

O'NEILL FRONTIER

Mercolized Wax Keeps Skin Young

remove wrinkles use one cunce Powdered Sax dissolved in one-half pint witch hasel. At drug stor

that he had walked a little over 110 miles in the course of giving 54 ordlnary lessons to beginners on the links .- London Mail.

#### Which Is It, Umps?

She was addressing a group of eager wide-eyed children at the regular library story hour. "Today, boys and girls, I am going to tell you

"Oh, sure," answered one sophisticated youngster scornfully. "You mean the one who decides in a base-

"Ho, ho," laughed another in derision. "Listen to him. He's talking about an empire."

Lark

"I saw your boy at five o'clock this morning. Up with the lark."



first spoonful. That's all you need to drive away the dullness and headache of a bilious spell, and rid the system of that slow poison that saps your strength. It's better than a tonic for tired bowels, and unlike habit forming laxatives you can habit-forming laxatives you can take it for ely or give it to any child.

Get some syrup pepsin today, and

get rid of gray hair, as thousands testify. Try it. Pay druggist only 75¢ for a bottle of WYETH'S SAGE & SULPHUR and follow easy directions. Results will delight you.

#### Check on Bathers

So many persons obeyed impulses to take dips in irrigation canals of southern Arizona, which run full of cool, sparkling water, that the sheriff of Pinal county posted notices that anyone bathing in such canals, which line highways, would be prosecuted unless garbed in a bathing suit.

# NIP CHEST COLDS, QUICK WITH HEAT OF RED PEPPERS **Relieves** Almost Instantly

To break up congestion, to restore free circulation and stop chest colds ... to alleviate the circulatory pains and aches of theumatism, neuritis, lumbago ... Nature has stored up in red peppers a marvelous therapeutic heat that penetrates deeply into the skin without blistering or burning and swiftly brings relief."Now this genuine red peppers' heat is contained in an ointment, Rowles Red Pepper Rub. As you rub it on you'll feel better. And in 3 minutes relief comes. Drug stores sell Rowles Red Pepper Rub. Try it.

#### Strange but True

Prue-Do you kiss all the boys you go out with, dearie?

Sue-No, some of them just haven't any ingenuity whatever.

To keep clean and healthy take Dr. Pierce's Pleasant Pellets. They regulate liver, bowels and stomach .- Adv.

A little man can attract as much attention as a big one when it comes to punching and punishing an automobile horn.



Old Man Depression, clad in tattered suit, with his toes protruding from his shoes, is shown above on the inside looking out. Taken in custody by the grand marshal of the Elks' Prosperity Parade at Brooklyn, N. Y., the bogeyman could not find a lawyer in the city to defend him, nor could he get anyone willing to act as a bondsman. So he must stay behind the bars.

# **Glorifying Yourself**

By Alicia Hart

If you want to wear the new high-waisted clothes with chic. begin now to do something about getting a slim, lithe line through your diaphragm. You can't hide a spare tire of

fat that lodges there. You must work it off!

Before I give you some exercises that are particularly good for just that touchy spot, remember this: The woman who sticks to liquid food, such as orange juice and coffee for breakfast and bouillon and tomato juice cocktain for lunch and then eats carefully balanced dinner at night, will get in trim twice as soon as one who exercises herself to pieces but goes right on eating cream pufis.

Now to get to the exercising. Stretching and bending are the two forms of exercise that flatten out that diaphragm and slenderize the waistline and that stretch above the waistline. To get in perfect form you need to strengthen those muscles through that section, but to take off the flabby fat.

Mornings and evenings do the stretching exercises that consists of clasping your hands above your head and moving your hands, arms and body above the waistline, first to one side, then the other, and describing a circle with your hands above your head.

Now lie down on the floor and begin the bending exercises. They are practically the same as bending standing up, but they are easier to do and some way are more effective

Stretch out flat, moving your

REALTY IN ENGLAND FIRM Property Value Fluctuation Comparatively Small.

M. Keynes in Vanity Fair

The declines in the prices of commodities and of securities have, broadly speaking, affected most countries alike. When we come to the next category of property-and one of great quantitative importance -namely real estate, the facts are more various as between one country and another.

A great element of stability in Great Britain, and I believe in France also, has been the continued comparative firmness of real estate

of the bonds necessary to complete the paving in these counties. The job could be finished in a year if action on this line were prompt. Ten men out of 12 on the jury favor bonds. Two men hold out against the bonds and insist that a verdict in their favor be rendered by the court which in this case is the highway commission. They are winning their case.

Let us not assume, however, that there is no merit in the argument supporting the contention of the two jurors. No. 71 is paved now in all the counties from the Missouri line to the Carroll-Sac county line. It is paved in the two northern counties of the state. There is a gap in Sac and Buena Vista counties where no bonds have been approved. Paving on this road will be valuable to the people in the counties which have secured paving with bonds. In like manner there is argument for paving No. 20. People in northern Iowa are entitled to a paved road across the state east and west. Southern Iowa folks are not of the dog in the manger type. They will not be harpingly critical of the highway commission. They will view this matter in a broad and generous way.

The regrettable feature in the situation is found in the obsessed mental attitude of a majority of the people in the non-bond counties who stand out against a policy which has been approved by a two to one vote of the people in a general election. Measured by county bond approvals the vote is 85 to 14 against them. This attitude placed the highway commission in a position where it was forced to reward these fellows for their obstinacy and in so doing punish those whose progressive action has lifted Iowa out of the mud years before it would have been possible to attain this position on the pay as you go plan.

shoulders up as far as you can while holding your body flat with your hips. Now flex your knees, grab them with your arms and rock yourself up to sitting position, back down to flat position, up to sitting, down again, doing it 20 times. Now hold your knees in your arms and rock from side to side on your back. Do that 20 times, too.

Now stretch out flat, arms palms downward alongside of your body on the floor, and try to flip your legs up over your head until your toes touch the floor above your head. If you can't do this at first, go as far as you can. When you succed in doing this, slowly raise your feet, touch the floor above your head, slowly bring them back to supine position and repeat 20 times. If you really do this, all of it, morning and night for ten minutes each time, you need not worry overly about how your waistline will look by Easter.

### TO SAVE OLD LANDMARKS

Philadelphia- (UP) -A society has been organized to preserve the ancient landmarks of the Quaker

values-no slump has been experienced in this matter with the result that mortgage business is sound and the multitude of loans granted on the security of real estate are unimpaired.

But in many other countries the slump has affected this class of property also; and particularly, perhaps in the United States, where farm values have suffered a great decline, and also city property of modern construction, much of which would not fetch today more than 60 to 70 per cen of its original cost of construction, and not infrequently much less This . In immense ag-

City from demolition. Its immediate purpose is to save the old Powell mansion, once scene of parties where Washington was a guest while living here as the first president, from being replaced by an open air parking place.

## Philadelphia's Zoo

Residents Are Noisy

Philadelphia- (UP) -If all the animals went to sleep when they should, night life at the Zoological Garden would be pretty tame.

But the playful inmates see that there's plenty doing.

Take, for instance, the raccoons. They spend the night in climbing the trees, according to Chief White Horn, an Omaha Indian, who is

And the otters flounder around the stream most of the night, White Horn said.

The prize noise makers of the

gravation of the problem, where it has occured, both because of the very large sums involved and because such property is ordinarily regarded as relatively free from risk. Thus a situation has been created in the United States, in which the mortgage banks and mortgage and loan associations and other real estate financing associations are holding a great mass of "frozen" mortgages, the margins on which have been consumed by the fall of real estate values.

Five pair of twins are enrolled in West high school of Columbus, O.

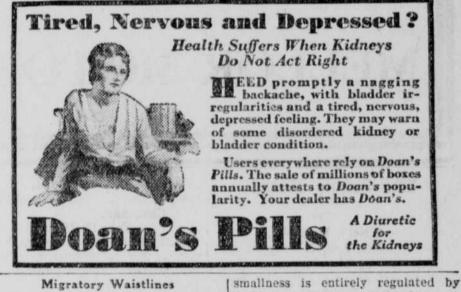
#### History From Trees

each year vary in width in direct back as far as the Eighth century. proportion to the amount of rainfall -a wet year produces a thick ring

take a little tonight. Don't wait until you're sick to give your system this wonderful help. You can avoid those spells of biliousness or constipation. A spoonful every now and then is better than constant worry about the condition of your bowels, or fear of auto-intoxication as you grow older. Dr. Caldwell's syrup pepsin protects the system. All druggists keep this preparation.

traced back three thousand years. For a quarter of a century Dr. Doctor Douglass made an unbroken Douglass of the University of Arl- annual calendar back to 700 A. D. zona has studied the rings which By the study of timbers taken from mark the annual growth of trees. He pueblos he gave exact dates of events demonstrated that the rings formed in the history of those Indian peoples

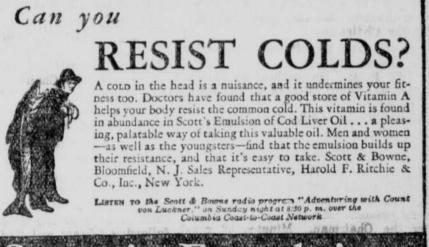
Of all the bugs, the lightning bug and vice versa. Tree growths in the does no harm-and deserves honorgiant sequolas of California were able mention.



The waistline of the members of fashions, which sometimes does not the "fair sex" has now returned to appear to allow of any." almost the normal level after having slipped down almost to the knees.

Esperanto Spreading

These vagaries, however, like the The interest in the world language rest of fashion's fancies, are no new Esperanto is increasing in Sweden. thing, and in an old French book At the twenty-fifth anniversary of published in 1820, when George IV the Swedish Esperanto society in was king, we find this sentence: Stockholm it was announced that the "The walst is a part of the body, membership list now has more than whose length, breadth, shortness, or 1,700 names.





garden are the elephants, who snore so loudly they frequently awaken the other animals, he added.

night caretaker.

