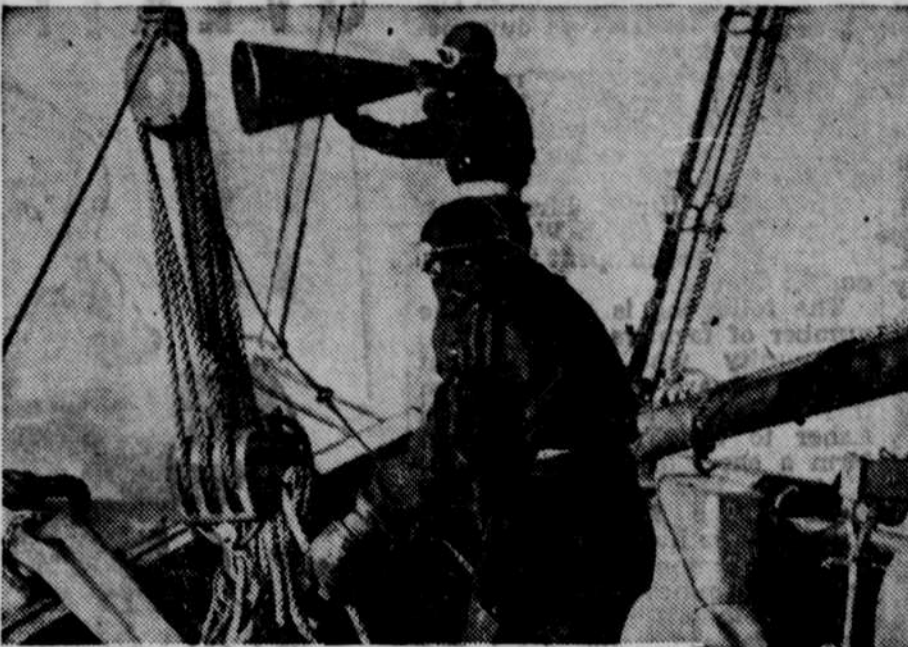


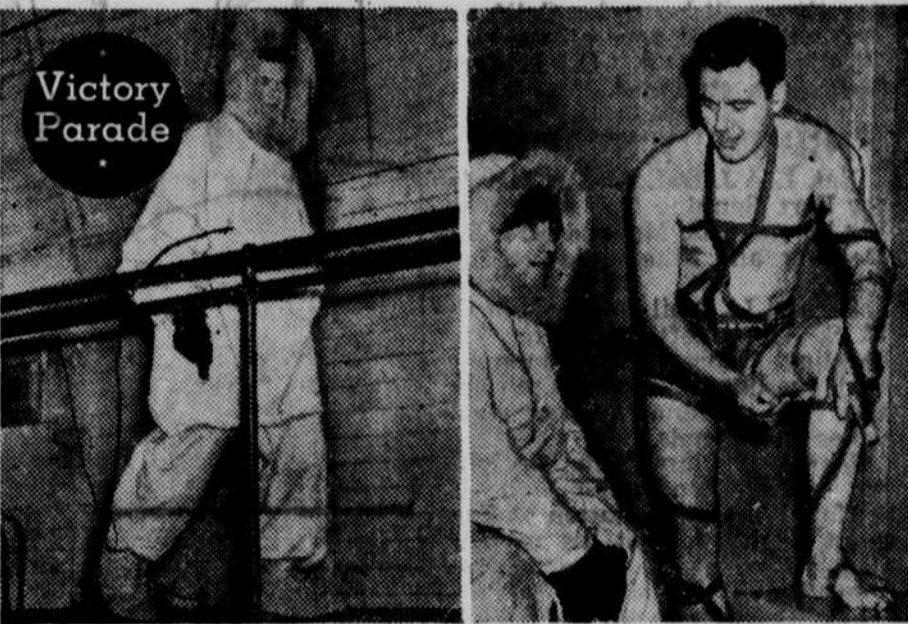
RIGHT

You breathe freer almost instantly as just 2 drops Penetro Nose Drops open your cold-clogged nose to give your head cold air. Caution: Use only as directed. 25¢, 2 1/2 times as much for 50¢. Get Penetro Nose Drops

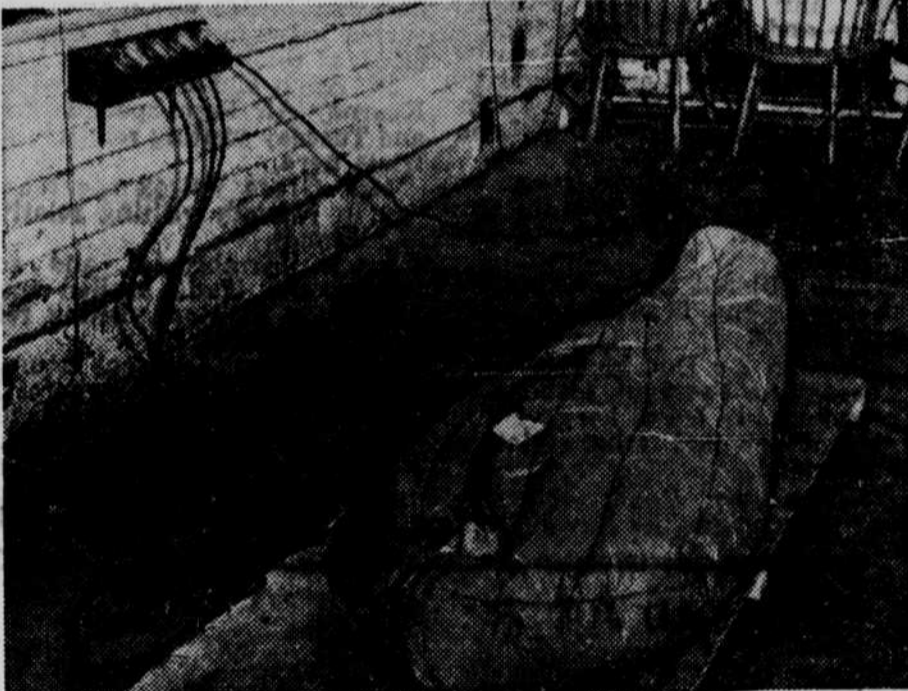
Clothes Help Fight World War II In Frigid Arctic Areas



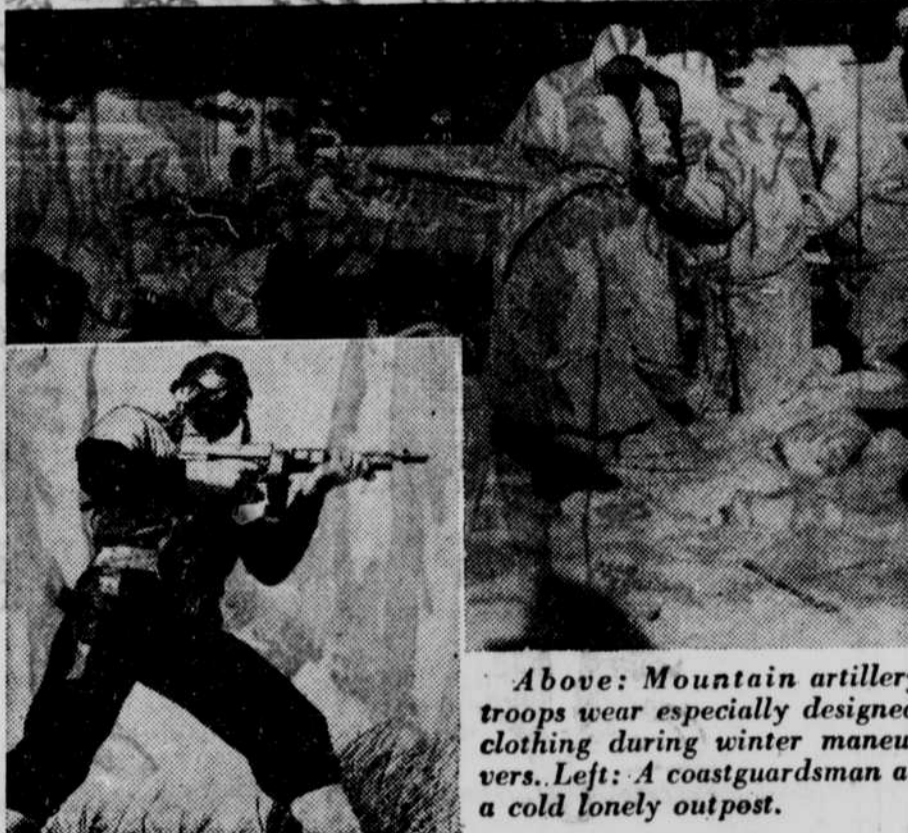
It has been said that "clothes make the man." It takes more than clothes to make a soldier. But since he must fight in the frigid temperatures of the arctic, his clothes must be designed to keep him warm enough to think and fight efficiently whether he is bucking a North Atlantic wind or an Aleutian island snowstorm as in the pictures above.



Winter clothes are developed by the army quartermaster corps. A volunteer is shown walking in an arctic room. Cable is attached to a body harness. Body heat passes to an electronic potentiometer developed by the Brown Instrument Co., a division of the Minneapolis-Honeywell Regulator Co.



The potentiometer measures body temperatures in a few seconds. On the floor in above picture is a sleeping bag containing a soldier wearing a harness. Room temperature is 40 degrees below zero.

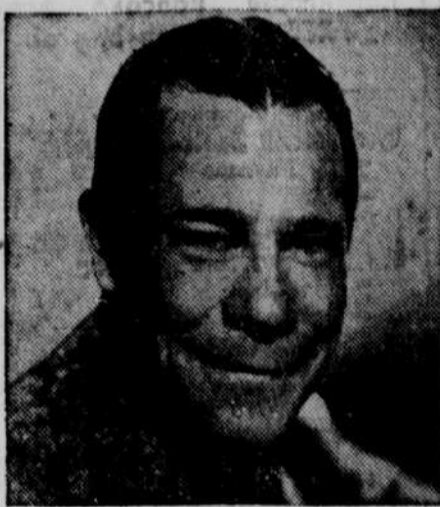


Several volunteers take part in arctic room tests.

Star Dust

STAGE SCREEN RADIO
By VIRGINIA VALE
Released by Western Newspaper Union.

SINCE his return from his recent overseas trip Joe E. Brown has been the talk of New York—being modest, he's told the people fortunate enough to hear him, things that he should say to the entire United States. He has traveled more than 100,000 miles, entertained more than two million men, on all fronts. The man is terrific; it's no wonder that a psychiatrist who followed him through hospitals in the South Pacific reported a 71 per cent improvement in the patients' condition. He entertained men everywhere—in the front lines, on ships, in canteens.



JOE E. BROWN

His new radio show, on the Blue network, is a quiz show; too bad he's not doing an additional one, so that the public could hear what he told newspaper people.

The "vicious circle" that's supposed to be show business isn't so vicious for Xavier Cugat, who became a movie highlight after repeatedly starring on the bandstand of the New York Paramount theater. Now that he has a handsome contract with Metro, Cugat has been rewarded with a ten weeks' personal appearance contract, at \$12,500 per week—at the Paramount theater, where he started to fame!

Lauritz Melchior, Metropolitan tenor who scored such a hit clowning with Fred Allen on the air, has signed for his first motion picture—it's Metro's "Thrill of Romance," featuring Esther Williams, the swimmer. He'll play an opera singer.

"All the other fellows razed this chap," said the soldier who'd just come out of Halloran hospital. "He sat down on the side of my bed and played cards with me and talked, and was swell. I didn't know who he was then. Found out later he was Frank Sinatra."

We won't see Rosalind Russell in "Sister Kenny," after all that preparation, because it's been indefinitely postponed. But it's going to be too bad if she's assigned to "Roughly Speaking" instead, because that's a perfect story for Bette Davis.

James Cagney has started his personal appearance tour of U. S. army and navy bases in the European war theater; expects to remain abroad for three months. He rehearsed six weeks with a dance coach before leaving Hollywood, on a cavalcade of American dancing from George Primrose to Fred Astaire.

Shopping for lingerie with his wife, Geoffrey Barnes, he of the ominous voice on "The Mystery Theater," yielded to the temptation to use his radio voice on the elevator operator. Barnes says he never had an easier time getting out.

Next time you hear Cary Grant in a radio play, picture him acting out all the dialogue as if he were before the camera. When he's out of a scene he walks into the wings, mingles with the supporting players, and contributes to the off-stage sound effects.

After finishing the hilarious "The Miracle of Morgan's Creek" Preston Sturges left Paramount; now he's gone into partnership with Howard Hughes, who'll be his financial backer. That combination should produce some startling pictures!

Dimitri Shostakovich's Eighth Symphony will be given its first performance in the Western hemisphere over the CBS network on Sunday, April 2, by the New York Philharmonic symphony. Bill Downs brought the symphony back from Moscow.

ODDS AND ENDS—That Flying Fortress named for "We, the People" is still blasting away at the Germans... While Bob Griffin was recovering from a plane crash on CBS's "Mary Martin" he was down with jungle fever in "Valiant Lady"... "The Silver Theater" may move from Hollywood to New York, to present well-known stage players in its Sunday dramas... One-third of the principal players in "The Robe" will be new to the screen; Producer Frank Ross believes the story demands fresh faces... Jack Benny has checked off his starring role in "The Horn Blows at Midnight."

TO YOUR Good Health

by DR. JAMES W. BARTON
Released by Western Newspaper Union.
INCREASING WEIGHT

It is gratifying to see how the medical profession is now interested in weight—normal weight, overweight and underweight. No longer is the physician satisfied just to look at the height and weight tables hanging on the wall of his office. He "sizes up" the patient and decides just what the weight should be for his or her type of build. Naturally, the slender or wiry type must weigh less than the standard or average weight for height or stocky type must weigh more.

However, when the wiry type is more than five pounds less than he should be and one of average build is 10 pounds less, there must be a reason.

Just as overweight has its disadvantages, so also has underweight, though not quite to the same extent.

When the degree of underweight is such that it is noticeable to the family and friends, it is usually found that other symptoms or signs are present also—weakness and thin blood. Therefore, the physician, while prescribing a tonic and an increase in food, will immediately search by a thorough examination for some cause of the underweight.

The first step is to investigate the amount and kinds of food eaten daily, that is, the total amount of calories and how much of this total amount is made up of fat-forming foods—butter, cream, egg yolks, bread, sugar, potatoes. Also as to the amount of fruits and leafy vegetables eaten because of their minerals and vitamins. A lack of the vitamin B1 foods may reduce the appetite for all foods.

The next step is to learn the daily habits of the underweight as to the amount of rest and sleep and exercise and work. Lack of sleep can prevent gain in weight even more than lack of food.

If the underweight eats enough of the right kinds of food, gets plenty of sleep and rest, and is not overactive, the physician then makes a thorough search for infection. In a great many cases infected teeth, tonsils and sinuses are sapping the strength and causing loss of weight; in others a more serious infection may be present such as tuberculosis, cancer or pernicious anemia.

With the removal of any infection, increasing the fat and starch foods, seeing that the underweight gets enough of the outdoors to give him a natural appetite, and seeing also that more hours of sleep and one or two rests daily are taken, will cause an increase in weight.

Surgery on Brain May Restore Sanity

I have spoken before of the satisfactory results obtained by Drs. G. W. T. Fleming and W. McKissock in various types of mental diseases by removal of part of the brain substance.

In the British Lancet these two physicians report the results obtained by this operation on 15 additional patients. There were 12 melancholic cases, one had obsessions, one a double personality, and one was violent and depressed in spirit. Of the 12 patients with melancholia, seven had made a complete recovery, one has shown considerable improvement, but the other four have shown little improvement. The patient with obsessions has completely recovered, the double personality patient is more quiet, and the violent depressive case is more easily handled. Several of the patients have found complete "peace of mind" after the operation.

There is apparently but small risk by operation; there were no deaths in the 15 cases. All these cases had received no help from other forms of treatment.

In the same issue of the British Lancet, Dr. E. L. Hutton reports the results obtained on 50 mental patients who underwent this operation—prefrontal leukotomy. There were two deaths, only one of which was directly due to operation.

"Not a single patient is recorded as being worse after the treatment than before; and even the patient with the least satisfactory results is found to be quieter, less impulsive, and easier to handle."

"Leukotomy—removal of part of the brain by surgery—converted many patients suffering from supposedly hopeless mental disorders into contented and useful members of society."

QUESTION BOX

Q.—Can anything be done for enlarged pores?
A.—Bathing face in very hot water followed by very cold helps some cases.

Q.—Can you suggest a treatment that will relieve head noises?
A.—Head noises may be caused by the partial closing of the eustachian tube. See an ear specialist. Cutting down on table salt and salty foods helps many cases.

PATTERNS SEWING CIRCLE



Spring Beauty.
IT'S a wonder garment—you can use it as the base for half-a-dozen costumes. Wear the jumper with gay blouses—the jacket with separate sports skirts, with slacks. Jacket and jumper worn with Ascot scarf makes a smart spring suit!

Pattern No. 8559 is in sizes 11, 13, 15, 17 and 19. Size 13, jumper, requires 3 yards 39-inch material; jacket, long sleeves, 2 1/2 yards.

Send your order to:
SEWING CIRCLE PATTERN DEPT.
530 South Wells St. Chicago

Enclose 20 cents in coins for each pattern desired.
Pattern No. Size

Name

Address

Early Thought.
A BIT early, perhaps, to speak of graduation frocks, but the lovely young miss no doubt already is thinking of the time when she will want one of the prettiest, most youthful of frocks that she has ever possessed. This one is a love and can be used as her nicest dance dress later on.

Barbara Bell Pattern No. 1941 is in sizes 10, 12, 14, 16, 18 and 20. Size 12, long dress requires 4 1/4 yards 39-inch material; short dress, 3 1/2 yards 39-inch material.

Basic English

The word "Basic" in Basic English is not only an adjective describing this simplified vocabulary. Basic is also an artificial term made up of the initials of the full name of the language—"British American Scientific International Commercial" English.

TOO BAD

We can't make enough Smith Bros. Cough Drops to satisfy everybody, because our output is war-reduced—so please buy only as many as you really need. Through three generations and five wars, Smith Bros. Cough Drops have given soothing relief from coughs due to colds. Still only 5¢.

SMITH BROS. COUGH DROPS
BLACK OR MENTHOL—5¢



BROWN ACTS OLD TODAY

—DUE TO MUSCULAR PAINS!

SORETONE
soothes fast with **COLD HEAT*** ACTION
in cases of **MUSCULAR LUMBAGO OR BACKACHE** due to fatigue or exposure
MUSCULAR PAINS due to colds
SORE MUSCLES due to overwork
MINOR SPRAINS

Naturally a man looks old beyond his years when he's sore from lumbago or other muscle pains. The famous McKesson Laboratories developed Soretone Lintiment for those cruel pains—due to exposure, strain, fatigue or over-exercise. Get the blessed relief of Soretone's cold heat action:—

1. Quickly Soretone acts to enhance local circulation.
2. Check muscular cramps.
3. Help reduce local swelling.
4. Dilate surface capillary blood vessels.

Soretone contains methyl salicylate, a most effective pain-relieving agent. There's only one Soretone—insist on it for Soretone results. 50¢. A big bottle, only \$1.

MONEY BACK—IF SORETONE DOESN'T SATISFY

"and McKesson makes it"

*Though applied cold, rubefacient ingredients in Soretone set off a heat to increase the superficial supply of blood to the area and induce a glowing sense of warmth.

Since 30 years ago, its—**PAZO** for **PILES**
Simple
Relieves pain and soreness

For relief from the torture of simple Piles, PAZO ointment has been famous for more than thirty years. Here's why: First, PAZO ointment soothes inflamed areas, relieves pain and itching. Second, PAZO ointment lubricates hardened, dried parts—helps prevent cracking and soreness. Third, PAZO ointment tends to reduce swelling and check bleeding. Fourth, it's easy to use. PAZO ointment's perforated Pile Pipe makes application simple, thorough. Your doctor can tell you about PAZO ointment.

Get PAZO Now! At Your Druggists!

Discharged Men
Since December 1, 1941, the army and navy have discharged about 750,000 men, fewer than 11,000 of whom were released because of injuries received in battle.

Well Groomed Hair
MOROLINE
HAIR TONIC (25)

That'll Do It
"Your son says he doesn't want to get married."
"Yeah? Just wait until the wrong girl comes along."

To relieve distress of **MONTHLY Female Weakness**
Lydia E. Pinkham's Vegetable Compound is made especially for women to help relieve periodic pain with its weak, tired, nervous, blue feelings—due to functional monthly disturbances.

Taken regularly—Pinkham's Compound helps build up resistance against such symptoms. Here is a product that helps nature and that's the kind to buy! Famous for almost a century. Thousands upon thousands of women have reported benefits. Follow label directions. Worth trying!

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

JOIN THE C.B.C.!
(Civilian Bomb Corps)
BUY United States War Savings Bonds & Stamps