

# BRISBANE

## THIS WEEK

The Souls of Oysters In the Coffin, He Pays Polly Has a Tombstone Suicide Is Folly

Mr. Kokichi Mikimoto, able Japanese gentleman, once a peddler of noodles, is now gigantically rich, thanks to his oyster pearl idea. He makes real pearls by forcing the oyster to work at pearl production. Instead of diving for oysters, hoping to find one with a pearl in it, he puts little, irritating grains of sand inside the shells of millions of oysters, and each oyster proceeds to deposit the pearly substance on the sand to escape its irritating scratching.

These pearls are "real." Although experts can tell the difference, they annoy jewelers and have hurt the value of the other accidental pearls, but they make it unnecessary for the unfortunate pearl diver to "go all naked to the hungry shark," as the poet has it. Mr. Mikimoto has been obliged to kill hundreds of millions of oysters, which is serious: his Buddhist religion teaches that each has its little separate soul—in fact, the soul of his great-grandmother might have resided in one of the oysters.

An American who recently died left a fortune of between twenty-five and thirty million dollars, chiefly in tax-exempt securities on which the owner, while he lived, paid no income tax. Now that he is dead, inheritance taxes will take about two-thirds of the many millions.

The lack of a "dead-or-alive" tax-exempt securities offers opportunity to some able lawyer. If the government has no constitutional right to take any income from tax-exempt bonds, how can it legally take half merely because the owner is in his coffin?

A green parrot, with red tipped wings, buried in a respectable grave, will have a granite headstone with "Here lies Polly Coddington, sixty-eight years old," engraved on it. Exactly how old Polly was, no one knows. Born in Brazil, she was presented to the grandmother of Mrs. Joseph E. Hunt, sixty-eight years ago. Parrots, like eagles, elephants and other intelligent creatures that eat wisely, often pass one hundred.

A higher race thinks up foolish things for itself.

Gruesome details which no one seems to have put into a movie or a horror story are published in connection with a recent suicide. The unfortunate victim, convinced that life was not worth while, hanged himself, and then, still conscious, found he was mistaken and made desperate unsuccessful efforts to cut the rope.

Those that think of suicide should remember that they must leave the world soon in any case, and might as well remain to see what will happen. While there is life, there is hope.

Chiang Kai-Shek, dictator of the Nanking government, warns China, "No nation can ruin us unless we first ruin ourselves," emphasizing the fact that the short road to national ruin is neglect of preparation for war. Some patriotic American "radio sponsor" might arrange to broadcast that talk in Washington, D. C. We need it here almost as much as China needs it.

England fears that quarrels among union men may cause strikes in airplane factories and delay Britain's effort to get ready for her next war. Such strikes would probably bring welcome orders for planes to American factories; nevertheless, it is only fair to remind British workers, quarreling among themselves, that when foreign bombs begin dropping on their families, any strike against national safety will seem to have been foolish, in retrospect. And those words, "chiefly women and children," should be remembered.

Borrowed money is cheaper, and it ought to be, since the dollar is only worth 59 cents. A cheap house or cheap dollar should bring a cheap rent. Even so, it surprises you to learn that Mayor LaGuardia borrowed from J. P. Morgan & Co. thirty million dollars for the city, spread over a five-year period, for one and one-tenth per cent interest.

Here, Myron C. Taylor, head of "Big Steel," greatest steel company in the world, announces increases in wages, also resumption of full dividend payments on the preferred United States Steel stock, also earnings in three months of more than thirteen million dollars, biggest in six years. Thirteen million dollars in three months may not be "big money," but "it is better than being hit on the head with a sharp stone."

# It's Big Season for Gay Wool Plaids

By CHERIE NICHOLAS



STOP, look, listen. Can't you fancy you hear the bagpipes playing as the great autumn and winter style parade wends its spectacular way, for it's gayest o' gay Scotch plaids the lassies o' fashion ha' taken to wearin' these crisp cool days.

A wild orgy of plaids it is indeed into which fashion is plunging us and, what's more, we are growing very clannish about it. An astonishing lovely array of beautiful designs and colorings in plaids is the proud record of fabric designers this season, keyed to exacting and versatile fashion demands. Many are of authentic clan origin, featuring rich, deep colors and historic patterns. So wide is the range of weaves, textures and paterings, it's almost a certainty you can get any type of plaid you set out to get.

And so it's plaids that are being used for jackets, for skirts, dresses, suits (nothing smarter than a pertly tailored jacket suit of plaid), for ensembles, for blouses and waistcoats, accessories, including hats, bags, scarfs, belts and gloves. Nor must linings and trimming accents be forgotten in the list. Even mackinaws, traditionally fashioned in plaids, have again stepped into the spotlight of fashion for active and spectator sports. These are presented in soft thick fleecy woolsens and in striking color combinations and designs. Wool plaid blouses and shirts for wear with ski clothes and monotone tweed suits are also of outstanding importance.

In addition to the regulation plaids there is a wide variety of modern interpretations in both woven and knitted fabrics from sheer six ounce shirting type to the heavy fleeces for topcoats in subdued tones, monotones and multi-color overplaids. Also hairy and nubbed surface plaids are shown in flannels, hard worsted types, soft rabbit novelties, smooth surface fabrics and the soft thick coating fabrics.

## LEI OF GARDENIAS

By CHERIE NICHOLAS



Now that the pretty custom of wearing flowers, or trimming with flowers, has been revived in fashion's realm, it is interesting to note the novel interpretations designers are giving to this theme. Pictured is a lei of white gardenias clipped around the neck of a black satin evening ensemble. The flowers may be clipped to the shoulders of the dress when the cape is removed. Huge roses used in the same manner on a raisin colored velvet wrap would be equally as effective. Roses, by the way, are smartly in vogue, so reports from Paris tell us and will be greatly in evidence this winter as costume decoration.

For Daytime Wear Black, brown and bottle green are being shown more than other colors for daytime wear.

The fall and winter season lends itself admirably to plaids which are particularly smart in the new box jackets and coats, also in tunic dresses in which the plaid tunic highlights the voguish flared monotone skirts. They also style perfectly in casual coats for sports and travel and for street coat-dresses and in dashing cape modes. In fact for back-to-school fashions, for snow suits, for everything from children's wear to cocktail ensembles, wool plaids are style leaders.

See the fashions pictured. They are an index to the handsome plaid apparel being turned out by enthusiastic designers. The smiling lassie centered in the group wears Scotch wool plaid culottes in rich dark tones of blue and gray accented by white with a navy wool fitted jacket and dashing little plaid cap with quill—a fashion—first for fall.

The new plaid hats now shown are the pride of the milliners creating them. Quite the rage are "Scotty" caps and lams. See the tam-o-shanter pictured in the inset. It is made of multi-colored plaid woolen. A long pheasant feather is stuck through at a rakish angle.

An interesting hairy woolen with nubby overplaid in clear bright tones fashions the tailored daytime dress to the left in the picture. A chamois vestee with self colored buttons and chamois trimmed belt are fetching accents.

The beautifully tailored sports jacket to the right is styled in colorful wool plaid and milady carries a bag of the same plaid. The collarless neckline is very chic. The edges of the jacket are bound with self plaid, which together with large patch pockets and bone buttons gives this mode high "tone."

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## VELVET SUITS FOR DAY WEAR POPULAR

Those new velvet daytime suits may not appeal to the business girl but they have a lot to offer to the social butterfly.

No more elegant fashions have appeared in our time than those handsome velvet ensembles. The smartest ones are black, unrelieved by color except for the flash of a blouse, but there are rich tones such as dark green, wine and plum to consider if you don't like black. Furs match the tone of the costume and usually are of the long-haired variety to frame the face and flatter a figure.

The suit which has a tunic length coat is one of the most dignified of the velvet types on exhibition. It has the fitted waistline that is unbelted.

## "Fifty-Fifty" Costumes to Lead Winter Collections

"Fifty-fifty" costumes play an important part in the fall and winter dress collections. These are dresses, suits or coats with the back and front made of two contrasting colors. Black is frequently combined with bottle green or a brilliant, deep purple to make these queer costumes. The same two-color tones are usually carried out in the hat and gloves that accompany the costume. In the gloves, the two colors are combined in a zigzag seam which runs down the palm and the back of the hand.

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# HOW ARE YOU TODAY

DR. JAMES W. BARTON Talks About

**The Heart and Overweight.** "MANY persons nowadays are overweight. If one gets reliable advice and is advised to reduce one should do so. It is not a simple matter but weight reduction can be carried out successfully by anyone who will take it seriously. Fat people usually claim to be small eaters. This is sometimes true; more often it is not although they may be honest in thinking so.

In any case as long as a healthy person is putting on weight he is eating more than he needs; and an excess weight of 20, 40, 60 or more pounds simply means that the heart has to put forth much more energy than would otherwise be necessary. This is all waste energy and a fat person puts a burden on the heart which in the course of years is bound to have an undesirable effect.

Moderate overweight before the age of forty is not of serious consequence if the heart is normal, but after that age continued overweight does lessen one's expectation of life. Life insurance companies realize this and consider persons who are overweight as undesirable risks. An individual who is overweight and becomes breathless on effort will usually find after reducing his weight 10 to 20 pounds that breathlessness will disappear.

There is nothing in the above quotation that overweights have not already read, but when it comes from an outstanding heart specialist, Dr. Frank T. Fulton of Fordham university, in an article "Budgeting the Reserve Strength of the Heart" in Hygeia, it is very much worth our consideration.

## Exercise May Do Harm.

One of the natural mistakes some fat individuals make is their effort to reduce weight by violent exercise. Notwithstanding the fact that they have taken no regular exercise for ten years and have in that time put on 30 to 40 pounds of excess fat, they seek out some very strenuous exercise or game such as tennis, basketball, or badminton in the worthy effort to rid themselves of this fat. And they try to get it off in a few days or a few weeks.

Where no exercise has been taken for a long time this violent effort may rid the body of a few pounds but it may have lessened or eaten up some of the reserve power of the heart, which may mean weeks of resting in bed to get this reserve back. Practically every physician has met one or more of these cases.

The first thought in all cases of overweight should be an examination by the family physician with special care regarding heart and blood pressure. Thus the effort of 50 steps or less of a stationary run shows the effect upon the heart beat and the length of time it takes the heart to get back to its normal rate after the exercise. If the heart doesn't get back to its normal rate in the usual or normal time—for the weight of the individual and the speed at which he runs—and there is more breathlessness than there should be for this amount of exercise, then the physician will suggest that nothing in the way of exercise should be taken for a few weeks and that the weight be reduced entirely by eating less food.

A practical and simple method of treating overweights whose hearts are beginning to show some loss of power is to have them cut down by 25 per cent on the two fat storing foods—starches and fats—and cut down by about 50 per cent on liquids because of the tendency of fat tissue to hold extra water thus producing extra weight. When there is any tendency to kidney stones, plenty of liquids must be taken.

## Gland Extracts.

When Drs. Minot and Murphy of Boston were able to prove that eating calf's liver would cure and prevent pernicious anaemia it marked another great step in medicine because before this pernicious anaemia was considered incurable.

Then came the discovery that extract of liver taken by mouth or injected into the veins was just as effective, and this was certainly a great boon to those who disliked the taste of liver. Another discovery quickly followed this, and that was that extract of hog's stomach acted just as well as liver in pernicious anaemia—that is, increasing the number of red corpuscles and the amount of iron in these red corpuscles.

And now a Berlin research physician, Dr. W. Schemensky, has discovered that the lining of the large intestine in hogs has the same power of enriching the blood and curing pernicious anaemia. He pulverized or made into a powder the lining of the large intestine and tried it in 20 cases of pernicious anaemia and while the results came a little more slowly, the final results were as good as with liver and hog's stomach. However the patients felt the improvement in their general health just as early as with liver and hog's stomach.

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# Certain of Milady's Vote



THREE post-election candidates for milady's wardrobe, every one a winner. Choose any one of these clever patterns and the vote will be unanimous that you have done well by yourself. Every pattern is accompanied by an illustrated instruction chart giving step by step details for quick sewing and perfect fit—the short cut to an adequate wardrobe.

Pattern 1821, a comely morning frock fashioned along princess lines, is available in a wide range of sizes, 36, 38, 40, 42, 44, 46, 48, 50 and 52. The smooth fitting and slenderizing hip line joins with the scalloped collar and cuffs in contrast to achieve a flattering effect, and this design is so simply made and so easy to wear, in swiss or percale or lawn or pongee, it will win instant favor. Size 38 requires four and three-fourths yards of 39 inch material.

Pattern 1958, the blouse and skirt combination, speaks for itself. Versatility is the keynote of this double duty pattern which consists of just eight simple pieces for both blouse and skirt. The wide and graceful revers conceal those extra pounds above the waist, and the panelled skirt is of the sort that will go well with any ensemble or tunic. Quickly and inexpensively made, this combination will add new life to any wardrobe with a minimum of effort. The pattern is designed for

sizes 14, 16, 18, 20; 32, 34, 36, 38, 40, 42, 44 and 46. Size 18 requires two and three-fourths yards of 39 inch material for the blouse, two and one-sixth yards for the skirt. A grand pattern bargain.

Pattern 1843, the fitted slip, offers a choice of the strap or built-up shoulder and makes a perfect foundation garment for a smooth silhouette. Fashioned in silk or taffeta or pongee, the pattern employs just six pieces and goes together like a charm. Send for it today, in size 32, 34, 36, 38, 40, 42 or 44. Size 36 requires three and one-fourth yards of 39 inch material.

Send for the Fall Pattern Book containing Barbara Bell well-planned, easy-to-make patterns. Exclusive fashions for children, young women, and matrons. Send 15 cents (in coins) for your copy.

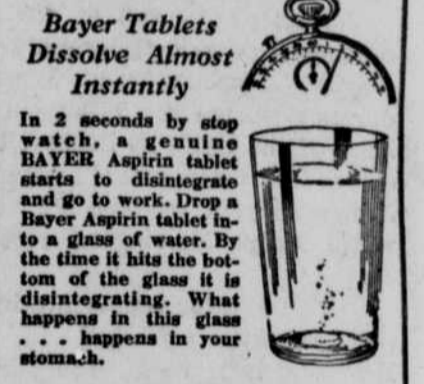
Send your order to The Sewing Circle Pattern Dept., 367 W. Adams St., Chicago, Ill. Patterns, 15 cents (in coins) each.

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# Foreign Words and Phrases

Amour propre. (F.) Self-love; self-esteem.  
Billet doux. (F.) A love letter.  
Dum spiro, spero. (L.) While I live I hope. (Part of motto of South Carolina.)  
Pas a pas. (F.) Step by step.  
Quelleque chose. (F.) Something, a trifle.  
Flagrante delicto. (L.) While committing the crime; caught in the act.  
Gosse. (F.) Street slang for "child," "infant." Compare "kid," "kiddie," and the Irish "gosssoon."  
Multum in parvo. (L.) Much in little.  
En bon train. (F.) In a fair way, on the road to success.  
Non omnia possumus omnes. (L.) We cannot all do all things.

# To Quickly Ease Pains of Rheumatism



## Ask Your Doctor About Genuine BAYER Aspirin

Any person who suffers from pains of rheumatism should know this: Two genuine BAYER ASPIRIN tablets, taken with a full glass of water, will usually ease even severe rheumatic pains in a remarkably short time.

Ask your doctor about this. He will probably tell you there is nothing better. For real Bayer Aspirin tablets not only offer a potent analgesic (pain reliever), but start going to work almost instantly you take them. Note illustration of glass.

Try this simple way. You'll be surprised at how quickly pain eases. Get real Bayer Aspirin by asking for it by its full name, "Bayer Aspirin" at any drug store. Now virtually one cent a tablet.

15¢ FOR A DOZEN  
2 FULL 25¢ DOZEN  
Virtually 1¢ a tablet  
LOOK FOR THE BAYER CROSS

# Preferred to the Costliest Shortenings

● The Vegetable Fat in Jewel is given remarkable shortening properties by Swift's special blending of it with other bland cooking fats. By actual test, Jewel Special-Blend makes lighter, more tender baked foods, and creams faster than the costliest types of plain all-vegetable shortening.

## THE FAMOUS SOUTHERN SPECIAL-BLEND

# AMAZING BUT TRUE!

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BREAKFAST 1 Quaker Puffed Rice, Coffee  
BREAKFAST 2 Bacon and Egg, Toast, Coffee

INNER WAX BAG  
SEALED CARTON  
OUTER WAX WRAPPER

THIS FAMED RICE FOOD IS SHOT FROM GUNS. ONLY QUAKER MAKES IT SO CRUNCHY, CRISP AND FLAVORY. EVEN THE PACKAGE IS TRIPLE SEALED TO GUARD FRESHNESS.

SPEEDY DIGESTIBILITY IS IMPORTANT TO BUSY PEOPLE in These High-tension Times. THAT'S WHY SO MANY CHOOSE QUAKER Puffed Rice For Lunch as Well As Breakfast.

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