

# THIS CURIOUS WORLD



## Diet and Rheumatism

Daily Health Service  
**CURE OF ACUTE JOINT INFLAMMATION DEPENDS ON CLEARING INFECTIONS RATHER THAN FOOD LIMITATIONS**

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Rheumatic conditions and inflammation of the joints seem to be affected very little by diet in the majority of cases; they are brought about by infections. Control means some method of getting rid of the infection. There are some conditions affecting the joints, such as gout, which are known to be associated with dietary difficulties, and which seem to be radically influenced by the proper selection of food. Acute inflammations of the joints, and particularly the type of infection seen in rheumatic fever, are not greatly influenced by diet.

McLester points out that it has been a general impression for years that sweets, meats and fruits were harmful for such patients, but he feels that this observation was due to a confusion of ordinary arthritis with gout and that there is no reason for such a belief. Dr. McLester says that patients with acute inflammations of the joints do not require any limitations of diet, except those that are made necessary by high fever and other disturbances.

A simple, easily digested diet is most desirable. It should include milk, eggs, cereals with cream, toast, butter, preserves, orange juice, ice cream and simple puddings.

Because people with fever and inflammations of the joints are likely to become anemic, it is also desirable to give them fairly frequently broiled calves' liver or puree made of liver and kidneys. An excellent puree is made by using approximately 200 grams of calves' liver and an equal quantity of lamb kidney.

In the chronic type of inflammation of the joints diet will also not control the condition. A nourishing diet is particularly important in the chronic type and should include especially the foods that provide plenty of vitamins, minerals and good quantities of protein, such as muscle meats and liver.

The people who have apparently supported dietary quacks more than any others are those who are growing old and have, associated with increase in age, slight inflammations of the joints. The chief value in such cases is attached to diets that are sufficiently slight in caloric value to prevent increase in weight. A large increase in weight is serious at any time, but particularly serious when it concerns someone with inflamed joints. Indeed, a low caloric diet with limited amounts of carbohydrates or sugars is the one type of diet upon which all authorities agree as being of some use in chronic arthritis deformans or in the progressive types of inflammation of the joints affecting the aged.

### The Farm Board Is Wrong.

From Kansas City Star.  
The wheat growers of the southwest deserve more consideration than is indicated by the statement from Chairman Stone of the federal farm board. Present wheat prices will mean bankruptcy to thousands of farmers. There is every indication that an upward swing in prices is inevitable. A definite statement that the stabilization wheat would be held off the market while the present crop is being moved or until prices have recovered would restore confidence to the market and hasten recovery. The request from Kansas should not be ignored.

The behavior of the cotton market is cited by Chairman Stone as having an influence on decisions pertaining to wheat. There is a fundamental difference, as more than half the cotton and less than one-fourth the wheat produced is exported. Cotton must be considered from a world standpoint. Policies concerning cotton and wheat are inevitably different.

The success of cotton stabilization depends on its influence on world prices. Holding tabilization wheat is advocated as a means of influencing domestic prices. The farm board bought 1,300,000 bales of the 1929 cotton crop at 16 cents a pound. It was told that holding this cotton off the 1930 market would result in an advance of 5 cents a pound. Instead the price was dropped to 10 cents a pound. This is given as a reason for the determination to issue no further announcement in regard to holding wheat. Cotton purchased at 16 cents a pound was approximately 30 per cent above the prewar level. Wheat even at the stabilized price is 30 per cent below prewar values. That withholding wheat which promises to go to 35 cents a bushel on the farms should be compared with holding 15-cent cotton was hardly to be expected from an organization such as the farm board.

### WHAT A TONGUE!

London — Father William Henry Kent, pastor of the Church of St. Mary of the Angeles, has spent quite a few of his 74 years learning languages. As a result, he can speak 37 fluently. Among his tongue-twisters are Chinese, Gaelic, Sanskrit, Armenian and Georgian. He expects to learn an even 100 before he dies.

### PREFERS HIS DOGS

Jacksonville, Fla. — When it comes to choosing between his neighbors and his dogs, J. H. Kucham prefers his dogs. Neighbors complained about the canines destroy-

clearly the intent and purpose of the farm board of its policy in handling stabilized wheat would relieve the market of the menace of uncertainty. Growers, dealers, millers and exporters would be able to make their plans much more intelligently if the board would announce just how much wheat it has under its control and how it is to be disposed of. A vast accumulation of wheat is a depressing factor on the market. Its possession by a government agency that has the power and ability to dump it at any price and refuses to take the public into its confidence is a still greater menace.

The wheat growers will feel the farm board has ignored a request that they consider vital, one of importance equal to that of saving the banks last fall. This failure to make a definite announcement of policies as indicated by the statement of Chairman Stone will be interpreted as a decision on the part of the board to stand back of a statement which can be interpreted as the board sees fit without giving growers a chance to protect themselves.

### NATIVES WORSHIP SNAKES

Philadelphia — (UP) — In little known Massiland, East Africa, the natives worship snakes. Col. Charles Wellington Furlong told the Geographical Society of Philadelphia. When a youth of any of the tribes wishes to wed, he must first introduce his intended bride to his tutelary snake, Furlong declared.

### SUCH CHIVALRY!

London — Because an unfortunate husband car owner felt that orders of his wife were superior to those of cops, he paid a fine of \$5 for failing to stop on the signal of a traffic policeman. "My wife told me to go on, so I went," was the explanation he gave in court. "It's not ladies first—it's policemen first," said the judge.

### LOST—A MILLION

Los Angeles — "Pop" Du Broc, who runs a stable here, has lost a million dollars, and police are looking for the man who rode off with the loot. But it happens that "Pop's" million is "A Million Dollars," one of his prize horses. He rented the horse to a man a short time ago and it was never returned.

## Ends Giro Trip



Ending her flight across the country and return in an autogiro, Amelia Earhart Putnam (shown above upon her return to New York plainly showed the strain of the aerial adventure and announced to the world at large that she was hurrying away for a "hot bath, a change to feminine clothes and a good rest." Amelia started West June 4 and returned June 22.

## Painted Pajamas



Showing futuristic sketches reminiscent of the studio, this drowsy pajama suit worn by Dorothy Jordan, screen notable, is the latest fad. The designs are hand painted and show a cameraman and director carried out in black silhouette on flaring trousers with black border. The effect is enhanced by the accompanying bolero.

## Chutes to Safety



Major James H. (Jimmy) Doolittle, former ace stunt flyer of the Army Air Corps, leaped to safety via his parachute when the fabric tore loose from the wings of his plane while traveling at a speed of 235 miles an hour over East St. Louis, Ill. Jimmy had a narrow escape from death, as the plane was only 100 feet off the ground when it began to tear apart. By nosing it up, Doolittle managed to get an altitude of 400 feet before landing.

## The Charge of the Wet Brigade!



Tons of water splashed into tongues of flame and billows of smoke as firemen sought to extinguish the blaze that swept the Balsa Wood Company plant in Brooklyn, N. Y., and threatened to destroy other buildings in the vicinity. This "hot" picture shows a few of the many streams of water directed into the raging furnace. The toll of the flames was estimated at \$100,000.

## No Grease-Paint?



George M. Cohan, Jr. (above), 17-year-old son of the man whose name stands as a synonym for showmanship in the American theatre, has no urge just at present for the grease-paint and footlights which have lured other members of his family. But George, Sr., says there's to be no coercing of his son on to the stage. Dad even thinks there may be nothing left to the time except tradition by the time Jr. decides to act!

## Reveal Dual Life



George A. Howlett (above), wealthy business man and member of the "400" set of Chicago, has been revealed in a Federal income tax investigation as the second lieutenant of Al Capone, notorious gangster, according to authorities. No one had suspected the alleged dual life of the man.

## Wins Promotion



Colonel Irving J. Carr (above), Signal Corps, U. S. A., becomes Chief Signal Officer of the army on July 1, succeeding Major General George S. Gibbs, who is retiring. Colonel Carr has been assistant director of the Army Industrial College in Washington, D. C., and has been in the army for 30 years.

## In Social Whirl



If Audrey Jaeckel is a fair example of the average society deb, well, anyone couldn't be blamed for joining the ranks of society, provided, of course, that other things are equal. The pretty, vivacious girl is shown at Southampton, L. I., where bluebloods loll on the sands and generally enjoy life.

## Gang Guns Going for a Boat Ride



The above pile of hardware includes every kind of lethal weapon (with the exception of tanks, fighting planes and heavy artillery) that you ever heard of. It represents one year's confiscation from Sullivan Law violators and is shown as it was removed from Police Headquarters at New York to be taken for a boat ride and dumped into the Atlantic Ocean. Many of the weapons in the collection have "got their men."