



Stuffed up inside?

Feen-a-mint is the answer. Cleansing action of smaller doses effective because you chew it. At your druggists—the safe and scientific laxative.

Feen-a-mint FOR CONSTIPATION

Stubborn Coughs
Don't let coughs and colds wear down your strength and vitality. Boschee's Syrup soothes instantly—ends coughs quickly. Relief GUARANTEED.

Boschee's SYRUP
At all druggists

One Point of View
No investment pays larger dividends than unselfish deeds of kindness.

Neal's Mother Has Right Idea



Within a few months there will be no more feverish, bilious, headachy, constipated, pale and puny children. That prophecy would surely come true if every mother could see for herself how quickly, easily, and harmlessly the bowels of babies and children are cleansed, regulated, given tone and strength by a product which has proved its merit and reliability to do what is claimed for it to millions of mothers in over fifty years of steadily increasing use.

As mothers find out from using it how children respond to the gentle influence of California Fig Syrup by growing stronger, sturdier and more active daily they simply have to tell other mothers about it. That's one of the reasons for its overwhelming sales of over four million bottles a year.

A Western mother, Mrs. Neal M. Todd, 1701 West 27th St., Oklahoma City, Okla., says: "When my son, Neal, was three years old he began having constipation. I decided to give him California Fig Syrup and in a few days he was all right and looked fine again. This pleased me so much that I have used Fig Syrup ever since for all his colds or little upset spells. It always stops his trouble quick, strengthens him, makes him eat."

Always ask for California Fig Syrup by the full name and see that the carton bears the word "California." Then you'll get the genuine.

Simple
"What must one do to have beautiful hands?"
"Nothing."

"A Most Excellent Tonic and Nerve"



Waterloo, Iowa—
"Dr. Pierce's Favorite Prescription is a most excellent tonic and nerve. I have taken it a great deal as such and found it especially beneficial during expectancy to keep me in good physical condition and afterward to build me up and bring back my strength. And at any time when I feel myself beginning to go down I take a bottle of the 'Prescription' and find it so helpful that I think it the only tonic for a weak and ailing woman to take."
—Mrs. Hulda Smith, 310 W. 10th St.
Liquid or tablets. All dealers.

If you want a trial pkg. of the tablets send 10c to Dr. Pierce, Buffalo, N. Y. Write for free medical advice.

BUY A SPOTTED POLAND CHINA SOW
Produce large litters, good mothers, easy to fatten, supported by the third largest and wealthiest recording society in America. Send for one-year's subscription to The Bulletin, our breed paper (owned by our breeders). We buy breeding stock for young, busy or inexperienced men, without charge for that service. Write for all information THE NATIONAL SPOTTED POLAND CHINA RECORD, Balabridge, Ind.

The Ideal Vacation Land
Sunshine All Winter Long
Splendid roads—towering mountain ranges—Highest type hotels—dry invigorating air—clear starlit nights—California's Foremost Desert Playground
Write Crase & Chaffey
Palm Springs CALIFORNIA

SIoux CITY PTG. CO., NO. 7-1930.

What is a Husband?
A husband is a man who comes home two hours late and wonders why in thunder his wife hasn't got back.—San Francisco Chronicle.

Domestic Tolerance
Housekeeping isn't such a bad job after you learn that nothing happens if the dusting waits another day.—Nashville Tennessean.

An outright knocker is seldom a reformer; he doesn't go that far.

Spain Becoming Alive to Value of Schools

No less than 6,800 new schools have been created by the Spanish dictatorship since 1924. Gen. Primo de Rivera proposed to create 1,000 schools every year. At first the villages and towns were in need of schools showed little enthusiasm and municipalities were remiss in sending in petitions to meet their requirements. Persistent governmental propaganda, however, has had its effects, and for the last two years demands for schools have exceeded the quota provided for in the budget. Thus it would appear that an appetite for education is being roused—one of the healthiest signs the Spanish nation has shown in years. Also girls are waking up to the possibilities of self-earned independence. Prior to 1916 there were no female students at Madrid university, but in that year 60 girls took examinations in philosophy, sciences and pharmacy. Six years later the number was 363. Today more than 25,000 woman students are matriculated in Spanish universities. The first woman doctor appeared in Madrid in 1917. There are 92 today.

Triflers
"The gentleman who just interrupted me," said Senator Capper in a political address in Topeka, "is a trifler, I am afraid. He reminds me of the high school student."

"This student was one of a group which took delight in discomfiting a nervous young professor. One day the professor's subject was archaeological discoveries and he asked his class:

"Can anybody give me an example of a commercial appliance that we know to have been used in ancient times?"

"Yes, sir; the loose-leaf system used in the Garden of Eden," the student replied."

Wood Highly Absorbent
Balsa wood is very absorbent, and when placed under water light pieces may absorb as high as 500 to 600 per cent moisture. Its life is said to be very short under ordinary conditions unless treated with a preservative.

Uncle Eben
"De man dat only knows one joke," said Uncle Eben, "is better dan de one dat keeps comin' around wif a bunch o' new hard luck stories."—Washington Star.

Leather Sets
Before starting to polish the leather-seated chairs, wipe off the seats with a cloth dipped in sweet milk. You will be surprised at the dirt that will come off. Then polish as usual.

Fortune for Man Who Can Eliminate Static

American inventors turn out inventions at the rate of about 120 a day, according to Dr. W. A. Kinnam, acting commissioner of patents. "Americans," he says, "are more inventive than any other race. They have been granted 1,750,000 patents since 1791, while only 3,000,000 patents have been granted by all the other nations of the world."
Notwithstanding this great number

Unchanging Britons

At the town of Lyme Regis, in England, the town crier still daily reads the proclamation beginning: "Whereas Charles Stuart, son of the late tyrant, with divers of the English and Scotch nation, have been defeated . . ." and goes on to warn the populace against harboring this Charles, who died in 1689. This bulldog tenacity of the British is what always enables them to win out in the end.—Detroit News.

Uses for Licorice
Licorice has not become a successful commercial crop in America. It grows wild over large areas in Spain, Italy, southern Russia, Asia Minor and southern Asia. This country, however, uses quantities of licorice. Ninety per cent of it finds its way into the tobacco industry, about 5 per cent into confectionery and about 5 per cent into medicine. Its principal medicinal use is to disguise the taste of acrid drugs.

Nation's Butter Consumption
The Department of Agriculture says that approximately 99½ per cent of the butter consumed in this country is produced in this country. The butter that is imported comes mostly from Denmark and New Zealand.

Terrible Interpretation
What is more annoying than to become engrossed in a first-rate detective story and be disturbed by a woman somewhere in the house shoveling coal?—Kansas City Times.

Look Within
No man is better than his thoughts and a bad egg is as good as any other until it is broken; it is the inside of both that defines their worth.—Exchange.

Where Tortoise Gained Time
Of course, the old stage coach was slow but then the driver didn't have to bother with inner tubes, blowout patches, and red traffic lights.—Newcastle Courier.

Building Progress
Glass and aluminum skyscrapers are predicted for the near future. In other words, going after both light and lightness.—Pittsburgh Post-Gazette.

Odd Chinese "Prescriptions"
"Quack" Chinese doctors have been known to prescribe leaves of certain trees, ground claws of a lion, dried toads, beetles, snakes, and tiger hair.

Modern Ancients
Historian says ancient women used cosmetics 3,000 years ago—and many ancient women still use them.—Wall Street Journal.

of new patents, there are plenty of fortunes still waiting the inventors of the right devices. For instance, adds Kinnam, an invention to eliminate static in radio is very much needed and a fortune awaits the man who is lucky enough to be the first to solve the problem.—Pathfinder Magazine.

Thought Is Supreme
Mind, said Daniel Webster, is the great leveller of all things; human thought is the process by which human ends are alternately answered.

Locusts Herded by Plane

When locusts, which recently have been taking heavy toll of crops in the Philippines, defied the planes sent to rout them, aviators had to herd the insects. Army planes were used to spray poisonous dust on the crop destroyers, and, at first, left them dead in windrows on the plantations. Then the locusts changed front, and when an airplane motor was heard they vacated areas in vast swarms, often flying into the paths of the planes and menacing the pilots. Aviators then changed their methods, and herded the swarms of insects, much as cowboys herd cattle, slowly driving them out of the crop districts. Pilots declare locust punching requires skill in avoiding the insect columns while keeping them moving.

An Awful Accent
Mrs. Sinclair Lewis paused in a discussion of Theodore Dreiser's alleged plagiarism of her work to discuss the American accent.

"Well, anyhow," she said, "the American accent doesn't draw a hard and fast line between the sheep and the goats, the way the English accent does. In England, if your accent isn't the Oxford kind, you're a goat forever."

"The goat accent is awful, certainly. In the east end school one day the teacher was telling the little cockney children about fairies. To see if they had profited by his words he said:

"Now, children, what's a gnome?"
"The children answered in prompt chorus:

"'An 'ouse.'"

Envy Is Ignorance
There is a time in every man's education when he arrives at the conviction that envy is ignorance; that imitation is suicide; that he must take himself for better, for worse, as his portion; that though the wide universe is full of good, no kernel of nourishing corn can come to him but through his toil bestowed on that plot of ground which is given him to till.—Emerson.

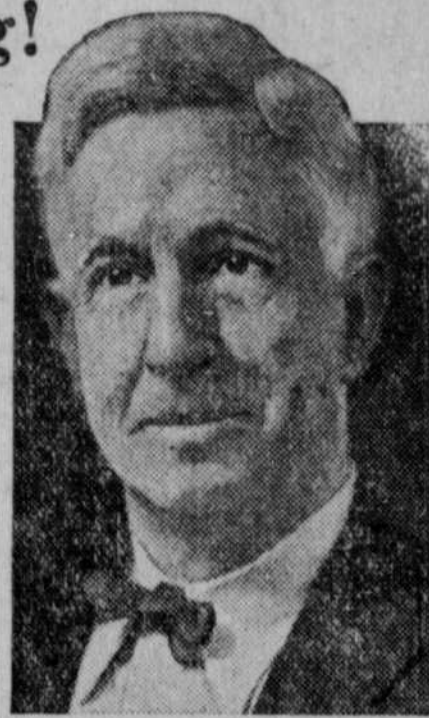
Correct Wording
A fish expert says that it is correct to speak of "fishes" or "trouts" when several live specimens are meant, but anglers, shopkeepers and cooks should refer to "fish" or "trout," regardless of number.

Lie's Spreading Power
A lie has no legs, and cannot stand; but it has wings, and can fly far and wide.—Warburton.

No Figure of Speech
When Mexican politicians talk about burying the opposition they mean it.—Dallas News.

Twelve Years Mayor and Going Strong!

WHEN a man who has been mayor of a big city for twelve years finds out how to live, his words are worth listening to. Ex-Mayor E. N. Kirby of Abilene, Texas, discovered the simple way to health about ten years ago (he is now 64.)



Hon. E. N. Kirby, for twelve years Mayor of Abilene, Texas, who has discovered secret of success.

"I am now a new man, and as active as a boy," says Mr. Kirby. "I feel fine all the time and rarely have an ache or a pain, although for twenty-five years I suffered with rheumatism, and sometimes was unable to stand or walk. I would not give up my simple health discovery—no, not for five thousand dollars in gold!" That discovery was Nujol!

That's the wonderful thing about Nujol. Although it is not a medicine and contains absolutely no drugs, its harmless internal lubrication seems to make people feel better and look on the brighter side of life, whether they are old or young.

Of course you can understand why this is so: we all of us have natural poisons in our bodies that make us feel headachy, sick and low in our minds. Nujol, which is as tasteless and colorless as pure water, helps to absorb these and carry them away, easily, regularly as clock work.

Instead of drugging and irritating your body with pills, cathartics, laxatives, and other habit-forming drugs, give your body the internal lubrication which it needs, just as

much as any other machine. After a few days you will be surprised at the difference in the way you feel. You can get Nujolin in a sealed package in any drug store. Nujol may change your whole outlook on life. Get a bottle today and give yourself a chance to be well!



Needless Pain!

The man who wouldn't drive his motorcar half a mile when it's out of order, will often drive his brain all day with a head that's throbbing.

Such punishment isn't very good for one's nerves! It's unwise, and it's unnecessary. A tablet or two of Bayer Aspirin will relieve a headache every time. So, remember this accepted antidote for pain, and spare yourself a lot of needless suffering. Read the proven directions and you'll discover many valuable uses for these tablets. For headaches; to check colds. To ease a sore throat and reduce the infection. For relieving neuralgic, neuritic, rheumatic pain.

People used to wonder if Bayer Aspirin was harmful. The doctors

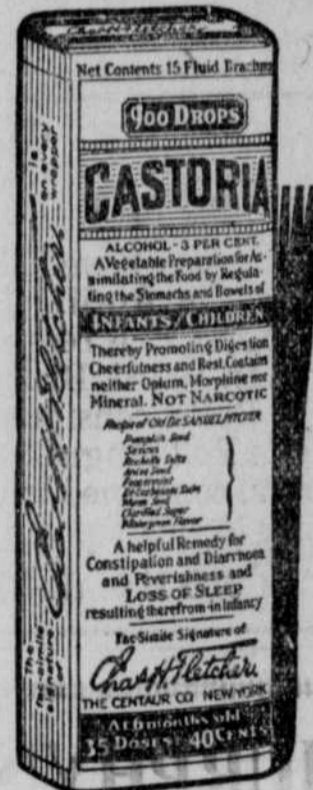


answered that question years ago. It is not. Some folks still wonder if it really does relieve pain. That's settled! For millions of men and women have found it does. To cure the cause of any pain you must consult your doctor; but you may always turn to Bayer Aspirin for immediate relief.

BAYER ASPIRIN

Aspirin is the trade mark of Bayer Manufacture of Monocetidineester of Salicylicacid

When BABIES are upset



Baby ills and ailments seem twice as serious at night. A sudden cry may mean colic. Or a sudden attack of diarrhea—a condition it is always important to check quickly. How would you meet this emergency—tonight? Have you a bottle of Castoria ready? There is nothing that can take the place of this harmless but effective remedy for children; nothing that acts quite the same, or has quite the same comforting effect on them.

For the protection of your wee one—for your own peace of mind—keep this old, reliable prepara-

tion always on hand. But don't keep it just for emergencies; let it be an everyday aid. Its gentle influence will ease and soothe the infant who cannot sleep. Its mild regulation will help an older child whose tongue is coated because of sluggish bowels. All druggists have Castoria; the genuine bears Chas. H. Fletcher's signature on the wrapper.

Mothers find it magic for scuffs

One touch of the dauber and scuffs disappear. Smooth, uniform color comes back to faded shoes. More than 50 marvelous shades—50 cents. Colors for black, brown, tan and white shoes—a neutral polish for others.

BARTON'S DYANSHINE SHOE POLISH

