

Get poisons out of system . . .

Doctors know that this modern scientific laxative works efficiently in smaller doses because you chew it. Safe and mild for old and young.

Feen-a-mint FOR CONSTIPATION



Queer Thing

Richard E. Enright, former police commissioner of New York, said in a discussion of the prison system:

"Reformatories, too, leave much to be desired. I was once talking to a penologist about a celebrated reformatory. The penologist said solemnly:

"A very queer thing happened to an inmate of that reformatory back in 1908."

"What happened to him?" said I.
"He reformed," said the penologist.

COLDS COST MONEY

It is estimated that a sufferer from colds loses three days' time from work in a year.

FORTIFY YOURSELF AGAINST COLDS, GRIPPE

Tone up your body with

DR. PIERCE'S GOLDEN MEDICAL DISCOVERY

All Dealers, Liquid or Tablets.

Foreign Language Study

Of all students enrolled in about 17,000 high schools in 1928, 93.2 per cent was studying English; 24.7 per cent studying Latin; 15.3 per cent French; 9.4 per cent Spanish; 2 per cent German. In 1922, and 79.5 per cent studied English, while 29.5 per cent studied Latin; 16.8 per cent French; 11.3 per cent Spanish; 6 per cent German.



Helped at Change of Life

"Lydia E. Pinkham's Vegetable Compound is a wonderful medicine at the Change of Life. I would get blue spells and just walk the floor. I was nervous, could not sleep at night, and was not able to do my work. I know if it had not been for your medicine I would have been in bed most of this time and had a big doctor's bill. If women would only take your medicine they would be better."—Mrs. Anna Weaver, R. F. D. No. 2, Rose Hill, Iowa.

Lydia E. Pinkham's Vegetable Compound

Lydia E. Pinkham Med. Co., Lynn, Mass.



PARKER'S HAIR BALSAM

Restores Color and Beauty to Gray and Faded Hair. Sells for 50c and \$1.00 at Drug Stores. Hiram's Chem. W. Co., Fairport, N. Y.

FLORESTON SHAMPOO—Ideal for use in connection with Parker's Hair Balsam. Makes the hair soft and fluffy. 50 cents by mail or at drug stores. Hiram's Chemical Works, Patchogue, N. Y.

PISO'S for COUGHS

PISO'S gives quick, effective relief. Pleasant, soothing and healing. Excellent for children—contains no opiates. Successfully used for 65 years. 35c and 60c sizes.

SIoux CITY PTC. CO., NO. 4-1930.

Out Our Way



STEEL KING WHO WORKED WAY TO MILLION DOLLAR YEAR JOB SEES ROSY FUTURE FOR AMBITIOUS YOUNG MEN OF UNITED STATES

"More Opportunities Today Than When I Was Boy," C. M. Schwab Declares

By NEA Service
New Orleans — To the ambitious young men of today who are building their castles in the air and dreaming of days when fame and fortune will be theirs, Charles M. Schwab sends this encouraging message:

"America today has thousands of more great, wide-open opportunity for her youth to rise to leadership than this country ever had when I was young. If I could have the wish that it is in my heart it would be young again, and have the fun of fighting upward."

"I wouldn't want to start rich. I'd want to start poor. Whatever you get in this world isn't half as much fun as was the fun fighting for it."

From \$1 Day to \$1,000,000 Year
Of course, you've heard of Charles M. Schwab. He's head of the Bethlehem Steel company, the second largest in the world, and one of the nation's most outstanding self-made men. After driving a stage and clerking in a grocery in his boyhood Pennsylvania, he went to work—at 19 years of age—for a steel company at \$1 a day, dragging chains for an engineering crew. Quickly he won the promotion after another; and today, as head of the company, he is reputed to receive \$1,000,000 a year and is one of the richest men in the world.

Schwab was interviewed while visiting New Orleans in his private car, Loretto. This palace on wheels has an interior of elaborately carved mahogany and wall panels with beautiful landscapes in oil colors. The metal fixtures are of silver and gold. There is dining room, a kitchen, private baths and a complete and luxurious office.

"I hear men talk about America's situation as though we had reached some summit," Schwab continued. "Compared to what this country will be 50 years from now, we haven't even reached the foothills. If it is fortune that Americans are seeking, the fortunes today will look as tiny and as funny 50 years from now as the fortunes of George Washington's time look to us now."

Picture of 50 Years Hence
"Lord, the fun these youngsters of today are going to have in the next 50 years! And I'll be out of it! Like a Civil War veteran while they were fighting in the Argonne."

"We are going to see great leaders come up in aviation as we saw leaders come up in railroading, in steel, in textiles, in automobiles, in farming machinery."

"If you're young today, look around you. Use your head and use your courage. Don't be afraid to take a chance on anything fundamentally honest and constructive. Anything this world can offer is yours if you're big enough to take hold of it and keep hold of it after you have taken hold."

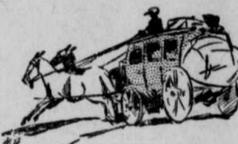
"Your only limit is death. Nothing ought to be able to stop you until it does come. When Emil Ludwig, the great biographer, asked me: 'Mr. Schwab, what is the objective of a great American business man and how does he feel when he reaches it?' I told him: 'Mr. Ludwig, if he has any final objective, he isn't a great American business man.'"

"Salaries don't mean a thing. At Bethlehem we pay comparatively

most intimate friendship with the protector.

In these missives, the consul refers frequently to interchanges of presents between himself and Mrs. Cromwell. Most interesting of all, they refer to conversations between Bernardi and Cromwell himself during the period of the Commonwealth (1650-1659).

In the course of these Bernardi dissipates the popular idea that the lord director declined the title of king proffered to him by his parliament because he was apprehensive of the consequences should he accept. According to the Italian, Cromwell, though not interested in the idea of being king, was most



AS A BOY OF 12, SCHWAB DROVE A STAGE-COACH IN PENNSYLVANIA.



AT 18 HE CLERKED IN A GROCERY FOR \$10 A MONTH.



AT 19 HE WORKED FOR A STEEL MILL FOR A DOLLAR A DAY DRAGGING CHAINS FOR A SURVEYING CREW.



CHARLES M. SCHWAB



TODAY HE LEADS THE WORLD'S SECOND BIGGEST STEEL COMPANY.

The story of Charles M. Schwab's own rise from boyhood poverty to success is told in these pictures. His first job with a steel company paid him \$1 a day; his present job is reputed to pay him more than \$1,000,000 a year.

small salaries. I believe that if a man is good enough to be worth a big salary, he's better as a partner in the business.

"Don't worry about your salary, except to be sure you earn it. But do fix your mind on something you want, and go out and get it. When you've got it, if you're worth the powder to blow you up, you'll find something just beyond it that you'll want just as bad. Go out and get that."

"Don't let failures disturb you. There may be some business leader in America who hasn't taken a licking sometime in his life, but I don't know him. Treat your lickings as lessons. They may be expensive lessons, but if they have taught you anything, they are worth what they cost."

"Remember that the vast majority of people are honest, even if there are a few crooks."

"Keep on going to school every day of your life, but when you have learned something, bank on it. Not blindly. There is no substitute for using your brains. But when you've got knowledge and judgment, and use them, you won't go far wrong."

"And remember this: When you put a limit in your own mind on what you are going to do, you've usually put a limit on what you can do. I don't know what human limits are. If I ever decide I've reached mine, before I die, it's time to lay

me away on the shelf like a mummy."

"Have Faith in America!"

Schwab turned to present day business conditions. "Have faith in America," he said. "This country is solder than the Rock of Gibraltar. You can dynamite that. Nobody can dynamite America."

"Our farms are the richest in the world. Our cities are the greatest. Our industries are the biggest and the most efficient. In actual, fundamental, genuine assets, America hasn't lost \$1 this last year; to the contrary, America has gained millions. All America lost when the stock market went crazy was paper profits. Speculators took a licking. Speculators can count always on taking a licking once in so often. America hasn't taken any licking—and it isn't going to."

That's "Charlie" Schwab.

Physical Fear.

From Answers. Doctor: Tell your wife not to worry about her deafness. It is only a sign of advancing years.

Husband: Would you mind telling her yourself, doctor?

Q. What is the May Walk taken at Antioch college?—R. S. H. A. Horace Mann began this custom in the early days of the college. It is an annual walk through the glens to Clifton. The scenery is unusually beautiful.

anxious to become emperor. He wanted to found an empire based upon the downfall of Spain and France.

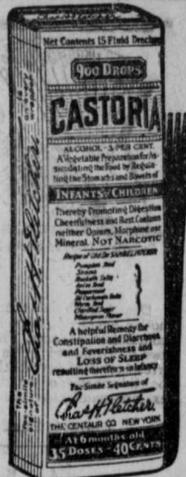
He took for granted that the Geneva consul would not pass on his secret ambitions and indeed they were so well kept that they are only seeing the light of day 260 years later.

Cromwell died in 1658 before he even began to achieve his ambition.

Q. Was Benjamin Disraeli a Jew?—A. H.

A. He was born in the Jewish faith but became a Christian in his youth.

The upsets of Children



All children are subject to little upsets. They come at unexpected times. They seem twice as serious in the dead of night. But there's one form of comfort on which a mother can always rely; good old Castoria. This pure vegetable preparation can't harm the tiniest infant. Yet mild as it is, it soothes a restless, fretful baby like nothing else. Its quick relief soon sees the youngster comfortable once more, back to sleep. Even an attack of

colic, or diarrhea, yields to the soothing influence of Castoria.

Keep Castoria in mind, and keep a bottle in the house—always. Give a few drops to any child whose tongue is coated, or whose breath is bad. Continue with Castoria until the child is grown! Every drugstore has Castoria; the genuine has Chas. H. Fletcher's signature on the wrapper.

Isn't it a fact that you don't want to "reform" anybody unless he annoys you?

It depends on you whether each day is "the daily grind" or the merry-go-round.

How A College Athlete Keeps Himself Well

BOB DEMING of Colgate, claims that a sensible method of health has really made life a pleasure for him. Mr. Deming writes that at first he could not believe this simple thing was the cause of his buoyant spirits. Finally, however, he had to admit that it was Nujol which was keeping him well, besides giving him, as he says, "five times the vitality."



Robert O. Deming, Colgate University Swimmer.

The whole story. He is right in believing that Nujol contains no drugs, no medicines of any kind. It is tasteless and colorless as pure water. It is simply harmless internal lubrication, which your body needs as much as any other machine. Regularly as clock work, Nujol cleans out of your body those poisons which we all have, and which make us low in our minds, tired, headachy, and below par.

The way for you to find out how much better Nujol will make you feel is to try it for a few days. You can get a bottle in a sealed package at any drug store. It costs only a few cents, but it makes you feel like a million

"Believe me," he says "having free and regular bodily elimination makes all the difference in the world to a diver as well as to any other athlete. I can't afford to be nervous, sluggish, or depressed while diving. It just isn't done! I would like to urge any one, whether they think they are in good health or not, to give Nujol a try-out. It certainly can't do any harm, and I'll bet it would make them feel a hundred per cent better. It's worth trying!"

Mr. Deming has just about told

dollars. Do you know how many thousands of people keep themselves well and happy just by using Nujol? Why shouldn't you feel well all the time? You can! Get yourself a bottle of Nujol today!

Make enemies if you have to, but a man who makes unnecessary ones is foolish.

If a scientist thinks his science overthrows religion, he doesn't care to discuss the matter.



Any COLD

That cold may lead to something serious, if neglected. The time to do something for it is now. Don't wait until it develops into bronchitis. Take two or three tablets of Bayer Aspirin as soon as you feel a cold coming on. Or as soon as possible after it starts. Bayer Aspirin will head off or relieve the aching and feverish feeling—will stop the headache. And if your throat is affected, dissolve two or three tablets in a quarter-glassful of warm water, and gargle. This quickly soothes a sore throat and reduces inflammation and infection. Read proven directions for neuralgia, for rheumatism and other aches and pains. Genuine Bayer Aspirin is harmless to the heart.

BAYER ASPIRIN

Aspirin is the trade mark of Bayer Manufacture of Monoaceticacidester of Salicylicacid

Acknowledged as a protection against Skin Troubles

CLEANSING SOOTHING ANTISEPTIC

Citricura SOAP

Price 25c. Preperation: Fetter Drug & Chemical Corporation, Malden, Mass.

