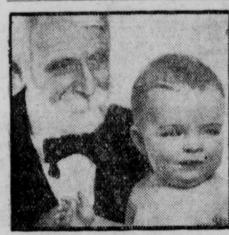
#### DIDN'T LIKE THE JOB

One of the daughters of a large family was recently planning the details for her wedding, which was a formal church affair. She desired to have all her sisters take part in the ceremony, so little Joan, three years of age, was chosen ringbearer.

All went well until the evening before the ceremony, when all the participants went to the church for a rehearsal. Little Joan started bravely with the ring embedded in the heart of a crimson rose, but after the first dozen steps had been taken down the long aisle, she dropped the rose, ring and all and rushing to her mother's arms, cried: "I don't want to be a rain barrel."-Indianapolis News.



### How to train BABY'S BOWELS

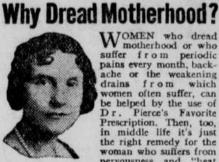
Babies, bottle-fed or breast-fed, with any tendency to be constipated, would thrive if they received daily half a teaspoonful of this old family doctor's prescription for the bowels.

That is one sure way to train tiny bowels to healthy regularity. To avoid the fretfulness, vomiting, crying, failure to gain, and other ills of constipated babies.

Dr. Caldwell's Syrup Pepsin is good for any baby. For this, you have the word of a famous doctor. Forty-seven years of practice taught him just what babies need to keep their little bowels active, regular; keep little bodies plump and healthy. For Dr. Caldwell specialized in the treatment of women and little ones. He attended over 3500 births without loss of one mother or baby. loss of one mother or baby.

DR. W. B. CALDWELL'S A Doctor's Family Laxative

The Lesser Evil Doubt is an easier guest to enter tain in one's bosom than worry.



WOMEN who dread VV motherhood or who suffer from periodic pains every month, back-ache or the weakening drains from which women often suffer, can be helped by the use of Dr. Pierce's Favorite Prescription. Then, too, in middle life it's just the right remedy for the

in middle life it's just the right remedy for the woman who suffers from nervousness and "heat flashes." Hear what Mrs. Guy Shepherd of 1113 E. 8th St., McCook, Nebr., says: "Some time ago during expectancy I felt rundown, nervous, my- appetite was poor and I was very weak—did not feel like doing anything. Dr. Pierce's Favorite Prescription certainly made me feel lots better. I was not nearly so nervous, felt stronger and, in fact, I felt much better in every way." nearly so nervous, felt stronger at felt much better in every way."

Write to Dr. Pierce's Clinic, Buffalo, N. Y., for free medical advice.

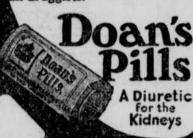
## CATARRH

Get a little nasal douche and an econom-fical bottle of SINASIPTEC from your drug-gist and in a few minutes you can start to wash away every trace of matter caused by nasal catarrh. Keep using SINASIPTEC in warm water and soon all stuffiness dis-appears, catarrh pressure is gone and your nose, head and throat feel mavelously clear. Tear this out. SINASIPTEC is pronounced Sina-sip-tek.

Rush Order for Glo-O-Youth Complexion beautifies instantly, Detracts years, 79c p.p. Ronan Laboratory, 1107 Pearl, Deuver, Colo



A persistent backache, with bladder irregularities and a tired, nervous, depressed feeling may warn of some dis-ordered kidney or bladder condition. Users everywhere rely on Doan's Pills. Praised for more than 50 years by grateful users the country over. Sold by all druggists.



Sloux City Ptg. Co., No. 11--1933

# Guadalupe Cathedral Founded on a Vision MOST FAMOUS SHRINE IN MEXICO WAS BUILT ON SCENE OF

THE LEGENDARY MEETING OF THE VIRGIN MARY AND AN INDIAN PEASANT PILGRIM



The shrine of Gaudalupe, the religious capital of Mexico, on the Hill of Tepeyac, three miles from Mexico City. turning with the roses in his

By NEA Service

Guadalupe Hidalgo, Mexico - In all the history of religious shrines probably none is so intimately woven with the performance of miracles as the present cathedral at Guada-

The shrine was built directly as the result of a legendary vision and on the exact spot where it is said to have occurred. More than 400 years ago according to the stories, on a bright December day, a poor Indian peasant, one Juan Diego, trudged toward a nearby village to offer his prayers in the chapel of the Franciscan fathers. Walking slowly over the Hill of Tepeyac, a rocky, barren peak overlooking Mexico City, Diego was suddenly confronted by a beautiful woman who told him she was the Blessed Virgin. She bade him have no fear and expressed her wish that a shrine in her honor be erected on the spot. The peasan also was commanded to report his meeting to the

That worthy either refused Diego an audience or heard and disbelieved him for the incident was forgotten by all but the worshipful peasant. The next day the Virgin appeared again at the same place and this time commanded Diego to go to the top of the barren hill and bring her roses. Skeptical but also fearful Juan mounted the summit of the hill and found himself in a beautiful garden resplendent with roses. Re-

#### Meat Canning Plays Important Program Role

Clarendon, Ark. - (UP) - Meat canning has come to play an important role in the food preservation program of Monroe county, according to Miss Lucy Embrey, home demonstration agent.

Recently in one week, 2,150 pounds of beef were canned. At two community demonstrations 30 men and women came to learn the art of canning meat.

During 1932, 9,748 jars of beef roast, steak, chili, stew, hamburg

#### Monkey Mascot



This little simian pet, Jenny, in her smart afternoon frock, is the constant companion of Norma Taylor, well-known actress. Jenny, a chimpanzee, has almost human intelligence and is here shown doing her stuff with a baby comforter. Miss Taylor was recently named as corespondent in the divorce action of Mrs. John Hutchins, who is seeking freedom from the well-known dramatic coach

#### Woman Thought U. S. Belonged to Britain

London -(UP) - She thought, or at least she said she thought, that the United States was a part of the British Empire. She was fined £1 (approximately \$5 at par) but not for saying that.

It happened at Southend which is at the south of the River Thames. A fruiterer, Mrs. Rose Chalk, was arraigned for having exposed apples for sale without | cwns themselves.

religious dignitaries and more pilgrims than any other shrine. steak, soup stock, pork sausage, spare ribs, stewed chicken and lamb roast has been canned by

blanket the Virgin pressed the

flowers to her breast and then

told him to proceed again to the

bishop and offer the blossoms. He

repeated his story to the bishop

and spread the roses on the

ground. And then he held up his

blanket, a rough, coarse-cloth

mantel, the Indian and the pious

father beheld painted on it the

The bishop forthwith ordered

that a chapel be built on the spot

of the meeting and the magnifi-

cent stone edifice that stands there

now is the outgrowth of that

first humble shrine. On the im-

pressive altar of bronze and gold

in the present shrine still may be

scen the Indian peasant's blanket,

the figure of the Virgin still faint-

ly visible, in a gold and silver

The shrine is the scene of an

annual fiesta when religious pil-

grims from throughout the entire

world come to venerate the mirac-

ulous painting and to seek cure

for their ills. Dignitaries of the

church have proclaimed December 12

as the holy day - the day when

the first shrine to the Virgin was

begun - and it has since become

Recognition of the legend of

the Virgin of Guadelupe was

given by the Vatican in 1754 and

since that time this city has be-

come the most venerated in the

nation and has attracted more

the Mexican national holiday.

image of the Virgin Mary.

frame.

#### the women of the county. Baby Had Synthetic

Case of Lockjaw

San Francisco -(UP)- Twenty-two months old May Alice Larsen had a homemade case of lockjaw all right, but it was synthetic.

In her daily surveying excursion of her parents' home, May Alice found an open tube of rubber cement, used to mend her mother's china. May Alice inserted the tube in her mouth and squeezed and squeezed.

Presently her mother noticed May Alice was singularly quiet. Her mouth was stuck together tighter than a mended plate.

A trip to emergency hospital and fast work by a surgeon re-moved the baby's "lockjaw."

#### Enforced Chinese Hegira Caused Abandonments

Nogales, Sonora, Mexico -(UP) -The recent enforced hegira of Chinese from the west coast of Mexica has resulted in abondonment of many Mexican women, who married the deported Orientals and bore them children, border patrol officials said.

Scores of these women and children all bearing Chinese names, are without a country to appeal to for assistance and their only hope is to join their husbands in China, officials explained.

Thousands of Chinese have been either deported or left the country of their own volition to escape the confiscating laws of Mexico during the past few months. Many of them were prosperous merchants and professional men.

The situation has caused the U. S. Border Patrol to increase its watch for illegal entries into this country. Some seek to gain entrance to this country instead of returning to China.

Mixed Up.
From Tail Spins.
Strong man: I hear that John. the half-man and half-woman, is Long man: Yes, I know she

hasn't been feeling himself lately. Q. Is March the windiest month of the year in Canada? H. S.
A. A record kept in Ottawa,
Canada, showed that April was the
windiest, followed in order by
March, December, November, February, October, May, September,

August, June, January and July. showing the country of origin. The apples were from the United States, probably Virginia, were labelled "Empire Fruit."

When summoned, Mrs. Chalk was stated to have said that she thought the United States was a part of the British Empire. If she did think that she was not A few people not necesalone. sarily ignorant, still think that Britain owns the United States but almost everybody knows and thinks differently and some profess to be glad that the United States

### Extras That Add Variety to Menu

#### Tempting Ways of Preparing Dainties Rich in Vitamins.

"meat extras." Almost every one, of has become so well known as a membranes and cut in small pieces, tion that he can't enjoy at all, source of vitamins and of iron, Opinion has certainly turned over in a generation in regard to this meat as a constituent to a child's diet.

It used to be considered no food for children, and consequently many people never learned to like it. One point about its increased popularity is deplored by its older devotees, and that is the fact that increased demand for it has made it increase in

Kidneys, although they deserve at least part of the consideration given to liver, from the food value angle, have not become as popular and they can still be obtained at a comparatively low price. If you like kidney you usually like it very much indeed, and consequently kidney en brochette and kidney stew are among the real delicacies. Just writing about them makes me want to go to the telephone to order some immediately, a household expert writes.

We find sweetbreads are more popular generally than the other meats of this type. They are, of course, more delicate in flavor and are usual ly among the most expensive meats. Brains, either of calves or of lambs, may be used in any recipe which calls for sweetbreads, and also sweetbreads can be used in any rec ipe that calls for calves' or lambs brains. You will find any number of persons who have never tasted brains who would like them very much if they were introduced to them under the guise of sweetbreads.

Tripe, especially honeycomb tripe, has its devotees, but it is not as well known in general as some of the other "meat extras."

While calves' hearts are considered the choicest, the hearts of beef and lamb are also used. They need comparatively long cooking and should be well seasoned. Stuffed hearts are particularly popular. It is hardly necessary to mention

tongue in connection with this group of meats, because it is more generally used and more popular than any of the others, Fresh, corned, smoked and pickled tongues are all available and you can take your choice.

Tongue is usually served with some sort of a sour sauce.

SWEETBREADS IN EGG SAUCE pair sweetbreads

Salt and pepper 11/2 cups stock

Few drops onion juice 2 egg yolks 1 teaspoon lemon juice

1 tablespoon flour 1 teaspoon minced parsley 6 cream puff shells or pattics To cook sweetbreads, wash them in cold water, cover with water to which one-half teaspoon salt and a I wonder if you use in your meal tablespoon of lemon juice or vinegar liver, bowels and stomach.—Adv. plans many of what are known as has been added, and cook them gently for thirty minutes. When course, uses liver, especially since it done rinse in cold water, remove

Heat the stock, season with salt and pepper to taste, and add onion juice. Beat the egg yolks, add lemon juice, flour and parsley. Mix well, add stock, and cook over hot water until thickened, stirring constantly. Add cooked sweetbreads, cut in pieces and one-fourth cup of cream, heat well and serve either on toast or in patty or in cream puff shells. 3, 1933, Bell Syndicate.-WNU Service.

To keep clean and healthy take Dr.

And Then He Struts An intellectual is one who likes flo-



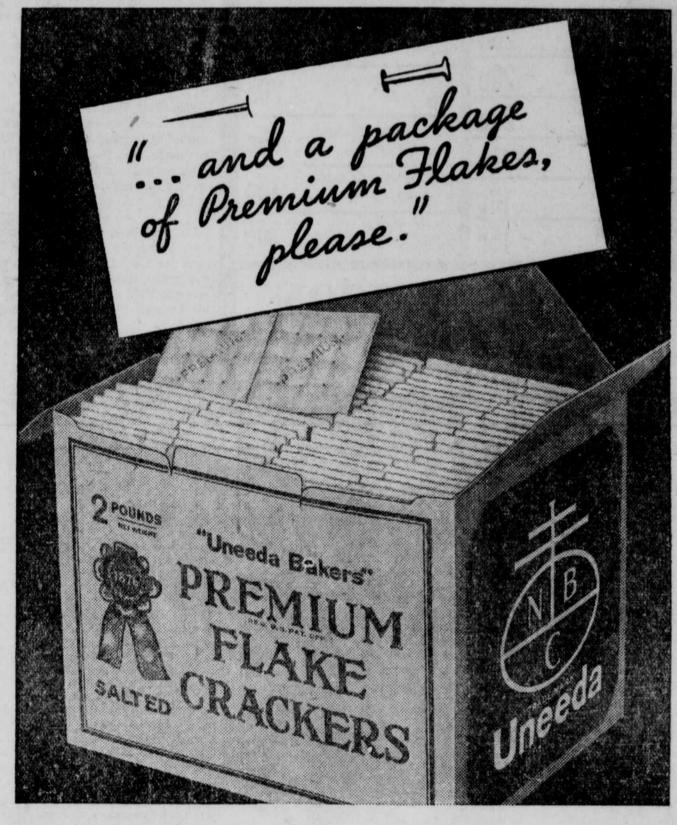
The quickest relief for a headache is two tablets of Bayer Aspirin. The tablet bearing the Bayer cross dissolves very rapidly and brings rapid relief. There is no known medicine that works quite like Bayer Aspirin for the awful head and face pains of neuralgia. There is nothing with quite the same effectiveness in relieving rheumatism.

Bayer Aspirin does not depress the heart, does not upset the stomach, does not have any ill effect. Its purity and uniformity are tested thirty-six times!

Time counts when you're in pain. Stick to genuine Bayer Aspirin!

#### And Bayer means Safe?





TISTEN to the shoppers in any grocery store and you'll L know that PREMIUM FLAKES must be good! Why, everybody seems to be ordering these tender, flaky crackers by the pound or 2-pound package. Actually, PREMIUM FLAKES are the largest-selling crackers in the world! Find out for yourself how good PREMIUM FLAKES really are. Find out how useful they are. Just say to your grocer what millions are saying ... "I want those famous PREMIUM FLAKES!"

NATIONAL BISCUIT COMPANY



#### FREE HELPS FOR **HURRIED COOKS**

You'll find recipes that save time, work and money printed on each package and more new ones inside, And if you want a whole bookful free, just write for "Menu Magic." Your name and address on a postcard will bring it. National Biscuit Co., 449 W. 14th Street, New York.