

THE LAXATIVE WITH HIGHEST ENDORSEMENT

When you get up headachy, sluggish, weak, half-sick, here's how to feel yourself again in a jiffy. Take a little Phillips' Milk of Magnesia in a glass of water—or lemonade. Taken in lemonade, Phillips' Milk of Magnesia acts like citrate of magnesia. As a mild, safe, pleasant laxative, Phillips' Milk of Magnesia has the highest medical endorsement. As an anti-acid to correct sour stomach, gas, indigestion, biliousness, it has been standard with doctors for 50 years. Quick relief in digestive and eliminative troubles of men, women, children—and babies.

Modern Advantages

"Seems to me you and your wife have more scraps than you used to have?"

"Yes, you see we can quarrel now and the folks in the other apartments will think they're just hearing a radio drama."

One of your 5 danger spots STOMACH

Here is where food is made available to keep your body strong. And here is where indigestion, that age-old enemy of human health, arises, and in its various forms taxes the skill of medical science to prescribe the proper remedies. A healthy digestion is necessary to an entire bodily well-being. There are many ailments of other organs which may cause serious stomach troubles. Merely dosing the stomach gives only temporary relief. You should tune up your entire physical system. Dr. Pierce's excellent tonic has the indisputable evidence of sixty years of success back of every bottle. Ask your dealer for Dr. Pierce's Golden Medical Discovery, in liquid or tablets.


Even Death

"Well, old Bill Emptyhead has played his last practical joke."
"So? I hadn't heard."
"Yes; he died, bequeathing his brains to science."—Pathfinder Magazine.

Bothered with Backache?

It May Warn of Disordered Kidneys.

If troubled with backache, bladder irritations, and getting up at night, don't take chances! Help your kidneys at the first sign of disorder. Use Doan's Pills. Successful for more than 50 years. Endorsed by hundreds of thousands of grateful users. Get Doan's today. Sold by dealers everywhere.



Doan's Pills
A DIURETIC FOR THE KIDNEYS

Coughing STOPS

Boschee's Syrup soothes instantly, ends irritation quickly! GUARANTEED. Never be without Boschee's! For young and old.

Boschee's SYRUP

At all druggists

Leavened Bread Long in Use
The art of leavening bread was known to the early Egyptians, and was handed down to us by way of the Greeks and Romans.

Things easily learned are easily forgotten, it is said. But this is not so about spelling. Good spellers only need to see a word once.

DON'T TRIFLE WITH COLDS

Sluggish intestinal systems lower resistance to colds. Cleanse them with Feen-a-mint, the modern chewing gum laxative. Gentle, safe, non-habit-forming. More effective because you chew it.

Feen-a-mint

INSIST ON THE GENUINE

Feen-a-mint
The Chewing Gum LAXATIVE
For Adults and Children

No Taste But the Mint

INSIST ON THE GENUINE

FOR CONSTIPATION

Out Our Way



Wheat Market Haunted by Vast Operations of Soviet Union Where Exports Jumped 94,000,000 Bushels During 1930



Russia has placed 100,000,000 bushels of wheat on the world market, as one result of its big production program. Peasants in Siberia are shown below hauling wheat to market, and Russian workers (upper right) are shown operating a separator. The boy at left is a young soviet farmer who takes his hoe to school with him.

Plans for 1931 Call for 180,000,000 Acres in Wheat

BY FRANK I. WELLES, Associated Press Farm Editor, Washington.—The specter of the giant soviet grain machine stalks the consciousness of every wheat-producing country in the world.

Unofficially it was an influence behind the meetings in Paris of representatives from 27 nations gathered to discuss means for disposing of Europe's wheat surplus.

It will be a large factor in a similar conference at the International Institute of Agriculture in Rome in March.

The sessions, theoretically, are to consider such commonplace things as tariff rates and import restrictions, farm credit and land economics. But the deliberations are secret and limited to members of the League of Nations. Russia is not a member of the league.

Except for Danubian states, the countries of Europe do not produce as much wheat as they consume. Yet almost every importing country has a surplus of native wheat.

They have not been getting the wheat from the United States. American prices are 17 cents above the world level. No large part of it is Canadian wheat, because the prairie product is purchased only in quantities that European millers

The Treasury Plan.

From Indianapolis News. Only in volume does the financing just undertaken by the United States treasury differ much from similar operations in recent years. The major purpose of the flotation in securities, to amount to \$1,400,000,000, is to balance \$1,109,000,000 in outstanding certificates, which have been called for retirement on March 15. The decision so to proceed was arrived at because money market conditions permitted a lower rate of interest on the substitute obligations. The terms specified by the government will save about \$10,000,000 annually in car-

need as high protein wheat to mix with inferior stock.

Imports of Australian and Argentine wheat never have been sufficiently large to keep European mills running without use of native grain.

There is another source of supply—Russia. Whereas the soviet union exported little more than 6,000,000 bushels of wheat a year ago, it now has placed some 100,000,000 bushels on the world market.

The Paris meeting was called "due to the gravity of the crisis through which Balkan countries are passing." Trade reports show that Russia has opened new accounts with Europeans for the export of wheat up the Danube in competition with Balkan countries.

Over all is the threat in Russia's planting intentions for 1931. Plans call for 180,000,000 acres of wheat. The vast grain empire of the United States does not exceed 45,000,000 acres.

Russians do not compete with the rest of the world on an export basis. There the government handles the business, and if it prefers to undersell other countries on one commodity to obtain cash to conduct other lines of export in which there is more profit, it does so.

Old imperial Russia at its height never exported more than 200,000,000 bushels of wheat—and Russia dominated the wheat export market before the war. In a year's time the soviet export of wheat has sprung from almost nothing to half the size of the former trade.

Government, or "collective" wheat farming in Russia is comparatively cheap. On the issues to be canceled, the return is 3½ per cent. In lieu thereof, the treasury is floating a 12-year \$500,000,000 total in bonds at 3½ per cent, a 6-month sum of \$300,000,000 in certificates at 1½ per cent, and a 12-month issue of \$600,000,000 in certificates at 2 per cent.

The difference of \$91,000,000 by which the latest aggregate exceeds the previous one, is traceable to the increased loan value voted by Congress on World War veterans' adjusted compensation certificates, but the allowance made for the expanded borrowing is not expected to suffice. By the time the next regular

By Williams

This Woman In 4 Weeks Lost 17 Pounds of Fat

Here's a letter written October 21, 1929, by Mrs. Fred Barringer of Lewistown, Montana, that ought to be read by every overweight woman in America.

Gentlemen: I started taking Kruschen every morning as directed as I was very much overweight and wanted to reduce.

I had tried going on a diet but would get so hungry that my diet would not last long, so I decided to give "Kruschen Salts" a fair trial. The day I started to take them I weighed 256 lbs. and at present, which has been just four weeks, I weigh 239 lbs. And I must say, I feel better in every way, besides looking much better.

May all large people, both man and women, who want to reduce in an easy way, give Kruschen Salts a fair trial. I am sure it will convince anyone.

A bottle of Kruschen Salts that lasts four weeks costs but 85¢ at any drugstore in America. Take one half teaspoon in a glass of hot water before breakfast every morning. To help reduce swiftly cut out pastry and fatty meats and go light on potatoes, butter, cream, and sugar.

The Kruschen way is the safe way to reduce—Try one bottle and if not joyfully satisfied—wasey back.—Adv.

Nothing but Hard Cash for English Lecturer

They do say that back in the dim ages of half a hundred years ago, when the great poet and essayist Matthew Arnold, was in this country scattering sweetness and light from the lecture platform, he reached Philadelphia one evening just an hour or two before he was to fill an engagement there. When the welcoming committee had properly received, honored and lodged their distinguished guest he informed them that he had to have his \$2,000 for the lecture paid in advance. They graciously proceeded to write him a check for the amount, but to their consternation the great poet informed them that a check would not do—that he had to have cash, and in advance.

The banks being closed, the committee did not know where they could lay their hands on such a sum in so short a time. The happy thought occurred to them to get the personal promise of payment and indorsement of some of Philadelphia's best-known millionaires, who, in fact were known all over the world. They got such an indorsement, but that, too, was flatly refused. The poet was taking no chances. He laid down the ultimatum that he had to have the \$2,000 in cash in hand and beforehand or the widely advertised lecture would not be delivered. The committeemen then scurried about town borrowing small sums here and there and thus succeeded in meeting the exacting demands of the visiting poet just before the time scheduled for the lecture.

After carefully putting the bank notes in his wallet and storing them in an inside pocket the great Mr. Arnold, radiating sweetness and light, strolled out on the platform before his waiting and enthusiastic audience and began his lecture on "The Regrettable Tendency Toward Materialism in America."—Pathfinder Magazine.

Avoid Burns from Mustard Plasters

When you have Rheumatic or Muscular Pains in the back, chest or limbs or if you have a cold coming on, try this simple treatment. It is more convenient, safer, cleaner and more effective than mustard plaster.

Get a bottle of Hoff's Liniment and apply it with brisk rubbing. Then saturate a cloth with Hoff's and apply to the painful area and in a few minutes you will feel the warming and stimulating effect of this powerful liniment.

Hoff's is different from ordinary liniments that are applied with rubbing alone. It brings a quick flow of blood to the affected area, reducing congestion and relieving pain. Get an eight ounce bottle of Hoff's today for 60 cents. If you do not get relief in 30 minutes he is authorized to refund your money. Goodrich Gamble Company, St. Paul, Minnesota.

Meteorological Study

The government does not conduct a school of meteorology, but it is interested in having those who wish to follow a meteorological career qualify for that purpose by previous study. This, however, must be carried on in the regular courses at institutions or by private study, and entrance to the weather bureau must be secured by passing certain civil service examinations. Of course, subsequent instruction and training in the particular

duties for which a person is employed are gained after appointment. For general and station assignments only young men between the ages of eighteen and thirty-five are eligible. There are special educational courses in meteorology at Harvard college, Cambridge, Mass.; Clark university, Worcester, Mass., and to some extent at the Massachusetts Institute of Technology, Cambridge, Mass.

PAINS

No matter how severe, you can always have immediate relief!



Bayer Aspirin stops pain quickly. It does it without any ill effects. Harmless to the heart; harmless to anybody. But it always brings relief. Why suffer?

BAYER ASPIRIN

Garfield Tea

Was Your Grandmother's Remedy

For every stomach and intestinal ailment. This good old-fashioned herb home remedy for constipation, stomach ills and other derangements of the system so prevalent these days is in even greater favor as a family medicine than in your grandmother's day.

Sunshine

—All Winter Long

At the Foremost Desert Resort of the West—marvelous climate—warm sunny days—clear starlit nights—dry invigorating air—splendid roads—gorgeous mountain scenes—finest hotels—the ideal winter home

PALM SPRINGS

California

Sioux City Ptg. Co., No. 13-1931.

Cheese-Carrying Planes

Travel in cold freight cars has a detrimental effect on good Camembert cheese, the most temperamental of all cheeses, so producers in the region of St. Pierre-sur-Dives, in Normandy, have chartered airplanes and send weekly loads of 600 pounds each to choice clients in Paris. These cheese planes run on regular schedule.

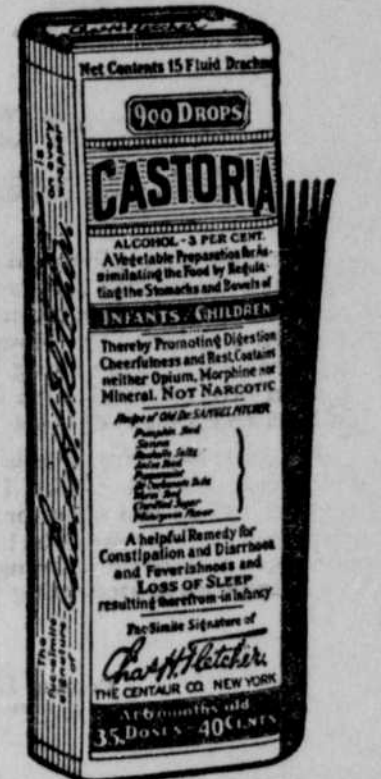
Dr. Pierce's Pellets are best for liver, bowels and stomach. One little Pellet for a laxative—three for a cathartic.—Adv.

Isn't that Queer, Josephine?
"Tell me one thing."
"What is it?"
"You're a student of botany, ain't you?"
"Yes."
"Well, why is it a flower may be up and still be in bed?"

For TEETHING troubles

FUSSY, fretful . . . of course babies are uncomfortable at teething time! And mothers are worried because of the little upsets which come so suddenly then. But there's one sure way to comfort a restless, teething child. Castoria—made especially for babies and children! It's perfectly harmless, as the formula on the wrapper tells you. It's mild in taste and action. Yet it rights little upsets with a never-failing effectiveness.

That's the beauty of this special children's remedy! It may be given to tiny infants—as often as there is need. In cases of colic and similar disturbances, it is invaluable. But it has every-day uses all mothers should understand. A coated tongue



calls for a few drops to ward off constipation; so does any suggestion of bad breath. Whenever older children don't eat well, don't rest well, or have any little upset, a more liberal dose of this pure vegetable preparation is usually all that's needed. Genuine Castoria has Chas. H. Fletcher's signature on the wrapper. Doctors prescribe it