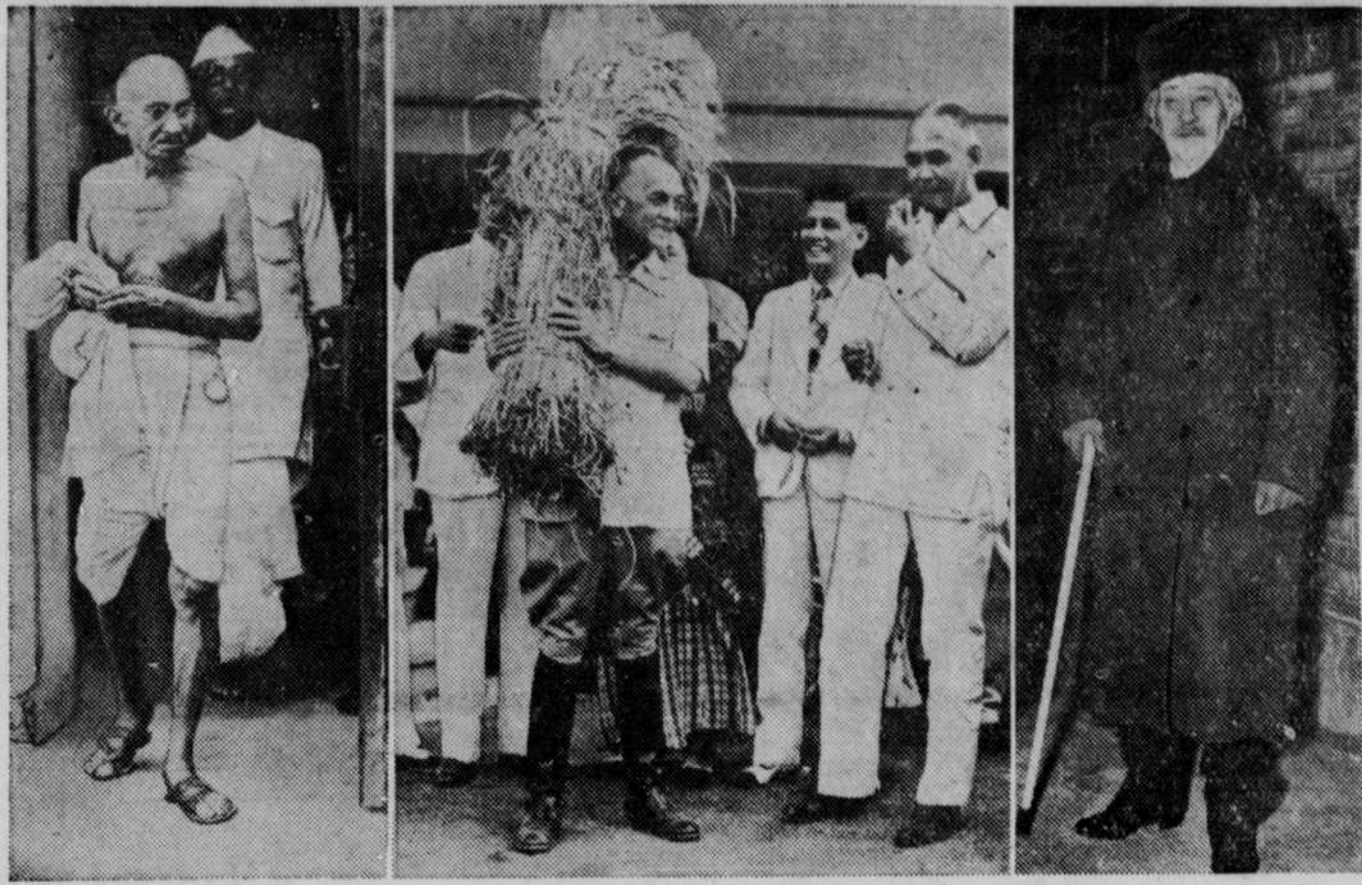


## Men at Work—They're Fighting Freedom's Cause



Three national leaders whose independence efforts have made news around the world: Left: Mohandas Gandhi, Indian independence leader, whose demands for autonomy from Great Britain have increased since the British request for Indian support in the war. Center: Manuel Quezon, president of the Philippine islands, who told the national assembly it must choose now between permanent subservience to the United States or an insecure independence in 1946. Right: Ignace Jan Paderewski, famed pianist and former premier of Poland, who has been named president of Poland-in-exile, with headquarters in France.

## Loading Leaden Death on British Fighting Plane



Mechanics load thousands of rounds of machine gun ammunition in the magazines of a Spitfire pursuit plane somewhere in England. The picture was made at a fighter station where the command is responsible for the defense of the country. Right: A radio operator watches the ship take off. Draped around his neck is a "necklace" of bullets intended for enemy airplanes.

## Recreation Room Trimmed Nautical

By RUTH WYETH SPEARS



THINGS that have to do with the sea are a good theme for decorating a recreation room, a boy's room or a summer cottage. A ship model has a salty flavor but is not a necessity. One youngster made a map of a desert island complete with a legend of hidden treasure. No one knew more than he about the island or treasure for he invented both of them. He also salvaged the steering wheel from an old boat and hung it on the wall with ropes. A small figure of a sailor was wired for a lamp.

His mother made a smartly tailored navy blue couch cover trimmed in a red anchor and a red cushion was adorned with a blue anchor. Straight strips of material 1-inch wide after the edges are turned under will make an anchor 12-inches long and 8 inches across as shown here. Bias tape may be used for the smaller anchor which is just half the size of the large one.

NOTE: Mrs. Spears' Sewing Book No. 2 contains a complete alphabet to be made of straight or bias strips; also illustrations of five processes of fabric mending; 36 embroidery stitches; making doll clothes; and numerous gift items. Ask for Book No. 2, enclosing 10 cents to cover cost. Address: Mrs. Spears, Drawer 10, Bedford Hills, N. Y.

## Airplanes End Starvation for 50,000 Wild Ducks



More than 50,000 wild ducks were saved from starvation when Illinois sportsmen distributed six tons of grain from the air along the Illinois river in the LaSalle region. The feed was distributed by the airplanes in ice-locked sloughs and back waters. Top: Some of the hundreds of ducks already dead from starvation. Bottom: Loading shelled corn in the plane at the LaSalle-Peru, Ill., airport.

## Reports Atrocities—Wages War—Heads Navy



Headliners in recent European news include three men whose activities are of world wide interest. Left: Cardinal Hlond, primate of Poland, who reported to Pope Pius that German authorities are extirpating the Polish people and the Roman Catholic religion in the conquered area of Poland. Center: Marshal Semion Mikhailovitch Budenny, present commander of Soviet troops attacking Finland, who is attempting a more forceful attack than his disgraced predecessor, General Meretski. Right: Sir Dudley Pound, admiral of the British fleet and head of the naval department, who is responsible for England's war at sea.

## Bankhead Pledges Support to Bankhead

## Census Chieftain



Senator Lister Hill of Alabama pins a "Bankhead for President" button on the lapel of Senator John H. Bankhead, also of the cotton state. They are booming the senator's brother, Rep. William B. Bankhead, speaker of the house, for the Democratic nomination for President in the 1940 campaign. Senator Hill is Bankhead's campaign manager.



Commander-in-chief of 150,000 census takers is William Lane Austin, whose army will compile essential facts about 132,000,000 Americans, 3,000,000 business firms, 33,000,000 homes and 7,000,000 farms during 1940. Austin, a native of Mississippi, began with the census bureau 40 years ago in a minor capacity and worked to the top.

## Poland's Conquerors Battle Cold Weather

## Eating to Health



Cold weather and blinding snowstorms in Poland have forced Germany's army of occupation in Poland to employ unusual methods to fight Old Man Winter. Left: A sentry on duty keeps warm with a sheepskin overcoat, which, according to the English censor, was stolen from a "poor Polish shepherd." Right: A German trooper's feet encased in woven straw overshoes in accordance with the Reich's "ersatz" campaign.



Victim of beriberi, rare tropical disease caused by lack of vitamin B in the diet, six-year-old Laura Wolfrom of Philadelphia, Pa., is eating her way back to health. Laura takes her "medicine" in the form of fresh vegetables, milk and eggs. Hers is the only known case of beriberi in this country.

## City of Flint Crew in Home Waters

## Winter Training



Members of the crew of the City of Flint turn thumbs down on the banner with the pinwheel cross. The City of Flint arrived in Baltimore, Md., recently after an epic cruise which lasted 114 days. This Nazi flag was hoisted by the German prize crew put aboard to take the ship to Germany after its capture by a sea raider. The ship was later freed by Norway.



Joe McCarthy, manager of the world champion New York Yankees, lays aside baseball deductions for a snow shovel at his Buffalo, N. Y., home. McCarthy is busy laying plans for the spring training season.

## Relief Ship on Way to Pitcairn Island

## To Rule England?



Descendants of the ship Bounty, slowly starving on lonely Pitcairn island in the south Pacific, will get help from a relief expedition which sailed recently from Portland, Maine. Left to right: Kenneth Simpson, captain of the relief schooner, Liberty; Mrs. Simpson and Granville Lindley, head of the expedition. Since the outbreak of war the islanders have been living on tropical fruits and vegetables.



Adolf Hitler's choice to rule Britain—if Germany wins the war—is reported to be Ernst Wilhelm Bohle, British born, Bohle is the leader of the Reich's foreign organization which maintains contact with Germans living abroad.

## FOOD FOR THOUGHT

Nothing is more dangerous than a friend without discretion; even a prudent enemy is preferable.—La Fontaine.

He who reigns within himself, and rules passions, desires, and fears, is more than a king.—Milton.

The destiny assigned to every man is suited to him, and suits him to himself.—Marcus Aurelius.

Didst thou never hear that things ill got had ever bad success?—Shakespeare.

He only half dies who leaves an image of himself in his sons.—Goldoni.

One of Good Sense  
Fine sense and exalted sense are not half so useful as common sense: there are forty men of wit for one man of good sense.—Addison.

## LOST YOUR PEP?

Here is Amazing Relief of Conditions Due to Sluggish Bowels  
If you think all laxatives act alike, just try this **Nature's Remedy**—all vegetable laxative. 50 mils. thorough, refreshing, invigorating. Dependable relief from sick headaches, bilious spells, tired feeling when associated with constipation. Without Risk get a 25c box of NR from your drugist. Make the test—then if not delighted, return the box to us. We will refund the purchase price. That's fair. **NR TO-NIGHT** Get NR Tablets today.

Kept His Words  
"I hear you and your wife had a few words."  
"And I still have mine. I never got a chance to use them."

## WOMEN

Here's amazing way to Relieve 'Regular' Pains

Mrs. J. C. Lawson writes: "I was undernourished, had cramps, headaches and backache, associated with my monthly periods. I took Dr. Pierce's Favorite Prescription for a while, gained strength, and was greatly relieved of these pains."  
FOR over 70 years, countless thousands of women, who suffered functional monthly pains, have taken Dr. Pierce's Favorite Prescription over a period of time—and have been overjoyed to find that this famous remedy has helped them ward off such monthly discomforts. Most amazing, this scientific remedy, formulated by a practicing physician, is guaranteed to contain no harmful drugs—no narcotics. In a scientific way, it improves nutritional assimilation; helps build you up and so increases your resistance and fortifies you against functional pain. Lessens nervousness during this trying period.  
Don't suffer one unnecessary moment from such monthly discomfort. Get Dr. Pierce's Favorite Prescription from your drugist. Discover how wonderfully it acts to relieve you of "Regular" pains.

## Give a Thought to MAIN STREET

• For, in our town... and towns like ours clear across the country... there's a steady revolution going on. Changes in dress styles and food prices... the rise of a hat crown... the fall of furniture prices—these matters vitally affect our living... And the news is ably covered in advertisements.  
• Smart people who like to be up-to-the-minute in living and current events, follow advertisements as closely as headlines.  
• They know what's doing in America... and they also know where money buys most!