



WHO'S NEWS THIS WEEK

By LEMUEL F. PARTON

NEW YORK.—As America looks to its air defenses, it finds, as acting chief of the army air corps, a pioneer technician in the adaptation of the airplane to war uses.

Arnold Seems Well Qualified For Air Chief.—H. H. Arnold, assuming command of the corps after the death of Maj. Gen. Oscar Westover, in a plane wreck.

Soon after the Wright brothers had made their first few faltering air jumps, young Lieutenant Arnold was sent to Dayton, Ohio, not only to learn to fly, but to make technical studies of the possibilities of aircraft for observation and fighting. He was among the earliest of the army's trained fliers, and, in 1912, won the Mackay medal for a triangular flight, 30 miles to the leg, from College Point, Md., over Washington and Fort Meyer. In 1935, he again won this trophy for his exploit of the previous year in leading a flight of 10 bombing planes from Washington to Fairbanks, Alaska.

He has been an aggressive champion of aerial defense, reprimanded in 1926 for what was considered an excess of zeal for air armament. In 1917, he organized and commanded the Panama Canal air defenses, and was with the A. E. F. in France, in the closing months of the World war, on inspection duty. He became assistant chief of the air corps in January, 1936. His technical studies have included photography, special means for topographical observations, and aerial mass tactics, as well as engineering problems of flying.

He is 51 years old, a native of Gladwyn, Pa., graduated from West Point in 1907.

IN HIS Washington garden, Robert E. Bondy has some late-blooming roses and chrysanthemums, which are now in bud. The hurricane never touched them. He has had to turn his back on his garden for a time, as his world outside of it became mostly chaos. As national director of disaster relief for the Red Cross, he's been doing a heroic work in New England. His roses may be one kind of act of God, but his business is mainly with the other kind—Swinburne's "Forsaken Garden," where "wild waves and spent winds labor."

Clouds Have Silver Lining In R. E. Bondy's garden for a time, as his world outside of it became mostly chaos. As national director of disaster relief for the Red Cross, he's been doing a heroic work in New England. His roses may be one kind of act of God, but his business is mainly with the other kind—Swinburne's "Forsaken Garden," where "wild waves and spent winds labor."

He was a letter-man on the University of Chicago baseball team and a police reporter for a Chicago newspaper. On the latter job, he had a ringside seat at man-made disasters, but, in his later career, took up with the more elemental upsets and breakdowns.

For 19 years, he has organized disaster relief for the Red Cross in the Lake, Southern and Washington divisions. He is one of our most seasoned and efficient battlers against all the ills and dangers that come in the wake of flood, fire, earthquake or any other widespread ruin. He is a native of Minnesota, in his early forties, his hair thinning—and no wonder.

IN WASHINGTON. Congressman Lucius N. Littauer of New York used to beat even Uncle Joe Cannon in the house poker games. And just a little something out of the kitty is the \$2,250,000 graduate school of public administration, which he handed Harvard and which recently opened. Mr. Littauer is the widely known glove pontate of Gloversville. He is 79 years old, graduated from Harvard 59 years ago. His father, a German immigrant, founded the family glove factory. He has established many benefactions for useful public purposes, among them a gift of \$1,000,000 in 1929, to "bring about a better understanding among all mankind." He provided \$100,000 to recondition his old boyhood swimming hole.

Solons' Losses Help Finance Harvard Gift

THE subject of totalitarian humor is brought up by President James L. McConaughy, of Wesleyan college. He says that's what's the matter with the iron men—no humor. He finds humor in the salt and leaven which will save democracy, it short-circuits egoism and pulls down the stuffed shirts, and is kin to humility.

Doctor McConaughy, New York-born, Yale '09, has been president of Wesleyan since 1925. He is a modern, alert pedagogue, with a broad social point of view and an awareness of timely problems.

Named for Alexander the Great Alexander the Great died at Babylon in 323 B. C. after a reign of about 13 years. His body was embalmed and taken to Alexandria, which city had been founded by him and named in his honor.

Bloused Coat, Long Jackets And Cape Suit Very Latest

By **CHERIE NICHOLAS**



IN SELECTING your fall and winter apparel you can be as "choosy" as you like, for the air is rife with exciting new silhouettes, new trends, new materials and new details.

However, there are certain characteristic features that are outstanding and which may be regarded as guiding posts along fashion's highway. Three significant trends are shown in the illustration, namely the coat that has a bloused top and slenderized waistline, the long cape-suit or costume of stunning wool that is gorgeously furred and the suit with jacket that takes on longer length.

The softly styled blouse coat that is full above the waistline, and has a narrow skirt and neat slender waistline is the talk o' town. Fullness above a snugly belted waistline makes a smart silhouette for the black wool town coat shown to the left in the picture. It is bloused even more at the back than is here shown, front view. Loose bracelet-length sleeves add fashion interest.

These coats glory in exquisite woolens, the velvety surfaced such as duvetyne being favored. Even the latest fur coats are being styled in small-waist semi-fitted lines, that are being offset with full blouse tops. These are developed in such supple fabriclike furs as kidskins, seal-type pelts, fine caracul and Persian lamb.

With the cloth coats so slenderizing and ladylike in appearance, huge muffs will be carried later on. Then, too, an interesting style angle is the cloth dressmaker coat with blouse top that has fur sleeves. The dressy long coat that has a yoke of sleek fur is also ultra chic.

Another smart fashion and one that shows off this season's rich and beautiful wool weaves to perfection is the long cape costume. A luxurious full length tuxedo collar of wolf embellishes the sweeping lines of the unlined cape of the distinguished wool costume centered in the trio of wool fashions here shown. The cape and the straight slender skirt are of soft wool in a novel weave in deep taupe color and the softly tailored blouse is of sheer wool in an open homespun fabric.

The cape theme plays up dramatically in a newcomer on the scene—a full-length picturesque cape made of richly colorful plaid wool. The suit, which completes a stunning threesome, is tailored of monotone wool trimmed with plaid matched to the cape.

Capes are very important in the evening mode, some of them are quite voluminous as they are designed to wear over full hoop-skirted formal gowns. To vary the program some of the evening capes are

Use More Ribbons In Late Fashions

When in doubt fasten it with ribbon bows, which is exactly what designers are in a mood to do. It is not only that fluttery bows in profusion adorn the new fashions, but ribbon is employed in every conceivable way, perhaps running around row and row on party frocks, or making a big corsage of wide ribbon in lieu of lace jabot or flower boutonniere.

Multi-color bands of ribbon trim youthful felt hats. Bed-jackets are made all of ribbon. Blouses have bands of ribbon coming from sleeve and underside seam that tie in bows up and down the front opening. Youthful princess dresses have little ribbon bows traveling from neck to hem—and the half of the ribbon story has not yet been told.

three-quarter length done in black velvet.

The big news in regard to jackets is that they are longer and frequently double-breasted as you see to the right in the picture. These longish coats bespeak the last word in swank. The model shown is a new plum color wool with the voguish longer jacket that tops a panel pleated skirt. Which reminds that unexpectedly pleats are continuing in the fall and winter mode not only in groups and panels but the all-around pleated skirt is considered high style.

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Revive Hoopskirts For Formal Wear

The new fashion program stages just one excitement after another. Just to mention a few, there's the revival of hoopskirts. Yes'm, really and truly hoopskirts! To be sure they are for formal wear only and just to calm you down a bit we don't mind adding that some of the hoop contrivances are made detachable, for they are to be worn only with the new wide-skirted gala night frocks.

There is the new high-on-top-head hair-dol! Gaining right along though many are loath to give up the youthful, practical bob, be it long or short. With the amazing new "doll hats" high hairdress is correct answer.

Sleeves! Just watch them! Leg o' mutton types, dolman styles, sleeves that are strikingly in contrast to the dress via embroidery and other ornamentation, full bishop sleeves, bracelet length sleeves, wrist-length fitted sleeves, short sleeves, fur sleeves in your cloth coat and so on and so on.

Silk Cord Motifs Dress Black Suit

For a smart black suit Marjorie Dunton suggests elaborate silk cord motifs wound over the front of the jacket, sometimes stitched over patches of short black Persian lamb.

A much simpler way of dressing up the suit is to put it over a barred blouse of metallic cloth or over a sophisticated blouse of black and white striped satin.

Feature Brown in New Combinations

Brightening the brown horizon for fall are the deep rusts and hennas—one, to be specific, being Jean Patou's new "Cornelian" shade. "Tabea," launched earlier in the year, continues popular along with stable golden seal tones.

Combinations of brown and other colors are a keynote of many a collection.

Squin Scarf
A few gold squins make a border on a white organdie scarf, the whole tied into a big bow to wear scarf fashion around the neck of a navy wool suit.

Touch of White
A generous bow of white water-marked taffeta ribbon perches on the left lapel of a new black wool crepe tailleur.

New Competition
Brown, for once, threatens to compete with black in fall wardrobes.

Waists Go Lower
Waists swing lower and lower, often dipping in back.

LINES...

Each of us has a place in life's line, to do with what we will. Are you making the most of yours?

By **WINIFRED WILLARD**

HE WASN'T much to look at—short, squat and a bit sinister. But he was something to remember. It was St. Louis, the ticket window of the Union station. I rushed for tickets. Ominous line ahead. Nothing to do but take my place and wait my turn. Through slow fifteen minutes, we had inched along until I stood second from the ticket agent. As the one ahead took his change and stepped from line, this other man slid in ahead of me. "It is my turn," I said. Looking me full in the face, he leered, "Well, what you going to do about it?"

I might have tried what the woman in Washington did one matinee afternoon last winter. It was Christmas time. We were to see "Little Women." Our hearts were in the proper state of sublimation for renewing acquaintance with Beth and Jo and Meg and Mother March. But office furniture moving in and heavy pedestrian traffic broke the box office line. We stopped to see where it really was, then stepped into what we supposed was our proper place. No sooner done than a milliant woman hurtled herself at us—didn't we know we belonged at the end of the line? Who did we think we were to break in like that? Why didn't we stay at home until we knew how to get into a line? Efforts to explain our right intentions fell flat in the face of her wrath. I wonder whether this tirading woman has a husband. If so, the Lord have mercy on his soul!

Manners

We were all in a hurry to get our letters one day last summer and to be in our seats before the morning symphony began. Eight ahead of me was a man. Down the plaza, up the steps we moved with the measured pace of such a queue. My eighth-ahead man was all right until at a distance he saw somebody whom he wanted to see close range. So, saying that he guessed his mail could wait, he left his place in the line. We brisped up, considerably encouraged. He found his friend, delivered his message, chatted with half a dozen others, then came back to the letter line and as if by merit of right, stepped into his former place. He knew better. He showed the embarrassment that goes with doing a trick like that. We were a well-mannered group. Nobody said a word. But who can deny there was a heap o' thinkin'?

Isn't a line a section of life? Isn't a line a stage where we play our parts, informally and often unaware? And aren't we revealing of our inmost selves in the ways we play? Have I more right to take your place in the line of life than to rifle your purse? Neither belongs to me.

Life Gives Us Much

One of the lovely things life gives us, is a place, each for himself, to make what he may of it. Some people make beauty spots out of their life places. Some let theirs stay all dreary and bare, putting no plan, no thought, no work, no love into them. Whatever my place is in life's line, it's mine! And that is much! I decide by the way I handle it whether it shall be insignificant or something greatly to be desired.

Good fortune to somebody else often devoirs us with envy. I had two college mates like that. To this day, they can't endure to know that anything fine and gracious has come to anybody else. They want their places in the line to be the best and themselves to be the biggest. Of course they're unhappy. Of course they're lonely.

Area of Sahara Desert

The Sahara desert has an area of approximately 3,500,000 square miles. A portion was under water at one time, most likely in the Cretaceous period, but some of the surface was later elevated so that water remained only in some lakes near the coast of the Mediterranean. The belief in the marine origin of its vast quantity of sand has been supplanted by the theory that rock and soil disintegration occurred during the great Ice age, at which time the desert lay in a warm, moist climate. The recession of the ice brought about changed meteorological conditions which caused the winds to become dry and the soil to lose its moisture. Without this moisture it was impossible for vegetation to survive and the entire area became barren.

WHAT to EAT and WHY

C. Houston Goudiss Discusses Significance of Fruits and Vegetables; Tells the Truth About Canned Foods

By **C. HOUSTON GOUDISS**

A GENERATION ago, except in mid-summer, fruits were a luxury that only appeared, with nuts, at the end of a festive meal, and vegetables, except for the root crops, had no regular place in the daily diet. But when scientists established the importance of mineral salts in human nutrition, these two groups of foods assumed a position of commanding importance, because next to milk and eggs, they are the chief conveyors of minerals from the soil to man.

With the discovery of vitamins they achieved new distinction, because in their content of these vital substances, they rank with milk and eggs as "protective" foods.

Foods That Safeguard Health

In addition to providing nutrients that are indispensable for buoyant health and normal growth, they possess another important virtue: the indigestible cellulose or bulk yielded by the fibrous framework of the leaves, stems and fruits of plants, has a natural laxative value which helps to insure normal elimination. And finally, they are extremely useful in helping to maintain the acid-base balance of the body, for all vegetables and most fruits yield an alkaline-ash following digestion.

Green Vegetables for Iron

Fruits and vegetables supply varying amounts of practically every mineral element the body requires.

They do not compare with milk as a source of calcium, but substantial amounts of this bone-and-tooth-building substance are to be found in leaf and stem vegetables, carrots, oranges, figs and strawberries. Moreover, investigations have demonstrated that calcium from vegetables is well utilized by adults.

Green vegetables, in general, are outstanding as a source of iron. And it has been further established that their iron is better absorbed and becomes more completely available for nutrition than iron from some other sources.

Some fruits are also valued for their iron content, the more notable including oranges; tomatoes, which are botanically a fruit, though they are classed as a vegetable; strawberries, blackberries, raspberries and huckleberries; and dried figs, dates and prunes.

Vegetables for Vitamin A

We usually think of milk and other dairy products as our most important sources of vitamin A. But recently, it has been determined that the thin green leaves of vegetables are also outstanding in this respect. Weight for weight, when fresh, escarole is more than five times as rich as butter. Young green peas and green string beans are also a good source of this vitamin as are tomatoes, carrots, and sweet potatoes.

Sources of Vitamin C

Vitamin C, which is essential for maintaining the health of teeth and gums and for preventing the degeneration of muscle fibers generally, is obtained almost entirely from fruits and vegetables. The principal sources of this vitamin are the citrus fruits; raw and canned tomatoes and canned tomato juice; strawberries; raw carrots, onions and yellow turnips.

As this vitamin is easily destroyed by heat in the presence of oxygen, the amount present in any fruit or vegetable is greatly reduced by the average home cooking methods. On the other hand, this and other vitamins, as well as minerals, are usually well retained in commercially canned fruits and vegetables.

What About Canned Foods?

I frequently receive letters from readers who question the merits of canned foods. They ask whether it is true that canned foods are devoid of vitamins; whether canned foods are wholesome for

children; whether or not canned foods may spoil on the grocer's shelves; and if it is dangerous to eat foods that have stood in the can for a few minutes after being opened.

To discount the value of modern canned foods is to display a lack of knowledge as to how these foods are harvested, prepared and packed. And the failure to use them may result in depriving your family of essential minerals and vitamins.

There are available in cans today, 46 varieties of vegetables, 33 kinds of fruit, and 10 different juices, besides soups, numerous specialties and several kinds of fish. Every one of these presents a healthful and nutritious food in a form that is often superior to the same foods cooked at home. That is partly because of the methods employed and partly because canned foods are processed at the peak of their flavor and freshness.

A Superlative Canned Food

An outstanding example is canned salmon which has been called by one of America's leading food experts, "the cheapest and most nutritious animal food that can be had for children over six."

Very little fresh salmon finds its way into our markets and even then it may be far from "fresh" after a considerable journey packed in ice. On the other hand, salmon canneries have been established in close proximity to the waters from which salmon are taken, so that only a few hours elapse between the time the fish are removed from the water and

the moment their rich nourishment is sealed in cans.

Similarly the fruits and vegetables designed for canning are allowed to mature on tree or vine. This means that they develop maximum flavor and vitamin content. Then they are picked, rushed to nearby canneries and hermetically sealed in cans. The sealed cans are then cooked at high heat so as to destroy any bacteria which might be present. Because they are protected from the air during the cooking process, and because the cooking liquors are sealed in the cans, they retain a maximum amount of minerals and vitamins. It is because canned foods are so definitely superior in this respect that physicians encouraged the canning of strained fruits and vegetables for infants and young children.

Fallacies Disproved

Canned foods will keep indefinitely without spoilage, as long as nothing occurs to make the can leak. It is not necessary to remove canned food from the container as soon as the tin is opened, though many homemakers often do so because the food presents a more attractive appearance in a dish or bowl. A hissing sound when opening does not mean that the contents of a can are spoiled, but rather that there was a vacuum in the can, which the air is rushing in to fill.

Thus canned fruits and vegetables are not only "as good as" fresh ones, but are often superior in food values. Every homemaker should see to it that she uses both liberally in the diet of every member of her family, as a means of providing liberal amounts of minerals and vitamins.

Questions Answered

Mrs. A. B. M.—There is not the slightest reason why a normal person should not drink coffee after middle age unless the beverage has been expressly forbidden by a doctor. On the contrary, many people find both coffee and tea extremely comforting in their later years.

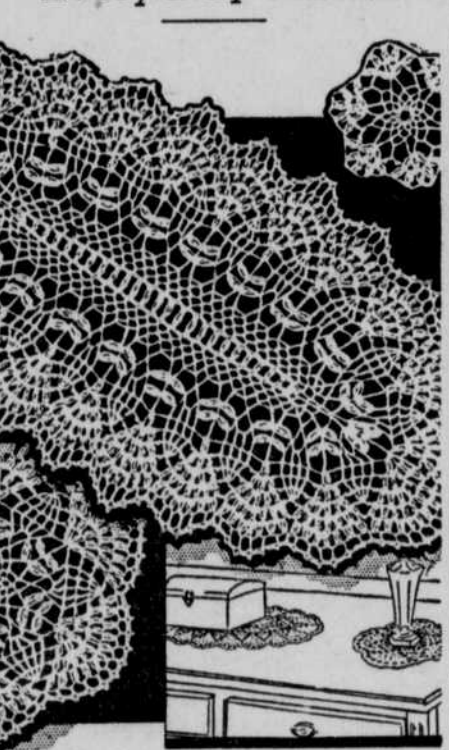
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AROUND the HOUSE Items of Interest to the Housewife

See to Your Lighting.—The type of lighting used can change the entire effect of a room at night.

A Few Extra Winks.—If you are loath to get up in the mornings, you would be wise to prepare for breakfast just as many things as possible the night before.

Crochet Doilies for Every-Day Pleasure



Indulge your love of luxury with these lovely doilies. Whether it's your buffet or your luncheon table that you want to dress up, this pattern will do it effectively. The three sizes (15 by 28, 12½ by 5½ inches in string) are most practical and lend themselves to many uses. Use a finer cotton for smaller doilies. Pattern 5998 contains instructions for making the doilies; an illustration of them and of stitches; photograph of doily; materials needed.

To obtain this pattern, send 15 cents in stamps or coins (coins preferred) to The Sewing Circle, Household Arts Dept., 259 W. 14th Street, New York, N. Y.

Kitchen Trash Basket.—Don't buy a straw or wooden trash basket for kitchen uses. Buy one made of metal, so that it can be washed and kept sanitary. Meat papers, cartons and other containers of food are so apt to spill some of the remains of their contents into the basket, and unless the basket can be washed, roaches and mice are bound to be attracted.

Children's Garments.—Children's clothing that is too heavy or improperly balanced may cause rounded or sloping shoulders, say child guidance experts.

Uniform Sized Fruit.—If fruit is preserved either whole or cut into pieces, each one should be uniform in size, so they cook in the same length of time and look better in the jars or cans.

Breaking in New Shoes.—Sprinkle talcum powder into the new shoes. They will seem more comfortable when worn for the first time.

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