



Healthiest

"Arthur had a bad case of measles," says Mrs. Clara Gilliam, 4137 Bowdoin St., Des Moines, Iowa. "He was having a hard time until I gave him California Fig Syrup. It regulated his bowels, seemed to give him new strength and energy."

"I have since used it for all his colds or upsets, and it has helped make him the healthiest boy I know." For over fifty years, mothers have praised California Fig Syrup. Doctors advise its use when children are bilious, headachy, constipated; and to keep bowels open during colds or upsets. Every child loves its rich, fruity flavor. It is mild in action.

Look for the name California when buying. That marks the genuine.



Showing It

"I can't get along with my wife. All she does is ignore me." "Yes. And if there's anything I hate, it's ignorance."—London Tit-Bits.

Garfield Tea

Was Your Grandmother's Remedy

For every stomach and intestinal ailment. This good old-fashioned herb home remedy for constipation, stomach ills and other derangements of the system so prevalent these days is in even greater favor as a family medicine than in your grandmother's day.

Another Alibi
Mamma—Marcus, why didn't you finish sewing that wood? Little Marcus—Just couldn't, mamma, the poor saw had the toothache.—Brooklyn Eagle.

Kidneys Disordered?

Act Promptly When Warned By Kidney Irregularities. When bladder irritations, getting up at night and constant backache keep you miserable, don't take chances! Help your kidneys at the first sign of disorder. Use Doan's Pills. Successful for more than 50 years. Endorsed by hundreds of thousands of grateful users. Sold by dealers everywhere.



Knew His Mission
Neighbor—Is Mr. Jones at home? Maid—No, sir; but I'll tell him you called. What shall I say you wanted to borrow?

Low Viability
"I hear Katherine is going to marry that X-ray specialist." "Well, what can he see in her?"—Capper's Weekly.



Stuffed up inside? Feen-a-mint is the answer. Cleansing action of smaller doses effective because you chew it. At your druggist—the safe and scientific laxative.

Feen-a-mint FOR CONSTIPATION



S. O. City Pkg. Co., No. 5-1931.

Out Our Way



'LOUISIANA'S MARY' MIMS, STATE ORGANIZER, STABILIZES FARMING IN 200 COMMUNITIES

Woman 'Saves' Agriculture in South Through Simple Plan

Baton Rouge, La.—(NEA)—Agriculture in Louisiana is on a better foundation today than it was five years ago, despite the business depression, and it's all due to a woman, Mary Mims, state community organizer.

"Louisiana's Mary" as she is affectionately known throughout the state, has efficiently organized 200 communities so that the living standards of farmers have been raised and their incomes have been steadily mounting as the result of scientific knowledge of agriculture given them by Miss Mims.

She was born and reared on a plantation in north Louisiana. She taught school for 16 years after she grew up, and then decided to become a community organizer.

She heard of a plan in Denmark along similar lines, and journeyed to that country to gather information. She returned to Louisiana and set up her plan of organizing, receiving authority from the state and assuming sole control.

Visits Each Community
Her plan is simple. Every citizen of each community is included in the program. Monthly meetings are held in each center, at which Miss Mims takes charge. These meetings are sponsored by the Louisiana Farm Bureau and State University Extension department. Each community works out its own objectives according to its requirements.

Programs have a threefold purpose—business or economic, civic and health, and social, with a spiritual theme woven throughout. In the first connection, Miss Mims aids in organizing the community work for grading of farm and dairy products, and organizing community fairs which serve as agents for grading and improving livestock and agricultural products.

Through the second and third part of her program she strives to improve the health of the community, for beautification of the home and public grounds, and finally to improve the recreational centers of the community.

Aids Dairymen
A specific instance of the good she has done is at Enon, in Washington parish. Each dairy man was conveying his own milk to the railroad and losing a lot of time and

money thereby. She established a central milk station at which all farmers delivered their milk, and the community prospered. It built a new school, and made other public improvements. In addition to dairying, each family in the community now has an orchard and a flock of the same kind of chickens. She showed them how.

In Natchitoches parish there are 18 organized communities. Last summer a community meeting was held by Miss Mims and 16 communities participated in a "community sing." Over 2,000 voices, those of grandmothers and grandfathers, their children and children's children, participated. Then groups from each community competed in chorus.

Fighter was abundantly proved last year at the conference which preceded the adoption of the Young plan. He has a case, and he won it even though at one time he had nearly the whole field arrayed against him. He has now taken up cudgels against the Beaverbrook, the Baldwin and the dominion premier's schemes for making Great Britain a protectionist country, and he does not mince words in telling the British voters what he thinks of such proposals. A protective tariff would make parliament "a sink of corruption," because the members would forthwith cease to represent the nation and become the supporters of the selfish interests of particular industries.

In answer to the argument that a tariff is needed to relieve unemployment, he points to conditions in Germany, the United States, Japan and Italy, where depression and unemployment prevail in spite of republican bosses said no. He bolted their decision and campaigned for the republican nomination in a manner that would have commanded the admiration of Attorney General Sorensen of Nebraska. For he was the anti-race track candidate, opposed to the pari-mutuel betting system.

A bolter, an independent, a progressive, a reformer—and still he and George W. Norris hate each other! It just doesn't seem to click. The only explanation we can think of is that Lucas, after all, is only a good man in a difficult position who knows how to obey the orders of his chiefs—and knows how to be the

republican boss of Kentucky. The



Mary Mims . . . farm community organizer . . . she advises farmers how to organize . . . she leads hundreds of voices in singing at her community fairs.

Mary Mims has a singing "army" of workers in Natchitoches, and with them she is winning victories in co-operative marketing, and community service.

Fairs Are Her Hobby
If she has a hobby, it is community fairs. These she calls "laboratories" where the farm folks bring their experiments of the year from home, school and field to be studied in the biggest laboratory there is—the community. "Here," Miss Mims asserts, "we test life."

She is well informed on agricultural conditions throughout the country and in Europe, having made addresses in several American cities and before nobility of foreign countries. She is in constant demand as a lecturer.

high tariff and virtually no unemployment, and which the tariff advocates have taken as their model. Mr. Snowden dismisses this example by quoting a French statesman, who recently said that France had put her unemployed to making fortifications.

But the strongest point which Mr. Snowden makes is that the world crisis is transient, while a protectionist system adopted ostensibly to meet it is quite certain to become permanent and probably to go from bad to worse. Under its liberal trade policy of the last century Britain has flourished and grown great. A passing panic is no reason for abandoning what has been tried and found good.

Heeded Advice.
"Sonny, didn't your conscience tell you not to do that?" "Yes, mummy, but you said I must not believe all I hear."

Q. How does a person arrange to travel in Europe by motorcycle from country to country? F. A. Y.

A. The American Automobile Association informs us that there are practically the same regulations for traveling in a foreign country with a motorcycle as with an automobile. It is necessary to have an international driver's license. A "Carnet de Passage en douanes," issued by the American Automobile Association, is honored in 24 countries.

By Williams

WARNING

when buying Aspirin
be sure it is genuine
Bayer Aspirin

Know what you are taking to relieve that pain, cold, headache, sore throat. Aspirin is not only effective, it is always safe.

The tablet stamped with the Bayer cross is reliable, always the same—brings prompt relief safely—does not depress the heart.

Don't take chances; get the genuine product identified by the name BAYER on the package and the word GENUINE printed in red.



Worrying Chief Cause of Mental Breakdown

Nearly everybody, says Dr. Horatio M. Pollock, director of the statistical bureau of the New York state department of mental hygiene, has a mental breaking point somewhere; if physical or mental stresses reach that point almost any of us is likely to give way. There is, however, little need for the generality to worry unduly about this, for Doctor Pollock says that 955 out of every 1,000 persons born in New York state will probably manage to escape all forms of mental disease.

Persons with well-adjusted minds who rarely get angry or excited or agitated or show undue emotion in any form apparently have the best chance to escape. Somewhat less fortunate are those who have fairly well-adjusted minds, but who take their triumphs or losses at bridge or in the stock market too emotionally. Doctor Pollock speaks with less assurance of two other types of individuals—those mentally so out of adjustment that they are jealous, quarrelsome, faultfinding and suspicious of everybody who does not agree with them and those who go to pieces in unusual circumstances for want of courage and mental and physical stamina.

Mental diseases is of many causes and of many kinds. It may come from bodily injury or deterioration. Fortunately, many forms can be prevented by judicious attention to the body's health. The department of mental hygiene is engaged in a study of all the means of prevention.

Persons in normal health appear to be reasonably safe from mental breakdown so long as they take proper care of themselves. Most persons do more worrying than there is need for.—New York Sun.

Testing Chestnuts for Resistance to Blight

Many persons can say that they have gathered chestnuts, but not many Americans can say they searched for them in the forests of Korea and Japan as can R. Kent Beattie, a forest pathologist of the Department of Agriculture who has just returned to this country from a two and a half years journey for that purpose.

Beattie was hunting for blight-resistant chestnuts to plant in American forests and during his sojourn in the Far East he collected about 250 bushels of nuts of native strains, and

scions of about 90 cultivated varieties. He shipped these nuts to Washington and the Department of Agriculture planted them in its forest nursery at Glendale, Md., to test their resistance to blight and their adaptation to the climate and soil of a new homeland.

THE LAXATIVE WITH HIGHEST ENDORSEMENT

When you get up headachy, sluggish, weak, half-sick, here's how to feel yourself again in a jiffy.

Take a little Phillips' Milk of Magnesia in a glass of water—or lemonade. Taken in lemonade, Phillips' Milk of Magnesia acts like citrate of magnesia. As a mild, safe, pleasant laxative, Phillips' Milk of Magnesia has the highest medical endorsement. As an anti-acid to correct sour stomach, gas, indigestion, biliousness, it has been standard with doctors for 50 years. Quick relief in digestive and eliminative troubles of men, women, children—and babies.

Fable, New Style

A citizen approached an unweary vended apples on a windy corner and, accepting him gently but without apparent intention of buying his wares, said:

"How is business?" The unemployed apple vendor at once responded:

"At the moment, sir, it is slack, but it would improve by 100 per cent if you should buy now."

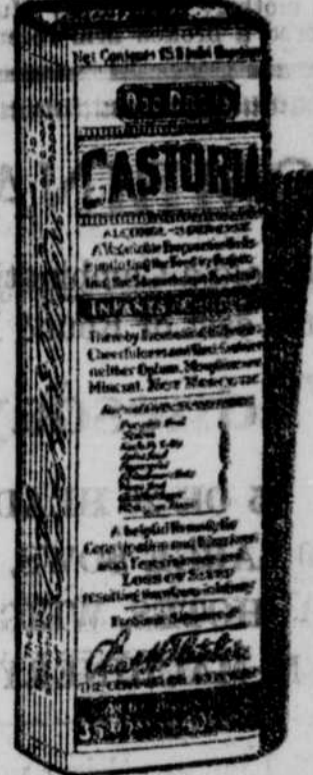
The moral of this is that sympathy vocalized in of Small Man, unless it is supported by immediate wallet unstrapping.—New York Star.

Song "Caught On"
The "Rosary" one of the most popular songs, sold 1,200 copies in last year, 1928; quickly increased to over 32,500 per year, reached the maximum sales of 205,561 in 1929, 287,247 in 1930, and 328,324 in 1931, and sold 48,735 copies in 1932, a songing its total sales to that year at 2,670,750.

The ingredients of succr were also sound—and that's all.

Castoria... for CHILDREN'S ailments

ARE you prepared to render first aid and quick comfort the moment your youngster has an upset of any sort? Could you do the right thing—immediately—though the emergency came without warning—perhaps tonight? Castoria is a mother's standby at such times. There is nothing like it in emergencies, and nothing better for everyday use. For a sudden attack of colic, or for the gentle relief of constipation; to allay a feverish spell, or to soothe a fretful baby that can't sleep. This pure vegetable preparation is always ready to ease an ailing youngster. It is just as harmless as the recipe on the wrapper reads. If you see Chas. H. Fletcher's signature, it is genuine.



Castoria. It is harmless to the smallest infant; doctors will tell you so.

You can tell from the formula on the wrapper how mild it is, and how good for little systems. Keep on hand with Castoria until a child is grown.