

The Frontier Woman —

## Canning Season Is at Hand . . . Be Sure to Use 'Sloppy Pack'

By BLANCHE SPANN PEASE

Hi there, all you nice people! Now, we've got the Fourth of July behind us, we can look toward the bulk of the canning season. From now on the housewives are going to be doubly busy although many started their canning season with asparagus, progressed through the greens season into strawberries, rhubarb and then cherries. About then, they started putting peas into jars and lockers and some are already canning string beans. It's a busy world.

I hope those of you who canned peas were careful not to fill the jars too full and to use a "sloppy pack." Peas, corn and lima beans expand in the jars while being processed, and space should be allowed in the jars when you can them for this expansion. This is the reason many of you find that you can't put these vegetables up so that they will keep.

Another reason is that too much time is allowed between the garden and the jar. You should pick only as many peas, or gather only as much corn as you can take care of in about 3 hours. If they can be gotten from the garden to the jars in less time, then so must the better.

I have known homemakers to pick peas, allow them to lay overnight, then can them the next morning and complain because they didn't keep. And I've known others to gather corn, let it lie around all day in extremely hot weather and then find that when canned it didn't keep either.

Beets should be canned before they get too large and woody. They are much better when smaller. Remember, too, that when you get the beets from the garden, that the tops make very edible greens when cooked. In fact, there is far more food value in the tops than in the beet roots themselves.

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Wash them very thoroughly several times and cook in the water which clings to the leaves. They'll cook quickly. Serve with butter, or perhaps your family will like a dash of vinegar.

No matter what you are dishing it is a pretty good ruling to can it just as quickly as possible. That goes even for cucumbers, which will wait longer than most, but are so much better if promptly taken care of.

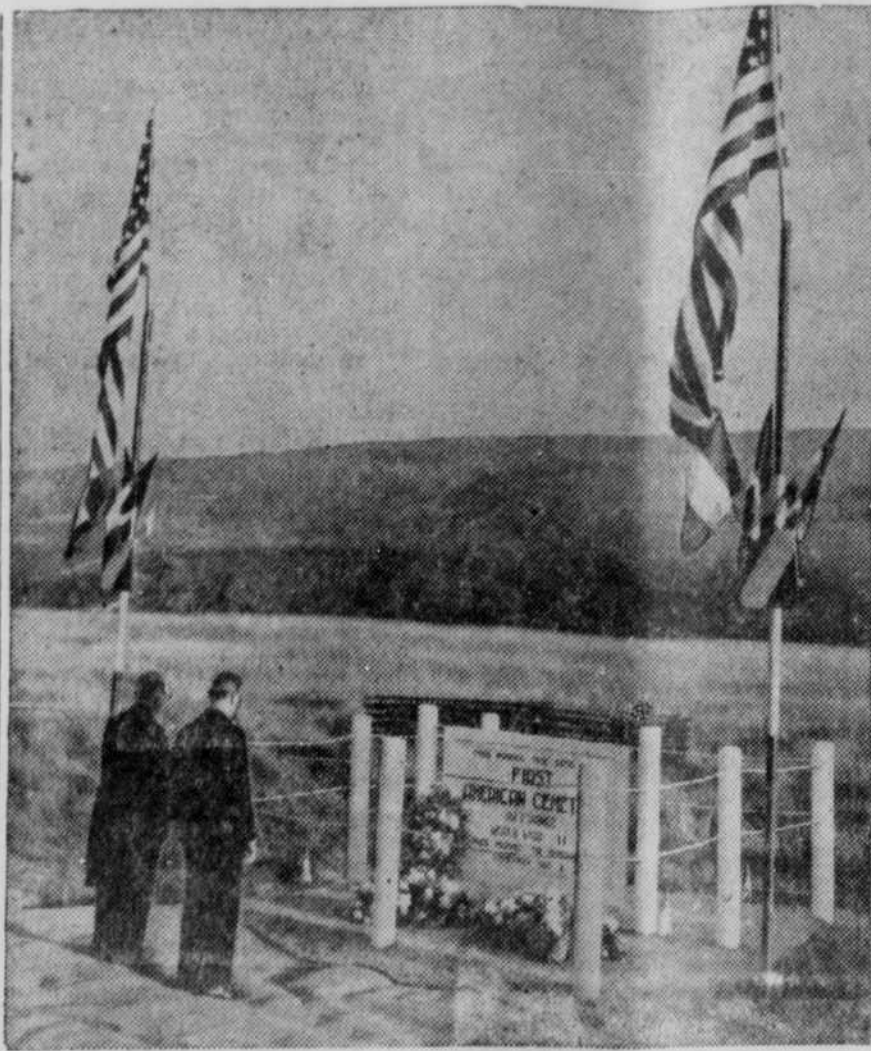
Peas, string beans, sweet corn and such all have more flavor if picked and cooked at once. The longer between the garden and the table, the less flavor you will get from most of these garden vegetables. Most vegetables benefit in flavor from a tiny bit of sugar added to them when they are cooked. Most of us overcook vegetables. The most important thing to know about vegetable preparation is not to overcook them. For most vegetables, use a small amount of boiling, salted water and cook covered just until tender. If you like the strong flavored vegetables mild, barely cover with boiling, salted water and cook uncovered. Vegetables are full of vitamins and minerals, so make use of the cooking water.

Subscription Winning Letter —

Dear Mrs. Pease:  
I've been wanting to write your column for a long time but I've been kept very busy in trying to teach school and do my housework, too. Enjoy the letters immensely, because they usually say what I want to say, but can't seem to find the words.

I do so enjoy the helpful hints. I believe a farmer's wife, especially, needs to know the helpful and useful short cuts in housekeeping and still do the job thoroughly.

For instance, this morning, I thought rather than start the brooder stove this time of year for some late cockerels I would put them with hens. And I'm wondering what can be more disgusting at times than a setting hen.  
I have painted all the woodwork and paper the walls of the downstairs since school was out and what a marvelous



**ANOTHER AMERICAN SHRINE IN FRANCE . . .** Heads bared, President Vincent Auriol of France (left) and U. S. Ambassador Jefferson Caffery stand silently before the plaque in a field in Normandy that marks the site of the first American cemetery on the European continent in World War II. The cemetery, since removed, was at Omaha beach where the American spearhead of the Allied invasion forces fought its way ashore through a hail of Nazi shells and bullets 4 years ago. President Auriol visited the site on a recent tour of the historic beaches.

change it makes. What changes can be made in the schoolroom, too, by the means of a coat of paint.

My 2 girls are invited to a children's party this afternoon so will have to stop and get out the shoes to see if they need polishing and try and agree with dresses to wear.

For some reason, the one I pick out isn't always suitable to the 7-year-old. They tell me they get worse in that respect as they get older, too. It doesn't seem that I minded so much how my hair looked when I was 7-years-old, or maybe I don't remember.

Sincerely,  
MRS. FRANCES CURRAN,  
O'Neill, Nebraska.

Mrs. Curran, I'm so glad that you wrote to us. If you have been teaching school, you've surely been busy and I know you'll enjoy the Summer, although you'll be very busy, too. Little girls are very interesting little women. I always enjoy my nieces and my little neighbor girl, who is about as clothes-conscious as any little girl I ever saw.

Before long there will be apples from orchards. At present the stores have them. And a warm apple flavored strudel is a grand luncheon dessert or can be served as a sweet bread for your breakfast.

**QUICK APPLE STRUDEL**  
Two cups sifted enriched

flour, 3 teaspoons baking powder, ½ teaspoon salt, 2 tablespoons sugar, 4 tablespoons shortening, 2-3 to ¼ cup milk, 3 cups chopped apple, ½ cup sugar, 1 teaspoon cinnamon, confectioners sugar, chopped nuts. Sift together flour, baking powder, salt and sugar. Cut in the shortening and add milk to make a soft dough. Turn out on floured board and knead gently. Roll out one-fourth inch thick. Brush with melted butter or margarine. Cover with chopped apple. Sprinkle sugar and cinnamon over apple. Roll jelly-roll fashion and form into a semi-circle on a greased baking sheet. Bake in moderately hot oven of 425 F 20 to 25 minutes. While warm frost with white frosting made by beating confectioners sugar with a little hot water until smooth and flavor with vanilla extract. Sprinkle chopped nuts over frosting.

—ftw—  
Please Send Us a Letter —

Please, lady, send us a letter! We do need letters very much. We used the last one we had in this issue, so here's hoping some come in this week so we're all set for next week. Write about anything you like, but be sure to write. If you include seasonal recipes be sure to check them carefully to see that they have been copied correctly.  
Send your letters to Mrs. Blanche Pease, The Frontier

Woman, Atkinson, Nebraska. Be sure to put the "Frontier Woman" notation on your letter.

### Mrs. Walter Reports on Food, Ag Group

**CHAMBERS** — The Valley Center Extension club met at the home of Mrs. K. N. Adams on Friday, July 2 with 8 members and 1 visitor present. The president, Mrs. L. W. Taggart, presided at the business session. A music period was held with Mrs. Ray Hoffman as pianist.

Mrs. H. C. Walter presented the lesson on the "Food and Agriculture Organization," pointing out the meaning, purpose and aims of this organization to which 48 nations of the world belong.

Mrs. E. R. Carpenter gave a report on an article by Ruth Buxton Sayre, international president of the Associated Country Women of the World, entitled "Peace Is Possible."

Refreshments of ice cream, cake and iced tea were served by the hostess.  
The next meeting will be at the home of Mrs. Raymond Beed. A lesson on UNESCO will be presented by Mrs. Ray Hoffman.

### Thomas Peacocks Wedded 50 Years

**EMMET** — Mr. and Mrs. Grant Peacock and boys spent Sunday, July 4, at Long Pine attending the golden wedding anniversary of Grant's parents, Rev. and Mrs. Thomas Peacock.

**Other Emmet News**  
Mr. and Mrs. Charles Millard, of Sidney, stopped for a short visit with Mrs. Agnes Gaffney Sunday, July 4.

Francis Schonele, of East Moline, Ill., arrived Sunday, July 4, to get Mrs. Schonele and children, who have been visiting relatives and friends here for the past 6 weeks.

Mr. and Mrs. Joe Winkler and boys attended a picnic on Sunday at the home of Frances Timmerman at Stuart.

Mr. and Mrs. Herman Grothe and children, Mr. and Mrs. Arthur Juracek and children, of O'Neill, motored to Long Pine Sunday, July 4, and spent the day picnicking.

Mr. and Mrs. William Grothe, sr., and Mr. and Mrs. William Grothe, jr., and family and Jim O'Connor and daughter, Marybelle, of Perkins, and Norma Lou all spent Sunday, July 4, at Stuart.

**Enroute to Montana** — Mr. and Mrs. Joseph Bell and 2 children arrived late Monday from Nashville, Tenn. They are enroute to Montana where Mr. Bell will assist in a series of Methodist church youth institutes. Mr. Bell is the son of Rev. and Mrs. V. R. Bell of the Methodist church here. The family is travelling to Montana by automobile and stopped-off here for a short visit.

### Lynch Dog Slain by a Rattlesnake

**LYNCH** — Leslie Wentling's prized dog was bitten recently by a rattlesnake while picking gooseberries along the Missouri river bluffs. The rattler's attack proved fatal to the dog.

**Other Lynch News**  
Mrs. Harrison James and children, and Mrs. Ralph Wurtz and daughter, of Spencer, were Lynch visitors Wednesday, June 30.

Mrs. Lyle Warnke arrived from Spokane, Wash., Wednesday, June 30, to visit home-folks.

Elder and Mrs. Charles White and baby are now in Cincinnati, O., being transferred there from Lincoln. Elder White is a Seventh Day Adventist minister. Mrs. White, the former Mardell Potter, of Lynch.

Mr. and Mrs. Lee Mulhair have been staying at the Clarence Moody home while the Moodys and their son, Leland, and wife were away on a fishing trip in Minnesota. They returned Monday, June 28.

Mrs. Ed Mulhair entertained at a party Monday, June 28. About 28 ladies were present. In the evening, Mrs. Henry Waechter was hostess to a similar group. Mrs. Clements, of O'Neill, was present at both parties.

Miss Marie Minarek, who visited Margaret Ann Kriz, for 10 days, returned to her home in Omaha, Wednesday, June 30, accompanying Father Twohig, who was making the trip there. The G. V. Fleming family spent a couple of days recently at the Sid Baker farm northeast of Lynch.

Mrs. Lana Potter and Ivan and Mrs. Emma Thiesen were in from the Sunshine Bottom vicinity Friday, July 2.

Mrs. Alice Peterson, a teacher here the past few years, moved to Nampa, Ida., after the close of school and is now teaching a 6-weeks' term of school there.

Marvin Craig and wife and daughter, of Winner, S. D., visited his parents and other Lynch relatives recently.

Frontier Want Ads will sell that excess property.

**Couple Weds; To Reside in Omaha** —

**LYNCH**—Mrs. Pearle Spencer has received word of the recent marriage of her daughter, Naomi, to D. B. George, of Omaha. The couple will reside in Omaha.

Mrs. George's 5-year-old son, Denny, who has been living the past year with his aunt, Mrs. Hazel Hvasnicka, of Richmond, Calif., will come to Omaha to live.

**Church Changes Through Years Discussed** —

**EWING**—The Forum group, composed of young married couples of the United Presbyterian church, met Thursday evening, July 1, at the home of Mr. and Mrs. Archie Johnston.

A discussion on worship was led by the pastor, Rev. C. Donald Vogel. Changes in the Protestant forms of worship through the ages were of interest to the group.

Mrs. Archie Johnston served refreshments. At the next meeting will be at the home of Mr. and Mrs. Leo Miller on August 5.

Frank Biglin and W. Whaley were in Omaha on business on Tuesday, June 29.

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At 2 O'Clock P. M.  
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**480 Acres With The Improvements** — Legally described as the N½ & SW¼ of Section 27, Twp. 31, Range 11, Holt County, Nebr. Has 56 acres of second year alfalfa that is excellent—95 acres planted to corn—5 acres in storage—49 acres of second year brome grass pasture—153 acres of native pasture—120 acres of native hay mow. Improvements consist of a fine 8-room house with screened porch—Milk House 10x14—Cave—Chicken House 12x24—Granary 14x22—Fine hog or cattle barn 36x40—Barn 23x40 with 12x40 lean-to—Cow Barn has 12 stallions with fully cemented floor—Large hay loft in barn—All buildings are in excellent condition, have good cement foundations—roofs recently shingled and all buildings painted in the past two years. School house on the place, telephone and daily mail route.

**A Choice 320 Acre Hard Grass Pasture**  
South ¼ of Section 22, Twp. 31, Range 11, Holt County, Nebr. Lays just north of the improved place, across the road. Has 10 acres of trees, 310 acres of excellent grass, on which cattle really get fat. Good well and windmill.

**320 Acres of Hay Land**  
East ¼ of Section 33, Twp. 31, Range 11, Holt County. Has 15 acres of trees, 145 acres of brome or brome and alfalfa hay and 160 acres of native hay. This is an excellent piece of hay ground. Has good well and windmill.

**TERMS:** 20% of purchase price on day of sale, balance on or before March 1st, 1949, when possession will be given. Deed and abstract will be furnished.

**How To Get There:**  
Go 11½ miles north of O'Neill on highway No. 281—then 3 miles east and 1 mile north and ¼ mile east to the improvements. Ted Tomjack, living on the place will gladly show it to interested parties at anytime. If you are looking for a home or an investment, inspect this property and then attend the sale.

For Further Information, phone or write  
**ERNE WELLER, The Auctioneer,**  
Phone 89 — Atkinson, Nebr., or  
**RICHARD (DICK) L. TOMLINSON,**  
Owner, O'Neill, Nebr.

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