

Beguiling Silk Lingerie That's Styled Dress-Like

By CHERIE NICHOLAS



YOU must have a hobby. Nerve specialists recommend it. They tell us in order to keep fit, stay young and be zestful in life every one should seek relaxation from the humdrum and routine of life by following up some one subject, some one pursuit of all-absorbing interest.

As for this absorbing pursuit or "hobby" we know of none so all-prevailing among the fair sex as the love of lace-laden, ribbon-pretied silken lingerie finery. So let's talk about the entrancing negligees and gowns and housecoats and cunning bedjackets that this season go to make up as alluring a collection of boudoir fantasies as ere intrigued feminine fancy.

In regard to modern trends it would seem as if the thought uppermost in the minds of current designers is to create negligees that may serve many purposes, rather than be restricted for wear in one's boudoir. This movement accounts, no doubt, for the outstanding feature about the new silk lingerie which this season has all the individuality and high styling of a dress.

That our smartest daytime prints and pastel sheer wools are being all-pleated is a well-known fact. See this manner of styling reflected in the new sheer silken "at home" robes that are worn over matching or contrasting gowns, giving the feminine appearance of the "smelling salts" era of romance. It is requiring yards and yards of pleated silk sheer to arrive at this romanticism but the result is worth the extravagance judging from the enchanting ensemble shown to the right in the illustration. As mildy moves about in this maze of diaphanous pleats the sheer loveliness of this creation is like unto that of a

Grecian goddess. This full length coat in mirage blue silk sheer with knotted short sleeves and Grecian lace bust treatment is worn over a trianon rose gown with net bra top applied with matching lace.

Again, speaking of lingerie fashions that take on the styling of a dress, wouldn't you think, if we were not telling you otherwise, that the lovely lady seated in the foreground of the group was gowned in a party frock? Fact is this is a boudoir fantasy designed especially for women who like to breakfast in bed or sit pillowed in cushions in luxurious ease. The bolero is of silk sheer lastex quilted and bound with plain satin and makes an intriguing bedjacket to wear with another gown as well as the one here shown. Off with this fanciful bolero and a gown of exquisite pure silk satin is revealed that has a silk sheer top of lastex in quilted effect and plain satin binding matched to the jacket.

A Victorian-inspired boudoir ensemble graces the queenly figure standing to the left in the picture, consisting of a satin gown with a lace yoke and over it a "coat" of matching chiffon, with lace applications and ruffles that cascade all the way down the front, also edging the sleeves. The ensemble comes in such lovely shades as shell pink, palest blue, champagne, also white. The lace is dyed in each case to match the color of the satin and chiffon.

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Plaid Silk Hat



Fashion is calling for color and more color. Milliners are answering the cry, with hats made of plaid surah or taffeta with bags to match. The picture shows how cheerfully the new gay plaid trends tie up with an otherwise all black costume. The use of plaid accents is apparent in many of the new dresses and hat collections. Stripes are quite as important and many spring hats are to be seen trimmed with scarfs of vivid plaids or stripes.

Modern Apartment

A distinctive one-room apartment has creamy bleached mahogany furniture which shows to excellent advantage against the walls which are painted a pale French gray.

Hooded Coats

Winter coats with hoods will be seen when the snow flies.

See Junk Jewelry In Spring Colors

Junk jewelry, made up in the best of the spring accessory colors, such as the cyclamen range of pinks, fuchsia, magenta red, violet, pastel, and vivid blue, lime green, and golden to mustard yellow, is being used to give a color note to the best winter dresses.

Velvet or silk ribbon bracelets with heavy jeweled plaques at the front are worn in pairs, with a jeweled clip to match them. Enamel clips and clips set with fake stones, in big sizes, are very chic. One of the enamel flower clips is made to represent twin morning glories in fuchsia and blue with a gold stem.

Jeweled hat pins continue to be worn in the new hats.

New Gloves Match Footwear or Bags

Glove, shoe and handbag ensembles of medium price have been launched in one-color combinations such as purplish blue or rust. . . . Basque dresses, molding the figure to the hipbones, are being shown universally for midseason wear.

White dots and stars pepper the black crepe jacket frocks featured by a New York shop as stepping stones from winter crepes to spring prints. . . . Cotton plaids are being talked about as "comers" for spring.

For a Boy's Room

A monotone color scheme is effectively carried out in a room for a boy of high school or college age. Painted walls of pinkish-beige meet a soft brown carpet.

Pastels Popular

Pastel shades of blue, mauve and purple are most popular.

What to Eat and Why

C. Houston Goudiss Gives Some Timely Hints on How to Keep Up Fuel Value of Winter Diet; Discusses New Methods for Quick Baking

By C. HOUSTON GOUDISS

MIDWINTER weather calls for energizing breakfasts to get the day off to a good start . . . energizing midday meals to help keep children and adults functioning efficiently . . . energizing, but easily digested, evening meals to satisfy bodily requirements without over-taxing the digestive system.

In addition to the need for supplying meals that are adequate as to energy values and other nutritional requirements, the homemaker has two other important factors to consider; she must satisfy the appetites of various members of her family . . . and she must keep within her food budget.

Breadstuffs—The Staff of Life

One of her greatest aids is bread in various forms. Breadstuffs, or other foods made from grain, are undoubtedly the largest single item in the dietary of the majority of people throughout the world. They appear in some form at almost every meal. And they are also highly satisfactory as a between-meal lunch for rapidly growing school children.

Breadstuffs are notable for their energy values and for their ease of digestion. They contain some protein and minerals, and under some circumstances, they may also carry other significant food values.

Bread and rolls combine well with milk, cheese, butter and meat. They make good eating and give a comfortable feeling of satisfaction afterwards. Such simple combinations as bread and cheese, or rolls and milk, are highly effective in satisfying hunger. And they go a long way toward meeting nutritional requirements.

Nutritionists have a high regard for the combination of bread and milk. Breadstuffs are generally regarded as a most economical source of energy and protein in the diet. Milk is our most nearly perfect food. And the proteins of milk supplement those found in the grains of which bread and rolls are made.

Children especially should consume some form of bread, toast, or well-baked rolls at every meal. These easily digested foods supply the fuel values that most active youngsters require in abundance. Rolls and bread with a well-baked crust have the additional advantage of encouraging thorough mastication.

During adolescence, the energy requirements are especially high. Boys sometimes eat more than their fathers, and it is desirable that the extra calories be provided in the form of such easily digested and wholesome foods as breadstuffs. This is also an advantage to the homemaker, from the point of view of economy, as breadstuffs rank as one of our most, reasonably priced foods. Adolescent girls, on the other hand, frequently develop finicky appetites and strange food habits. They may wish to go to school without breakfast—a practice which must be discouraged as it may lead to undernutrition from which "nerves" may develop.

Adolescents Like Variety

One way to help growing girls to be energetic is to encourage them to eat some form of bread at every meal. This will help to keep up the fuel value of the diet at very little expense.

Mothers must, however, guard against loss of interest in breadstuffs by various members of their families, as a result of monotony. Luckily, there is no reason why this should occur in any home. For it is possible to provide breadstuffs in such a variety that the same kind need not be served twice in succession within the space of one or two weeks.

You can add variety to the diet by preparing bread from graham, whole wheat or rye flour. Rolls can be made from plain or sweet dough. Some of the more popular are Parker House rolls, sandwich rolls, finger rolls, cinnamon buns, butterscotch rolls and pecan rolls.

A New Leavening Agent

Some homemakers may feel that it is too costly to purchase such fancy breads outside the

home. And they may feel that they cannot spare the time required for home baking. Such arguments might have been valid in the past. But not any more! Recently a new kind of yeast has been developed which makes it possible to prepare a variety of hot breads at home—more quickly than ever before. Thus, home baking follows the trend of the times and becomes quick-baking.

One reason why modern homemakers have been reluctant to make bread and rolls at home, I believe, has been the difficulty of obtaining a leavening agent that was both quick-acting and possessed good keeping qualities.

Yeast is the most satisfactory leavening agent for bread and rolls. Heretofore, only two types had been available. Fresh, or compressed yeast, and dried yeast. Both of these products are composed of yeast plants combined with cereal.

Fresh yeast has a higher moisture content, however, and because of this, spoils rapidly. Hence, it must be purchased fresh, kept well refrigerated, and used within a few days. Dry yeast keeps several weeks at room temperature and has, therefore, been regarded as more practical. Its great disadvantage has been that it acts less quickly, owing to the fact that some of the yeast plants are destroyed during the drying.

Keeps and Is Quick-Acting But nowadays homemakers can buy a new kind of yeast. A new, fast, pure yeast that combines the keeping qualities of dry yeast with speedy action.

This product is a dry yeast that comes in the form of small granules. It softens promptly in water, and is then ready for use. Moreover, it keeps its strength and activity for several weeks, so that it can be kept on hand at all times.

Homemakers can bake whenever it is convenient. And what

PATTERN SEWING CIRCLE DEPARTMENT



HERE'S a very new and practical kind of every day dress for you, and an adorable party frock for little girls.

be the belle of the party whenever she wears it. Bright little appliques bloom all round the hem of the very full skirt—hearts or tulips, whichever you prefer. Taffeta

Little Girl's Party Frock. You can make your small daughter so happy (and do it so easily) by making her this basque frock with the rippling skirt and contrasting bands. She's sure to

delicious bread and rolls they can make. Such wholesome combinations as prune bread, combining both white and whole wheat flour with seeded, uncooked prunes . . . refrigerator rolls, coffee cakes, raisin bread, wholesome raised doughnuts, waffles and buckwheat cakes.

It cannot be denied that bread is one of the oldest foods known to man. But just to prove that even our most basic foods may be improved—along comes this revolutionary yeast to provide a leavening that is more satisfactory than ever before, perhaps, to homemakers all over the country.

© WNU—C. Houston Goudiss—1939—50.

feta, silk crepe, organdy or batiste are pretty materials for this.

Button-Front Day Dress.

This is a new type of dress that you'll feel particularly well in, and wear endlessly for shopping and runabout. It's very nice to your figure, because it has tucks on the shoulders and just above the waist, to fill out the bustline. The skirt is slim over the hips and slightly flaring. The sleeves are smartly upped at the shoulders. It's a style you'll want right now, in thin wool, a pretty print, or flat crepe—and later on, for summer, in such cottons as gingham or linen.

The Patterns.

No. 1683 is designed for sizes 6, 8, 10, 12 and 14 years. Size 8 requires 2½ yards of 39 inch material, with 1¼ yards contrasting for applique and bands.

No. 1670 is designed for sizes 34, 36, 38, 40, 42, 44 and 46. Size 36 requires 4 yards of 39 inch material with short sleeves; 4¾ yards with long sleeves.

Send your order to The Sewing Circle Pattern Dept., Room 1020, 211 W. Wacker Dr., Chicago, Ill. Price of patterns, 15 cents (in coins) each.

Bridge Across Atlantic

There is a bridge across the Atlantic. This sounds like an untrue statement, but it is perfectly true, and the bridge is the only one that spans the Atlantic ocean. It is the Clachan bridge near Oban, which joins Seil island to the mainland of Scotland. The strip of water between them is narrow, but it is part of the Atlantic. So the bridge spans the Atlantic.



BEHAVE!

Don't cough in public places. Carry with you Smith Brothers Cough Drops. They soothe and check irritation. (Black or Menthol, 5¢.)
Smith Bros. Cough Drops are the only drops containing VITAMINA
This is the vitamin that raises the resistance of the mucous membranes of the nose and throat to cold infections.

MEET PETE KRISS—HAPPY ROLL-YOUR-OWNER!



1 PETE KRISS LOOKS HAPPY just thinking about that grand Prince Albert smoke he's about to roll. "There is a tobacco," says Pete. "Prince Albert's got rich, mellow taste and grand aroma, but that's not all . . ."



2 "LOOK HOW P.A. SNUGGLES down in the paper and levels off right. No spilling, sifftin' or blowin' around. That's Prince Albert's special cut. It lays the way you want it for fast rolling . . ."



3 "NOW THIS IS WHAT I CALL a neat, firm 'makin's' cigarette," Pete goes on. "And, believe me, it'll smoke every bit as good as it looks. P.A. sure gives a cool, even-burning 'makin's' smoke every time!"

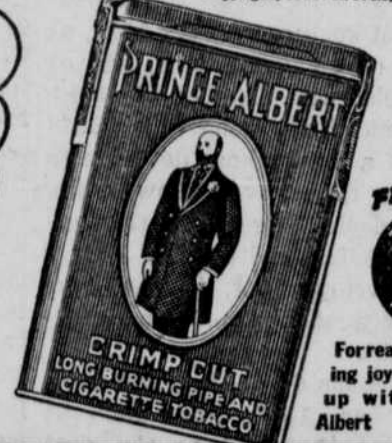


4 "YES SIR!" SAYS PETE, taking that first mellow, tasty puff. "Prince Albert is 'way ahead on rich taste without harshness. Mighty easy on the pocketbook too. Around 70 smokes from that 2-oz. tin."



PRINCE ALBERT SURE HAS WHAT IT TAKES TO GIVE ROLL-YOUR-OWN SMOKERS REAL JOY-FULL SMOKIN'!

70 fine roll-your-own cigarettes in every 2-oz. tin of Prince Albert
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SO MILD SO TASTY SO FRAGRANT
THE BIG 2 OUNCE RED TIN
For real pipe-smoking joy, too—load up with Prince Albert

Try this money-back offer—TODAY!
Roll yourself 30 swell cigarettes from Prince Albert. If you don't find them the finest, tastiest roll-your-own cigarettes you ever smoked, return the pocket tin with the rest of the tobacco in it to us at any time within a month from this date, and we will refund full purchase price, plus postage. (Signed) R. J. Reynolds Tobacco Company, Winston-Salem, North Carolina

PRINCE ALBERT THE NATIONAL JOY SMOKE

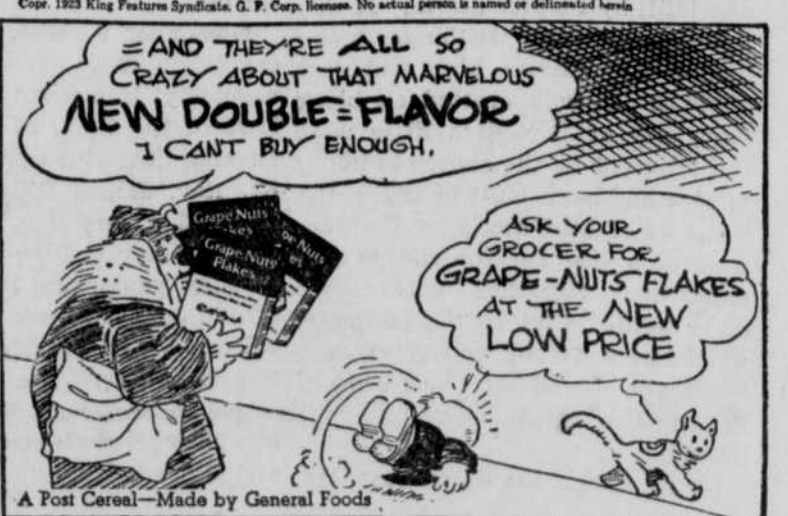
Jerry On the Job!



What, More Packages?



AND THEY'RE ALL SO CRAZY ABOUT THAT MARVELOUS NEW DOUBLE-FLAVOR I CAN'T BUY ENOUGH.



ASK YOUR GROCER FOR GRAPE-NUTS FLAKES AT THE NEW LOW PRICE
A Post Cereal—Made by General Foods