAPPY FACTS about RUBBER

In 1942, our first year at war, 4 1/2% of the rubber consumed in the U. S. was synthetic; in 1943, 35%, and in 1944 80%.

The synthetic rubber industry is using soap at the rate of 100,000,000 pounds a year—enough to cover the needs of the population of Chicago for one year.

A new kind of synthetic rubber has been developed from lactic acid (buttermilk).

The B. F. Goodrich Company has made experimental tires of rubber produced from kok-saghyz, the Russian dandelion.



Snap, Crackle, Pop!

Kellogg's RICE KRISPIES

"The Grains Are Great Foods" — K. H. Kellogg

Kellogg's Rice Krispies equal the whole ripe grain in nearly all the protective food elements declared essential to human nutrition.

THE KIDS WANT TO SHARE MY LUNCH AT RECESS, MOM!

JOEY: Gee, Mom! I almost had to fight to keep the Filled Buns you put in my lunch box!

MOM: Well, Joey, we'll just have to tell their Moms how easy it is to make those buns and other wonderful treats with Fleischmann's yellow label Yeast!

FREE! SEND FOR ME

... latest revised edition of Fleischmann's famous 40-page recipe book, "The Bread Basket." Over 70 wonderful ideas for new breads, rolls, dessert breads. Hurry...send for yours now!

For your free copy, write Standard Brands Incorporated, Grand Central Annex, Box 471, New York 17, N. Y.

And all those vitamins go right into your baking with no great loss in the oven. So, always get Fleischmann's yellow label Yeast. A week's supply keeps in the ice-box.