Quick Stitchery for the Home "Artist"

Here's a famous painting-"The Angelus," to reproduce in quick stitchery. You've no idea what a charming picture will result as you stitch away in wool or rope silk, but you're assured a speedy finish due to the plain background. So send for your pattern today



Pattern 1212

and get started on this fascinating piece of needlework. You'll want to frame it, when it's finished.

Pattern 1212 contains a transfer pattern of a picture 131/2 by 16 inches; a color chart and key; material requirements; illustrations of all stitches needed.

Send 15 cents in stamps or coins (coins preferred) for this pattern to The Sewing Circle Needlecraft Dept, 82 Eighth Ave., New York,

Write plainly pattern number, your name and address.

Foreign Words and Phrases

Amor patriae. (L.) Love of tountry.

Contra bonos mores. (L.) Contrary to the moral law.

Dirigo, (L.) I direct or guide. (The motto of Maine.) Functus officio. (L.) Having fulfilled his office; out of office.

Genius loci. (L.) The genius of the place; the guardian spirit. Malum in se. (L.) A thing evil in itself, inherently wrong.

En fin. (F.) At the end; finally. Obiter dictum. (L.) A remark in passing; such part of a judge's opinion as is aside from or beyond the point at issue, and therefore not binding as a precedent. Bienvenu. (F.) Welcome.

Ultima Thule. (L.) Farthest Thule or land: utmost bound. Savoir vivre. (F.) The knowing

how to live; good breeding. Tu quoque. (L.) You too; you're another.

"I was run-down-

"... looked pale ... lacked a keen appetite . . . felt tired . . . was underweight."

"What did I do?"

MY intuition told me I needed a tonic. Naturally, I am happy and grateful for the benefits S.S.S. Tonic brought me."

You, too, will be delighted with the way S.S.S. Tonic whets up the appetite . . . improves digestion . . . restores red-blood-cells to a healthier and richer condition. Feel and look like your old self again by taking the famous S.S.S. Tonic treatment to rebuild your blood strength...restore your appetite ... and make better use of the food you eat.

S.S.S. Tonic is especially designed to build sturdy health ... its remarkable value is time tried and scientifically proven...that's why it makes you feel like yourself again. Available at any drug store. @ S.S.S. Co.



Get a New Hold

Determination means stick right yer, Cynthia thought, than the boy where you are right, and get a who set out the plants in the spring from it. Things are bad enough new hold when you are wrong .- and read Blackstone haltingly un-Van Amburgh.







CHAPTER XIV-Continued -17-

beard the uncommon rumble of the

roar of the wheels on the infirm tracks.

"It's Doug Mason. He's gone plum crazy," Abral said.

While he was yet speaking, the heavy load struck a weak joint in the wooden rails in the middle of the curve and plunged down the foot of the hill to the creek bank.

They rolled the worthless log from his torn body and carried him bleeding to the camp. Sparrel must

There was nothing much Sparrel could do for the left hand, flattened and punctured, with the white broken bones, hanging by a single string of skin at the wrist. The left eye was struck too hard by the heavy links of the log chain, and was no longer an eye.

Sparrel did well by him with his turpentine and salve and castile soap. When the worst of pain had passed, they carried him out of the bunk in the lumber camp to his own house. A moan came sometimes from his lips out of his control. He would twitch the handless stump of his arm, his teeth grinding, and stare at the blank wall with a bit-

His mother, hobbling about on her poor legs, and his sister Hessie did the weeping.

Cynthia, preparing things to bear to the Masons, riding down Wolfpen and Gannon Creek with them on the Finemare, kept thinking over and over, "Worrying and regretting are what you can't help and they But a body can't hardly see why grossed in the technique of lumberthey sometimes are. Seems like raft in the spring. He could even there has been a plague on this bring a fleeting moment of cheer

downright sorry about Doug." heaviness. It was as if the sorrow his imaginary helper on the raft for Doug Mason had taken visible to shove on the pole and keep the form over the houses. Day after

All day long the house was as quiet as death. Shellenberger was still away down the river somewhere getting ready for the rafts to take her around a sharp bend." in the spring. Jasper was busy in the hollows and at the barn. Abral went each day to Dry Creek.

Nearly every day Sparrel would go down to see Doug, and when Cynthia asked about him, replied: "Poorly, Cynthia, he's getting well, but he's in bad shape. And he's that proud he won't let anybody see I learned all about it from Mulhim only me."

They were trying days, and they trailed one another through the gloom. Then Jesse came one warm before the sun. The darkness lifted for a moment, the grass looked up Jesse was happy. He filled the house with his enthusiasm and goodthe lawsuits pending next term of court, of the people and the activity of Pikeville, feeling himself no in February. longer a spectator but a part of it. He described the new brick jail to be built on the lower corner of the courthouse square, the new Baptist putting up, the stone sidewalks being laid all through the town, and the talk about even lighting up the He mentioned it to Shellenberger like in the last year something's streets at night. He could see all who dismissed it with a word. Spar- been at the heart of these hills, like this progress from Tandy Morgan's rel said no more, except to him-

It was good to have Jesse come back, but it was somehow different he brought up from down the river. many floating people I reckon, comfrom the way she had imagined it. I don't reckon a little drinking will He was changed and all this talk hurt any man, except it's encourag- the new mine towns and lumber sounded strange from him. He was ing some pretty bad characters to camps, not interested in the good heartache that even the Jesse of somebody witnesses against them in her memory, and would return a black name to a lot bigger counthink of it being otherwise, and yet want any of that around here even ured things that had died in that about things." year was full of grief. And the

Shellenberger and Dry Creek self was in the blacksmith shop at river. He was still talking about the They were rough-looking laborer who were developing the country- heavy on their breath and red in for a profit. For themselves, some of their eyes.

big very soon now. Just at the mo ment things were a little tight be-Abral and the men at the dam cause it required a steady outlay of Jack Caher said. capital to get an operation going Doug came furiously into sight Vision, co-operation, enterprise were around the bend, preceded by the the necessary qualities. A few days him under the eye. Jack stumbled

> couldn't help me out for a few pleasantest manner.

Mr. Shellenberger?" "Those fellows are grumbling for you my personal note for it, and to throw up a shower of sparks. at the end of the month when I go down I'll have Judge Wade of the

"I don't hardly see . . ."

wish.'

"You ought to have interest at six per cent. Say fifteen dollars for the loan. That's the way men make money, by making it work. You let it idle in the bank and the bank lends it out and gets the interest. Just for ninety days and you'll do me a great favor and help my work

Sparrel thought it over; the end of May, a thousand dollars, fifteen dollars interest, enough cash for Jasper, a real favor to Shellenber-

"I guess I could spare that to help you out," he said. "And I don't see any cause to bother Judge Wade with it." "I'm certainly much obliged to

you, Mr. Pattern." Dry Creek kept pushing in like don't make things a bit different. Its new owner. Abral was much enthings in the world can be the way ing and the prospect of driving a year that just hangs around Dry into the house when he stood in Creek Hollow waiting to reach out the middle of the kitchen floor in and do everybody an ill turn. I'm Cynthia's way, with a broom locked in the back of a chair, swinging it December was dreary and full of like an oar-blade and shouting to headlogs away from the bank. day the thick clouds lay on the hills. Then, the stiff curve cleared, he would relax while the raft rode reft of the anger, bewildered by Cynthia and say, "That's the way had leapt forth to perform.

bar, Abral."

"Well, how many rafts have you

ever run?" Cynthia asked. "I can take one around any bend in Gannon Creek or the Big Sandy.

Cynthia would carry it on, or she ing. would drop it and be happy for a time in the presence of his energy week-end when the wind blew into and his confidence. She lived in the the hollows and pressed the rain rich world of her imagination, for the house where Julia was not. Soft January. The wind and the rain, done. No warning. Sheriff Hat-

> In Dry Creek more and ever more men were getting more restive in

Cynthia could know little about of life in here but it's just the men | Sandy Valley. Swamped with too see Gannon Creek get a bad name down below where they come from,

While he was pretending to himdays after he was gone were less self that everything was all right. it went abruptly awry, Sparrel him-

and Jack Caher had begun in rough | can grow up good men with a pride humor when Ike said that Jack had like all their folk before them back been cutting timber for three to Saul and the time he saw this months and still didn't know which | land as a place for a man to live in." way a tree was going to fall and would have got his fool self killed long ago if somebody didn't always pull him out of the way. The men, glad of words to break the silence and isolation, laughed; their laughter inspired Ike to keep it up, elaborate it, and go on baiting Jack. Then Jack Caher lost the humor of berger said. Men would not be it feeling himself in ridicule out of careful. But Cynthia knew from the usual good-natured butt, and the worried look on Sparrel's face showed resentment. Ike Dallow couldn't very well stop without volved the law and a sheriff, and seeming to back down. So they car- that was a sinister thing quite apart ried on through the drink they had from Jesse and Tandy Morgan and behind a pile of brush and down to Blackstone. Shellenberger found the shop. Sparrel tried to quiet business calling him down the river; them, but they were too excited he was gone when Sheriff Hatler now to listen to him. They grew came. Cynthia heard the sheriff more boisterous, drawing others into talking in low tones to Sparrel aftthe baiting.

"That's about enough now, Ike,"

"Listen to the little rat-eared and a long time to get returns on it. poodle," Ike said. "Enough what?" Then Jack lunged at Ike and hit later he came up from Dry Creek to as he swung, and was carried to his the mill where Sparrel was grinding. knees past Ike Dallow and against you know about the liquor, too, "I was wondering whether you the bellows by the forge. In the Sparrel, and we'll get this cleaned flash of blind anger, Ike seized a up.' weeks," Shellenberger said in his cant-hook, swung it over his shoulder, and before Jack could recover on this business, but there wasn't "What could I do to help you out, his feet he brought it down with any way of getting out of it." crushing force on his neck and shoulders. Had the hook not caught their pay again, and the God's truth in the bellows, the blow would have How's Doug Mason getting?" of it is, Mr. Pattern, that I'm just a slain Jack Caher outright and inlittle short of cash right at this stantly. He crumpled with a cry minute. I was wondering if I and groan, his bleeding head pushcouldn't borrow a thousand dollars ing into the soft leather of the belfrom you for a short time. I'll give lows, causing the smoldering forge

It was all too quick for anybody him?" to intervene; the sudden flash of Catlettsburg bank endorse it if you the long smoldering antecedents.

Ike Dallow stood for a moment with the cant-hook in his hand, be-



Then Jack Lunged at Ike and Hit Him Under the Eve.

Then he dropped the bloody cant-"I bet you run right into a sand- hook, stared in fright at the dying man; then he got out of the shop "All right, I bet you. What'll you and began to run up Dry Creek toward the woods. The other men gathered around Sparrel who was unconscious, bleeding, but not quite from Dry Creek, hungry after his dead. They carried him into the bunk where Sparrel watched over him until he died in the early morn-

Sparrel laid him out with the soiled blanket covering his face. Tired and worried, Sparrel tramped toward Wolfpen through the last of from the clouds, driving them from the most part, above the routine of the dark, thinking it over and over. "I felt it in my bones, somehow, the white fluffs of snow, small hard way you know something you don't wondering and the birds sang. pellets of ice, the sun and the thaws want to know, hope you won't have carried away the colorless days of to know. Then, bang, and it's all will. He talked about the law and the sleet freezing enamel on the ler'll have to come now, and a grand pear tree, the sun cracking it and jury and all. Sheriff Hatler never dropping it to the ground, brought rode down this creek before in his life only as a neighbor. Now he has to come on a murder. Right on logs were piling up, and the rough the Pattern land it was. Only I reckon it's not Pattern land but the loins and irritable with one an- Shellenberger land. Never any dischurch by the Institute, the general other in the long isolation from a grace on it before. I'd like to have store the George Brothers were town with good drink and wemen. seen it stay that way. There was just no reason in it happening. Bad them, but Sparrel was concerned. blood breaking out, it was. Seems stove, while time went on into an hour beyond custom. it was sick or giving up. Not just self. "A body hates to see that kind here on my place. It's the whole ing up the river and loafing around already more of the Pikeville law- make it. I'd hate like anything to of the land, making corn liquor and case either. You can't tell about

gambling, and things like this. "Never been so busy in all his life, Sheriff Hatler told me at Pike, der the haycock. She realized with killings and then more killings if such a sight of lawbreaking going on in the country here lately. Trouthose days existed no longer except in court. These feuds already give ble right there in Pikeville, too. about the jail, and that witness in no more to Wolfpen. It was idle to try than has title to it. I wouldn't the Harrison-McClurg feud getting shot. Jesse's only been there a few the thought of placing Jesse in the on Shellenberger's land. Maybe it'll months and he's seen a sight of said. vault along with all the other treas be all right and I'm just touchy cases come up. We've been here about a century now. I feel kind of disgraced myself, like I was in it at the table, resting, waiting. Then And I reckon I am, because I'll be Abral came bounding back into the summoned. The loggers and the moonshiners will want to get it seemed to have conquered and pos- the camp when it occurred. The hushed over. Better get it all out sessed Wolfpen. Shellenberger re- men came down from the woods in the clear light now before it goes turned from his journey down the with the tools to be sharpened. further, Better just tell Sheriff Hat- the lamp, ler, and the grand jury all about it progress of business-minded men type of men. White liquor was and clean it all away. This is where we have to live. We must keep this bing his coat from the peg by the country clean and decent and a fit | door. Everything was going to come along The trouble between Ike Dallow place where a man's grandchildren

CHAPTER XV

SPARREL passed it over as lightly as possible with Cynthia, and Abral added nothing to it. It was just another accident. You had to expect them, on a big job, Shellenthat it was more than that. It iner dinner, standing on the porch in the cold.

"You're right, Sparrel. We'll clean

it all up right now," he said. "I think we ought to," Sparrel said, "We'll have Ike Dallow in Pikeville tomorrow. They picked him up down at Beaver. You tell what

"I'm sorry you had to come here

"Don't worry about it, Sparrel. We'll just get it cleaned up now.

"He's up and around now, Hatler, and he's learning to do things again. He says he'll do the farm work in the spring."

"It wuz a darn shame, Sparrel, Didn't your girl have an eye for

"I don't reckon so only just as a neighbor."

"Well, she's too fine a girl for

any cripple." Cynthia could not listen any more. She ran to the kitchen and began to scour the pots she had used to cook the dinner. "I couldn't ever have married you, Doug, not even if it hadn't happened. Why did you want me to, and why did you go and do that, and why don't you take Judy Wooton who always has been so long. April is so far away. from coming out. Will you forget how you said, 'I

will come back'?" again at the orchard he turned, plete healing. straight-shouldered and handsome, to wave to her.

"It's a sin and a shame that he takes it so to heart. I'll try to make an apple pie for him and have it hot the way Mother always did when he gets back tonight from his hard trip."

She was busy all day, weaving at the loom, cleaning the house, safely on the current, and turn to the unwilled act some part of him making the pies, cooking dinner for Jasper, tending to the milk, getting supper for Jasper, Abral and the return of Sparrel. Then the flutter of the hens in the pear tree, the nervousness in the stalls and the barnyard among the mules, the sheep and the cows; and the dark working over Jack Caher. He was slid into Wolfpen. Abral came in day in the open.

Jasper sat quietly by the log fire looking into the flames, waiting.

The crust of the dried apple pies browned in crisp flakes, deep stained with the juice in the fork holes in the dough patterning ferns. Cynthia kept them in the oven as long as possible, and then set them on the warming shelf by the stovepipe. The special dinner for Sparrel was ready.

"He ought to be back now," Abral

body stops losing weight. As all "You can't always tell about getting an early start back from the trials," Jasper said. "They can use up more time doing nothing. I've watched them."

"Maybe we might just go ahead and eat," Abral said. "I'm hungry." "We'll wait a while longer," Cynthia said, prolonging the cooking. food or fuel value, and to avoid the Jasper nearly dozing before the heat after the outside cold, Abral poking the fire, Cynthia about the

"He might have to stay over," Abral said. "Let's eat. I'm hungry." "It's not like Daddy to say when he'll be back and then not be," Cynthia said.

"He don't usually go to a law them lawyers and a jury," Jasper

They walted still longer, and then Cynthia at last took up the supper. "I wish he'd come," she said. "I reckon he's stayed over with

Jesse," Jasper said, going out, "I'll keep things warm for a while just to make sure," Cynthia

Abrai finished and went outside following Jasper. Cynthia lingered kitchen. "She's down at the gate and

scared as a rabbit," he shouted. Cynthia ran to the kitchen with "Who? Who, Abral!"

"The Finemare," he said, grab-

(TO BE CONTINUED)

Cod Liver Oil Heals Burns. NUMBER of years ago while examining the boys in a preparatory school it was interesting to watch the different youngsters go up to a table immediately after lunch and take a spoonful of cod liver oil from their own particular bottle. Thus cod liver oil was known to be a body builder for a number

of years, but it was only in recent years that it was discovered that it was the vitamin D that was the important fac-A couple of years

ago it was discovered that in old diseased bones, if the dead bone were scraped out and the bone filled with cod liver oil, healing ad-

vanced more rapidly. And now Dr. J. P. Steel, in the Lancet, tells of the good results he has obtained with cod liver oil in

the treatment of burns and wounds. Lint heavily soaked in cod liver oil was applied widely over the part to be treated and covered with a dressing. The dressing is left in place and resoaked with cod liver oil every 24 hours, the lint not being taken from the skin surface until the end of 48 hours-a great advantage in extensive burns. Cases that have not done well under the ordinary dressings or were very slow in recovery, seemed to make a rapid recovery with the use of the cod liver oil treatment. Almost every patient has said that the first application of cod liver oil has given much greater ease than other dress-

Good for Slow Ulcers, Too.

Dr. Steel has also used crude cod liver oil as a dressing in slow or wanted you, and why does Hatler indolent ulcers and deep scrapes in talk about it? Things would drive the skin, always of course letting a body plumb crazy if you didn't the pus out (if present) before apthink about something else. Oh, plying the cod liver oil. Pus should Reuben, wherever you are in the never be covered or smothered in; woods, the place is different from it should always be let out, or at when you liked it so much. It's least nothing allowed to prevent it

Cod liver oil has been found of advantage in a great number of On a gray winter morning Cyn- slow healing wounds. After the rethia opened the gate for Sparrel moval of pus or gangrenous (dead) and watched him ride away on the patches of skin, the oil applied as Finemare to obey the summons. He above has brought about healthy smiled to her about his worry, and granulation of the tissues and com-

The above information should be helpful in many "slow" cases of wounds or deep scrapes in the skin.

How to Reduce Weight

Such a large percentage of the population is overweight-20 per cent of the entire population and about 40 per cent of those at or past middle age-that the matter of reducing weight is now a popular or unpopular subject in many households.

The first point that every overweight who is really willing to do all possible to reduce weight must fully understand is that no matter how much overweight exists and how much effort has been expended in reducing weight in the past, much of the excess weight can always be taken off.

The only point of difference between one overweight and another is the rate at which the extra weight can be removed.

The fact that fat tissue holds a great amount of water, and that some overweights drink much more water than do others often accounts for the fast or slow rate at which the weight comes off. All that is necessary then is to

first reduce the liquids until the

foods contain water-10 to 98 per cent-there is no need for the great amount of water so many overweights drink. The next point is to use certain foods that will furnish all the needs of the body, but are not too rich in

rich fat and starch foods which,

while good energy producers, are big fat storers. The first foods to use are lean meats and eggs, which, while rich in fuel value, must nevertheless be eaten to maintain the structure of the different parts of the body. These foods are not only absolutely necessary to health but give a "satisfied" feeling to the individual on a reduced diet. Vegetables and fruits must also be eaten for although containing much liquid, they

are needed to supply the minerals

and vitamins the body needs. The foods that must be avoided or very greatly reduced in amount are: cream soups, breakfast cereals, bread, potatoes, fat meats, cream, butter, sugar, nuts, dried fruits, rich dressings, and rich des-

By keeping in mind that meat and eggs must not be reduced although rich in food value; that cabbage, celery, lettuce, and radishes are good foods but bulky with little fuel value and can thus be eaten in large quantities; and that starch foodsbread, potatoes, sugar-are weight producers as are also cream, butter, fat meat and nuts, one has a working or practical knowledge of what to eat and what not to eat to reduce weight.

@-WNU Service



Just Forget Me

"No, old boy, I'd rather not lend you anything. Borrowing and lending are the surest ways to break a friendship."

"Lend me a five, old man, and I don't care a darn if you never speak to me again."

ITS ABSENCE



She-You look worried; I hope money matters are not troubling

He-I should say not. I haven't a dollar in the world to worry about.

Here's Another

Voice on the Telephone-Oh, will you ask the doctor to hurry round. My little girl has just swallowed a needle.

Maid-Well, the doctor is very busy just now, ma'am. Did you want the needle at once?

In His Footsteps Son-Do you remember telling me about the time you were ex-

Father-Yes, my boy. I do. Son-Well, I'm telling you.

pelled from school?

Mark the Spot Old Lady (to driver of steamroller)-Have you seen a packet of butter, my man?

Driver (scratching his head) -Well, come to think of it, mum, I did feel a bit of a bump up



sore she could hardly touch them. Used Hamlins Wizard Oil and found wonderful relief. Just rubbed it on and rubbed it in. Thousands say Hamlins Wizard Oil works wonders for stiff, aching muscles. Why suffer? Get a bottle for speedy comfort. Pleasant odor. Will not stain clothes. At all druggists.



Mending Artists Prudence, frugality and good management are excellent artists



cross and irritable. But like so many women, his wife knew about Nature's Remedy (NR Tablets). She put him wise. He found out what an astonishing difference there was in this purely vegetable laxative. Not merely partial relief. Instead thorough cleansing action that aided in ridding his system of poisonous waste, refreshed him, made him feel like a "million." Try NR Tablets yourself. Note how gentle they are and RTO-NIGHT 25 cents at

Travels Alone One can leave human society and discard its rules, but he loses its protection.



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Recognized for 58 years as the guaranteed killer of these food-destroying and disease-carrying pests. Ask your dealer. Money back if it fails. IN TUBES 35c-LARGE BOXES \$1.00

