Reassuring Heart Sufferers

I learned during the war that

has been of help to patients,

their families, and to all physi-

valve, is perhaps a little rapid

or even irregular, there is no reason

why the individual should not go

about his work or life in the usual

way and live as long as those whose

whose hearts showed none of these

Sir Maurice Cassidy, in the Brit-

ish Medical Journal, in speaking of

those who worry about their heart,

Now the average individual does not

worry much about his liver, kidneys

or stomach but one word about the

heart and he becomes greatly

Doctor Cassidy says that there is

no use telling the patient that the

heart is a little flabby or that there

is a slight murmur of no great im-

portance, for to the average patient

anything amiss with the heart

brings to his mind the most serious

Tell Patient Condition

has or he has not a serious heart

condition. If it is not serious he

And even when there is actual

to carry on with the ordinary rou-

tine of his life without much breath-

And even when the heart condi-

Epilepsy Often Misnomer

"The word epilepsy has been car-

rying a message of desolation and

despair into the ears and minds of

countless numbers of patients over

many centuries. The average indi-

vidual believes that epilepsy is an

an ever increasing number of at-

devastating than the previous one,

that it cannot be controlled by med-

Icine or treatment, condemning the

sufferer to mental decay (insanity),

and sure to descend upon the indi-

vidual at the wrong time-in the

street car, office, shop, theater,

movie, or in any sort of social gath-

I am quoting Dr. Henry Alsop

Riley of the Neurological institute in

an address before the Medical So-

cial Service section of the Welfare

Doctor Riley stated that the word

epilepsy should not be used because

the patient with ordinary "convul-

sive" attacks or symptoms immedi-

ately felt that he had the severest

type of epilepsy and became para-

lyzed in will, ambition and work

with deplorable results to himself,

his family, and his future, often with-

drawing himself completely from all

Merely "Convulsive" State

fering with so-called epilepsy will

have children who will suffer with

these attacks is not true, unless it

is well established in the family, or

Doctor Riley would call the ma-

jority of cases now called epilepsy

These convulsive states can be

controlled by diet and medicine and

the individual can go about his usu-

al work, mental or physical; and en-

gage in all the various pursuits of

life without fear, if the simplest

suggestions now known everywhere

1. Cut down on all liquids-tea,

coffee, water, soft and hard drinks,

bread, potatoes, sugar, pastry,

cream, fat meat, egg yolks.

2. Cut down on all starch foods-

3. Increase the fat foods-butter,

4. Take the dose of phenobarbital

Statistics show that individuals

suffering with this convulsive state.

epilepsy so-called, are as bright men-

tally as non-sufferers. The only dan-

ger mentally that might occur would

be due to the fact that they worry

about the condition and withdraw

D-WNU Service.

daily as prescribed by your physi-

simply "convulsive" states.

These suggestions are:

is in the families of both parents.

Also the idea that patients suf-

artistic, cultural and social life.

council of New York city.

should be told so.

He must tell the patient that he

alarmed.

sums up the treat-

ment in the single

word "reassurance,"

Formerly if a pa-

tlent had a mur-

mur, a little irreg-

ularity or the heart

was peating rapid-

ly the physician

would mention the

fact to him with

the words, "Don't

overdo yourself" or

"You'll have to be

a little careful."

BRISBANE THIS WEEK

160,000 Horses A New Democracy Thin Men Live Longer Must We Have War?

The well advertised Queen Mary, looking very big moving up to her



Arthur Brisbane

New York dock, represented in reality the quintessence of compressed power. On the way over developed one hundred and sixty thousand horse power. That number of horses hitched

in pairs, one ahead of the other, would make a "team" more than two hundred and fifty miles long. Still more remarkable power compression is that of

The government offered for sale six hundred millions of 2% per cent bonds, four hundred millions of 1% per cent notes. The whole issue is oversubscribed.

the flying engine, which compresses

the power of a 1,000-pound horse

into less than three pounds of metal.

It is a comfort for those that have money and want no risk to Invest even at low interest rates. free of income tax payments.

Such an investment is much simpler than running the risk of a business enterprise with pay rolls and jobs attached.

To tax heavily the man who uses his money and brains to give work to others, and free from taxation those that buy bonds and take their ease, is a brand-new kind of democ-

Men of middle age and older may learn from Civil war veterans in the Memorial day parade, some ninety and some ninety-three; one, who led New York city's G. A. R. procession, past ninety-six years of

All the old soldiers are very thin men, averaging in weight less than 140 pounds. Had they been fat they would be in the grave, not in any

General Pershing cut a big birthday cake with a general's sword, Mrs. Roosevelt looking on, and on Memorial day he warned America against another war.

To believe that this country can

be dragged into a war without a repetition of our big war folly is not complimentary to those in charge. No foreign nation would force war on the United States, and thus put United States resources, and any fighting qualities that Americans may possess, on the side of that foreign nation's enemies.

The unfortunate Congressman Zioncheck, from the Northwest, is locked up in Washington, his sanity to be investigated, after he visited the White House with a present of empty beer bottles for the President.

The unfortunate congressman's antics are not important in themselves, but you wonder what qualities were seen in him by voters that sent him to congress.

The United States Supreme court declared unconstitutional a New York state law that would permit New York to fix a minimum wage for women and children.

Chief Justice Hughes, who did not agree with the majority opinion, wrote: "I find nothing in the federal Constitution which denies to the state the power to protect women from being exploited by overreaching employers."

Alfred P. Sloan, Jr., who ought to know about American industry, says enormous building operations are needed in the United States to replace out-of-date equipment, and that the door is wide open for "plenty of jobs and then more jobs."

American cotton growers fighting the boll weevil will sympathize with Argentine growers, attacked by vast swarms of devouring locusts far worse than any weevil. The Argentine ministry of agriculture announces 10,000 tons of cotton devoured, 60,000 acres invaded.

Farmers fight the locusts by erecting walls of sheet iron or digging ditches, into which the locusts swarm, to be sprayed with gasoline and burned. Tons of the pests are thus destroyed.

Mayors of Arab cities in Palestine warn the British that they must stop Jewish immigration and the sale of land to Jews in Palestine. The British answer to the warning will probably not be satisfactory to the Arabs. It is reported also that the central committee for Palestine of the "Communist party" is distributing literature urging British soldiers in Palestine

President Lewis of Lafayette college thinks wars would end it monarchs who voted for it were put in front line trenches. That might pre-

went some wars, not all. & King Features Syndicate, Inc. WNU Service.

Lovely Lace Makes Lovely Brides HOWARE By CHERIE NICHOLAS HOWARE LOUITODAY



calling, calling for lovely gowns for herself and her

"perfect picture" on her wedding

What bride is not a "vision of loveliness"? Her gown is so carefully selected and fitted, her veil is made just so-to tune perfectly to her individuality, to drape correctly, at the same time beguilingly, over the head and down while the train | dresses, with cunning lace capes for must hang in just the right proportion and line with the dress.

Many a spring bride this 1936 found the expression of her dream of a vision of loveliness in a lace gown and veil. With its importance in the current fashion picture generally it but follows in the natural sequence of events that lace should become first choice with brides.

Not only does the lace gown in itself enhance feminine charm to the utmost but lace for the bride brings up the splendor and richness of former periods, when lace played so important a part in the costumes of historical and royal brides. The fact of the lure of lace for brides was dramatically brought out in a "Bride-of-Two-Centuries" showing recently held in New York, in which fifteen period bridal costumes copied from those worn by prominent ladies in the last two hundred years was the feature.

Which brings us to a very important subject-that of the fashion approval of color for the bride instead of the traditional all-white. A modern bride may wear lovely blush pink or ice blue or any tone

attendants that shall group into a | or in tint that strikes her fancy. One of the attractions of a "lace wedding" is that lace offers every opportunity to work out fascinating color schemes, for this existing flair for lace is not exclusive with the bride but the theme is carried out for bridesmaids as well. One of the newest gestures is that of lace heart disease but the patient is able each bridesmaid.

> Brides, too, are looking into the lessness, if he sleeps well, and if future in the selection of the wed- there is no evidence of heart failure ding gown, having in mind a dress -swelling of the feet-he can be that may be worn later to social assured that his heart disease is not events. This feature is admirably a serious malady and that he should interpreted in the very chic and live a goodly number of years. lovely gown in the illustration. Since the full long train is detach- tion is serious, if the patient is able at the waist, the dress alone willing to "live within the limits of becomes perfect for the cocktail or his strength" he may live many dinner hour. The sweep of the years. The whole thought is to train, and the smooth silhouette of take away from the patient any the gown cut on true princess lines worry or unsettlement of mind, so are the more lovely because of the that he knows exactly where he lace of fine alencon of which this stands. bridal gown is designed. The dress with its narrow waist and tailored neckline, buttons all the way down the front. Tulle is used for the veil which falls in a beguiling drape over the face and hangs quite long at the back.

The bride in the foreground chooses exquisite chantilly lace for incurable disease, that there will be her gown. It bespeaks an elegance of simplicity in every detail. The tacks, each one more dreadful and effective arrangement of the tulle veil adds greatly to the glory of the "picture."

@ Western Newspaper Union.

HER SMART COAT By CHERIE NICHOLAS



Mannish tailoring in suits and coats for grown-up ladies of fashion has its echo in boyish tailoring for the younger miss from toddlers to teen-agers. The cunning little girl here pictured in the double-breasted flannel coat is ready for an outing in the park, in a coat her little brother would envy. Broad lapels and wide notched collar are becoming. Fitted slightly at the waist for chic the coat is roomy and comfortable. Six smart bone buttons, masculine and substantial, trim the high double-breasted closing. This little model is the very sort that little girls are teasing their mothers to buy for them.

PASTEL TONES IN SUMMER TAILLEURS

Summer tailleurs are more fanciful than ever and synthetic fibers either are mixed with wool or replace wool entirely. Thiebaut-Brion has made a specialty of novel fabrics for this type of tailleur. His collection includes several rayon crepes with a woolen appearance and some rayon serges, either plain or chined. Some of his woolen fabrics show the same chine effect produced with twisted rayon yarns that fleck the surface.

There are new mossy crepes with a woolly texture, also a number of pastel-colored fine woolens, spotted with brown or black rayon nubs or tufts. Some of these fabrics have a tweed-like appearance and are seen in very delicate pastel tones, including sweet pea colors.

Lace Dresses Continue to Be Tops at Paris Show

Lace dresses continue to be tops in Paris. They're shown in amazing variety and startling numbers by all the leading designers. To emphasize the importance of this material in the feminine costume, a ball was held recently at the Hotel George V at which only lace dresses were worn. Dull albene laces were throughout the world are followed. much in evidence, particularly in dark shades such as midnight blue. purplish blue, grenat, eggplant and a dark tone of tortoise shell brown,

Buying Violet

Before buying any of the pleasant violet shades that are so popular test them in the light of day. They look vastly | fferent you'll | cian. find from the indoor color.

"After Rain"

A lovely blue called "After Rain" is used by Bruyere in his late collection. Other favorite colors of this designer are apple green, Nan- themselves. king red and canary yellow.

JUNGLE HUNTING EASY, BUT ZOO GETS HIM DOWN

Hans Nagel, curator of the Houston (Texas) zoo, says stalking wild animals in jungles is a tame job compared with that of keeping them in HERE was one lesson

From 1904 to 1912 Nagel roamed Africa in search of reptiles, beasts and rare fowls for zoos. And in those eight years he met with an accident only once-a lioness lacerated his cians. That lesson is that be-

cause a heart has a leaking leg. But in wild life in cages-that's a different story, one that has meant hospitals and suffering to Nagel. He bears scars from head to foot. A boa constrictor once almost squeezed his life out. Caesar, the zoo lion. hearts show none of these symptoms. bit him through the shoulder. A Men with hearts of these various stork dived from the top of the bird types get along just as well as those cage and knocked him unconscious. A kangaroo has kicked him to the ground and bitten his arm. Civet cats, lobo woives, kinkajous and monkeys have gashed his hands and arms. Bobcats and hyenas have attacked him. Elephants have trod on his feet. "Big Jim," largest of the zoo's alligators, sent Nagel to the hospital for 105 days when he sought to halt its escape.



Apply New De Luxe Dr. Scholl's Zino-pads on any sensitive spots caused by shoe pressure or friction and you'll have instant relief. They stop pain of corns, callouses and bunions; prevent sore toes, blisters; ease tight shoes. Flesh color, waterproof; don't come off in the bath; economical. Sold everywhere.

Zino-pads

READ THE ADS

Washington's Letter on Spy's Expenses Sells for \$2,000

Back in Revolutionary war times, George Washington wrote a letter to one of his commanders, General Talmadge, telling him that it would be difficult to raise \$250 for expenses of an American spy, Enoch Crosby. This spy is believed to have been the original in James Feni-

more Cooper's book, "The Spy." It was hard to raise the \$250 needed for spying purposes in those perilous days, but the letter Washington wrote about it brought \$2,000 in a sale in Philadelphia recently. It had been a part of the collection of the late Charles T. Jeffery, Merion Station, Pa.-Wall Street Journal,





Miserable with backache?

Y/HEN kidneys function badly and WHEN kidneys function badly and you suffer a nagging backache, with dizziness, burning, scanty or too frequent urination and getting up at night; when you feel tired, nervous, all upset . . . use Doan's Pills.

Doan's are especially for poorly working kidneys. Millions of boxes are used every year. They are recommended the country over. Ask your

mended the country over. Ask your neighbor!

sill;, doors, any place where ants come and go. Peterman's kills them - red ants, black ants, others, Quick, Safe. Guaranteed effective 24 hours a day. Get Peterman's Ant Food now. 25c, 35c and 60c at your druggist's.

No Need to Suffer "Morning Sickness"

"Morning sickness"—is caused by an acid condition. To avoid it acid must be offset by alkalis—such as magnesia. Why Physicians Recommend

Milnesia Wafers These mint-flavored, candy-like wafers are pure milk of magnesia in solid formthe most pleasant way to take it. Each wafer is approximately equal to a full adult dose of liquid milk of magnesia Chewed thoroughly, then swallowed, they correct acidity in the mouth and throughout the digestive system and insure quick, complete elimination of the waste matters that cause gas, headaches, bloated feelings and a dozen other discomforts.

Milnesia Wafers come in bottles of 20 and 48, at 35c and 60c respectively, and in convenient tins for your handbag containing 12 at 20c. Each wafer is approximately one adult dose of milk of magnesia All good drug stores sell and recommend them.

Start using these delicious, effective anti-acid, gently laxative wafers today

Professional samples sent free to registered physicians or dentists if request is made on professional letterhead. Select Products, Inc., 4402 23rd St., Long Island City, N. Y. 35c & 60c



The Original Milk of Magnesia Waters



PROOF OF GREATEST BLOWOUT PROTECTION Every year, since Firestone developed the Gum-Dipped Balloon tire, Firestone Tires have been on the winning cars in the gruelling blywout test of the

PROOF OF GREATEST ECONOMY The new Firestone High Speed Tire for 1936

gives up to 50% longer nouskid mileage. This is proved by the fact that the world's largest transportation companies, such as Greyhound, to whom safety and tire economy means business efficiency, use Firestone Tires. This is further proof that they are the safest tires ever built.

Indianapolis 500-Mile Race.

Why risk an accident when it costs so little to protect lives worth so much? Equip your car with new Firestone High Speed Tires



Of good quality and construction and backed by the Firestone name and guarantee. An out-standing value in its 4.50-21 |\$6.05 4.75-19 6.40 5.00-19 6.85

A good serviceowners of small new tire safety at low cost.

4.40-21 \$5.08 4.50-21 5.60 4.75-19 5.92 30x31/2CL 4.33

Designed and constructed by Firestone skilled tire engineers first quality tire built of all first grade materials, embodying the many exclusive Firestone patented construction features. Its exceptional quality and service at these low prices are made possible by large volume production in the world's most efficient tire factories. Made in all sizes for passenger cars, trucks and buses. Let us show you this new Firestone tire today.

THE NEW

Firestone

SIZE | PRICE

4.50-21.. **\$7.75** 4.75-19.. **8.20**

5.25-18... 5.50-17... 6.00-17_{HD} 9.75 10.70 14.30

FOR TRUCKS

6.00-20. | \$16.95

HIGH SPEED TYPE 4.50-21. \$ 8.60 5.50-17... 11.90 6.00-16. 13.25 6.00-17H.D. 15.90 7.00-17H.D. 21.30 31.75 7.50-17H.D. FOR TRUCKS 6.00-20. \$18.85

MASTERPIECE

OF TIRE CONSTRUCTION

30x5 Truck Type_ 32x6H.D. 40.25 Other Sizes Priced Proportionately Low



OVER 2,000 AUTO SUPPLY NEEDS AT MONEY SAVING PRICES Listen to the Voice of Firestone featuring Richard Crooks or Nelson Eddy — with Margaret Speaks, Monday evenings over Nationwide N. B. C.—WEAF Network