

CHAPTER XI-Continued

"But you said-"

"You shut your face," said Geoffrey. "Truth is stranger than fiction-every time. The door to the turret was open and so were the doors to her room. But her room had been used. The thieves had escaped by the chimney, entered her room by the fireplace, cleaned themselves up in her bathroom and disappeared."

"The obvious thing to do was to search the castle forthwith, I ought | inn, to have said that long before I got back the switchboard had been repaired and the lights had come on, and while my lady was talking, the staff which had been scattered was trickling back. Florin and I induced glow of her presence, discovered self in hand, some sort of order before beginning her faint perfume. . . . the search.

"We began with my lady's bedroom. One look at the hearth was enough. There was soot all over the my lady and Florin and I went down to the secret room. It was empty now, we knew, for Pharaoh and company were gone; but the door to the cellar was open and my lady wanted it shut."

He took a deep breath. "I'll tell you what we found. We

found Pharaoh, Dewdrop and Rush -all three of them dead."

"Go on," said I, incredulously. "Fact," said my cousin, shortly. "I'm glad you weren't there to see it. It was a dreadful sight. Bugle had done the three in and then cleared out, I fancy there'd been some scrap. Pharaoh's back was

"And here's my interpretation of

broken: he had no wound.

this astounding find. "In Pharaoh's absence Bugle and Rush between them let Lady Helena Rush and Bugle quarrelled, and Bugle killed Rush Afraid to face Pharaoh-such a dereliction of duty meant almost certain death-Bugle decided to kill him and Dewdrop, too. And so he did. Then he escaped by the chimney, with Lady Helena's master key. This let him out of the castle by the way by which he came in. Why he waited to let her out, I cannot conceive. Possibly some twinge of conscience -you never know. That's one of the points which we shall never clear up."

"Then everything's over," said I. "The terror is laid." "The terror is laid," said Geoffrey.

*Bugle remains, of course. But I very much doubt if we shall see Bugle again." Thoughtfully I regarded my nap-

Was it five or six days before a corpse rose to the surface of the water in which it lay?

"Then everything's over," I repeated.

"Except the interment," said Geoffrey: "which is fixed for tomorrow evening, as soon as it's decently dark. As you seem to have had a night off, I think you might help with that."

Six days had gone by, and my

precious secret was safe. This was hardly surprising. Only two beings knew that I had approached the castle that terrible night: and of these one was a dog and the other was dead. I had not used Barley's pistol: I had cleaned my cousin's knife; my filthy garments lay hid in the Plumage woods. Nobody knew that in my notecase was Helena's master key.

But another secret was safe. On the Sunday night Pharaoh. Dewdrop and Rush had been laid in a common grave, not far from the mouth of the tunnel that ran from the moat.

Though nobody knew it but I, withheld its dead.

age. Twice a day he visited Yor- go farther back; perhaps we have. ick: but I was not invited and But I'd like to stop there, if you would not go up unasked. Neither can. I mean, one can always be would I go to Plumage-although I | friends." longed to see her-because I was sure that Helena sat with my cousin | thickly. and watched him at work.

I had made up my mind to leave Annabel and to go and stay at Inns-

in four days' time. And so I was sitting at Annabel, cursing life and regarding my half-packed trunks with a listless

hand. Dear John:

you this favor, but I was fond of young Florin, and you are the only being who knows the site of his grave. I cannot believe you will refuse me, and so, if it will suit you, I will call for you today at a quar-

I went down to the door of The Reaping Hook to speak to the

ter to three. Please will you tell the

bearer "yes" or "no.'

"Tell her ladyship 'yes,' " I said. As the coupe stole into the forecourt, I descended the steps of the

Helena smiled and nodded and I took off my hat.

"Will you drive, please?" With a pounding heart, I took my seat by her side, perceived the

The spot to which we were going lay 12 miles off, and, after leaving the car, we must walk half a mile through the forest to come to place. But nothing and nobody else. the dell. Be sure, I drove slowly We left the watchmen there and enough. . . . But though half an and sometimes I think that Bugle coat, "Oh, John, my darling, you've hour went by before we left the coupe, in all that time we never exchanged one word.

Again and again I sought to make some remark, but I feared that my voice would tremble and so betray an emotion I did not wish her to see. To sit thus by her side as I you the truth. Of course Rush had sat so often, was stirring the showed him off," depths of my being, as though with a sword. Though I kept my gaze fast on the road, with the tail of I think. Very few men, placed as

look on her lovely face. She was neither grave nor smiling, but something betwixt the two: her air was the air of one whose day is over, who has of choice withdrawn from the lists of life and is now content to sit and watch the tour- ter. . . . ney in which she will ride no "Your cousin is painting my pic- our grace had been said, and we go. Warrantably fearful of the con- more. I had never seen her like ture—he's nearly done. It is the were now standing together at the

> well: and then I saw the eagerness was out of her face. When I brought the car to rest, Helena was out in the road before I entered the forest together, as we

lawn.

Helena caught her breath,

Though I knew the spot was handsome, when I had seen it before I had been too much distractwent to make it so rare.

"It's finer than I thought," I said quietly. "I never saw it from here."

For a moment we stood together,

Helena. "I think it would help him a little."

Helena sat herself down with her back to the rippling brook. "I'd like to stay friends," she and I think you're right. But I'd like to think that though our-our moments are over, we still were

friends." "If you please," said I dully, and I sat down a little apart. "I've so much to thank you for."

"I don't know that you have. But that's neither here nor there. We've peered at big things together-you and I. We've eaten of strange, sweet fruits-like two children, Bugle had yet to appear. For some hand in hand. And now we're back unaccountable reason the moat still where we were-where we were when you came to Plumage and I My cousin was painting Plum- told you about the gold. We can

"I can stop there," I

"That's right," said Helena gently.

"I thought you could." For a moment she looked at the bruck which was a city I knew. My palms of her little hands, as cousin was to follow with Barley though to consult those pretty pages before proceeding with a discourse had an idea-" that was making my heart cold.

Then-"When I say friends, I mean it. stare, when the host of the inn I'll always have a feeling that I came bustling with a note in his can depend upon you. I shan't attempt to, you know. But I shall be dumb. very glad of the feeling. You Your cousin tells me that you are know. When things go wrong, it kneeling, with her arms held close was considerably greater than that leaving tonight. Before you go, will makes a world of difference if you to her breast and her hands to her which her father laid up. young Florin lies? I would not ask can say to yourself, 'If So-and-So throat. Her breath was whistling

stand."

I nodded, "You can count on me," I said. ders. You let me come to know you as—as I'll never know anyone else."

"Will it help, John?" "I don't know. I'll write and tell you."

"That's right. And I'll always answer. You see, my dear, we must never meet again. We've looked at took out her master key. glory together-and turned away. It wasn't our fault, you know, We rather . . . rushed our fences. But down in that valley of shadow we gave each other judgment . . . and the judgments were good."

I could not speak. I sat as fallen again. I had nothing to not hear. lose, and had lost it. "From him that hath not shall be taken away you to know." even that which he hath."

"I-I don't know that mine was," I said desperately.

"I'm afraid it was," said Helena. "I put my love above honor-and you mustn't do that. And in any event mine was. You took my love and you put it back in its place. I don't say you weren't right to do it, because you were. But there are some flowers, my dear, that you can't transplant. I mean-if you move them, they die."

Blow upon blow. Couldn't she see that the thing she was striking was dead?

There was a long, long silence,

At length-

"Poor Bugle," said Helena slowly. 'He did me a very good turn."

"By dropping the torch?" said I. "I suppose he dropped it," she said. "But Rush was bullying me, was going to stop him. I don't know, of course. When it fell, I just and-" flew for the door. And in any event he waited to set me free. I think he was the best of the lot."

"I think you're right," said I. "I had a weakness for Bugle, to tell

"I know, I know. But he had a spark of feeling. More than a spark, my eye I could see her peerless he was, would have troubled to let features and the gentle, steadfast

> There was another silence. With her eyes on young Florin's grave, Helena spoke again.

"That wasn't the only reason why I wanted to see you before you went. I want your help in a mat-

sequences of what they had done, this and at first I could not dis- most lovely portrait. . . . And as he edge of the lawn. We had started won't hear of a fee, I want to make cover what it was that I found unfamiliar in the beauty I knew so him a present.

"Well, I've got a cup at Yorick, again upon the beauty which we an old, gold cup, with a curious history. Years ago, in the Sixteenth century, the Yorick of that day was could open the door. Then we painted. A young painter came from Vienna, a man called Latz. June dayspring to leap to their batseemed to have done so often in Had he lived, he would have been In silence we came to the glade good. Your cousin picked it out in of whom, till that morning, had so where Geoffrey had been painting an instant as being the best of the when I first set eyes on the lot. Well, when the painter had finthieves, and in silence we passed ished, the count was so pleased with to the coverts which might have his work that he called for wine and been planted on purpose to keep drank the young man's health, and the dell. And then at last we when he had drained the cup he came out-not quite as I had in- called for gold. I suppose his treastended, above the bluff, but lower | urer brought it. Then he filled the down, between the bluff and the cup with gold pieces and gave the water at the edge of a sloping painter the lot. I hope it was adequate payment. In those days it probably was. The next morning "Oh, John, how lovely," she said. the painter left Yorick to make his way home. On his lonely ride to Salzburg the poor man was robbed and murdered-his body was found I think, my dear, you'll have a child ed to consider the features that by the road. Now the thieves didn't for a wife." break up the cup, but six months later they tried to sell it at Innsbruck where Yorick then had a hotel. But, as it happened, they took it to the very goldsmith that Yorick looking down on young Florin's himself employed. The moment he saw the arms, he knew that the cup "I must bring old Florin," said had been stolen, and, to cut a long story short, the thieves were taken to the castle because the poor paint-

er was dead. "So you see that cup will make said. "I know you're going away, a most appropriate gift. But I'm so afraid that your cousin may refuse to accept it that, before I ask him to do so, I want to have it engraved with his crest, And that's where you can help me. I must have something of his that bears his crest, to cigarette-case or a flask. Perhaps it's on the backs of his brushes. . . . You see, without that I'm stuck. At know what his crest is."

"Strangely enough," said I, "it's But that doesn't mean-"

"What?" The word flamed.

As the saying goes, I almost leapt out of my skin; and turned to find her staring-tense, wide-eyed and staring, white to the lips.

had learned her crest from Pharaoh, | through a transaction she dared not and Pharaoh was wrong; and I had attempt alone. This to our great repeated the error which Pharaoh surprise, till we learned that her had made.

"I-I thought," I stammered.

"The badge of Yorick is an oakspoke. "We've never displayed the cousin arranged the affair with a leopard for more than 200 years." The sibilant accusation struck me

She was round now and was Helena mistress of a fortune which

were here, they would under- in her nostrils and her eyes seemed to pierce my brain. Helplessly I shrugged my shoul-

"I suppose I must have-"

"My God," she breathed, "you were there." As my eyes went down, she clapped her hands to her head. "My God!" she cried. "It was you! You, John, YOU, and not Bugle that . . .

I pulled out my note-case and

As I laid it down by her side-"Sabre killed Bugle," I said. "His body's down in the moat, None of them saw it happen, so I walked into the castle and took his place."

Helena sat back on her heels, though turned to stone. My heart fingers to lip. Her eyes were still in my breast was ice. The blow wide, still staring; she seemed to which had fallen already, had be murmuring something I could

"I'm sorry," I said. "I didn't mean

At that a tremor ran through her: then, with a sudden movement, she flung herself down on her face and burst into tears.

For a moment I sat hesitant, Then something snapped within me. I lifted her up and gathered her into my arms.

With my face pressed tight against hers-

"Don't cry, Nell," I said. "I can't bear it. And-and please don't send me away."

"I'm not sending you away," she sobbed. She caught at my coat. "And I'll tell you another thing. I'd never have let you go. If all else By the time it was over I had my- had failed, I was going down to the station."

I held her off and looked into her tear-stained face.

"But, Nell, just now you-" "I wanted to know if you loved me. I had to be sure of that. But now . . ." She hid her face in my made me feel so humble, so cheap

I stopped her beautiful mouth. "How d'you think I feel, Nell? How d'you think I felt when I stood in that secret chamber and heard you buying my safety-the life and health of the man who'd just turned

you down?" A child looked into my eyes. "Shall we . . . take each other back, John?"

"Yes, please, Nell," I said quietly. With a little sigh of contentment she slid an arm round my neck.

CHAPTER XII

Storm Music. OUR respective tales had been told, my disaffection forgiven, to return to the car, but now with one consent we had stopped to look

were to leave. It seemed so strange that life and death and fortune had lain in that peaceful setting, awaiting a sweet tle stations, thence to dispute the famous, for the picture is terribly fate of six human beings, not one much as suspected the existence of such a spot. A century of dawns and sundowns had found and left it sleeping, as it was sleeping now; and then in a twinkling the earth had opened, the brook had played

storm music and. . . "To think," said Helena, "that I treated you as a child."

"The truth is," said I, "we're both children; and children hate to be treated as children, you know." "I wasn't," she said. "I was a woman all right. But I think-it's all your own doing, you know-but

There is not much more to be

My cousin's reception of the truth was more than handsome: and I really believe that Barley would not have exchanged the knowledge that I had caused Pharaoh's death for all the gold that lay in the celand hanged and the cup came back lars of Yorick or anywhere else. But old Florin's simple tribute would have warmed any man's heart.

"Sir, you have done my duty. And that, by the grace of God; for I myself could never have done it so

It was he who said at once that Bugle's body would be found held give to the engraver to copy. A down by the grill which kept foreign matter from passing into the waste-pipes that led from the moat. Sure enough, there it was. Its rethe present moment I don't even moval and the subsequent rites were grisly enough; but the four of us did the business without any the same as your own-a leopard. help, because having got so far, it seemed a pity that we should explode a theory which Yorick and Yorick's neighbors had been at such

pains to digest. When my cousin broached the question of getting rid of the gold. Helena made no objection, but only And then I knew I was lost. I begged his assistance to carry solemn trust was now at an end. because her father had said that on her marriage the gold must be reinvested or lodged at a bank. And tree." She whispered rather than this in due course was done. My famous house and within six weeks. a fortnight before we were wed, the bullion was out of the cellar and

(TO BE CONTINUED)

DR. JAMES W. BARTON

Synthetic Exercise ANY overweight individu-IVI als state that the reason they do not take exercise to lose weight is because the exercise so increases their appetite that they eat really more food than ever and do not lose any weight. In fact, some state that exercise increases their weight.

There is no question, of course, that exercise, particularly outdoor exercise, does stimulate the appetite, but on the other hand the greater amount of oxygen in the outdoor air is a great factor in burning up the fat in the body and thus decreasing the weight.

The idea of the exercise is to increase the speed of the circulation of the blood. As the muscles are worked by exercise, they use up an increased amount of oxygen and make an increased amount

> of wastes including carbon dioxide. The blood then is anxious to get back as quickly as possible to the lungs in order to get more oxygen and get rid of some of its excess load of carbon dioxide. During the exercise, as with other chemical changes, there

is an increased amount of heat, and this tends to melt some of the fat in the body,

including, of course, the region where the muscles are working. Exercise Is Ideal Reducer.

You can thus see that exercise is an ideal way of reducing weight in those for whom it is safe to exercise. And the big point is that the individual grows so much stronger physically that he or she can use or handle the body so much more easily that exercise instead of being a burden, becomes almost a pleasure. Some of the proudest individuals you meet are those who by regular exercise have not only regained their figure, but have entered into various games and

sports. It is because the drug dinitrophenol acts very much upon the body as does exercise that it has become so popular everywhere in reducing weight.

The use of the 18-day diet not only called for great strength of will in trying to live on such a small amount of food daily, but it was so weakening that a great many women became invalids and many others died.

Similarly with the thyroid extract which made the body processes work so fast that permanent damage was done to the heart in a number of cases.

Use on Mental Patients.

Dr. H. Freeman, Worcester, Mass. gave dinitrophenol in the regular dosage to nine male dementia precox patients (patients who lived in a persistent dream state) but who had no organic disease of the body. The drug was given for a period of seven weeks.

The dinitrophenol greatly increased the amount of oxygen used by the body, and decreased the length of time it takes for the blood to circulate throughout the

body. This means then that the dinitrophenol by making the body require more oxygen actually heats the tissues to the point where the fat will melt, and by making the blood travel faster it would be back to the lungs for more oxygen and to give off its carbon dioxide

in much less time than normal. If this is the case why should not this drug be used instead of reduc-

ing the diet? From all over the country reports are coming to hand regarding the harmful effects of dinitrophenol-skin ailments, collapse, and

some deaths. It would seem that just as some individuals are sensitive to the pollen of plants and so suffer with hay fever or asthma, and others are sensitive to certain drugs like quinine, so also are some individuals

sensitive to dinitrophenol. Until some very reliable tests can be made to learn whether those wishing to reduce weight can use it safely, it is recommended by those who did the original research work on dinitrophenol that it be used only under the close supervision of the physician.

High Blood Pressure

IT IS generally known that overweight is a cause of high blood pressure and yet many thin individuals have high blood pressure also. These individuals are easily excited emotionally and under these emotional disturbances the blood pressure immediately goes up a

number of points. Dr. D. Ayman in the American Journal of Medical Science states that in regard to the effect of personality on high blood pressure it is important to modify or lessen this so-called high blood pressure personality and to lessen the emotional and mental responses of the patient because they are accompanied by a marked rise in the blood pressure.

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Versatility is an engaging quality in this little two piece frock. Make it feminine with bows and a belt of bright print, or slightly mannish with round buttons and a narrow belt.

The hip length jacket with its cutaway effect and front panel are the dominating features of the dress. Notice how the gathers peep cunningly in back and front beneath the circular yoke. A simple skirt, but not too simple to be attractive. Individualism is attributed to the wide tailored pleats in the front.

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He was about to leave for the office when his wife handed him a

"What's this, dear?" he asked. "A bottle of hair tonic." "That's very nice of you, but-

small parcel.

"Oh, it's not for you!" she replied. "It's for your typist. Her hair is coming out badly on your coat."-London Answers.

Owning Up "Who is that talkative woman over there?"

"My wife." "Sorry, my mistake." "No mine!"-Pearson's Weekly.

Please Go Away Young Man (ardently)-I've never seen such perfectly dreamy eyes. The Girl-You've never stayed so

late before.-Pearson's Weekly.

"How did he manage that?"

A Winner "My dog took the first prize at the cat show."

"Well, he took the prize cat." Cutting It Fine First Farmer-Which is correct-"A hen is sitting" or "a hen is set-

ting?" Second Farmer-I don't know, and I don't care. All I bother about is when she cackles-is she laying or



Anxiety Is Parent of Many Sins and of More Miseries

Anxiety is the poison of human life. In a world where everything is doubtful, and where we may be disappointed, and be blessed in disappointment, why this restless stir and commotion of mind? Can it alter the cause or unravel the mystery of human events?-Blair.

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FLAMES

He-I'd like to know why you girls get engaged to several men at once. She-When you have one match, doesn't it go out?

In Reverse He-How old are you? She-Just turned twenty-four. He-Ah, I see. You mean forty

