

CHILD'S COLDS

Most young mothers use this modern way to relieve miseries of children's colds. At bedtime they rub Vicks VapoRub on throat, chest and back. Grand relief starts as VapoRub...
PENETRATES to upper bronchial tubes with its special medicinal vapors.
STIMULATES chest and back surfaces like a warming poultice.
 Often by morning most of the misery of the cold is gone! Remember—
ONLY VAPORUB Gives You this special double action. It's time-tested, home-proved... the best-known home remedy for relieving miseries of children's colds.



How Sluggish Folks Get Happy Relief



WHEN CONSTIPATION makes you feel punk as the dickens, brings on stomach upset, sour taste, gassy discomfort, take Dr. Caldwell's famous medicine to quickly pull the trigger on lazy "in-nards", and help you feel bright and chipper again.

DR. CALDWELL'S is the wonderful senna laxative contained in good old Syrup Pepsin to make it so easy to take. MANY DOCTORS use Pepsin Preparations in prescriptions to make the medicine more palatable and agreeable to take. So be sure your laxative is contained in Syrup Pepsin.

INSIST ON DR. CALDWELL'S—the favorite of millions for 50 years, and feel that wholesome relief from constipation. Even finicky children love it.

CAUTION: Use only as directed.
DR. CALDWELL'S SENNA LAXATIVE
 CONTAINED IN SYRUP PEP SIN

False Teeth Wearers what bothers you most?

- Sore Gums?
- Chewing Discomfort?
- Food Particles Under Plates?
- Troublesome Lowers?

Don't let these annoying loose-plate troubles make your life miserable another day! Instead, be guided by the experience of grateful thousands who've found complete dental-plate security and comfort with the remarkable dentist's discovery that does what no "denture" ever did.
 1. Holds plates comfortably secure—not for just a few hours, but all day—or it costs you nothing. 2. Quickly relieves and helps prevent sore gums due to loose plates that slip and chafe. 3. Seals around plate edges to keep out irritating food particles. 4. Ideal for troublesome lowers, uppers too. Get yourself an easy-to-use tube of Staze at your drug store today. You'll be completely satisfied, or get your money back!

USE **666**
COLD PREPARATIONS
 LIQUID, TABLETS, SALVE, NOSE DROPS
 CAUTION—USE ONLY AS DIRECTED

Buy U. S. Savings Bonds!



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Bring your favorite recipes right up to date by comparing them with the basic recipes contained in

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 Your name and address on a post card will bring you this new baking guide plus a copy of The Clabber Girl Baking Book, both free.

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CLABBER GIRL
 Baking Powder

HOUSEHOLD MEMOS... by Lynn Chambers



Serve Salads for Afternoon Snacks (See Recipes Below)

Entertaining Easily

War-time brought back a simplicity of entertaining which will last for some time. We learned that an elaborate meal need not be served for a gathering to be successful. In fact, the simplest of food well prepared and nicely served will bring cheers from any crowd.

A salad with tiny sandwiches served with tea is ample refreshment for an afternoon meeting of the club. A mouth-watering coffee cake with coffee is ideal for an evening get-together. Chocolate milk and sandwiches or a casserole is perfect fare for the children's party.

With sugar still among the scarce items, it's a good idea to conserve on this precious foodstuff whenever possible. Judicious use of sugar substitutes will pull you through many a scarce period, and salads and sandwiches served with beverages will take care of the other times.

When selecting a recipe, check over the amount of sugar required before starting to mix so that you will not be caught short-handed. Consider also whether it is wise to use, say two cups of sugar for a cake, or whether a cake with half or less of that amount couldn't do just as well. It often will.

Many cookies and dessert sauces can be made just as sweet without sugar. These little economies will save sugar for the times when you really need it.

Here are two versatile salads which can easily meet entertaining needs. Both can be served with thin strips of sandwiches to act as a main dish.

- Molded Main Dish Salad.**
- 1 tablespoon unflavored gelatin
 - ½ cup cold water
 - 1 cup tomato juice
 - 1 small can salmon, flaked
 - 2 diced, hard-cooked eggs
 - ½ cup chopped celery
 - 1 tablespoon chopped onion
 - 1 teaspoon salt
 - ¼ teaspoon pepper
 - Salad greens

Soften gelatin in cold water. Heat tomato juice to boiling. Add gelatin and stir until dissolved. Chill until partially congealed. Flake salmon; add. Add remaining ingredients. Place in individual ring molds or one 8½-inch mold. Chill until firm. Unmold on bed of lettuce greens and serve with french dressing or mayonnaise.

- Frozen Fruit Salad.** (Serves 8)
- 1 cup cottage cheese
 - ¼ teaspoon salt
 - 1 cup pineapple, finely diced
 - 1 cup cherries, pitted
 - 1 cup peaches, sliced or diced
 - 2 oranges, diced
 - 8 marshmallows, quartered
 - 1 cup whipping cream
 - ½ cup mayonnaise

Combine cheese, salt, fruits and marshmallows, tossing together

Lynn Says:

Keep well-groomed: Art gum or wall paper cleaner may be used on light-colored felt hats and kid gloves for cleaning.

Light-colored furs may be cleaned and much improved in appearance by rubbing well with corn meal or flour. Shake out thoroughly and then brush well.

To prevent blisters from new shoes, cover irritated surface or place where shoe is most likely to rub with a small piece of adhesive tape.

To mend woolen garments, ravel a thread from the cloth itself and use for darning.

Star Dust

STAGE-SCREEN-RADIO
 Released by Western Newspaper Union.

By VIRGINIA VALE

WHEN an actress decides to free lance it's a gamble, even if she's famous. Barbara Britton decided to take a chance, a while ago, and her success will probably inspire many another girl to do likewise. Before leaving Paramount she'd done "Till We Meet Again," with Ray Milland, and "The Virginian," not yet released, so she couldn't tell how the public would like her in that one. Her first picture on her own was "Captain



BARBARA BRITTON

Kidd," with Charles Laughton and Randolph Scott. Now she's signed for a comedy, Republic's "The Fabulous Suzanne," in which Rudy Vallee will also appear. Vallee will have the comedy lead; Steve Sekely produces and directs.

A stray sailor became technical advisor for a few moments on "One Exciting Week," at Republic. Pinky Lee and Shemp Howard, as a pair of phony marines, had a scene showing them changing their uniforms. And they couldn't get out of those skin tight navy jumpers. The sailor, who goes down in history—AMM 3/c Donald Wardwick, stepped forward and showed them the way.

"Going My Way" has just begun a four-theater run in Paris, one of its first European engagements. But Americans there may be misled by the title; it's been translated into local idiom, and is called "The Road Strewn with Stars."

When he began directing "Calcutta," John Farrow said, "The one thing I want to do in this picture is to get the flavor of the real India. I'm not after that Arabian Nights stuff that is usually seen." So we'll see Alan Ladd, Gail Russell, and the rest of the excellent cast against a background of India as it really is, and we'll all owe John Farrow a debt of gratitude.

Arthur (CBS) Godfrey went into a New York restaurant for a steak and came out with a tenor. It was Frank Saunders, the bartender. Godfrey took him to the studio to sing on his program—couldn't get Saunders away from the mike before he'd sung three songs to the delight of the studio audience. Godfrey, too, was delighted, and has asked the singer to appear with him again.

Bartlett Robinson, "Walter Manning" of "Portia Faces Life," has bought an island in Long Island Sound, between Darien and Stamford; connected with the shore by a causeway, the island boasts a 125-year-old house. Robinson says he's going to spend all his spare time for years fixing it up. He'd better—I remember that house, and the neighbors claim it's haunted!

It's Van Heflin's sister, Frances, who plays the part of "Nora Holiday" in the new CBS air show, "Holiday and Co." But Frances doesn't have to rest on her brother's laurels; till recently she appeared in the Broadway stage hit, "I Remember Mama."

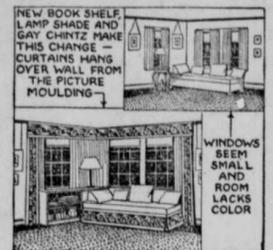
Remember Paul Lavalley's famous "Society of Lower Basin Street"? It's rumored that he may revive it—the rumor's been growing since the appearance of the jiving "Memphis Five" on Lavalley's "Highways in Melody," on NBC recently.

Shortly after Ginny Simms arrived in New York, her husband, Hyatt Dehn, contracted pneumonia. Ginny rode to the hospital in the ambulance with him, returned to her hotel and came down with flu. But her regular Friday CBS broadcasts went right on, and Ginny went right on with them.

ODDS AND ENDS—Herb Shriner, comedian of the air's "Follies of Forty-Six," collects bicycles as a hobby—has three, including a German one he picked up when in Europe with the 8th Corps. . . Victor Francen's first scene in Warner's "The Best With Five Fingers," when he'd just recovered from pneumonia, was a funeral, in which he was buried. . . Columbia's "Carmen," starring Rita Hayworth, won't make Rita sing—it's adapted from the book, not the opera. . . At 20th-Fox they dug a river bed for "Anna and the King of Siam"—then it rained, the river overflowed—resulting damage to studio, we're told, about \$2,000.

Creating a Modern Air in Living Room

HOUSES of glass are realities today and, if you want to give any house a modern air, try to make the windows seem important. One way is to frame them in a group by covering the wall and leaving the glass exposed.



An inexpensive chintz with grey-green ground and a flower pattern is used for draperies and to trim the couch cover of heavier grey-green cotton material which is also used for the cushions. The glass curtains are hung on rods suspended from the picture moulding with picture wire and hooks. The side drapes are unlined but the valance is made over buckram. Both are tacked to pine strips and are hung with picture hooks. One end of the book shelves is closed in to make a head for the couch. The outside is painted grey-green and the inside dark green. The parchment lamp shade has green bindings.

NOTE: This decorating idea is from BOOK 9 which contains more than 30 other suggestions for homemakers. Copies are 15c postpaid. Send direct to:

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Look! Muffins made with Peanut Butter!

(No shortening and only ¼ cup sugar)

If you'd like to try something brand new in muffins that's truly delicious and saves on shortening, too—try Kellogg's new Peanut Butter Muffins. You'll love their flavor. You'll love, too, the tender, melt-in-your-mouth texture of bran muffins made with Kellogg's ALL-BRAN. For ALL-BRAN is milled extra-fine for golden softness.

- ¾ cup peanut butter
- ¼ cup sugar
- 1 egg, well beaten
- 1 cup milk
- ¾ cup Kellogg's ALL-BRAN
- 1 cup sifted flour
- 1 tablespoon baking powder
- ½ teaspoon salt

Blend peanut butter and sugar thoroughly; stir in egg, milk and Kellogg's ALL-BRAN. Let soak until most of moisture is taken up. Sift flour with baking powder and salt; add to first mixture and stir only until flour disappears. Fill greased muffin pans two-thirds full and bake in moderately hot oven (400°F.) about 20 minutes. Makes 10 tender, tasty muffins.

Good Nutrition, too!
 ALL-BRAN is made from the VITAL OUTER LAYERS of finest wheat—contains a concentration of the protective food elements found in the whole grain. One-half cup provides over ½ your daily minimum need for iron. Serve Kellogg's ALL-BRAN daily!

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 SPRAINS • STRAINS • BRUISES • STIFF JOINTS
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