

AT THE FIRST SNEEZE USE
MISTOL
 NIGHT AND MORNING
Fight COLDS
 AND PUT
Essence of Mistol
 ON YOUR HANDKERCHIEF AND PILLOW IT'S NEW

Death Ring Story Revealed
 What is the fatal influence of the ancient Mizpah ring worn by Frederick Vusthoff, who shot himself to death recently at his home on Newcastle-in-Tyne, England? That is what Newcastle police are trying to fathom. Unlike other Mizpah rings, which are supposed to bring good luck, this one has brought tragedy. Before Vusthoff acquired it, it belonged to a Newcastle merchant who dropped dead on the street. His previous owner committed suicide.

Try Lydia E. Pinkham's Vegetable Compound



Felt Terribly Nervous
 Fagged out... always melancholy and blue. She should take Lydia E. Pinkham's Vegetable Compound. Its tonic action builds up the system. Try it.

Measurements by Electricity
 A micrometer that measures and indicates, with absolute accuracy, the one-hundred-thousandth part of an inch has been developed. The gauge is electrical and is used, among other ways, in the assembling of some delicate electrical mechanism, and as it may be read instantly it is a great improvement on the old method.

How Modern Women Lose Pounds of Fat Swiftly—Safely

Gain Physical Vigor — Youthfulness With Clear Skin and Vivacious Eyes That Sparkle With Glorious Health

Here's the recipe that banishes fat and brings into blossom all the natural attractiveness that every woman possesses.

Every morning take one-half teaspoonful of Kruschen Salts in a glass of hot water before breakfast—cut down on pastry and fatty meats—go light on potatoes, butter, cream and sugar—in 4 weeks get on the scales and note how many pounds of fat have vanished.

Get a bottle of Kruschen Salts—the cost is trifling and it lasts 4 weeks. If even this first bottle doesn't convince you this is the easiest, safest and surest way to lose fat—if you don't feel a superb improvement in health—so gloriously energetic—vigorously alive—your money gladly returned.

But be sure for your health's sake that you ask for and get Kruschen Salts. Get them at any drugstore in the world.

"Ignores" It
 Kennard, age eight, delights in using big words.

At dinner, when cabbage was being served by his father, he accepted his plate with a wry face and exclaimed:

"I just ignore cabbage."

After the Party is Over
 A reeling headache, an oppressed, flat feeling in the stomach are dangerous "good-time" souvenirs. To get yourself "right" promptly, drink one or two cups of Garfield Tea. Your appetite and good spirits will return surprisingly quick.

GARFIELD TEA
 A Natural Laxative Drink
 AT ALL DRUGGISTS

Try the Fire Department
 "Hello! Is this the city bridge department?"
 "Yes. What do you want?"
 "How many points do you get for a little slam?"—Union Pacific Magazine.

Almost every one is interested in health, and it is well that they are. Without health, the richest man is poor in the real joys of life.

YOUNG at 60

A man is as old as his organs; most men can be vigorous and healthy at 60 as well as at 25, if they will but take care of themselves properly. Investigate your vital organs with Gold Medal Haarlom Oil Capsules. It is one of the most reliable preparations known to medicine. It has been widely prescribed for 237 years, the best proof that it works. Insist on GOLD MEDAL. 35c & 75c.

GOLD MEDAL HAARLOM OIL CAPSULES

MUSEUM BUYS NEW TAPESTRY

Paris —(UP)—The Metropolitan Museum, of New York, has completed the purchase of a tapestry from the National Tapestry Factory at Beauvais. It is the first sale of this nature in more than 100 years. The transaction was made between Lean Ajalbert, of the Academy of Goncourt and director of the Beauvais factory, and Joseph Brecht of the Museum.

The work represents a four-paneled screen, colorfully depicting the four seasons. It is entitled "Les Jardins" and designed after the plans of Paul Vera, characteristic of modern art tendencies.

The actual work was done in the Beauvais factory during 1923 and 1924 by four skilled artisans, each completing a single panel.

In 1925 the tapestry was exhibited here at the Exposition des Arts Decoratifs, at the Exposition de la Saison d'Art at Beauvais, and has been shown in many foreign and private collections. This is the first time that such a piece of tapestry has been entered in one of the great American art galleries for more than 100 years, and will serve as a monument to the decorative art of France.

Carolinians Trusting People, Police Chief Says

Reno, Nev. —(UP)—A trusting people are North Carolinians, in the opinion of J. M. Kirkley, Reno's chief of police, who is preserving a message received from the North Carolina prison.

Chief Kirkley arrested W. O. Reeves, wanted in many states on fraud charges and in North Carolina for breaking prison. He wired the prison and received the following message:

"Release Reeves on his own recognizance to return here and finish term."

"In short," said the chief, "pat his hand and tell him to be a good boy, cross the continent and re-enter the prison from which he escaped."

Reeves was not released. A Milwaukee charge seemed the next serious, so Wisconsin was notified and sent an officer here for the prisoner.

Dog Changes Seat, Causes Auto Smashup

Colorado Springs, Colo. —(UP)—A small dog that tired of riding in the back seat of an automobile and decided to change to the front, caused his master and mistress to wreck their car and hurt themselves.

The dog, belonging to Mr. and Mrs. Russel Hughes, of Gary, Ind., leaped from the back seat to the front seat as the Hughes family drove through here.

He startled Hughes so much that the driver rammed the car into a telephone post. The automobile was damaged, and the Hughes were slightly injured. The dog wasn't hurt.

Typical Kitchen Is Experimental Station

Burlington, Vt. —(UP)—A kitchen typical of that of the average American home, has been created at the University of Vermont experiment station in conjunction with a series of tests to determine how the housewife can do her work with the least expenditure of time and energy.

As the Misses Lillian Johnson and Marianne Muse of the experiment station staff go about their kitchen duties, their every movement is timed. Also, the distance they traverse is carefully recorded.

Princess of Beauty



This beautiful American girl, Miss Eleanor Wallace, was recently chosen Princess of Mexico City's American colony. Her official coronation took place at the American Club before the throng of more than 1,500 of her compatriots as well as a large sprinkling of Mexico's elite. She was awarded the title of "Princess of Beauty" for reasons that a look at her picture will explain.

William Smiths Get Tangled in Investigation

Carland, Cal. —(UP)—William Smith had an argument with William Smith and William Smith investigated for L.A. police department.

Smith No. 1, a garage owner, complained to Smith No. 3, a police inspector, that Smith No. 2, a truck driver, had threatened him when he demanded payment of a bill.

Side Glances By George Clark



"Come, darling—say thank you, Mr. Rauschenstravch."

Asthenia Frequently Follows Bad Attack of Influenza

DISTURBED GLANDS OFTEN CAUSE FATIGUE
 BY DR. MORRIS FISHBEN
 Editor, Journal of the American Medical Association, and of Hygeia, the Health Magazine

The condition asthenia, involving weakness and fatigue, following influenza, has been ascribed to constitutional inadequacy, to disturbance of the thyroid gland, to low blood pressure and to similar departures from the normal state.

There are some cases in which it has been found that the adrenal gland does not function adequately, and the people who have this failure are always tired and weak.

Drs. E. L. Bortz and G. M. Piersol describe a special form of insomnia which affects such people. They go to bed and fall asleep promptly around 9 or 10 o'clock, but they awaken at 1 or 2 and remain awake the rest of the night.

There are, of course, many diseases in which weakness is a prominent symptom. In such a condition there may be a lack of red blood cells, failure of certain glands to supply necessary secretions, or similar disturbances. These, however, are not of the same type as the various asthenias, although anemia

YOUR CHILDREN
 By Olive Roberts Barton
 ©1932 BY NEA SERVICE INC.

A welfare worker told me recently that one of the worst phases in this depression is the doubling up of families, reduced space to play in, too many people thrown into close quarters, and the hopeless confusion of living.

"It is having a noticeable effect on the behavior of children," she said, "because good behavior has its foundation in decent living and enough room to keep up self respect."

When conditions improve, this congestion naturally will be relieved. Let us hope it will be soon. But no matter how prosperous we erous families who do not consider roomy quarters in the light of an asset in raising their young.

Many at Fault
 It is not always the poor or the indigent family who saves on space. There were, during our recent years of prosperity, any number of parents who lived in small apartments or houses who could well have afforded more room.

The automobile is partly responsible, as we know. Anything to keep a car? Cut down on rent, do without food, double up, triple or quadruple up, cut down on butter and milk so a car can stand at the curbstone!

However, this is no arraignment against cars or anything else. I am merely urging the wise parent to consider the element of privacy and order in bringing up children.

I know families, plenty of them, who keep a guest room and make the children sleep double or even three in a room. One I recall at the moment has, in addition, a room set off for storage, and another for a maid.

The house seems to be full of rooms, and yet a 6-year-old girl

Noted Artist Resumes Work on Vast Mural

Hanover, N. H. —(UP)—Jose Clemente Orozco, noted Mexican artist, has resumed work at Dartmouth college on the vast mural painting which he hopes will be his masterpiece.

With the 3,000 square feet of walls in Baker Memorial Library's reserve book room as his "canvas," Orozco is unfolding, in true fresco, his conception of the epic of civil-

SUN MAY GIVE EARTH POWER

Saginaw, Mich. —(UP)—How to use the power of the sun for earthly needs, when the supply of coal and other such necessities is exhausted, is the quest of science today, according to Dr. Charles E. St. John, famed astronomer.

Dr. St. John said he is organizing scientists from all over the world to co-ordinate their efforts in observation of the sun and terrestrial phenomena. He said there was a connection between what happens on the sun and events on the earth, and that science must find that connection.

The astronomer asserted that radio effects, magnetic storms and the aurora borealis were being studied in an effort to find out what happens on the earth the sun at the same moment.

The scientists referred to those vast whirlpools on the sun's surface, which he said may be as much as 50,000 miles across. These whirlpools may have some part in the vast solar system, he said.

He pointed out that the sun is now known as a gaseous body though of tremendous density at the center, while discussing the accepted theory of matter.

THE SHYNESS OF THE SCOT

FROM Christian Science Monitor
 The things that seemed to be are not. Beliefs long cherished swell the diapason of the mournful dirge that chants of lost illusions. The world, wont hitherto to regard the Scot as bold and enterprising, pushful and ubiquitous finds itself most sadly mistaken. Bashful timidity and shrinking reserve mark the stalwart, killed sons of "Caledonia, stern and wild."

Upon the head of Sir Hugh S. Robertson conductor of the Glasgow Orpheus Choir, lies the heavy responsibility for this rude shattering of an age-long tradition. Adjudicating at an annual Gaelic festival, held the other day in England, the noble knight flatly said that singers must get rid of Scottish shyness and reserve. Incidentally, he recommended an imitation of the "unashamed effrontery" of the Welsh, from which may be inferred that that branch of the Celtic family slipped away with all the prizes.

With all due respect to Sir Hugh, the globe-trotter who has stumbled over Scots in the outermost portions of the earth and the innermost parts of ships — it being a well-known fact that to lean over the engine room of any well-found English-speaking vessel and yell "Mac" will bring everyone down there to attention — must accept his implication cum grano salis.

Does Sir Hugh forget that, after Scotsmen had harassed the English for centuries, a scion of that irrepressible northern people, James Oswald, chamber composer to George III, claimed the authorship of "God Save the King"? Or that Sir Walter Scott himself it was who sang

While there's leaves in the forest and foam on the river, MacGregor, despite them, shall flourish forever.

There is, there must be, somewhere a shy and shrinking Scotsman. He probably is one pouring out his plaint through the reeds of his beloved bagpipes. A plaint befitting solitude in a Scotland bereft of Scotsmen — they having spread themselves over the fair face of the earth, casually annexing most of the better jobs.

CATTLE RUSTLING BOOMS

Colorado Springs, Col. —(UP)—Because cattle rustling is more prevalent this year than for years past, the Devil's Head Livestock association has joined with the Sedalia Livestock association in offering a reward of \$250 for information leading to arrest and conviction of any rustler.

Greets Successor



Louis A. Johnson (left) new National Commander of the American Legion, is shown as he was congratulated by his predecessor, Henry L. Stevens, Jr. Johnson was chosen on the first ballot at the Legion convention in Portland, Ore., from a field of many candidates. His home is in Clarksburg, W. Va.

Hospital Sets Flat Rate For Maternity Cases

Huntington, Ind. —(UP)—For the first time in history of the Huntington county hospital, a flat rate for maternity cases has been set. The flat rate costs for a ten-day period are \$42.60, \$45.00 and \$47.50, according to the type of room the patient desires. Mrs. Minnie Prottinger, superintendent of the hospital, said. It is said the new plan will effect a saving of approximately \$15 per patient over the previous rate.

Jed Hopkins says— FANCY LABELS DON'T ALWAYS MEAN CHOICE FOODS

Ask Your Grocer What's Inside The Container

WELL, folks, I just diskivered somethin' that brings back 'mind th' old sayin' about all is not gold what glitters. Somethin' men is more likely t' get fooled on quicker'n women.

But women'll probably be wantin' t' know about this too. 'Y see, me an' Henry Miller—Henry's a right smart 'n upstandin' merchant here in our town—well, me 'n Henry wuz atalkin' th' other day about things in gener' when in comes Aunt Letty Moore.

Now before I git any further along, I jist wanta put in a word about Aunt Letty Moore. 'Cause Aunt Letty 'sabout th' smartest woman aroun' these parts even though she's goin' on 73 years come Christmas. An' guess Aunt Letty's ferget more'n most th' women folk hereabouts ever knowed when it comes to cookin'.

Leastways, when somebody's cake kinda ferget to come up in th' middle or somethin' else happens, it's gently Aunt Letty who gits called into consultation.

But to git back to my story. In comes Aunt Letty an' she sez, "Henry Miller, she sez it kinda tart too, "Henry Miller, what kinda flour did yu sell yong Gabe Post's wife las' Sattidy?" An' then, before Henry cud git started, she sez, "An' why'n't yu give her Gold Medal like I tole yu to. Now she's gone an' ruint another cake. An' after me jus' gittin' through tellin' her what's what about cake makin'." An' . . .

"Say," Henry gits his ar in. "Hold on there, Aunt Letty. Lemme tell yu the straight of this. Yung Gabe cum in an' goes over an' picks up a sack of that Merry Sunshine Flour an' takes it on home. How was I t' know but he hez his orders t' git that kind? Course, hed he asked, I coulda told him 'tweren't a fancy flour. Mostly a fancy sack. But I guess Gabe jist looked an' see it cost about 40c less'n Gold Medal an' . . .

"Yes!" sez Aunt Letty, "An' Gabe's wife jist lost more'n 40c worth of cake on accounta Gabe's bein' took in by a fancy sack an' a few pennies savin's. But when I git through with him, he'll . . ."

An' don't yu folks think fer a minit that Aunt Letty didn't tell Gabe 'bout how t' buy flour. Gabe tole me she lit right into him. Made him go back down an' buy a sack of Gold Medal, too. But, an' he kinda brightened up, he figgered the elegant cakes an' bread an' pies an' things he's gittin' these days makes up fer it all.

Which only goes t' show yu can't go by the outside. Yu got to know what's on the inside of everythin' yu buy. That's why it pays to ask yore merchant about what yer buyin'—an' do what he tells yu.

Jed Hopkins' Homely Philosophy Is Published In The Interests of American Merchants By General Mills, Inc., Makers of Gold Medal "Kitchen-tested" Flour, and Gold Medal "Farm-tested" Feeds.

STOPPED-UP NOSTRILS
 To open the nostrils and promote clear breathing use Menthohalatum night and morning.
MENTHOLATUM
 Best Beef
 The best beef has bright, white-colored fat.—Brooklyn Eagle.

Watch Your Kidneys!



Dont Neglect Kidney and Bladder Irregularities
 If bothered with bladder irregularities, getting up at night and nagging backache, heed promptly these symptoms. They may warn of some disordered kidney or bladder condition. For 50 years grateful users have relied upon Doan's Pills. Praised the country over. Sold by all druggists.

Doan's Pills
 A Diuretic for the Kidneys
 Sioux City Ptg. Co., No. 47-1932.