

Serve a Salad . . . Save the Vitamins (See Recipes Below)

LYNN CHAMBERS' MENUS

Cheese Souffle

Carrots and Green Beans

Bran Muffins Apple Butter

Cabbage, Apple and Raisin Slaw

Fruit Fritters Lemon Sauce

Beverage

Arrange crisp greens in salad

bowl. Add onions, radishes, carrot

strips and green pepper rings. Make

a border of alternating slices of to-

mato and cucumber. Just before

serving, toss with french dressing.

Cut paper-thin lengthwise slices of

carrot. Flute like ribbon candy. Se-

water. Remove toothpicks when

Vitamin Salad.

(Serves 6)

Wash spinach thoroughly; break

leaves into small pieces; measure

5 cups shredded raw spinach

thoroughly chilled and crisp.

Mustard salad dressing

1 cucumber

3 tomatoes

five cups Peel

cucumber; score

lengthwise with

tines of fork;

slice Peel and

slice tomatoes.

Slice radishes.

Combine; serve

with mustard

salad dressing.

lemon juice and salt.

salad, you will like the following:

Lime Fruit Salad.

(Serves 12)

1 package lime gelatin

4 slices canned pineapple

into fancy shapes

1/2 cup canned white cherries

¼ cup red seeded grapes, cut

Dissolve gelatin in boiling water

and add cold water. Set aside to

cool slightly. Add fruit and pour into

Mix cream cheese with chopped

nuts, raisins and ginger, and stuff

pears. Use as garnish around lime

cheese flower. Place slices of pine-

Frozen Pistachio Cheese Salad.

(Serves 8)

3 3-ounce packages cream cheese

Mix the cream cheese and the

blue cheese with a fork until soft.

Tint a delicate green with food col-

oring. Add the chopped nuts, salt

and lemon juice. Add the cream.

Turn into a freezing tray of an auto-

matic refrigerator with tempera-

ture control at coldest setting and

spread smooth with a spatula to a

and serve on crisp lettuce in the

center of individual salad plates

with radish roses and cucumber

slices around it. Serve with french

Released by Western Newspaper Union

½ cup chopped pistachio nuts

14 cup light or heavy cream

11/2 ounces blue cheese

1 tablespoon lemon juice

Green food coloring

1/2 teaspoon salt

Lettuce

dressing.

Radish roses

Cucumber slices

French dressing

endive. Serve with mayonnaise.

Head lettuce and endive

Pimiento cream cheese

1 No. 21/2 can pears

1 cup boiling water

1 cup cold water

4 pears, halved.

mold. Chill until firm.

Cream cheese

Preserved ginger

Sliced pineapple

Raisins

Nuts

Garnish:

12 radishes

Spring Salads

One of the best ways of fulfilling the vitamin and mineral requirement in the diet is to have a heaping bowl of fresh salad at luncheon or dinner. If tasty combinations of fruit and vegetable are used, the family will enjoy nibbling these precious morsels of health.

Salad greens should be washed thoroughly and examined carefully to insure the re-

moval of all foreign substances. Then they are blaced in a towel or a vegetable hydrator and chilled before being folded to-

gether. The bowl in which the ingredients are mixed and the plates on which the salad is served should also be chilled.

When salad materials are cut in pieces, they should be uniform and well-defined enough so that they will not lose their shape in the folding process.

A marinade is often used to add flavor to salad materials. This is made by mixing oil, salt, lemon juice or vinegar. Vegetables, fish or meat may stand an hour or so in the marinade before using. When several vegetables are used, each one should be marinated separately.

I have chosen several crisp spring salads which I know you will enjoy using. They will be particudarly welcome with fish dinners or meals made up of casseroles or other hearty foods.

> Jellied Vegetable Salad. (Serves 4 to 6)

1 envelope (1 tablespoon) unflavored gelatin 6 tablespoons cold water 2 tablespoons cider vinegar

1 tablespoon lemon juice 1/2 teaspoon salt 5 tablespoons granulated sugar

1 cup boiling water 1 cup diced, cooked carrots 1/2 cup diced celery

1 cup shredded cabbage Soften gelatin in cold water. Mix the vinegar, lemon juice, salt,

sugar and boiling water together. Bring to the boiling point, and add softened gelatin. Stir until gelatin dissolves. Chill until syrupy. Fold in vegetables. Chill

until firm. Serve with mustard salad

Garden Salad. (Serves 6)

Lettuce Romaine Mustard greens Tiny onions Sliced radishes Fluted carrot strips Green pepper rings Sliced tomatoes Sliced cucumbers

LYNN SAYS

Meat Cooking Hints: Grinding less tender cuts of meat breaks down tough connective tissue and makes them tender. Use ground meat for patties, meat loaves and meat pies. Canned meats and ready-to-eat

meats may be heated or served with vegetables and a starchy food. There is little waste in them, making them economical.

In buying ham, it is best to buy a whole ham rather than slices. Center slices bought separately are usually twice the price of ham bought whole.

Steak continues to cook after it is removed from the broiler. Serve it at once, if you want it medium or rare.

Stuff corned beef hash into green pepper halves, top with grated cheese for a quick supper



House-to-Auto Phone Call

(Following the recent announce-ment that house-to-car and car-to-car telephoning will soon be in operation.) Wife-Central, this is a car call. Central-Carl who? Wife-Car call, car call!

to look up his number in the book. Wife-Listen, I'm trying to get an

Central-You'll find a list of salesrooms in the back of the directory. Wife-Please, Central, please! I wish to phone my husband who is in his auto. The number is 66-355 J. Central-Is that a sedan exchange or a limousine number?

Wife-It's on the flivver circuit. Central-(after a minute or two) That car seems to be busy. Wife-It's just the way it acts. Try again please.

second ago. Didn't you get it? Wife-No. That was a backfire! Central—Excuse it, please!

Central-I got an answer just a

Voice-Hello. Is this Ficklestein's Restaurant? Wife-No. Please get off the wire. Central-Did you get your party?

Wife-I didn't even come close. Central-I'm certain I heard somebody answer. Wife-No. It's just a rather noisy

Central-Here's your party! Voice-Hello. This is Buxbaum's

Moving Van. Wife-Wrong connection! Central-There seems to be a little trouble. Ah, now I have it. Voice - Murphy's Beach Wagon

what can I do for you? Wife-Oh get your old beach wagon off the wire. Murphy-You can't talk to my beach wagon like that.

Central-Excuse it please. Now I have the number you asked for, cure with toothpicks. Drop into ice | madam.

Wife-Is this you, Gerald? Husband-Yes, Honey. But you'll have to speak louder. I can't hear you. Oh, my mistake! I had the cigar lighter in my ear by mistake.

Maybe It's Just a Dream

market!

It is spending thousands of dollars | in Monterey. warning people to buy no stock without being sure of the facts behind it. It is blasting tips, rumors and brokerage office gossip.

We expect the following trend any

Some fruits and vegetables such BEWARE OF WALL STREET! as the calavo may be served just A fool and his money are soon sliced in half, without peeling, and parted. Never buy a security un removing the seed with the sharp less you are rich, well informed and point of a knife, and sprinkling with especially rugged! Write the Stock Exchange now for its special book-If you are looking for molded fruit

How to Resist a Rumor in Ten Lessons.

That Hollywood director who slugged a youth five times in a nightclub while the victim was sitting in a chair must have as his slogan, "Never hit a man when he is UP!"

Harvard is conducting a special research into cures for deafness. Its present difficulty is to determine whether Yale men are deaf or just not listening.

. . . Bing Crosby and Barry Fitzgerald are to be together in a new movie, for which Allah be praised. In "Going My Way" they struck this department as a team that made the picture what it was. They parted and Bing appeared without Barry in "The Bells of St. Mary's," a film which needed Fitzgerald badly.

Hollywood studio workers are demold. Top with pimiento cream manding a 50 per cent wage raise. apple topped with pimiento cream Nobody out there ever does things in a small way. If things come to cheese between pears. Garnish with a strike we hope the fights between employers and workers will be photographed and used as a new pattern for those screen battles which still follow the routine of 1907. . . .

VANISHING AMERICANISMS

1-The banquet will cost \$1 per plate, including cocktails. 2-Let's take the whole two dollars and buy a lot of stuff for an all day 3-I'll take that \$2 pair of shoes for the little boy. 4-Yes, that 40 cent lunch will be

all right. . . . Breathes there a man with soul

so dead Who has not lately sadly said: IS this my own, native land? -Fred Dahl

"Miami Hotels Robbed."-Headthickness of about 3/4 inch. Freeze until firm. Cut into small squares

Turn about is fair play.

ENTERTAINMENT Let's go to a musical comedy. No. I want to laugh.



By VIRGINIA VALE DAUL MUNI (starring in Charles R. Rogers' "Angel on My Shoulder") tells this one. When he first reached Hollywood, under contract to a film company, he was al-Central-Clark Hall? You'll have ready famous as a Broadway star. But for six months he did nothing but collect his pay check. Finally he protested to his new boss, who told him not to worry, just to amuse himself-go to Honolulu if he wanted to, leaving of pocket in place first, then sew word where his check was to be sent. Finally "Scarface" came along, bringing him fame as a movie star overnight. It made so much money for the company that those months when Muni didn't work meant nothing.

Because it is said to be the most infectious and contagious one in Hollywood, social service students at Loyola university are studying a 15-minute record of Joan Leslie's laughter as it's heard in Warner



JOAN LESLIE

Bros. "Cinderella Jones." The recording was made at the request of Rev. Gerald D. Flynn, director of sodalities (social service) for Southern California.

It's a good thing Ray Milland isn't jittery; in "California" he gets shaved while sitting in a barber chair in which a man was scalped Wonders will never cease. The and murdered. That was way back New York Stock Exchange is now in 1848, and the murder took place running big space advertisements to during an Indian uprising, but the keep the public from playing the blool stains are still visible on the head rest. Later, the chair was used in General Fremont's headquarters

On the set of Metro's "The Show-Off," they brought in a Great Dane who plays an important role. Red Skelton held out his hand, but the dog didn't extend a paw - he knocked Skelton down. Skelton looked up with dawning recognition -it was the dog that was specially trained for Metro's "Bathing Beauty" two years before, trained to knock Skelton down every time he saw him!

The first postwar building project at the Warner studio will be an \$11,000 addition to the studio schoolhouse; there'll be larger classroom facilities for young players, a waiting room for mothers, and special equipment for the care and feeding of infant actors.

Madeleine Pierce, radio's baby specialist who is three-year-old "Jill" in "Young Dr. Malone," insists on being introduced to her audience before performances. Once as she approached the mike the audience, expecting adult speech, burst into giggles when Madeleine began; she was playing a baby, and only a couple of gurgles and a stream of goos came from behind the pillow used as a prop.

Ann Sothern's working in pictures again for the first time since the birth of her daughter. Patricia Ann Sterling, in December of 1944. She's doing another "Maisie" film.

A recent Hooperating lists Bob Hope as the leader of the first 15 evening radio programs, with Fibber McGee and Molly, second, and Fred Allen third; Jack Benny's fourth. Ten years ago the popularity rating ran Major Bowes, Burns and Allen, Rudy Vallee, Jack Benny. In those days Bing Crosby was 14th; he's 6th on the list now, though he's been back on the air so short a time.

The new March of Time, "Report on Greece," is a factual picture story, photographed on the spot, revealing the situation there from the incredible inflation and paralysis of transportation to the rise of new political parties.

ODDS AND ENDS-Norma Shearer may follow Joan Crawford along the come-back trail and make another picture. . . . A reporter asked Patti Brady, 8, of "Two Guys from Milwaukee," what sports she liked; said she "Skating, riding, swimming, fencing and Dennis Morgan" . . . Teddy, the burro in "Escape Me Never," sits up, grins, kicks gently, rolls over, never bitesand gets \$50 a day . . . In five years Joan Leslie has progressed from the short, "Alice in Movieland" to her starring role in "Cinderella Jones"... The youngster who got Bob Hutton's private phone number sells it to her friends for 15 cents.

HELP WANTED WOMEN

Girls and women from 18 to 45 years of age to come to Omaha for pleasant work in food processing plant. Experience not necessary. Paid while learning. 54c per hr. to start—44½ to 47½ hrs. per week. Time and one-half over 40 hrs. paid weekly. THE FAIRMONT CREAMERY CO., 12th & Jones, Omaha, Nebr.

BIRDS FOR SALE

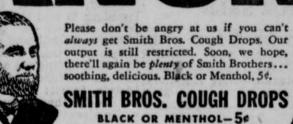
Love Birds, all colors, \$8 pair; Zebra Finches \$5 pair; Red Poll Linnets \$5 pair; Canary, females \$3.50 each; Sing-ers \$12 each, George Carter, 5914 No. 39th St. Omaha, Nebr.

JACKS FOR SALE

Axle type scissor jacks, 1½ ton capacity, ball bearing \$7.50 each. Mail ders promptly filled. Special price to dealers in lots of 6 or more. Write for prices. B. F. Goodrich Store, 24 & L St. South Omaha, Nebr.

Cook a piece of salt pork with green string beans for good flavor without the addition of butter.

In sewing on pockets, baste top around the sides and bottom, to get the pocket straight.







CHICKS HAVE EASY GROWING JOB when they START on GOOD nutrition



STARTING FEED

is made to meet the requirements of successful poultry raisers. Good nutrition for baby chicks means GOOCH nutrition — not just a fancy label on a bag. For GOOCH'S BEST Starting Feed is laboratory controlled in processing, time-tried and farm-proved.

GOOD FOR YOUR CHICKS—GOOD FOR PROFITS

Experienced poultry raisers know the necessity for having a proved blend of the right nutrients, uniformly balanced for a quick start. The carbohydrates, minerals, proteins and vitamins you know are needed are plentifully supplied in this famous RIGHT-starting feed.

Make plans for a Good Productive Flock and let your foundation be GOOCH'S BEST Starting Feed this year and any year. Be on the safe side, THE PROFIT SIDE, with Gooch's Best Feeds.

HELPFUL GIFT!



"LIFESAVER" for **BABY CHICKS**

Helps end crowding and "robbing"—each chick feeds at separate window. Accommodates 24 chicks at once. Ridge top tends to prevent roosting on feeder. Helps make feed go farther
— a "life-saver" for chicks
as well as a money-saver
for you. One with each
100-lb. bag.

Your GOOCH'S BEST dealer has yours ready!

GOOCH FEED MILL COMPANY LINCOLN, NEBRASKA Salina, Kansas

Council Bluffs, lowa

Connected Give FITESTOME
Triple-Braced Give FITESTOME
Traction Bars. Give GROUND CD. CENTER BITE"

TESTS conducted under a wide range of soil and weather conditions proved conclusively that Firestone Ground Grip tires will give your tractors up to 16% more pull on the drawbar. That's because only connected, triple-braced traction bars...with their extra tread-bar length in the center of the pulling zone...take a "Center Bite."

Besides giving Firestone Ground Grips a "Center Bite," connected traction bars also insure better cleaning. There are no brokenbar, trash-catching pockets such as you see

on ordinary tires. The connected bars are stronger, too, because they are triple-braced. This added strength increases tread life.

These money- and time-saving features are responsible for today's farm preference for Firestone Ground Grips. And they are the reasons why it will pay you to have Firestone Ground Grips on your present tractors and to specify Ground Grips when you buy a new tractor.

*Area in white shows the "Center Bite" traction zone, not found in other tires because of Firestone's exclusive patent rights.

Listen to the Voice of Firestone every Monday evening over NBC.



FIRESTONE PUT THE FARM ON RUBBER