

Energy..

ATHLETES know the value of bread. Doctors and trainers advise them to make bread a basic part of their diet, which of course includes meats, vegetables, fruits, eggs and dairy products.

In this day of athletic competition, bread is depended upon to furnish strength, heat and energy in one of the most pleasant and economical forms.

White bread is one of our most digestible foods. The protein and carbohydrates, in which it is rich, are virtually all assimilated by the human system. When it is considered that our present bread is, generally, made with milk, butter, and other nutritious ingredients, supplying proteins and minerals and some of the necessary vitamins, it can be understood what a valuable food function bread performs in our daily diet.

The above statement has been submitted to and approved by a group of world-famous investigators in the field of nutrition, selected by the editor of The Journal of the American Medical Ass'n.

BUILD HEALTH WITH OUR BAKERY PRODUCTS

McMillan & Markey

THE FRONTIER

D. H. CRONIN, Publisher
W. C. TEMPLETON, Editor and Business Manager

Entered at the Postoffice at O'Neill, Nebraska as Second Class Matter.

LOCAL NEWS.

Miss Geraldine Cronin went to Chicago last week where she will visit Miss Irene and Miss Maxine O'Donnell.

County Treasurer W. E. Conklin has received the new auto license plates for 1930. The plates this year have a blue background with lemon colored numbers.

Miss Grace Huigens, of Creighton, Nebraska, has accepted a position as stenographer with the Interstate Power Company. She began her duties last week.

Mr. and Mrs. J. F. Fitzgerald, of Chicago, Illinois, came last Sunday for a few days visit at the home of the latter's aunt, Mrs. Gus Uecker. They returned home Wednesday.

Bob Haley resigned the position which he has held for some time with the Interstate Power Company, and on Monday returned to the Armour Creameries where he is filling the position of cashier.

John Kersenbrock Tuesday installed a new twelve foot Ehrlich electric refrigerator counter in the Sanitary Meat Market. The counter is of the latest type and is supposed to be the last word in refrigeration.

H. D. Osborne, who has been the cashier for the Armour Creameries Company in this city during the past year, left for Coon Rapids, Iowa, Tuesday where he will continue to work for the Armour Creameries.

The Interstate Power Company have extended their office rooms to include the entire lower floor of the Scott building. The rooms have been re-arranged to best accommodate the business. They now have very commodious apartments.

A daughter was born to Mr. and Mrs. John Frinking of Omaha last Thursday. Mrs. Frinking will be remembered as Florence McCafferty.

The Jerpe-Norfolk Company expect to open a cream, poultry and egg buying station in the Corbett building just east of the Bowen variety store. Francis Donohoe will have charge of the station. The company has an advertisement on another page.

Mr. and Mrs. Dean Streeter were visiting at the home of the former's parents, at Brunswick, the first of the week. They started for Gillette, Wyoming, today for a week's visit at the home of Mr. and Mrs. Ray Williams. Mrs. Williams will be remembered as Stacia Murray.

The Mellor Motor Company have torn down a part of the old building just east of their garage and are arranging to erect an addition 20x100 feet adjoining their present building on the east; there will be a basement with furnace in the front end; the front will be the same as the present building.

The Frontier failed to mention the purebred hog sale of Lienhart, Farquier and Ressel which was held at the fair grounds on September 23rd. A fairly large crowd was present. The hogs were of the best breeding and will make their new owners plenty of money. The top hog in the sale brought \$75.00.

A son was born to Mr. and Mrs. Charles Downey at the St. Joseph hospital in Omaha last Tuesday. Late reports from the hospital are to the effect that mother and son are getting along nicely. Mrs. Georgia Rasley went to Omaha Tuesday morning to get acquainted with the young man, who will be known as James Charles.

While operating a power drill in his blacksmith shop last Saturday morning, Frank Howard received a badly lacerated left arm when the member was pulled into the drill, his shirt sleeve catching on a set screw which wound the sleeve around the bit; the timely assistance of his son Francis averted a more serious accident.

The second live stock sale held at the Ditch Camp ranch last Tuesday was well attended and everyone seemed well pleased with the sale. Every one of the 562 head of cattle that were brought to the sale were sold to the highest bidder; no cattle were cut back or withheld from sale. Twelve carloads were shipped out over the Northwestern and four loads over the Burlington. The next sale will be held on Tuesday, October 15.

J. B. Mellor and George Mellor were called to Denver, Colorado, on Saturday, September 21st by the death of their sister, Mrs. Minnie Dierks, wife of John Dierks, of Denver, whose death occurred that day. The cause of her death was given as spinal trouble; the funeral services were held on Tuesday, September 24. Mrs. Dierks will be remembered by the older residents; she conducted a dress-making shop in O'Neill more than thirty years ago.

The editor of The Frontier was the guest Wednesday evening of Martin Bazelman and the representatives of the Celotex Company at a picture show at the Bazelman lumber yard, showing the manufacture of Celotex from sugar cane. The picture very graphically showed the uses of which Celotex and other similar insulation may be used; how it keeps out the cold and retains the heat in winter; an interesting demonstration was given showing the wind resistance of Celotex as compared to sheeting, which was strongly in favor of the former. Contractors and builders are beginning to advocate the use of insulation of some kind in building. There are a number of good brands

upon the market; those who contemplate building should investigate the qualities and serviceability of insulation.

The editor of this paper has often wondered just what the sensation was like when one leaves the ground in an aeroplane, but never had the nerve to make the trip. Last Friday afternoon Albert R. Wood, representing the Nebraska Diamond Jubilee, invited us to become his guest for a ride up in the clouds and we accepted. The plane in which we took the trip was the one sponsored by the Klopp Printing Co., in which Bill Metcalfe and Mr. Wood are touring the state on a good will mission. They are visiting every county in the state and are taking the county officials, and all Klopp Printing Company customers a joy ride; they are also advertising the Diamond Jubilee that will be held in connection with the Ak-Sar-Ben show in Omaha from November 1 to 8.

Joseph G. Alden, publisher of the York Republican, was an O'Neill visitor early last week. Mr. Alden is the director of the State Department of Publicity, created by the last legislature; the new department is a part of the Department of Agriculture. Mr. Alden is making an effort to collect and send out information regarding Nebraska resources and advantages. In speaking of the work before him, Mr. Alden said that he believed if Nebraskans themselves knew more about their own state, they would become the best boosters and advertisers for the state. The newspapers of Nebraska will be furnished a regular news letter showing the progress made in agriculture and other lines, as well as showing how favorably Nebraska ranks with other states in the various lines of production and industry.

CLARA BOW GAINS NEW FAME IN TALKIE

The scenes of "Dangerous Curves"—and the excellent sound atmosphere as well, are those of a big circus. Miss Bow is the bareback rider in love with Richard Arlen, a tight-rope walker. Kay Francis is the vamp who gathers all of Arlen's misplaced love to herself until the hero learns that Kay is false.

Miss Bow displays vigor and enthusiasm of a new kind throughout the production. She appears as the striving little troupier who is not satisfied with her success as a bareback rider but who has ambitions in other fields. She practices courageously on the tight-rope in order to be near the man she loves and finally wins laurels as a clown wire performer. Nothing of the old dizzy flapper attitude is shown in this picture. It is all substantial, characterful acting.

In addition to Arlen and Miss Francis, splendid support is furnished by David Newell, Anders Randolph, May Boley, T. Roy Barnes, Joyce Compton, Charles T. Brown, Stuart Erwin and Jack Luden. In addition to these there is a large company of circus "extras" including clowns, trainers, pot-wallopers, aerialists, barkers, vendors and sundry others.

The picture is all-dialog. It is the first dialog picture with a circus background, and it will probably prove to be one of the best. Don't let this one go by. At the Royal Theatre, O'Neill, Sunday and Monday, October 6th and 7th.

MISS CASSIE GALLAGHER

Miss Cassie Gallagher died at 8 o'clock a. m., Thursday, September 26th, at Saint Catherine's hospital, Omaha, Nebraska, where she had been for almost eleven months.

She was born at Gratiot, Wisconsin, sixty-eight years ago, where she grew to young womanhood, but for a great many years past had made her home at the residence of her sister, Mrs. T. F. Birmingham, in O'Neill, Nebraska. Her remains were taken to her former home at Darlington, Wisconsin, and accompanied by her brother-in-law, T. F. Birmingham, and nephews, H. J. Birmingham, of O'Neill, Nebraska; Donald Gallagher of Lincoln; Bernard Boyle and wife, of Omaha and Hugh J. Boyle, of Norfolk, Nebraska. Her nephew, Rev. Father John Collins, of Fond-du-Lac, Wisconsin, celebrated the Requiem High Mass at her funeral, which took place from Saint Joseph's Catholic Church on Saturday, September 28th, the remains being laid to rest beside her father and mother, sisters and brothers who preceded her in death some years ago. The pall-bearers were her six nephews, who represented six different families. The large concourse of friends who followed her remains to the grave, was sincere evidence of the high appreciation in which she was held by her former friends and acquaintances.

SISTER MARY HUMILIATA

The Sisters of St. Francis, the pupils of St. Mary's Academy, and the many friends of Sr. Mary Humiliata are deeply grieved at her death which occurred last Monday, after a very short illness. The funeral took place this morning, from St. Patrick's Church. A Solemn Requiem Mass was celebrated, with Right Rev. Monsignor Cassidy as celebrant, Rev. Father Alberts of Ewing as deacon, Rev. Pieper, of Atkinson as sub-deacon and Rev. Father Vanderlaan, of Amelia, as Master of Ceremonies. Rev. Father Leahy gave a very appropriate talk, taking as his text, "I am the Resurrection and the Life."

Rev. Father Jugels, of Stuart, was present in the sanctuary.

Sr. Humiliata was well known and deeply loved by the pupils and all who knew her. She has been teaching at St. Mary's the past five years and sponsored the Junior Class, as well as having charge of the Glee Club and being director of the athletics. Sister Humiliata worked here in the years of 1913 and 1914, and previous to her coming here, was engaged in St. Ann's School, Buffalo, New York.

Mabel Claire Penry was born on March 13, 1880, at Jackson, California, and passed away in her apartments in St. Mary's Academy, last Monday, following a short illness caused by pneumonia.

Burial was in Calvary Cemetery. The pall-bearers were J. F. Gallagher, J. A. Mann, Julius D. Cronin, R. E. Gallagher, H. E. Coyne and P. J. O'Donnell.

CARD OF THANKS

To the many friends whose kind thoughtfulness has been so generously expressed during the illness and at the death of Sister Mary Humiliata, the Sisters of St. Francis and of St. Mary's Academy extend heartfelt thanks and sincere appreciation.

REPORT OF THE CONDITION OF THE NEBRASKA STATE BANK

of O'Neill, Charter No. 895 in the State of Nebraska at the close of business September 24, 1929.

RESOURCES	
Loans and discounts	219,824.30
Overdrafts	104.70
Bonds and securities (exclusive of cash reserve)	27,504.84
Judgments and claims	7,312.67
Banking house, furniture and fixtures	5,000.00
Other real estate	23,692.02
Cash in banks and due from National and State banks	29,926.80
Checks and items of exchange	1,037.04
TOTAL	\$314,402.37
LIABILITIES	
Capital stock	\$25,000.00
Surplus fund	5,000.00
Undivided profits (Net)	651.18
Individual deposits subject to check	\$ 104,903.11
Demanded certificates of deposit	16,275.30
Time certificates of deposit	126,453.08
Certified checks	
Due to National and State banks	1,608.16
Bills Payable	249,239.65
	84,511.54
TOTAL	\$314,402.37

State of Nebraska, County of Holt, ss: I, Jas. F. O'Donnell, President of the above named bank do solemnly swear that the above statement is a true and correct copy of the report made to the Department of Trade and Commerce.

JAS. F. O'DONNELL, President.
 ATTEST: Ed. L. O'Donnell, P. J. O'Donnell, Directors.
 Subscribed and sworn to before me this 2nd day of October, 1929.
 GRACE MOSS, Notary Public.
 My Commission expires November 19th, 1933.



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 America's greatest sports authorities. Detail stories of all national sports events.

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