

FAMOUS Doctor's Way to move the Bowels

Do your bowels fail you occasionally? Are you a chronic sufferer from constipation and its ills? Then you will be interested to know of this method which makes the bowels help themselves.

Dr. Caldwell specialized on bowel ills. He treated thousands for constipation. The prescription he wrote so many times—which has been tested by 47 years' practice—can be had of any drugstore today. Its pleasant taste and the way it acts have made it the world's largest selling laxative.

"Dr. Caldwell's Syrup Pepsin," as it is called, is a skillful compound of laxative herbs, pure pepsin and other mild ingredients. Nothing in it to harm even a baby. Children like its taste. It acts gently, without griping or discomfort. So it is ideal for women or older people. But even the most robust man will find its action thorough, satisfying. The quick, certain benefits millions are securing from Syrup Pepsin proves a doctor knows what is best for the bowels.

Next time you feel bilious, head-achy, bloated, gassy, or constipated take some Dr. Caldwell's Syrup Pepsin and see how fine you feel the next day—and for days to come!

DR. W. B. CALDWELL'S SYRUP PEPSIN A Doctor's Family Laxative

A "dirt" farmer is one who knows exactly what crop his dirt is good for and raises that.

How you feel in the morning tells the real story

THAT'S the time you should feel like whistling and singing. Your muscles should itch to tackle the day's work. Your mind should quickly solve the problem that baffled you the afternoon before. Don't let your health slip away so that a night's rest fails in its natural recuperative powers. When you awaken with a "dragged out" physical or mental feeling, heed those bad symptoms. That's the time you need a dependable tonic to help restore your old time energy. Try a bottle of Dr. Pierce's Golden Medical Discovery, which is sold by druggists.

If a man is a good listener and doesn't say much, it may be because he doesn't care.

Carolina Woman Lost 47 Lbs. In 3 Months and Feels Years Younger

"I have been taking Kruschen Salts for nearly 3 months. I have continued taking one teaspoonful in warm water every morning. I then weighed 217 pounds, was always bothered with pains in my back and lower part of abdomen and sides. "Now I am glad to say I am a well woman, feel much stronger, years younger and my weight is 170 pounds. I do not only feel better but I look better, so all my friends say."

"I shall never be without Kruschen Salts, will never cease taking my daily dose and more than glad to highly recommend it for the great good that is in it." Mrs. S. A. Solomon, New Bern, N. C., Jan. 1936. "P. S. You may think I am exaggerating by writing such a long letter but truly I feel so indebted to you for putting out such wonderful salts that I cannot say enough."

A bottle of Kruschen Salts that lasts 4 weeks costs but 85 cents at druggists the world over. Take one half teaspoon in a glass of hot water every morning before breakfast. Attention to diet will help—cut out pastry and fatty meats—go light on potatoes, butter, cream and sugar—the Kruschen way is the safe way to lose fat. Try one bottle and if not joyfully satisfied—money back.—Adv.

Average man who is granted a two weeks' vacation is satisfied if he can make it three.

Bad Stomach Cause of Bad Skin

You can't expect to have a good clear skin if your stomach is weak and disordered.

Undigested food sends poisons through the body, pimples appear—skin grows sallow and loses color. But these troubles will end quickly and skin clear up if you will start today taking Tanlac.

Tanlac is made from herbs, barks and roots. A tablespoonful before each meal stimulates the digestion naturally so that you can digest what you eat. And when your stomach is in good shape again watch how quickly skin begins to clear up. At your druggist's. Money back if it doesn't help you.

Out Our Way



By Williams

Modest Bossy Dons Bloomers



In order to catch a number of brown dog ticks and study them, United States department of agriculture scientists at the Jeanerette, La., experimental farm are dressing cows in bloomers. The ticks attack themselves to the cows for three to five days and drop off. The bloomers collect the falling ticks so the scientists can study them. Dr. Charles W. Rees is showing fitting bloomers to a cow.

GAFFEYS NEAR STORM LAKE QUALIFY AS LEADERS IN BREEDING, FEEDING, FARMING

BY FRANCIS T. MARTIN
William E. Gaffey of Buena Vista county, Iowa, is a good farmer, not the hit-and-miss kind, the in-and-outer kind, who jumps from pillar to post in an endeavor to hit the right thing at a supposedly right time. No, Gaffey is not that kind of a farmer. He won't qualify along that line at all, for he hits the right thing most all the time, because he sticks to the thing that he knows is good, and he goes after it with all the energy, and enthusiasm at his command.

Gaffey's fine farm and home, west of Storm Lake a couple of miles, is what one would describe as a top notch farm, the home of a man who knows his business, who applies business principles to everything he undertakes, and because of that, success is a word with which he has easy familiarity. Gaffey is a natural born farmer. He likes farming. He likes that close contact with nature, and nature's ways, and for that very reason, he has builded a far greater success than would be possible, if he were not in complete sympathy with every phase of his business.

It's gratifying to record the activities of such a man as Gaffey, for he stands for all that's elevating in his profession. His is an example for others to pattern after, to shoot at, so to speak, if the greatest success is the goal.

Came from Wisconsin
Gaffey is Wisconsin-bred, as were his parents, but when he shook the dust of the Badger state from his feet, he probably didn't realize that when he came to Iowa the change was for the better. But one thing is certain, after spending the greater part of his life in the state, and more than 30 years at his present location, he, doubtless, does not regret the move.

Gaffey's connection with Chester White production is known where

Advertising Best Salesman.
From Minneapolis Tribune.

Gilbert T. Hodges, of New York, president of the Advertising Federation of America, put his finger on a salient fact when he said in his Minneapolis speech that the surest way to restore prosperity was for business to put its "greatest salesman" back on the job on a full time basis. The "greatest salesman" is advertising. Naturally we recognize the element of self interest in this statement, but the fact that there is such a self interest doesn't detract in the least from the truth of the statement. One may have a profit-

able interest in the fact that twice two is four, but the multiplication table is none the less right. The difference between good times and bad times, considered from the business viewpoint, is simply the difference in the rate of exchange of commodities. In good times commodities are exchanged rapidly and in bad times they are exchanged slowly. As the dollar passes from hand to hand, quickly or slowly, so we have business prosperity or business depression.

Advertising is the greatest stimulant for increasing the exchange rate of goods, otherwise the United States would not normally be spend-

ing a billion dollars a year on this salesman. According to Mr. Hodges when business took its sharp rebound from the heights after the stock market crash, business cut its advertising appropriation 25 per cent. The incentive to buy was reduced and buying was reduced. Section followed reaction until the country hit the bottom. Business began to realize that in order to sell goods it had to have salesmen. To the extent that its "greatest salesman" was back on the job sales in-

creased.

in his community. He's a legume enthusiast, and he believes that barnyard manure has no substitute. He uses hundreds of loads every year and as a result, his farm is in a high state of fertility. Gaffey has an able assistant now in his son, Lewis, and he has all the earmarks of a successful business man. Gaffey and son are headliners in their chosen field. Men who know their business, and who don't make bad breaks are always successful. This statement is incontestable as measured by any rule of successful business.

Federal FARM FACTS

Research which has extended over years has finally brought to the United States what is expected to be a satisfactory parasite of the Japanese beetle. The parasitic insect, according to department of agriculture reports, is known by the high sounding name of Tiphia popillivora Rohwer. The female of the species is the one which attacks the beetle.

Cottonseed meal as a fertilizer is growing more popular in the United States, figures of the bureau of agricultural economics show. During the year ending July 31, 1930, 215,000 short tons of the meal were used for fertilizer. During 1929 only 183,000 short tons were used.

With the addition of the Hiawatha National forest to those under the control of the forest service, the total number now set aside by the United States is 150. The new forest, recently proclaimed by President Hoover, has a gross area of 270,071 acres in the heart of Michigan's upper peninsula.

Lack of production records on cows is a great handicap to dairymen, O. E. Reed, chief of the bureau of dairy industry, informs. At present records of only two and a half per cent of all the dairy cattle in the country are being kept. In Denmark records are being kept of 31.3 per cent of the cattle. The average cow production in the United States is only 4,600 pounds of milk a year. The average in Denmark is nearly half again more.

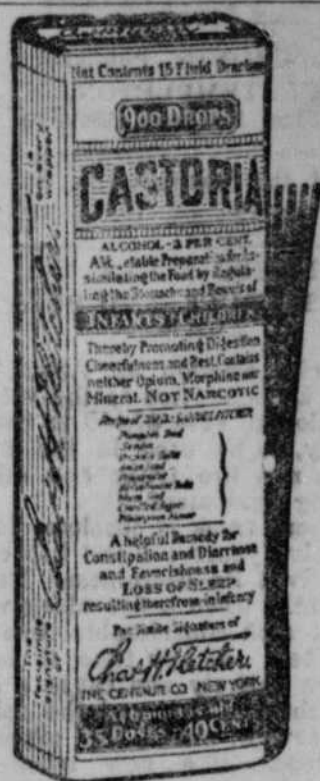
Forest rangers are all up in the air in eastern national forests as the result of the erection of new type fire towers. In place of the "tree towers," which classed the rangers as "tree sitters," new steel structures have been erected which are from 65 to 130 feet tall. The one shown here is in the Ocala national forest in Florida, and enables a ranger to see from 10 to 20 miles. Inset is an old type "tree tower."

COSTLY DISEASES
More than one fifth of Illinois most valuable grain crop, corn, is lost every year through diseases which could be controlled, according to the college of agriculture, University of Illinois.

LEGUMES PAY
Farmers in the corn belt who are operating with no legumes or with a very small percentage of them in their rotation may be losing as much as \$7.50 an acre in production returns which these legumes give.

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Castoria corrects CHILDREN'S ailments



WHAT a relief and satisfaction it is for mothers to know that there is always Castoria to depend on when babies get fretful and uncomfortable! Whether it's teething, colic or other little upset, Castoria always brings quick comfort; and, with relief from pain, restful sleep.

And when older, fast-growing children get out of sorts and out of condition, you have only to give a more liberal dose of this pure vegetable preparation to right the disturbed condition quickly.

Because Castoria is made expressly for children, it has just the needed mildness of action. Yet you can always depend on it to be

effective. It is almost certain to clear up any minor ailment and cannot possibly do the youngest child the slightest harm. So it's the first thing to think of when a child has a coated tongue, is fretful and out of sorts. Be sure to get the genuine; with Chas. H. Fletcher's signature on the package.

"First Aid—Home Remedy Week" Coming

Chicago.—First Aid-Home Remedy Week, Sterling Products' "better merchandising and greater advertising baby," celebrates its tenth anniversary March 15-21. Druggists everywhere will co-operate. "Fill That Medicine Chest Now!" is the slogan of action. The National Association of Retail Druggists sponsored the event in 1922, and with the National Wholesale Druggists' Association and National Association of Retail Drug Clerks have, with other organizations, massed their energies for success of this movement for the abolition of much needless suffering and often the salvage of life.

Dr. W. E. Weiss was first to okay the idea as a splendid aid to preparedness for unexpected illness or accident. This is stressed as sensible insurance for immediate relief.

The every-spring festival of sales is a fixture of housecleaning time. Sterling Products is giving a tenth anniversary surprise party to every druggist in America—for the Dominion as well as the States endorses this idea of a more intensive advertising effort in Drugdom. Replacing the old streamers there has been adopted a colorful poster representing a filled medicine chest displaying the slogan of each past success: "Fill That Medicine Chest Now!"

Avoid Burns from Mustard Plasters

When you have Rheumatic or Muscular Pains in the back, chest or limbs or if you have a cold coming on, try this simple treatment. It is more convenient, safer, cleaner and more effective than mustard plaster.

Get a bottle of Hoff's Liniment and apply it with brisk rubbing. Then saturate a cloth with Hoff's and apply to the painful area and in a few minutes you will feel the warming and stimulating effect of this powerful liniment. Hoff's is different from ordinary liniments that are applied with rubbing alone. It brings a quick flow of blood to the affected area, reducing congestion and relieving pain. Get an eight ounce bottle of your druggist today for 60 cents. If you do not get relief in 30 minutes he is authorized to refund your money. Goodrich-Gamble Company, St. Paul, Minnesota.

War on Insects
Brazil plans to use thousands of parasites to fight the insect plague which infests a third of the country's coffee plantations.

Kidneys Disordered? Act Promptly When Warned By Kidney Irregularities.

When bladder irritations, getting up at night and constant backache keep you miserable, don't take chances! Help your kidneys at the first sign of disorder. Use Doan's Pills. Successful for more than 50 years. Endorsed by hundreds of thousands of grateful users. Sold by dealers everywhere.



Garfield Tea Was Your Grandmother's Remedy

For every stomach and intestinal ill. This good old-fashioned herb home remedy for constipation, stomach ills and other derangements of the system so prevalent these days is in even greater favor as a family medicine than in your grandmother's day.

Stubborn Coughs Give Up to

Don't let coughs and colds wear down your strength and vitality. Boschee's Syrup soothes instantly—ends coughs quickly. Relief GUARANTEED.

Boschee's SYRUP
At all druggists
Don't get the big head because you happen to get ahead.
Dr. Pierce's Favorite Prescription makes weak women strong. No alcohol. Sold by druggists in tablets or liquid.—Adv.
By doubting we come at truth.



Sore THROAT

The daily press tells of increasing numbers of cases of sore throat. A sore throat is a menace to the person who has it, and to those around him. Don't neglect the condition. Check the soreness and the infection with Bayer Aspirin! Crush three tablets in 1/2 tumblerful of water and gargle well. You can feel the immediate relief. The soreness will be relieved at once. The infection will be reduced. Take Bayer tablets for your cold; and for relieving the aches and pains common to colds. Bayer Aspirin brings quick comfort in neuralgia, neuritis, rheumatism, etc. Get the genuine, with the Bayer cross on each tablet:

