

**By FLOYD GIBBONS** 

'ODAY'S yarn, boys and girls, is the story of a bird who L thought fast—and acted fast. And a doggone good thing for him, too. For if he hadn't, he wouldn't be here telling start in again mistaking them us the story today. He is Frank J. Zick of Centralia, Ill., for waiters, as formerly. and if ever a man owes his life to the fact that he was able to keep his wits about him, Frank is that guy.

I suppose there are plenty of folks who can keep their heads in times of stress. I've written quite a bunch of adventure yarns about lads and lassies who could still use the old noodle at a time when Old Lady Adventure was swinging haymakers right and left at them.

But the bird who can think in the middle of an avalanche is a very darned good thinker, indeed. And that is exactly what Frank did.

His Job Over the Dump Chute.

Frank is an electrician, and an electrician is the last man in the world you'd ever expect to see in an avalanche. But then, it is always the unexpected thing that Old Lady Adventure deals out of her thrill bag. rated with medals Frank's job was with the Illinois Central railroad, and he worked in the company's shops at Centralia.

It was December 23, 1917, when, along about three o'clock in the omon in all his glory afternoon, Frank's foreman, W. C. Kelley, gave him the job of repairing would look absolutely nude. a light located over the coal dump chute where the engines took on fue' before going out on their runs.

And since this is the spot where Frank was to have his adventure, maybe we'd better describe it in detail.

That dump chute was a long one that opened into a hole in the floor. Cars loaded with coal were run in over that hole and the coal was dumped into the pit to the bottom of the thirty-foot concrete shaft. Down hand. Every self-respecting player there a system of moving blades crushed that coal-cut it up into lumps small enough to go into the engine fireboxes.

Incidentally, those blades would cut up anything else that fell into that chute-like a man, for instance.

There was a grating of iron bars in the floor at the top of that chutejust to keep men from falling through when there was no coal car stand- er will take what's offered him and ing on the track over the opening. But the holes in that grating were not a cent more. This makes him pretty big. The bars had to be far enough apart to let the big hunks of coal go through, and some of those hunks were as big as a man. Those iron bars were a big help in keeping fellows from falling through, but at the same time it was quite possible that some time, somebody MIGHT fall through them.

### Someone Threw the Levers.

Well, sir, Frank went to the dump chute to fix that light. The foreman had told him he wouldn't need a ladder, and sure enough, he didn't. A full car of coal was standing over the chute and right under the light. And by standing on top of the piled-up coal in that car, Frank could reach the broken wires with ease.

The car was one of forty-ton capacity-which meant, of course, that with the car full, there were at least forty tons of coal in it. The coal was unloaded through a hopper in the bottom, which opened whenever the unloading levers were thrown.

Frank was reaching up to repair the defective light when all of a sudden SOMEBODY THREW THOSE LEVERS.

The coal started downward with a roar. And Frank was on

thinks about Twilight of Knee Pants. SANTA MONICA, CALIF.--Since our diplomatic

group must shed the halfportion breeches they've been wearing at official functions abroad, that means others present will quit mistaking them for footmen and But the under-rigging doesn't

make so much difference anyhow. In the best plenipotentiarying circles,

it's the top dressing that counts - the gold - plated cocked hat; the dress coat loaded with bullion; the bosom crossed with broad ribbons; the lapels and the throat latch so deco-

that, alongside one thus costumed, Sol- Irvin S. Cobb

## . . . End of the Holdout Season.

'HE baseball season couldn't start off properly unless a certain catastrophe impended beforewho made a hit last year insists on more salary for this year, else he'll never spit in the palm of another glove. This makes him a holdout. The manager declares the play-

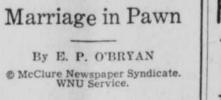
a manager. But fear not, little one. They'll all be in there when the governor

or the mayor or somebody winds up to launch the first game and tosses the ball nearly eighteen feet in the general direction of the continent of North America.

HOLLYWOOD and not Paris is and not Paris.

At any rate, both for men and women, we do originate many style gills. "That double-crossin' so and creations which, in the best movie so!" he says. "So that's his little string beans, lettuce salad, one roll, circles, frequently make the women game, is it? And you give it to baked apple. look mannish and the men look ef- | him?" feminate, maybe that's the desired

### THE FRONTIER, O'NEILL, NEBRASKA



WHEN Max finally beat Ronny's time with Jenny, Ronny went around town telling people what he about it all.

Skip in the fifth race at Jefferson, but on account of just paying for an apartment and a marriage license, he hasn't got enough in his pocket to buy an appetizer for a humming bird.

"How about your overcoat?" I says. "Won't Bugeye Banion take it as security on a small bet?"

"I pawned that to get the license," Max says. "Anyway, Bugeye has to have cash on the line." Then suddenly an idea popped into his head. "I got it!" he says. "I got it! Come on."

"What good's a marriage license to me?" Bugeye says. "I had two wives already and I wouldn't have another one if she had a million in cold cash. Anyway, how could I get my dough back out of a marriage license?'

"But don't you see?" Max says. "I simply gotta have it by two o'clock tomorrow so's Jenny and I can get hitched. If I lose I'll go borrow the dough some place. It's too near race time now and I gota hot tip."

"O. K.," Bugeye says finally. "I'll let you bet four bucks and you'd better have that dough in here first thing after the race. How do you want to bet it?"

For all I know Hoppity-Skip, the nag Max bet on, hasn't come in yet.

It is ten o'clock Sunday morning before we can raise enough dough to redeem the license and pay the minister. But when we get down to Bugeye's place, Bugeye just gives us a funny look. "Why," he says, "you sent for that license and redeemed it. What kind of a fast one are you trying to pull?"

. . .

"I didn't send for no license," Max says. "I just now raised the dough to pay you."

"Didn't you send Ronny Nash down to get it?"

Max turned all white around the



### Safe Reducing Diets.

Some of our overweight friends tell us in a profound manner was going to do to Max, only he that they have studied the matter never done any of the things he said of weight reduction and have come he was going to do. In fact, after to the conclusion that so far as they a few weeks he got real friendly are concerned, they are not eating and wanted to be a good fellow more than they should. They have estimated that for their height and

It is on a Saturday night when weight (some like to include the Max gets the red-hot tip on Hoppity- idea of age also) they are getting just the proper

> number of calories or heat units. Thus they feel that if they ate less they would become weak and consequently they might collapse. Now what these overweights fail to remember is that the amount of food

units - that their Dr. Barton body requires

should not be estimated for their present weight but for their proper or ideal weight.

The average adult man doing office or light factory work needs 2,500 to 3,500 calories daily, and the adult woman doing house or office work requires- 2,000 to 2,500 calories. This is for a man 5 feet 7 inches tall weighing 150 pounds, and a woman 5 feet 4 inches tall weighing 125 pounds. In most overweight cases it will be found that from 25 to 35 per cent more than these amounts is being taken. "If less than this amount of food is taken daily a demand will be made upon the fat deposited in the body. If the food is properly chosen it is easy to take as little as twelve to fifteen hundred calories and yet have a sufficient amount to eat so that the appetite is fairly well satisfied and the individual does not have a feeling of emptiness."

### Safe Menus.

Menus that are safe for overweights who want to lose weight are suggested by Prof. E. V. Mc-Collum, Johns Hopkins university: Breakfast: stewed prunes without sugar; small dish of oatmeal with skim milk; one slice of toast; coffee with small amount of milk. Lunch: chicken soup, two soda crackers, lettuce and cottage cheese sandwich, one muffin, buttermilk or skim milk.

Dinner: small steak with onions. small serving of mashed potatoes.

# "Keep A-Goin'"-Persistence in Efforts Likely to Bring About Fulfillment of Ambition

watch him. Anyway, there he was, with a wonderful basket of scented loveliness, tempting the homeward-going throng on a Saturday afternoon.

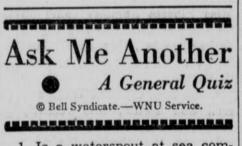
"Violets, violets, lovely violets. Quarter a bunch. Lovely violets." Like an unending song, his husky voice cried his wares, and during the ten minutes that I stood near him on the pavement, watching and listening, he kept up his cry. Unable to resist the temptation,

I bought a bunch, and even as he served me, he punctuated the deal with. "Violets, all fresh and lovely.

### **Persistence** Counts.

I remarked, as I waited for my change, that he had a large basket -calories or heat to dispose of.

"Yes," he said, "that's right, gov'nor. But they'll all go. ('Ere you are, sir, lovely violets, all fresh.) Only you 'as to keep a-goin'. Everybody's in a hurry to get 'ome, and if you ain't persistent-(yes, lady, smaller bunches fourpence)-you don't sell 'arf as



1. Is a waterspout at sea composed of salt water?

- 2. What is meant by a favorable balance of trade? 3. What is a flambeau?
- 4. What next to Russia is the
- most populous country of Europe? 5. Is a lunar month shorter or
- longer than a calendar month? 6. What does "fin de siecle"
- mean? 7. What is the difference between an aria and an area?

8. What does "centripetal" mean?

9. In what sea is the Isle of Man? 10. What is the difference be-

tween an oboe and an obi? 11. What voice is sometimes called "treble"?

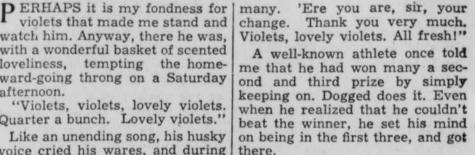
12. Which bird stands up to hatch its eggs?

4. Germany.

5. Shorter.

date.

center.



I walked away with my purple bunch—and a lesson in my mind. "Keep a-goin'." What a motto! It reminded me of a little jingle that is oft quoted by a rollingstone friend of mine, who brought it back from the West of Canada, where he first heard it. It goes like this

> If it rains or if it snows, If it's calm or if it blows, What'll happen no one knows, So keep a-goin'.

> > A Motto for Many.

Keep a-goin' is a motto not only for rolling stones and athletes and violet-sellers. It is a motto for housewives who are faced with a tiring washing-day, for families who are faced with no very brilliant outlook for the future, for those who are apt to lie down under the weight of present troubles. Nothing stands still. Things either get better or worse, and they are far more likely to get better if we persist in our efforts to make them so.-Editor of London Answers.

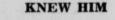




No Chance Mrs. Richer-Jimmy, did you greet the new nurse? Run down and give her a nice big kiss. Jimmy-What? And get my face

slapped like Daddy did?

Wants Supplied "Any ice today, lady?" "No, the baker just left a cake." "Giddap."





# . . . Changing Style Capitals.

now the world center for fashions, if you can believe Hollywood-

top of it, and right over the hopper. "Before I could jump." he says, "I felt myself falling, being pulled through the bottom with the coal. I tried desperately to clutch at the side of the car, but the falling coal pulled me away again. Down I went, into the hopper, with forty tons of coal crashing down on top of me!"

And as Frank shot into that hopper he had a terrible thought. Right below him were the iron bars of that wide-open grating. When he got to that, forty tons of coal, bearing down on his body, was going to force it straight through that grating. And below that grating was a fall of thirty feet down a concrete chute, and then those knives would be working on him, cutting his body to pieces.

### Frank Did Some Fast Thinking.

And that's where Frank thought-and thought fast! It doesn't take you long to fall through a hopper, particularly with tons of coal on top of you, helping you along. In fact, it took less than a second, but Frank thought-AND ACTED-faster than that.

His only chance, he knew, was to keep from being pushed through that grating. And the only way to escape was to spread himself out and make himself as big as possible.

### In the smallest fraction of a second, he acted. He threw his legs as far apart as he could, stretched out one arm and covered his face with the other. Then he hit the grating!

"Fortunately," he says, "I landed face downward, with a big lump of coal over my arm protecting my head. Coal by the ton came rolling down on top of me, with a roar that drowned out every other sound in the shop. How long I lay there before the coal finished piling up, I don't know. When it became quiet again I began to realize how lucky I was to fall face downward. With my face turned toward the open chute I could still get air."

### Under Tons of Coal.

But when Frank tried to breathe he found that getting air wasn't going to be so easy after all. Those tons of coal pressing down on him, flattened out his lungs so that it was all he could do to get a bit of air into them. He couldn't get a full breath.

For the first second or two he couldn't get enough wind in his lungs even to speak. But, on the second or third trial, he managed to let out one loud cry for help. And luckily there was a workman out there who heard him.

### Inside of two minutes a dozen men were on the spot, working frantically to get him out. Men from every department in the shop were down under that car on their hands and knees, scooping off the coal.

Frank doesn't know how long it took to rescue him. All he remembers is that he collapsed as they dragged him out. But the total extent of his injuries was a bruised body and a severe cut on the back of his head, and in a day or two Frank was back on the job again, as fit as ever.

C-WNU Service.

### Nordic Drama of Creation

At the height of the glory of the Nile in ancient Egypt, the people had 18 or 20 different colors for paint making. White they got from an earth of Melas; red came from an earth found in Cappadocia known as red ochre; yellow came from yellow ochre, an earth of iron and clay which was used as a paint by the Egyptians, Grecians and Romans. Black came from charred plant life nd from charcoal. Green Ymir was asleep a perspiration came from copper mines, and royal and imperial purple came from the famed an ancient Eiblical city of Tyre as early as 1000 B. C.

**Egyptians Liked Colors** 

### **Tusks**, Horns Nuisance

Sometimes the tusks and horns of animals are a constant nuisance to them. Numerous African elephants have tusks so heavy-weighing from 200 pounds to 400 pounds -that the animals are frequently on a friend, or at his house; call forced to rest them in the forks on or upon one for aid or service; of trees, while many Hebridean call upon the country for troops; rams have horns that extend so he is called by the name of Linfar beyond their muzzles that they coln, after the great emancipator: lier's Weekly.

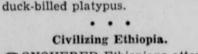
The old Nordic drama of creation is much longer than the Bible one. In the beginning, so the drama starts, there was no heaven, no earth, but in the middle a vast some sleek and overfed lizard, in abyss, Ginnungagap. A hot wind struck against the ice of Ginnun- yes, the admiration of some. gagap, melting and dripping the ice into living drops, and the drops took the shape of man. Thus arose an immense giant, Ymir, and while started all over his body; in his

### Use of Word "Call"

correct prepositions to use with the verb call are as follows: "Call to a passer-by; call after one who is departing or fleeing; call on or upin question."-Literary Digest.

about that. here for masculine wear which fascinates me. It is a very woolly hat trick like that on me." -a nap on it like an old family album - and the crown peaks up

in a most winsome way, and there's a rakish bunch of tail-feathers at though it might settle down any minute and start playing. I think they got the idea for it from the



CONQUERED Ethiopians attempt to assassinate their new overlord, Viceroy Graziani. Nobody is killed, but several individuals get

bunged up. So the conquerors arrest all natives of Addis Ababa in whose huts weapons are found. They round up 2,000 "suspects" out of a total population of 90,000.

So promptly 1,800 of these black prisoners are put to death in batches. In former days the firing squads would have worn themselves to a frazzle in a rush job of this sort, but no - well, who would deny that the machine gun is the crowning achievement of white culture? Poison gas is also much favored for pacifying rebellious savages, and plane-bombing likewise has its advocates.

. . . The Public's Short Memory. A FINANCIER, whose exposed de vices are as a bad smell in

people's nostrils, summarily is oust- and sort of moaning to herself. el from his high place and the shadows swallow up his diminished shape. A little time passes, and, lo, trouble's about?" in a new setting, he bobs up, an envied if not an exalted personage. So-called exclusive groups welcome him in: newspapers quote him on this and that; he basks again, like

the sunshine of folks' tolerance-No evidence that he has repented intent to repay any broken victim

of those fiduciary operations. The private fortune which he took with him when he quit is still all his. left armpit a man and a woman And maybe there's the secret of this magical restoration to the favor of the multitude.

**IRVIN S. COBB.** C-WNU Service.

### Farsighted, Nearsighted

In a cross-eyed person if either one or both pupils turn inward, he is farsighted; if they turn outward, he is nearsighted. When the pupils are widely dilated a drug, belladonna or its alkaloid, atropine, is usually responsible. Conversely, ap exceedingly contracted pupil, a pupil of pinpoint size, is indicative of thing he never had before. an excessive use of morphine.

"Sure. He hands me the four effect; an oldtimer wouldn't know bucks and says you sent him."

"Come on," Max says, "we gotta However, there's a new hat out find Ronny quick. Why, I'll mess up the street with him-pullin' a milk.

But we didn't find Ronny, and when we got to Jenny's house it was nearly one-thirty, with the wedding scheduled for two. We met the back which makes it look as Ronny coming out the door and there was a grin on his face a mile wide.

> "So you had to go tell her, huh!" Max rages. "You double-crossin' lug!" He lets one go from his heels that sends Ronny rolling down the steps like a hoop. When he reached the bottom he lay quite still, almost too still, in fact.

The door pops open suddenly and out comes Jenny, all excited. "Why, Max, what happened? What did you do to him?"

"What'd I do to him? What does it look like? I took a poke at him, of course."

"What did you hit him for?" Jenny demands, stamping her foot. There is fire in her eye.

"He ran off with our marriage license, that's what he done. So I socked him-see? Why, honey, what makes you look at me so funny? What's wrong, sweetheart?"

But Jenny has knelt down beside Ronny and is taking his head in her lap, sort of shaking her head and crying.

Another form came out on the porch and took the shape of a minister.

Jenny is caressing Ronny's head where it has bumped the steps

The preacher came down the steps. "May I inquire what all the

"Sure," Max says, "this guy ran off with the marriage license and I socked him. Fine way to doublecross a friend!"

"Ran off with your marriage license?" the preacher says. "I'm afraid I don't quite understand. He came to the parish only an hour ago to get me. Said some friends of his former practices; no sign of of his were going to get married and he wanted to do them a special favor by providing the minister. He gave me the license. I have it here. Made out to Jenny Miller and Max Horwinsky. Is that you, sir?"

"Sure, that's him," Jenny says, caressing Ronny's head. "But I'm not marrying him-not after what he's done to Ronny, who was only trying to be nice. The marriage

So that's how Max swore off betting on horse races. He had to after that, only of course, after she'd thought it over all night Jenny did change her mind after Max had apologized to Ronny. She's Mrs. Horwinsky now and Max has more than one shirt to bet, which is some-

Breakfast: grape fruit, plain omelet, two slices of crisp, lean bacon, one slice of toast, coffee with milk

or a dash of cream. Lunch: fruit salad, one roll, skim ports. 3. A torch.

Dinner: broiled halibut with lemon, mashed potato (small serving), spinach with hard boiled egg. tomato salad, one roll, fruit jello. Breakfast: orange, poached egg, two slices of lean, crisp bacon, one slice of toast, coffee with a small amount of milk or a dash of cream but no sugar.

Lunch: vegetable soup, two soda 9. Irish sea. crackers, lettuce and tomato salad 10. An oboe is a reed musical with a small amount of French dressing containing but a small sash worn by Japanese. amount of oil; or salt, pepper and 11. The soprano. vinegar; one roll with butter (but 12. The penguin. The eggs are one cube of butter allowed per held off the ground in the penday); buttermilk. guin's feet.

Dinner: one small lamb chop, small baked potato, Brussels sprouts, celery and cabbage slaw, one roll, skim milk, grape fruit.

### . . . The Mental Patient.

When a patient consults a physician, the physician is not satisfied with what the examination reveals, but asks the patient a number of questions and encourages him to tell all about his symptoms-where the pain is located, whether the pain is sharp or dull, just when it comes on, what seems to make it worse and what seems to relieve or at least make it easier to bear. If it is not a pain then it may be a "heaviness," a discomfort or other feeling that should not be present.

By putting together the objective symptoms, the symptoms he found by the examination-the temperature, the pulse, any sounds that shouldn't be present, any lumps that are not normal, the blood pressure, the richness of the blood in iron or lime or both, and then learning the subjective symptoms from the patient, as mentioned above, the physician makes up his mind just what ailment is present, and treats the patient accordingly. But this, until recently, has not been the method of examining a mental patient. The usual physical examination was made but if the patient were shy, did not like to talk about his fancies, his difficulties, his desires, he was not encouraged to any extent to tell everything that was on his mind. Today, however, the physical examination is made as usual but the patient is encouraged to tell everything. If he seems to be "sidestepping" or avoiding a certain subject he is kindly but firmly ques-

This means that the patient really does most of the talking and once started will "let loose" and speak about conflicts, difficulties, and other subjects he has heretofore kept hidden.

1. No; it is composed of fresh water in the form of rain or cloud particles. 2. An excess of exports over im-

6. End of the century-up-to-

7. An aria is an air introduced

into an oratorio or opera, etc. An

8. Tending or drawing toward a

area is an enclosed space.

Answers

Bob-What makes your wife so suspicious of your stenographer? Michael-It just happens that my wife was my stenographer before I married her.

It Made Him Soar

The two sweet young things were discussing boy friends, as instrument and an obi is a broad usual. "What makes you so sure that Jack has a tender spot for you?" asked one, bitingly.

The other smiled sweetly. "Father kicked him off our front porch last night!" she explained.

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- GUARANTER



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the first quart. The reason is:

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grew out . . . and so on, for long interminable pages. According to the dictionary, the

# is off.'

tioned along these subjects.

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