eggs are going to pay for many

groceries, shoes and mittens this

winter. Two things are absolutely

essential for a ration for winter egg

production that we do not have

ready for feeding or our corn belt

farms. They are protein feeds and

minerals. Part of the protein feeds

(as well as vitamns) can be supplied

at home if one has bright, green,

fine-stemmed alfalfa hay and skim-

milk. With plenty of skim-milk to

provide all the laying flock will

need to drink at all times and five

per cent alfalfa in the mash, five

to ten per cent of the packing

house product sold under the trade

name of "meat and bone scraps"

or "meat scraps" if "meat and bone"

is not available, will take care of

the protein supplement part of the

mash. If little or no milk is avail-

able, the protein concentrate should

be pushed up to 15 to 20 per cent.

This can be all a meat product.

but better at least five per cent dried

skim-milk or buttermilk. It is the

general belief that about two or

three per cent of linseed or soybean

oil meal improves the mash, and

use it as a substitute for the meat

product to that extent. A word

of caution about putting in too

much oil meal is in order. Much

more than this won't work. Minar-

als make up a small part of the

ration, but are extremely important.

Salt and some source of lime are

the minerals that need adding if

"meat and bone" is used. If "meat

scraps" or tankage is used, bone

meal is needed in addition. One per

cent of salt and three per cent of

a high-grade limestone or chick-

abushel.u,wvlofnluseueiiii et aeatoi

size oyster shell should be added be-

fore grinding the mash. With our

own flock at the present time, the

following formula is being used for

the mash: Yellow corn, 400 pounds;

oats, 200; wheat, 100; shorts, 150;

bran, 50; alfalfa, 50; dried milk,

70: "meat and bone." 100: linseed

meal, 20; salt, 10; oyster shell, 30

pounds. Without question, the

wheat, shorts and perhaps the bran

could be omitted and approximate-

ly 45 per cent of corn and 25 or

30 per cent of oats used. We believe

the added cost of wheat, bran and

shorts makes the ration enough

more palatable to be worth while.

Excellent commercinal feeds are

also available to supplement home

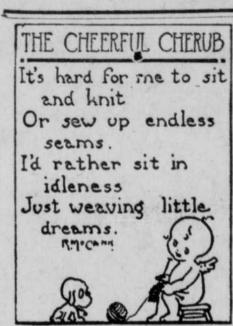
grown grains. If some such mash,

plus a good feed of whole corn and

oats once a day, is fed, one has

provided a ration that should pro-

duce eggs, if the flock is mature.



## "Utopia" as Planned by Men of Science

A colony or kind of Utopia entirely peopled and managed by scientists, engineers and economists has been proposed before the British Association for the Advancement of Science by Prof. Miles Walker of the University of Manchester.

This noble experiment would be tried with 100,000 persons who would endeavor to free themselves from the wastefulness and inefficiency now prevalent in a democracy where the level of general ability is that of the average human being; also from the selfishness, greed and tyranny which generally result in an aristocracy when human society as a whole is dominated by those of greater than average ability.

Here we would have a different world-an opportunity, it would seem, to demonstrate what kind of world our own could be if science were put in full untrammeled control of it.

If such a demonstration is worth anything it will show the advisability of subsequently reconstituting the world so that it is all of a piece with the small sample set up in the experiment. This could be done permanently only by disposing of the remainder of the human race.

In our belief such a colony would become a failure. Moreover it is doubtful whether the scientists involved in it would long tolerate the economists.-Scientific American.

Dr. Pierce's Favorite Prescription makes weak women strong. No alcohol, Sold by druggists in tablets or liquid.—Adv.

Pull Not Always Enough Pull may get a position that ability has to hold.



# **Complexion Curse**

She thought she was just unlucky when he called on her once—avoided her thereafter. But no one admires pimply, blemished skin. More and more women are realizing that pimples and blotches are often danger signals of clogged bowels—poisonous wastes ravaging the system. Let NR (Nature's Remedy) afford complete, thorough elimination and promptly ease away beauty-ruining poisonous matter. Fine for sick head-ache, billous conditions, dizziness. Try this safe, dependable, all-yesetable correc-

vegetable corrective. At all druggists'—only 25c, "TUMS" Quick relief for acid indige tion, heartburn. Only 10

Can Be Overdone Consistency is a jewel and also monotonous.



## MENTHOLATUM



#### Deal Promptly with Bladder Irregularities

Are you bothered with bladder irregularities; burning, scanty or too frequent passage and getting up at night? Heed promptly these symptoms. They may warn of some disordered kidney or bladder condition. Users everywhere rely on Doan's Pills. Recommended for 50 years. Sold everywhere.



# WAITRESSES TO

Peiping. China -(UP)- Following Peiping's efforts to regulate the conduct of women employes in public places Tientsin has drafted regulations disigned to put an end to flirting by waitresses and cents bushel. And yet feeding to guarantee that wine-bibbers ! consume no more than they can carry properly. The regulations apply to Chinese shops in general and especially to tea-houses, restaurants, barber shops and places of amusement.

Fifteen regulations provide that no girl under 15 may be employed as a waitress. She must return to her home before midnight and hotels and inns are forbidden to employ women as waitresses.

Shops and restaurants employing women are not to be permitted to advertise the fact either in the press or on sign-boards before their establishments. Employed women are not allowed to wear gaudy apparel.

Women employes in Peiping and Tientsin henceforth are forbidden to swear, joke wth the customers, or indulge in what the regulations quaintly describe as "improper conduct.

Customers of shops and other establishments employing women are forbidden to flirt with the hired help. In the event a waitress considers that a patron has consumed more than a sufficient quantity of wine she is forbidden to serve him further and she is authorized to disregard his demands for additional service.

#### Nickel Beer and Whisky Free: Yeah-Just Dream

Reno, Nev. -(UP)- A nickel is enough for a glass of beer, either before or after any probable change in the Volstead Act, in the opinion of Mayor E. E. Roberts of Reno.

The Mayor called upon local speakeasies to get in line with the times by nstituting 5 cent beer. They failed to respond, however. Beer still sells for 25 cents a glass, or 50 cents for a pint bottle.

Unusual temperance ideas has Mayor Roberts. Once he advocated havng free barrels of whisky on all uptown corners, with dippers hanging from strings. Elimination of any unusual phase would kll interest in booze, way the mayor's view.

#### Cat Returns Home from Camp 20 Miles Distant

Cambridge, Mass. - (UP) -Peter Rose took his pet cat, Tootsy, to his camp at Billerica. When Rose was ready to start for home, Tootsy had vanished. So after a futule search, Rose motored home alone.

For three days he kept motherless kittens alive on a condensed milk diet. Then Tootsy suddenly appeared. She had found her way home from the camp,

a distance of 20 miles. "If I didn't have such confidence in her," observed Rose, "I would believe she accepted a ride."

#### Horseback Riding a Modern Traffic Hazard

Berea, Ohio -(UP)- Horseback riding is a hazard to modern traffic. Moreover horseback riding at night minus a tail light is exceedingly hazardous, so members of the city council acted.

There are numerous riding academies near here, thus much riding in and about the city. Councilmen adopted a resolution which provides each horse must have a tail light.

They were unable to suggest, however, a suitable means of attaching a light to the rear end of

WHERE LIES THE BLAME? Within a cell a convict sat, Within his cell sat he;

gaoler came and turned a key, A key to set him free. Out to the gate the warden led,

The massive, iron gate; And put five dollars in his hand, The bounty of the state. Outside he drew a lung-full breath,

A breath of freedom's air; Forgotten, now, his prison suit, His close cropped, graying hair.

No over lord of crime was he, No super, master mind; But just a common weakling, who Had found the world unkind.

He'd sought for work for weary days,
For work for long he sought;
Then clumsily he robbed a store,
And straightway he was caught.

Now what shall be his further fate, This weakling with his brand? Will chance afford the help he needs-

Someone to understand? Will freedom's air prove healing to The wounds upon his soul?

Or will it prove an evil breeze,
To drift him back to gaol?

And if he finds the cells again, In cells shall end his days, Where really lies the blame for that This sodden convict pays? -Sam Page.

The pine beetle killed over half a billion feet of ponderosa pine timber in the national forests of Oregon and Washington during the

## Defeated Senator Seeks Gold in Them Thar Hills

Reno, Nev. -(UP)-"Once a miner always a miner," Nevadans insist and, seemingly, Senator Tasker L. Oddie, just defeated for reelection substantiates that view "I've found good mines in the past and I'll find some more,"

Senator Oddie said. The remark was thrilling to Nevada, which remembered that Oddie was one of the "early birds" that at one time his check for \$30,000,000 was good.

# OF INTEREST TO FARMERS

SELECTING BEST RATION to a field of corn when it first The temptaton to buy no supplecomes up. They will injure the corn ment to put n the layng raton is until it is a foot or more high, but from that time on until fall they very strong when corn and oats are of good quality and worth 4 to 10 do it good. They won't of course, clean out obnoxious weeds and do the hens and pullets on these grains the work of a cultivator, but they or these grains plus wheat is poor will help to keep down grass after laying by time and their dusting business. Eggs are worth real money these days, and promise to continue will do good rather than injury. As for the growing chicks, a corn field to be so for two or three months at least. How to get the eggs is the provides shade, clean soil, an ideal place to scratch and plenty of room important problem - not how to carry the hens through the winter to encourage ranging. It helps to for 10 or 15 cents a head. Home prevent the development of runts raised feed, with both corn and and bad habite, and avoids the oats of excellent weight and danger of chicks picking up internal parasites and disease germs that quality, can make up the most of come with the use of a crowded, barn yard or lot. Also the suffering the ration, but not all of it, if the

from heat that goes with an open field is avoided. PORCINE T. B. DECLINES In 1924, according to government figures 15.2 per cent of all the hogs in the United States inspected under federal supervision were found to be infected with tuberculosis During the last fiscal year, only 11.4 per cent were infected. Statistics tell us further that in 1924, 2.7 per cent of the hogs which were inspected by the federal governmen showed advanced cases of tuberculosis, while last year only 1.59 per cent showed such infection. That very significant reduction in serious infection, amounting to 40 per cent in a comparatively few years, is fairly indicative of the progress we are making in eliminating tuberculosis from our swine. Much of this progress is directly traceable to the elimination of tuberculosis from our poultry flocks. Wherever one finds a poultry flock heavily infested with tuberculosis, there one also invariably finds a lot of tuberculosis in the hogs. It is a comparatively easy matter to rid a poultry flock of tuberculosis, and as that is done, the disease will soon disappear from the swine Most hogs are killed before they are a year old, hence if the cattle and poultry on the farm are free from tuberculosis, there is little chance of that disease doing much damage to swine.

WINTER CARE OF EWES To avoid constipation in the breeding flock of ewes is the sheep owner's constant concern. Inducing them to take plenty of exercise is one of the best ways to keep the digestive tracts of the sheep in good condition. If there are pasture or cornstalk fields that they can run through and pick at, browse that they can work on, or even fence rows they will nibble at, they will take proper exercise in trailing through the field gathering the small quantity of provender that these places supply. If such inducements for the ewe flock to trail in search of food are not available in the fall and winter, an arrangement which will require them to walk 40 to 80 rods for their feed will serve to supply them with exercise. close watch should be kept, and upon indication of a tendency toward constipation correct it with the feed supplied. Wheat, bran or linseed meal, either mixed with the ration or fed separately, will correct the condition. Ewes that get a good legume hay, plenty of water and a good supply of salt seldom have the trouble, provided they have the opportunity for exercise. Sheep like the opportunity for exercise. Sheep like a variety of feed, consuming many more species than cattle horses or hogs; and since it is natural for them to do so. it is no doubt good for them to have a wide

for seven months. Then he sold

nine of the low producers. The

TO AVOID MILK TAINT

fore it should not be kept in the

barn in open pails or cans. To ob-

serve this requirement maes nec-

essary a milk house or milk room in

which to strain each pail of milk

promptly after it is drawn from the

eggs clean and to prevent breakage.

Shavings are considered the best

nesting material, although a num-

ber of producers use straw. The

dropping boards can be cleaned

daily or else covered with 11/4-inch

mesh poultry netting to prevent

the birds from walking in the drop-

pings. Clean litter on the floor of

the house also will help to keep

the b.rd's feet clean. In wet weather

the birds should be kept confined

to guard against muddy feet. If the

birds enter the nests with soiled

feet, all the eggs in the nest may

become soiled.

Milk absorbs odors quickly, there-

healthy, and has descent quarters that are not overcrowded. HOW ABOUT YOU? I used to raise cheap ducks and geese, and other tinhorn fowls; I was a stranger then to peace. I filled the nights with howls. For when I took my birds to town, to sell them or to trade, the customers would beat me down, a scurvy price they paid. They said, "Your ganders range of plants in their diet. The and your drakes no epicure would flock will eliminate many weed please; they surely died of stomach seeds by nipping the seed heads aches, or of some fell disease." So from standing weeds in fall and I bewailed the poor man's lot, and winter. An individual sheep in the wept from day to day; misfortune flock seldom takes more than one peppers him with shot, wherever bite from a weed head as it passes, he may stray. "There's something but his neighbor does the same, wrong," I used to yell, three times and by the time the flock has samand sometimes twice, 'when one who pled the specimen its entire supply has a goose to sell can't get a deof seed has been put out of harm's cent price. I hoped that Congress way. When coarse, harsh rations would relieve the woes of poultryof straw or other forage of low dimen, but all its promises deceive. gestibility are fed to ewes for the we're stung, and stung again. The month to six weeks before lambing, industry is bound to go to smash their appetites will induce them to and break in bits, unless our statesovercrowd the visceral cavity and men learn to throw some sane and unduly crowd the unborn lambs, alhelpful fits." But Louie Hines, who ways with bad and sometimes with lives next door came up one day fatal results. By feeding high-class and said: "You would not have alfalfa or clover hay and some grain much cause to roar if you would at this time, the trouble is avoided use your head. You raise scrub and a much better milk flow will be fewls when you could raise the fine secured, all of which improves the ones just as well; the purbred, giltlambs. edged gander pays, the cheap one will not sell. It costs no more to WHY GOOD COWS PAY rear good ducks than rearing punk It's not the number of cows in ones costs; the good ones bring a milking herd that spells profit. you many bucks, the others are but It's the kind. One dairyman had frosts." I listened to his pregnant 17 cows which he milked on test

which had no pedigree. And now eight cows in the remaining five I'm selling blue-blood stock at prices months brought only \$9.14 less fiercely high, and people chase me income above feed costs than the 'round the block in eagerness to entire 17 head in seven months. Who wants to milk a cow seven months for a dollar profit above IDEAL POULTRY RANGE feed cost? It seems strange that poultry

raisers in the corn belt really appreciate or at least fail to take advantage of the finest sort of shade, dusting place and green feed combination during summer for their growing chicks. It is a corn field - large or small. Of course, half-grown chickens as well

words, which sounded good to me,

and I closed out the tinhorn birds

#### as hens are death and destruction MARKETING CLEAN EGGS

A little additional effort spent in the production of clean shelled eggs will be more than compensated for by the saving in time required to clean soiled eggs. To produce clean shelled eggs, it is very important that sufficient nests properly located be provided for the layers and that eggs be gathered frequently. One nest for 4 or 5 birds should be allowed, and the nests should be located as far as possible from the trinking fountains and the hen exit doors. Nesting material should se replaced frequently to keep the

# Tested Recipes

# Commendation of Experts.

PLAIN APPLE FRAPPE cups sliced raw apples 2 caus water (or enough to come to the top of the apples in the cooking

1 cup sugar (varied according to the apples used) Few grains salt

and freeze. When partially frozen leaves. scrape thin layers with an inverted spoon from one end of the tray to the other, then beat thoroughly, adding as much air as possible without allowing the mixture to melt. Replace in the refrigerator for another hour for complete freezing. If the frappe is kept in the refrigerator overnight or longer and the mixture freezes solidly scrape and heat as whites. Drop by spoonfuls on a well directed above before the frappe is served.

MINCEMEAT COOKIES 1/2 cup fat 3 cups flour 1 tsp. cinnamon 1 1/2 cups sugar 1/2 tsp. cloves tsp. salt 16 tsp. grated 1 tsp. soda nutmeg cup sour milk 1 cup mincemeat

Cream fat, add sugar in 3 or 4 portions, creaming thoroughly after each addition. Add well beaten eggs, salt, and soda that has been stirred into the milk. Then add flour that has been sifted with the spices. Stir until flour is just dampened. Last stir in mincemeat just enough to distribute. Drop from a teaspoon on an oiled baking sheet. Bake in a slow oven, 325 degrees F. Yield: Four dozen cookies.

SWEETHEART PIE 2 eggs beaten separately 1 cup sugar 1 package gelatine 1 cup cherry juice 1 cup milk 2 bananas cut in small pieces

1 cup cherries 3 bright red apples Wash and polish the apples, cut in

thin slices, and line bottom of pie plate with apples, then arrange around sides of plate. Dissolve gelatine in cherry juice, mix sugar, eggs and milk, then add gelatine mixture. Dissolve, remove from fire, and fold in bananas and cherries. Let set and pour into apple lined plate.

COFFEE MOUSSE 1 cup ground coffee

1/2 cups milk tablespoon gelatine pinch salt cup granulated sugar teaspoon vanilla 2 cups pastry cream

for 10 minutes, stirring occasionally, dress "Cuticura Laboratories, Dept. and then strain out grounds. Dis- R, Malden, Mass .- Adv. solve gelatine in 1/2 cup of the liquid. Add the salt, sugar, and vanilla to

the rest of the milk-coffee and mix the gelatine portion into it while still warm. When cool fold in the stuffly beaten whipped cream. Put Dishes That Have Earned in mold and place in refrigerator 4 to 6 hours to freeze. Turn mold on plate and garnish with whipped cream, maraschino cherries, or nuts,

> BEAN SALAD 1 No. 2 can beans, Mexican style 1 No. 1 can sauerkraut teaspoons onlons, minced

1/4 cup olives, chopped 4 teaspoons mayonnaise 1 teaspoon salt

Drain gravy from beans. Drain Cook all ingredients together until saukerkraut and run through food the apples are tender. Put through | chopper. Mix all of the ingredients, a sieve, place in refrigerator trays, Chill and serve on crisp lettuce

> COCONUT MACAROONS 1/2 cup sweetened condensed milk 2 cups shredded coconut

teaspoon vanilla 2 stiffly beaten egg whites

Mix sweetened condensed milk and shredded coconut together. Add vanilla. Fold in 2 stiffly beaten egg buttered pan about 1 inch apart. Bake in a moderate oven until a delicate brown. The quantity of the ingredients is sufficient to make two dozen macaroons.

CHANTILLY MOUSSE

14 pint cream 4 tablespoons confectioner's sugar teaspoon vanilla

1 cup meringue or kisses 4 cup toasted almonds, chopped fine

Whip cream until stiff and gradually add sugar, salt and vanilla, Fold in the kisses or meringue, broken in small pieces, and the nuts. Freeze in refrigerator 3 to 4 hours,

## **Hands Covered** with **Large Eruptions**

## **Cuticura Healed**

"Eczema began with small pimples breaking out on my hands. It grew worse until my hands were covered with large, wet, sore eruptions whick, later spread to my wrists and arms, It itched and burned, and was very painful most of the time. I could not sleep nor use my hands at allcould not even feed myself.

"My mother purchased Cuticura Soap and Ointment and they relieved the burning, and after using one box of the Ointment and part of a cake of Cuticura Soap I was completely healed." (Signed) Miss Fleeta Smith, Rt. 1, Nabb, Ind. Cuticura Soap 25c. Ointment 25c

Bring milk to the boiling point and and 50c. Talcum 25c. Sold everyour over ground coffee. Let stand where. One sample each free, Ad-

Sioux City Ptg. Co., No. 2--1933

# **HOW TO STOP A COLD QUICK AS YOU CAUGHT IT**

A New Method Doctors Everywhere Are Advising

FOLLOW DIRECTIONS PICTURED BELOW



Take 1 or 2 Bayer Aspirin Tablets.



Drink Full Glass of Water.



## Almost Instant Relief In This Way

If you have a cold-don't take and dissolved in a half glass of chances with "cold killers" and nostrums. A cold is too dangerous to take chances on.

above is the way doctors throughout the world now treat colds. It is recognized as the QUICK-

The simple method pictured

EST, safest, surest way. For it will check an ordinary cold almost as fast as you caught it.

That is because the real BAYER Aspirin embodies certain medical qualities that strike at the base of a cold almost INSTANTLY.

You can combat nearly any cold you get simply by taking BAYER Aspirin and drinking plenty of water every 2 to 4 hours the first day and 3 or 4 times daily thereafter. If throat is sore, gargle with 3 BAYER Aspirin Tablets crushed

warm water, repeating every 2 or 3 hours as necessary. Sore throat eases this way in a few minutes, incredible as this may seem.

Ask your doctor about this. And when you buy, see that you get the real BAYER Aspirin Tablets. They dissolve almost instantly. And thus work almost instantly when you take them. And for a gargle, Genuine Bayer Aspirin Tablets dissolve with sufficient speed and completeness, leaving no irritating particles or grittiness. Get a box of 12 or bottle of 100 at any drug store.



