

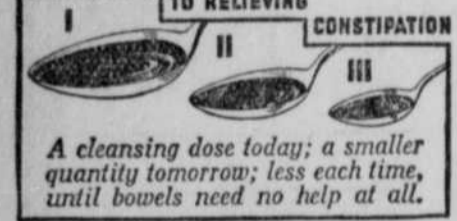
**GRASPING RIGHT MOMENT**  
We can all of us make our lives sublime by selling on occasions and making them great.—Orison Sweet Marden.

# THE DOCTORS ARE RIGHT

Women should take only liquid laxatives

Many believe any laxative they might take only makes constipation worse. And that isn't true.

Do what doctors do to relieve this condition. Doctors use liquid laxatives.



A cleansing dose today; a smaller quantity tomorrow; less each time, until bowels need no help at all.

laxatives, and keep reducing the dose until the bowels need no help at all.

Reduced dosage is the secret of aiding Nature in restoring regularity. You must use a little less laxative each time, and that's why your laxative should be in liquid form. A liquid dose can be regulated to the drop.

The liquid laxative generally used is Dr. Caldwell's Syrup Pepsin. It contains senna and cascara—both natural laxatives that form no habit even with children. Syrup Pepsin is the nicest tasting, nicest acting laxative you ever tried.

Mercifully

Love your fellowman; but judge him.

# GAS, GAS ALL THE TIME, CAN'T EAT OR SLEEP

"The gas on my stomach was so bad I could not eat or sleep. Even my heart hurt. A friend suggested Adlerika. The first dose I took brought me relief. Now I eat as I wish, sleep fine and never feel better."—Mrs. Jas. Miller.

Adlerika acts on BOTH upper and lower bowels while ordinary laxatives act on the lower bowel only. Adlerika gives your system a thorough cleansing, bringing out old, poisonous matter that you would not believe was in your system and that has been causing gas pains, sour stomach, nervousness and headaches for months.

Dr. H. L. Shub, New York, reports: "In addition to intestinal cleansing, Adlerika greatly reduces bacteria and colon bacilli."

Give your stomach and bowels a REAL cleansing with Adlerika and see how good you feel. Just one spoonful relieves GAS and chronic constipation. Sold by all druggists and drug departments.

# Watch Your Kidneys!

Be Sure They Properly Cleanse the Blood

YOUR kidneys are constantly filtering waste matter from the blood stream. But kidneys sometimes lag in their work—do not act as nature intended—fail to remove impurities that poison the system when retained. Then you may suffer nagging backache, dizziness, scanty or too frequent urination, getting up at night, puffiness under the eyes, feel nervous, miserable—all upset.

Don't delay? Use Doan's Pills. Doan's are especially for poorly functioning kidneys. They are recommended by grateful users the country over. Get them from any druggist.

# DOAN'S PILLS

**ENROLL NOW!** For Complete or Brush-Up Courses in Nebraska's Oldest Beauty School. Visit our school and spend the day without obligation. NO IDLE Graduates! Inquire at any First Class Beauty Shop about the quality of training offered by Nebraska's first school to receive Cosmo A. rating. CALIFORNIA BEAUTY SCHOOL, 521 N. 33rd St. - Omaha, Nebr.

WNU-U

6-36

# Dandruff Formed in Big Flakes

Scalp Itched Badly—Quick Relief with Cuticura

Miss K. was in constant misery for over a year with dandruff. Then she tried Cuticura Soap and Ointment. Read her own words: "I was annoyed with big flakes of dandruff and an itchy scalp. It itched day and night for over a year. The dandruff scaled off and could be seen on my clothing."

"I tried Cuticura Soap and Ointment after seeing an advertisement. I am now entirely free from the condition and my hair looks fine." (Signed) Miss E. Kennedy, 267 Grand St., Pasadena, Calif.

For skin or scalp complaints of external origin—pimples, rashes, itching and burning of eczema—Cuticura relief is promptly soothing. Never smart. Soap 25c, Ointment 25c. Buy BOTH today, FREE samples. Write "Cuticura," Dept. 18, Malden, Mass.—Adv.



# FLOYD GIBBONS Adventurers' Club

*Hello, Everybody!*

## "A Girl and a Ghost"

By FLOYD GIBBONS  
Famous Headline Hunter.

AND I'm certainly glad you didn't drop dead, Mary Greene, the night a ghost walked right into your bedroom. Pull up your chairs a little closer, boys and girls, turn the light down low and listen to Mary's true ghost story. It is worth listening to.

When Mary moved out to a farm she was in just the sort of a mood that ghosts like. Her school work had made her nervous and sickly, and her parents decided that she needed a rest and fresh air. So they packed her off in April, 1925, to a farm owned by friends.

Now Mary always has had a horror of ghost stories and it was ghost stories that this farmer doted on. Mary says his bedtime stories always told of weird happenings at midnight—of shrouded figures with clanking chains—of ghostly faces peering into windows—weird cries, footsteps and unexplained thumpings on walls.

One night, Mary says, after a particularly hair-raising series of horror stories, she climbed the wooden stairs to her bedroom with more or less fear and trembling. She was nervous and lay sleeplessly in bed, watching the moonbeams throw ghostly patterns on the floor. The rest of the family had gone to sleep long since.

### The Night Was a Deathly Quiet One.

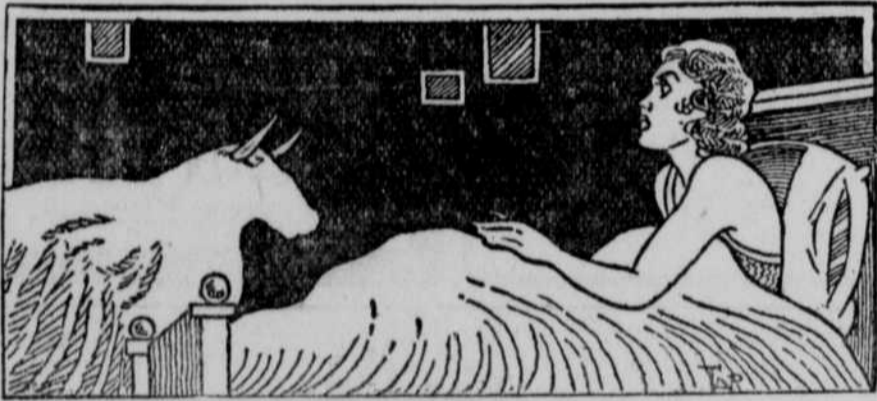
The night was one of those intensely quiet ones, peculiar to the country. Not a breath of air stirred and the leaves on the trees in the yard might have been painted for all the noise they made. Once in the distance, a far-off train whistled and the screaming note, as it died down, made the silence all the more impressive.

The grandfather clock downstairs began to strike—it's slow, sonorous notes sounded to the girl in bed like the mournful pealing of a churchbell—tolling the service for the dead!

She counted the strokes carefully. At eleven she held her breath and hoped it would be the last. And as she listened, hoping against hope that the hour she dreaded would not strike, a dog howled in the distance.

### The Witching Hour Brings Horror to Mary.

She shivered and drew the bedclothes over her head. And as she did—the clock struck TWELVE. Mary says the last notes of midnight



In the Moonlight She Saw a Figure in White.

had hardly died before she heard other sounds that brought her heart into her mouth in abject terror. Each sound seemed, to the terror-stricken girl, more horrible than the other.

Stealthy footsteps were coming up the stairs. Chains clanked dimly and in the silence of that awful night she heard plainly the thump, thump, thump of a heavy object being dragged through the silent house.

And the awful sounds were soon upstairs! She heard them coming toward her room. She sat up stiffly in bed and wet her lips—dry from horror—resolved to cry out. Finally words came but the weak, squeaky voice sounded strange and unlike her own.

### The Intruder Was "Silent as a Ghost."

Silence. The noises stopped but as the terror-stricken girl listened, she was sure she could hear something breathing just outside her door. The door was closed but unlocked and as she stared, her heart almost stopped beating.

The door moved! Mary, now beside herself, tried to scream. She opened wide her mouth but no sound came from her parched throat. Stiff and rigid—her bulging eyes staring in terror, she waited for the worst! And it was not long in coming.

Her door slowly opened—in the bright moonlight, she saw a figure shrouded in white—and as she sat there, too tense even to faint, the thing approached her bed!

### Visitor From the Grave Is Too Much for Mary.

She took a deep breath—as persons in great danger often do—and—horrible as it is to relate—into her nostrils came the overpowering odor of the grave. The sickening stench of death.

Wow! That was the straw that broke the camel's back. And it is all that Mary remembers.

But she knows she must have screamed because a scream brought the farmer into her room on the run with a shotgun that hadn't been off the wall since Armistice day.

The minute the farmer sniffed the ghost—he mean the goat—he knew what had happened. That pet billy-goat of his had gone and pulled his stake and dragging stake and chain after him, had come right into the house.

### Mary Says Ghosts Still Get Her Goat.

And not only that—Billy had pulled one of his old tricks—robbing the clothes line—and there, on his soiled back, trailed one of Ma's nice, clean bed-sheets!

But that isn't what got Mary's goat. What burned her up was that the farmer seemed more concerned about who left the back door open than he was about her nearly dying of fright. "I don't dislike goats any more," Mary ends her interesting letter, "I hate them!"

And that goes for me, too, Mary. I'd rather smell a ghost any day.

## Green, White and Red Colors of Mexico's Flag

The colors of the Mexican flag, green, white and red, are symbolical of the aspirations of Mexico at the time it began its life as an independent nation. However, states an authority in the Washington Post, the meaning of the national coat of arms is much more deeply rooted in the history, in the traditions and in the personality of the country. The eagle which perched upon a cactus plant, strangling a serpent, is rich in meaning, rich in symbolism. For centuries on end it has lived in the hearts of the Mexicans, in the hearts of the people who descended from the first settlers of the Valley of Mexico; and, besides being very much alive in cherished traditions, it may have lived in reality; it must have lived in reality.

In the beginning of the Fourteenth century the Aztecs, an Indian tribe, wandered into the rich valley of Mexico from the north, and spread throughout that part

of the country. In 1325, having halted on the shore of the principal lake, they beheld, perched upon a cactus plant, a royal eagle of extraordinary size and beauty, with a serpent in its talons and its broad wings opened to the sun. This was considered an excellent omen by the priests and the place was chosen as the site of a great Aztec city. The foundations of this future metropolis were laid at once by sinking piles into the shallows, for the low marshes were half buried in water. Such were the beginnings of the Great Tenochtitlan, capital of a mighty empire whose degree of civilization astounded the conquering Spaniards led by Cortez into Mexico.

During colonial times the nopal and the eagle appeared at various times as decorative motives in the coat of arms of the City of Mexico. When independence was attained in 1821 the tricolored flag was adopted, and an eagle perched upon the nopal (cactus plant) and strangling a serpent, became the national coat of arms.

# Gay Garden Prints Herald Spring

By CHERIE NICHOLAS



GARDEN prints, as cool and colorful as an English countryside, will be worn by smart women for cruise and resort wear and early spring. Leading designers are turning out youthful costumes made of these refreshing prints in soft crepes with a supple draping quality that endears them to all. It is this type of frock that centers the stage at the present, for it answers the call for a spring-like touch with midseason furs and coats.

Of course, if you are going or have gone south you will like the idea of a jacket ensemble styled after the manner of the models here pictured. Note that the silk to the left has a white background, which makes it admirable for southern resort wear. Then, too, these pure silk prints that pattern color against white have the "new" look which says a glance that they are of this season's vintage. The tulip motif of the garden silk selected by the designer for the fashioning of this dress is in realistic colorings that make the thrills of spring pulse through your entire system. An insert trim, in form of a hand-piped leaf motif, enhances the blouse-bodice. Other significant style details are the subtle front flare in the skirt, the medium length open sleeve and particularly the tuxedo front of the jacket ending in a clever pocket arrangement. The hat is of white toya with grosgrain band trim.

The beauty of the other two-piece ensemble pictured is that the rich dark tone of its background tunes it to immediate wear under the winter fur coats of those who are not trekking southward this season. This marguerita print tells you

something interesting—that the daisy patternings are being featured in many of the new silks. Then, too, the message of grosgrain ribbon bindings is conveyed in the revers. This use of grosgrain ribbon to finish edges is pronounced throughout the field of dress design for spring. A most welcome gesture it is, too, for it keys a color scheme to perfection in that the grosgrain ribbon repeats, thereby emphasizing a dominant color-tone of the print. That is, if you want your costume to look navy or brown or green or deep red, assuming that the print carries the color itself, trimming touches of matching grosgrain ribbon turn the trick to a nicety. In the instance of the model pictured an unusual neckline is achieved with a bow trim of grosgrain ribbon such as binds the wide revers of the short jacket.

In a number of cases the new garden prints employ multicolor effects, with one tone dominating, the other bright, "springy" refreshing hues introduced to achieve contrast and variety. Then, again, two-color schemes are carried out in a great many instances such as cerise florals in solid tone drifting over navy blue or large white daisies silhouetted against a dark ground. Nearly every print dress has its hip-length jacket of self fabric, either in loose boxy types or in models semi-fitting, that have two or three buttons at the waistline. As a rule a very simple styling is given to the skirt. The all-around pleated skirt is on the program, but for practical about-town wear the narrow silhouette with a subtle unobtrusive pleat or shirred device, just enough to permit freedom of action is first choice.

© Western Newspaper Union.

## IDEAL SPORT HAT

By CHERIE NICHOLAS



Here is one of the newer sports hats. Mary Carlisle, known in film stardom, wears this new spring hat with her smart checked tailored suit. Here you get a "perfect picture" of what is to be this spring. Indeed, suits are front page news, especially the man-tailored sort with brief jackets neatly buttoned and plentifully pocketed. The hat is of spuntex felt with a loose zig-zag yarn stitch in rows forming a pleasing contrast as well as being highly decorative.

### Glad Hands

Nothing is gayer than gold and silver tissue evening gloves seen these days. They are long and very, very elegant.

# PEACE BIRTHRIGHT OF CHILD; BANISH FEAR FROM MIND

Fear, one of man's greatest enemies and the root of much evil overwhelming the adult, acquires all too hardy a growth in childhood. Yet readers of the current issue of the Parents' Magazine are reminded by Psychologist Rhoda Barmeister that if fear had no survival value, it would not have persisted to the degree it has; that a little fear is an excellent thing to keep humans out of danger. It is caution and foresight, the habit of going slowly and thinking when in doubt that father and mother should spare no effort to develop in their offspring.

Fears come and go. Mrs. Barmeister admits it is easier to know what to do for a timid child than to understand where the fears come from in the first place, but says it is important to find out. Her analysis identifies several varieties of fears.

Baby cries at the sight of a floating duck in his tub. Why? Because once he lost his balance in the bath while watching ducky. Three-year-old Bobby runs from a salamander. "Shame on Bobby," cried mother, forgetting the fuss she makes when anything crawling comes towards her. Here's a fear that comes from contagion. Small Susie's afraid to go to bed in the dark. The chances are this is a direct suggestion fear—induced, perhaps, by mother who cautions Susie against doing so and so lest "the boogey man" catch her. Mrs. Barmeister remarks: "It is both cruel and stupid to warp a child's character by making fear the emotion that controls him; it is a repressive and inefficient control at best."

In order to help the child get rid of unreasoning fears, the psychologist suggests replacing the old association with a new and pleasant one and urges calm reassurance when a child is frightened. "Never rush nor swoop," says she. "Take it easy!"

We learn from the lady who knows that among the more immediate and less abstract reasons for a child's anxiety attitudes and nervous tension the most harmful is "the thrill-mongering" children's radio program in which voices are keyed up and sound effects used to give the impression of intense, usually terrifying emotion. Says Mrs. Barmeister, musing no words:

"This fear impression the youngsters get only too well. The entire unsuitable emotional strain disorganizes their nerves. They have bad dreams, restless sleep, are persistently timid rather than panic stricken."

# Smiles

A Careless One  
He—You're good at conundrums, try this one.  
She—Sure, go ahead.  
He—Take away my first letter, take away my second letter, take away all my letters, and I am still the same. What am I?  
She—That's easy. You're a mail-carrier.—Milwaukee Medical Times.

So What's He to Do?  
"Are you in the habit of speaking to girls you don't know?"  
"Yes. The girls I do know won't speak to me."—Answers Magazine.

Can't Eat 'Em and Have 'Em  
"Go on, Johnny, eat up your crusts. There may come a day when you'll be glad of them."  
"O. K. Then I'll save 'em till then."

Skipped His Tub  
Old Lady to Old Tar—Excuse me—do those tattoo marks wash off?  
Old Tar—I can't say, lady.—Stray Stories Magazine.

Dew Tell  
Teacher—Who knows where dew comes from?  
Boy—The earth turns so fast it perspires.

Poor Burglar  
Chief—While I was out with some of the boys the other night a burglar broke into our house.  
Yeoman—Did he get anything?  
Chief—I'll say he did—my wife thought it was me coming home.—Pennsylvania Keystone.

THE POOR RICH

"I'd never have married you except for your money."  
"Yes, that's another disadvantage in having wealth."

That's Something  
"Do you have much variety at your boarding house?" "Well, we have three different names for the meals."—Tit-Bits Magazine.

**YOU CAN ALWAYS DEPEND ON WRIGLEY'S QUALITY**

**WRIGLEY'S SPEARMINT THE PERFECT GUM**

**AIDS DIGESTION**

at any one specific situation. Parents who care for their children's wholesome emotional development will not permit exploitation of their sensibilities. Children should be kept as free as possible of all forms of over-stimulation from whatever source. Peace is their birthright."

### Moscow Influential

Moscow wields more influence in the soviet union than any other capital wields in its respective nation. Moscow finances, controls and operates all banks, factories, power plants, mines, oil fields, railroads and other economic enterprises throughout its vast country which, incidentally, reaches almost halfway around the globe.—Collier's Weekly.

### Land 9-Ton Shark

The largest shark ever caught in the North sea was landed recently by German fishermen, who spent nine hours in capturing the 14-foot 9-ton monster.

# Find Out

From Your Doctor if the "Pain" Remedy You Take Is Safe.

Don't Entrust Your Own or Your Family's Well-Being to Unknown Preparations

BEFORE you take any preparation you don't know all about, for the relief of headaches; or the pains of rheumatism, neuritis or neuralgia, ask your doctor what he thinks about it—in comparison with Genuine Bayer Aspirin.

We say this because, before the discovery of Bayer Aspirin, most so-called "pain" remedies were advised against by physicians as being bad for the stomach; or, often, for the heart. And the discovery of Bayer Aspirin largely changed medical practice.

Countless thousands of people who have taken Bayer Aspirin year in and out without ill effect, have proved that the medical findings about its safety were correct.

Remember this: Genuine Bayer Aspirin is rated among the fastest methods yet discovered for the relief of headaches and all common pains... and safe for the average person to take regularly.

You can get real Bayer Aspirin at any drug store—simply by never asking for it by the name "aspirin" alone, but always saying BAYER ASPIRIN when you buy.

# Bayer Aspirin

Blind to the Present  
Why do most people speak of happiness in retrospect?

**GOOD LIGHT Every Night**

**COLEMAN LANTERN**

"This is the little Coleman Lantern with the big brilliance. It lights instantly and is always ready for any lighting job, in any weather. Has genuine Pyrex bulge-type globe, porcelain ventilator top, nickel-plated font, built-in pump. Like Coleman lamps, it makes and burns its own gas from regular gasoline. It's a big value with years of dependable lighting service, for only \$5.95.

SEE YOUR LOCAL DEALER—or write for FREE Folder, THE COLEMAN LAMP AND STOVE CO., Dept. WU109, Wichita, Kans.; Los Angeles, Calif.; Chicago, Ill.; Philadelphia, Pa. 6109