



Household News

By Eleanor Howe

WHEN YOU'RE PLANNING A MENU ESPECIALLY FOR MEN
(See Recipes Below)

Just between us women, we'll have to admit that, if left to his own devices, many a man would enjoy living on a straight diet of meat, potatoes and pie. It requires a little judicious scheming on Mother's part to supply Father with his favorite foods and provide for him a wholesome, well-balanced meal in the bargain.

Whether she's planning a menu to please the men folk in her family, or is chairman of the refreshment committee for the May meeting of the business men's club, it's a wise woman who remembers—and caters to—these masculine foibles in food.

Just how do a man's food preferences differ from those of women? Well, for one thing, a man wants plainer, more substantial food. He likes a meal to be composed of only a few dishes, but he wants those few to be tasty, full of flavor and cooked to a turn.

And he likes to know just what he's eating—he wants none of the "masked identity dishes" that defy him to find what they're composed of. In a word, fancy cooking is wasted on the average man, but he appreciates good cooking to the limit.

Remember that for most men, meat makes the meal; that hot breads are a masculine weakness; that they themselves acknowledge; and that for dessert men have a special fondness for pie, or chocolate cake.

You'll find more suggestions for planning masculine menus in my booklet, "Feeding Father." There are tested recipes, too, for over 125 of father's favorite foods.

Hot Muffins.

- 2 cups general purpose flour
- 2 teaspoons baking powder
- 1 teaspoon salt
- 2 tablespoons sugar
- 1 egg
- 1 cup milk or water
- 2 tablespoons shortening, melted

Mix and sift dry ingredients, add unbeaten egg, milk or water and melted shortening. Mix quickly. Pour into well-greased muffin tins, and bake in hot oven (450 degrees) 20 minutes.

Deep South Ham Sandwich With Hot Mushroom Sauce.

- 6 pieces corn bread, about 3 inches square
- 6 slices ham, boiled or baked
- Mushroom Sauce:
- 1 can condensed cream of mushroom soup
- 1/2 cup milk

Stir the 1/2 cup of milk into the condensed cream of mushroom soup. Heat, but do not boil. While the sauce is heating, split the pieces of corn bread and toast them. Then place the ham between the toasted slices of corn bread and pour the hot mushroom sauce over the top.

Note: This is an excellent way to utilize left-over corn bread. If hot corn bread is used, we suggest the pieces be split and buttered, but not toasted.

My Best Chocolate Cake.

- 2 ounces bitter chocolate
- 1/4 cup butter
- 1 1/2 cups sugar
- 3 eggs
- 2 1/2 cups cake flour
- 1/4 teaspoon salt
- 2 teaspoons baking powder
- 1 cup milk
- 1 teaspoon vanilla extract

Melt chocolate carefully over warm water. Cream butter thoroughly and add sugar slowly. Separate eggs, beat egg yolks, and add to butter and sugar mixture. Add the melted chocolate. Mix and sift together the flour, salt, and baking powder and add alternately with the milk and vanilla extract. Beat egg

Next week in this column Eleanor Howe will give you some clever suggestions for entertaining a June bride. There'll be a menu and tested recipes, too, for a "Kitchen Shower"—and hints on what to give the bride.

whites until stiff and fold into the cake mixture. Place in 2 well-greased, 8-inch layer cake pans. Bake in a moderate oven (350 degrees) for approximately 30 to 35 minutes.

Corn Bread.

- (Serves 6-8)
- 1 1/2 cups yellow (or white) corn meal (uncooked)
- 1/2 cup general purpose flour
- 4 teaspoons baking powder
- 1 teaspoon salt
- 1 cup milk
- 2 eggs (beaten)
- 2 tablespoons fat (melted)

Sift the corn meal with the flour, baking powder and salt. Combine the milk, eggs, and shortening and add to the dry ingredients. Bake in a well-greased 8-inch square baking pan, in a moderately hot oven (400 degrees) for 40 to 50 minutes.

Garden Salad Bowl.

- 1 head lettuce
- 1 cucumber, peeled and sliced
- 1 green pepper, cut in thin rings
- 3 fresh tomatoes, cut in wedge-shaped pieces
- 1 bunch radishes, sliced
- Roquefort cheese dressing

Prepare and chill vegetables thoroughly. Line salad bowl with large crisp leaves of lettuce and shred remaining lettuce rather coarsely. Place all vegetables in salad bowl and toss together with a well-seasoned dressing. Serve at once.

Welsh Rarebit.

- 1 pound sharp American cheese
- 2 tablespoons butter
- 1 cup cream
- 2 eggs
- 2 teaspoons worcestershire sauce
- 1/2 teaspoon paprika
- Salt and pepper to taste
- 1/2 teaspoon dry mustard

Cut cheese in small pieces and place it together with the butter in the top of a double boiler. Melt slowly. Then add cream, eggs (well beaten) and seasonings. Cook, stirring constantly, until mixture has thickened. Serve on hot buttered toast.

Noodle and Tuna Fish Casserole.

- (Serves 8)
- 1 8-ounce package noodles
- 1 tablespoon salt
- 1 1/2 quarts boiling water
- 1 7-ounce can tuna fish (drained and flaked)
- 1 1-pound can cream of mushroom soup (not condensed)
- 2 tablespoons catsup
- 1 tablespoon prepared mustard
- 1/2 cup American cheese (grated)

Cook noodles in boiling water to which salt has been added, until tender. Drain and rinse thoroughly. Place one-half of the noodles in buttered casserole, add tuna fish and top with remaining noodles. Combine mushroom soup, catsup and mustard and heat to boiling point. Then pour sauce over noodles in casserole and top with grated cheese. Bake in a moderate oven (350 degrees) for approximately 35 minutes. Garnish with wedges of hard-cooked egg.

To Please the Men Folk in Your Family.

From the brand new bride, to grandmother, aren't most of us cooking largely to please Father? Eleanor Howe's booklet, "Feeding Father," is one every homemaker needs in her file. It's full of tested recipes for the foods that Father likes best—and will give you masculine menu hints, as well. Send 10 cents in coin to "Feeding Father," care Eleanor Howe, 919 N. Michigan Avenue, Chicago, Illinois. (Released by Western Newspaper Union.)

WHO'S NEWS THIS WEEK

By LEMUEL F. PARTON

(Consolidated Features—WNU Service.)

NEW YORK.—In 1922, when a daughter was born to the Grand Duchess Charlotte of Luxembourg there was confusion and embarrassment in the Caesar Received Bare Dues From Tiny Luxembourg where in the night, after 21 years of peaceful home-keeping, in which the grand duchess had reared her children, played the piano and, being a fluent linguist, had kept abreast of French, German and English literature. She has always said that talk of war and politics was distasteful to her. As the ruler of her tiny principality she discharged her duties of state with care and diligence.

Today the Grand Duchess Charlotte, her husband, Prince Felix of Bourbon-Parma and their six children are safe in France, fleeing guns which end lives rather than acclaim new life. The terror came in the night, after 21 years of peaceful home-keeping, in which the grand duchess had reared her children, played the piano and, being a fluent linguist, had kept abreast of French, German and English literature. She has always said that talk of war and politics was distasteful to her. As the ruler of her tiny principality she discharged her duties of state with care and diligence.

At the end of the World war, Charlotte expressed extreme distaste for the Germans. Her elder sister, Marie Adelaide, was compelled to retire as ruler, on account of her pro-German sympathies and Charlotte was elected in plebiscite which continued the last grand duchy in Europe, as against a republic.

She is tall and handsome, 44 years old, of the House of Nassau, also the House of Queen Wilhelmina of Holland, the richest house in Europe. Luxembourg is a land of Millet landscapes and haunted castles. The grand duchess has traversed it mainly on horseback, riding side-saddle. Here the new savagery finds a shining mark of age-old decency and simplicity.

EDWARD LESLIE BURGIN, who recently retired as British minister of supply, knows Sanskrit and six or eight other languages, and writes philosophical essays.

New Member of British Cabinet a Stiff Technocrat

He could explain the war, but his critics said he wasn't much help in fighting it. Replacing him is the one-time grocer's boy, Herbert Morrison, who quit school when he was 12. Mr. Morrison, who for the last nine years has been lambasting the tory government for fumbling and faltering, is the only dash of new blood in the re-made cabinet. A conservative Labor leader, who in 1934 rushed the last of the left-wingers out of the movement, he has been variously appraised. One British friend tells me that "he is another Ramsay MacDonald, hamstrung by political ambition." Another, equally credible, tells me he is a vigorous and intelligent public leader who will greatly strengthen the cabinet.

The son of a laborer, he was grocer's boy, elevator operator, traveling salesman, telephone operator, and secretary of the London Labor party at \$5 a week. When he was a small boy, a phrenologist, taking his last six-pence for a fee, told him he would one day rule England. He had heard about Dick Whittington and laughingly told the story when someone suggests that he may be prime minister. It is almost certain that he will if England has another Labor government.

Significantly, he has contended that England must be more hospitable to conveyor-belt production, in both war and peace, if it expected to meet competition. The Germans long have been in line-production of planes, while the British have clung to hand-craft and quality—traditionally. Judging from Mr. Morrison's dossier of the last few years, he may help put more technological kick into their war operations. That has been one of his big ideas.

IN HOLLYWOOD they toss out a male director and substitute a woman for the direction of "Dance, Girls, Dance." Miss Dorothy Arzner replaces Roy Del Ruth. It is the well-known story of one step at a time—stenographer, script girl, film editor, scenarist, director. When she was a student at the University of Southern California, her father asked her to show some friends through Cecil De Mille's movie lot. She liked the place so well that she returned to get a stenographer's job.

NATIONAL AFFAIRS

Reviewed by CARTER FIELD

The big primary battle in Maryland was one for control of the organization of the Democratic party in the state... Roosevelt has worsted opposition both inside and outside of his party.

WASHINGTON.—It's kind of hard for the average outsider to get much reaction to the Maryland primary results unless he has some personal friends involved. This, of course, is the case with many Washington observers. Friends of Sen. George L. Radcliffe were pleased. So were the friends of Sen. Millard E. Tydings.

Admirers of "Big Train" Walter Johnson were glad he won the Republican nomination for congress in the Sixth district—Davy Lewis' old stamping ground. So was House Republican Leader Joe Martin, and not just because he takes an interest in baseball. Nomination of Johnson gives the Republicans a real chance to gain one Republican seat in Maryland, for the Sixth district is the nearest thing to a Republican district the state has.

Actually the big battle was one for control of the organization of the Democratic party in the state. On one side were arrayed Senator Tydings and Howard W. Jackson. On the other were Democratic National Committeeman Howard Bruce, who was the candidate against Senator Radcliffe, and Gov. Herbert R. O'Connor.

JACKSON SEEKS COMEBACK Jackson was a candidate for the Democratic nomination for governor two years ago. He piled up a big popular vote, but the peculiar county unit system in Maryland did not give him a majority of delegates to the state Democratic convention, so he lost out in convention trading to O'Connor.

Jackson has bided his time, seeking a comeback. It is his ambition to be elected governor two years hence. So when Governor O'Connor broke with Senator Tydings and decided to support Bruce for senator against Radcliffe, Jackson promptly jumped in on the Radcliffe side.

Incidentally Jackson proved his strength in the primary, delivering every one of the six legislative districts in Baltimore city by overwhelming majorities. Governor O'Connor was proved pretty futile by the results, so there will have to be a lot of rehabilitation there if the governor is to get a second term.

Incidentally nobody but the late Albert C. Ritchie has been re-elected governor of Maryland since the Civil war. Ritchie served four terms. But to the average voter, who cared nothing about who is the big shot in the organization, the Democratic primary offered a grab bag draw in a confusion contest.

F. D. R. WORSTS ENEMIES Both inside his own party and in political warfare with the Republicans, President Roosevelt has worsted his enemies to an extent no one would have believed possible when congress convened last January.

At that time it appeared that the Republicans, acting with the conservative Democrats, would follow up their victories in the "purges" of 1933 by thoroughly emasculating some of the more objectionable New Deal legislation. It also appeared probable that the anti-third term Democrats would be able to make quite a showing. Some thought the "allies" would have enough delegates at the Democratic convention to create considerable fear of the consequences should a third term be forced.

Neither of these consummations so devoutly hoped for by the conservative Democrats has materialized. So far as the third term is concerned, it is obvious that all the President has to do is simply wait until he is nominated.

WEAK OPPOSITION On the legislative front it is little short of amazing how ineffectual the opposition to the President has been. Of course it should be conceded that the President was very adroit about this in that he did not ask for anything new, if one leaves out the proposal for new taxes. Even on this last there was no pressure. Mr. Roosevelt never moved a hand to get congress to do anything about imposing new taxes, once he had mentioned the notion of imposing \$460,000,000 additional to cover various changes which had occurred in the budget picture.

In fact, many of his friends and lieutenants in Capitol Hill went so far as to tell their colleagues that the President did not really want the new taxes, at this session, or to put it more bluntly, before election. Neither did congress, so there was no difficulty about that. It is also true that the President was not able to throttle the Dies committee.

Ask Me Another

A General Quiz

The Questions

1. In the Great Seal of the United States what is the eagle holding in its left foot?
2. Creatures that remain in a state of torpor during the summer are called—hibernators, torpidates or estivators?
3. How is an amendment to the United States Constitution repealed?
4. When did the cross-word puzzle originate?
5. Which city is farther west, Los Angeles or Reno?
6. What is the difference between a puppet and a marionette?
7. Is the attraction of gravity at the sun's surface equal to that of the earth's surface?

The Answers

1. Thirteen arrows.
2. Estivators.
3. By another amendment.
4. About 2,000 years ago in Crete.
5. Reno.
6. A puppet is worked by hand without strings; a marionette by hand with strings.
7. It is about 27 times greater.

HOW to SEW

By RUTH WYETH SPEARS



need to know to make this table. Good luck to you!

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