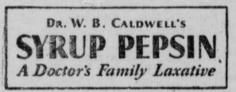
DOCTOR'S **Prescription** gives Bowels Real Help

Train your bowels to be regular: to move at the same time every day; to be so thorough that they get rid of all the waste. Syrup Pepsin-a doctor's prescriptionwill help you do this. When you take this compound of laxative herbs, pure pepsin and other valuable ingredients, you are helping the bowels to help themselves.

Dr. Caldwell's Syrup Pepsin is the sensible thing to take whenever you are headachy, bilious, halfsick from constipation. When you have no appetite, and a bad taste or bad breath shows you're full of poisonous matter or sour bile.

Dr. Caldwell studied bowel troubles for 47 years. His prescription always works quickly, thoroughly; can never do you any harm. It just cleans you out and sweetens the whole digestive tract. It gives those overworked bowels the help they need.

Take some Dr. Caldwell's Syrup Pepsin today, and see how fine you feel tomorrow-and for days to come. Give it to the kiddles when they're sickly or feverish; they'll like the taste! Your druggist has big bottles of it, all ready for use.



Indefinite

Teacher-How big is a cubic foot? Tommy-A little Cuban or an adult?-Exchange.



★ keeping the witness in a ho- ★ his traveling expenses and

incidentals, his part in the case +

\* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \*

+ cost more than \$50 a minute. +

MODERN ODE TO BEAUTY.

Maids' lashes must be silver tipped-

Such is the latest style;

Green eye brows curve above this

Chrome yellow ears show coyly

'neath A nifty, boyish bob; And still the dears must rouge their

So swains their odes may thus be-

gin; "Oh eyebrow slim, of jade! Oh jaundiced lobe! Oh fingernails Whose colors do not fade—"

Cop Holding Bandits

Niagara Falls, N. Y. - (UP) -

Patrolman Robert Martin surprised

two robbers attempting to enter a

jewelry store but was unable to get

any assistance from a crowd of

Appeals to individuals to call for

wagon and even threats of arrest

failed to produce any action from

the crowd, which encouraged the

A border patrol car finally passed

and assisted Martin in getting the

American Ambition.

Russian royalty, descendant of czars, has worked for a year in a

New York store and, now that her

autobiography is to be published, finds her opinions of interest to others. "In New York," she says,

"every working girl I met had made

up her mind to be an executive

some day-and she's going right

after her goal. There is none of the

feeling of servitude to be found

among European workers. As a re-

sult, your working class hasn't the

slightest trace of an inferiority

Perhaps the grand duchess exag-gerates a bit. To find any group 100 per cent ambitious is going a

little strong. But she has grasped

the essential of the American spirit.

She is saying, in one of the hundred

ways it can be said, that the Amer-

ican view is of a life in which the

only limit to one's far aspirations

way; we know that many of our

great figures went up from the very

bottom to the top. And, as nearly as any one thing may be, it is the

heart of the American idea that

things ought to be like this the

world over; we mean that they

Hard Times in Germany.

Sir Philip Dawson in Current His-

tory.

Germany, and whatever government

is in office will carry on along the

lines of its predecessors. Improve-

ment in the last few years in Ger-

many's economic position and her admission to the commonwealth of

nations relieved the people of the

necessity of concentrating all their

energies on keeping body and soul

together ,and they began to look around and take stock of their po-

Although wages and hours of work had improved conditions consider-

There will be no revolution in

We know that America was that

is one's capabilities.

complex.'

sition.

From Milwaukee Journal. Grand Duchess Marie, survivor of

passersby which had collected.

bandits to "run for it."

men to a police station.

Crowd Refuses Aid to

-Sam Page.

Their finger nails must daub.

To sappy youths beguile.

fringe.





## Brightest

From three to twelve. That's the most important period in a child's growth. And that's the time many are retarded physically and mentally by energy-sapping constipation.

Watch your child, mother ! At the first sign of bad breath, coated tongue, headache, biliousness, lack of energy or appetite, give California Fig Syrup.

This pu e vegetable product will cleanse the little bowels without discomfort. It tones and strengthens weak stomach and bowels. In colds or children's diseases, employ Its gentle aid to keep the system free from germs and waste.

Mothers everywhere are eager to tell how it helps children. Mrs. H. Mayer, 1737 Marburg St., Dallas, Texas, says: "I have used California Fig Syrup with Danny all his life in colds, biliousness, constipation, upsets, or children's ailments. It keeps him the brightest, happiest six-year-old I know."

Emphasize the name California when buying, to get the genuine.



PARKER'S HAIR BALSAM FLORESTON S: IAMPOO - Ideal for use in connection with Parker's Hair Balsam. Makes the hair soft and fluffy. 50 cents by mail or a. drug-giets. Hiscox Chemica' Works, Fatchogue, N.Y.

No matter how well you treat the world you will never get out of it alive.

To keep clean and healthy take Dr. Pierce's Pleasant Pellets. They regulate liver, bowels and stomach .- Adv.

In plagiarism, don't go any further than the hunch. It's a shame to steal the words, too.



**Grandmother's Remedy** For every stom.



ach and intestinal ill. This good oldfashioned herb home remedy for c onstipation, stomach ills and other derangements of the sys-

tem so prevalent these days is in even greater favor as a family medicine than in your grandmother's day.

NE

She'd never done any milking before the Little International Livestock show at Fargo, N. D., but after the show was over, Myrna Ottinger, shown here with the animal she milked, came out the champion coed milker. Myrna is a junior in the school of education at the North Dakota Agricultural college, in Fargo. In four minutes she produced 1.1 pounds of milk to win the contest.

across the car, the use of a paste-board box to carry the heat closer to the glass is recommended. For shall be. Some say we are slipping away from that, as the country fills up with many who are born to "an inferior position" and do not see the way out. Yes, perhaps, But vehicles having inside heaters, the set estion is made that a piece of tire tubing be carried and used to we hang on to the idea. If a man carry the heat directly to the lower side of the windshield. A small bag doesn't want, in the homely rural idiom, to be "as good as anybody of salt fastened to the upper end of there's something wrong with him. And if we face a condition where such aspiration seems no longer possible, there's something wrong with the condition. All this is so much a part of those

who are American that we don't consider giving up the standard. It is so natural a part of us that it takes someone from a foreign land to point it out as an Americanthe American characteristic.

time

Right now we should be making

Our flowers' first menu.

For plants, you know, sure like to

Not one in all the catalogue Is dumb enough to try it.

Lime, phosphorus and nitrogen, Form part of the donation; Add iron and some sulphur, too, They like a balanced ration.

And you'll believe, when you shall

Is surely through its roots. -Sam Page.

Q. What will keep sleet from

It is suggested in a recent bulletin that the rear hook of the engine hood be unfastened and the

ably since the war, nevertheless conditions of labor in Germany have not been good. There is a distressing amount of unemployment, not only in the working class but also among the "white collar brigade." The latter, while they do not closely ally themselves with the labor movement, are intensely dissatisfied with the present state of affairs, attributed to government mismanagement.

There are also a great number of university and high school graduates woh find it impossible to secure employment either in trade, industry or government departments at home, and can neither emigrate nor

Don't let sour stomach, gas, inligestion make you suffer. And don't

use crude methods to get relief. Just take a spoonful of Phillips' Milk of Magnesia in a glass of water. It instantly neutralizes many times its volume in excess acid. It will probably end your distress in five minutes.

Phillips' Milk of Magnesia is the perfect way to end digestive disorders due to excess acid for men, women, children-and even bables. Endorsed by doctors, used by hospitals.

Your drugstore has the 25c and 50c sizes. Insist on the genuine.

There is a flow of approximately 800,000 gallons a day from the springs in the Hot Springs National bark, Arkansas.

safer, cleaner and more effective than mustard plaster.

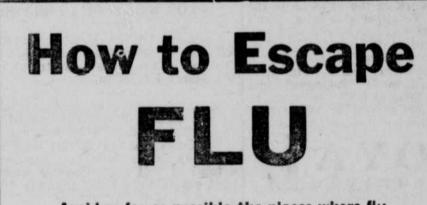
Get a bottle of Hoff's Liniment and an ply it with brisk rubbing. Then saturate a cloth with Hoff's and apply to the painful area and in a few minutes you will feel the warming and stimulating effect of this powerful liniment.

Hoff's is different from ordinary liniments that are applied with rubbing alone. It brings a quick flow of blood to the affected area, reducing congestion and relieving pain. Get an eight ounce bottle of your druggist today for 60 centa If you do not get relief in 30 minutes he is authorized to refund your money. Goodrich - Gamble Company, St. Paul Minnesota.

Truth in Advertising

Stranger (at village station)-Is this the 3:15 train?

Porter-We've nothin' so precise as that, sir. We just calls it the arternoon train.-Leeds Mercury.



Avoid so far as possible the places where flu germs are most likely to be spread; overcrowded cars and public meeting places; overheated, stuffy rooms.

Be careful of close contact with others and Le beware of all coughers and sneezers; breathe through the nose, get fresh air, but avoid drafts or chilling.

Get lots of rest. Eat plenty of citrus fruits. Keep the bowels open. Take extra precaution to keep in good physical condition, so your system will have high resistance against germs.

Above all, avoid catching colds. They lower your resistance to the flu germ. Ward them off. At the first sign of any cold, take Bayer Aspirin and remain indoors if possible until your cold is gone. If you have a sore throat, dissolve some Bayer Aspirin tablets in water and gargle; this will relieve the soreness and reduce the inflammation.

If you have any reason to suspect even a 5 touch of flu, call your doctor at once.

Sibux City Ftg. Co., No. 8-1931.



FLOWER MENU Miss Spring, within a few weeks Will make her glad debut; out

eat-They're never on a diet;

see The blooms on sturdy shoots, The way unto a flower's heart,

Q. What were the draft ages in the Civil war? I. W. P. A. The soldiers drafted into the

Union Army were between the ages of 18 and 45 years. The first draft law of the Confederate states, 1%2, gave the age limits as 18-35-this was later increased to 45. The act of 1864 drafted into military ser-vice all white men between 17 and 50; those between 17 and 18, and 45 and 50 to constitute a reserve.

freezing on the windshield of an automobile? C. C. D.

hood raised slightly so the heat from the engine will strike the windshield. If the wind is blowing

## the windshield wiper is said to af-ford some relief, but the malted salt forms a smear that may re-quire the use of alcohol for removal. **Blight-Resistant Beans** Sought to Cut Crop Loss - Apparently

which, second to anthracnose, is the worst bean disease, is the development of blight-resistant varieties, says Dr. W. J. Zaumeyer, as-The annual loss from the disease approximates \$250,000 bushels. Losses in bad seasons have run as In isolated instances and in particularly bad years complete de-struction of a field is not uncommon.

UNEMPLOYMENT AID

men have been put to work in this city in an effort to relieve the unemployment situation. The job given each one is the same, and shows foresight on the part of city officials. Each will be given a part in the city's cleanup campaign, carried out in preparation for the centennial of Simon Bolivar, national hero of South American nations.

## MY. WHAT'S NEXT?

Paris-Mocnlight bathing parties ors and sells for a very high price.

First Doctor: Was the operation successful?

paid for. find work abroad. The result of this general feeling of discontent was shown in the last general elec-

Unemployment also has resulted in the material increase of the communist party. Berlin is used by the Russians as a communist center, and of this the social democrats are well aware and they are doing their utmost to combat communist which they regard as the greatest enemy not only of German labor, but of the country in general.

FIRE DAMAGE About 134,000 forest fires damaged about 46,000.000 acres of forest land in the United States during 1930.

## Washington the best control for bacterial blight

sistant government pathologist. high as 75 per cent of the crop.

Bogota, Colombia-Thousands of

here feature a bathing suit which meets all requirements but which vanishes altogether when emersed in water. It is made of a special tissue which dissolves and leaves the swimmer in the nude when in bathing. The suit comes in all col-

Mark of Success.

From Answers. Second: No; it has never been

