

# U. S. TANK HUNTERS 'Seek . . . Strike . . . Destroy'



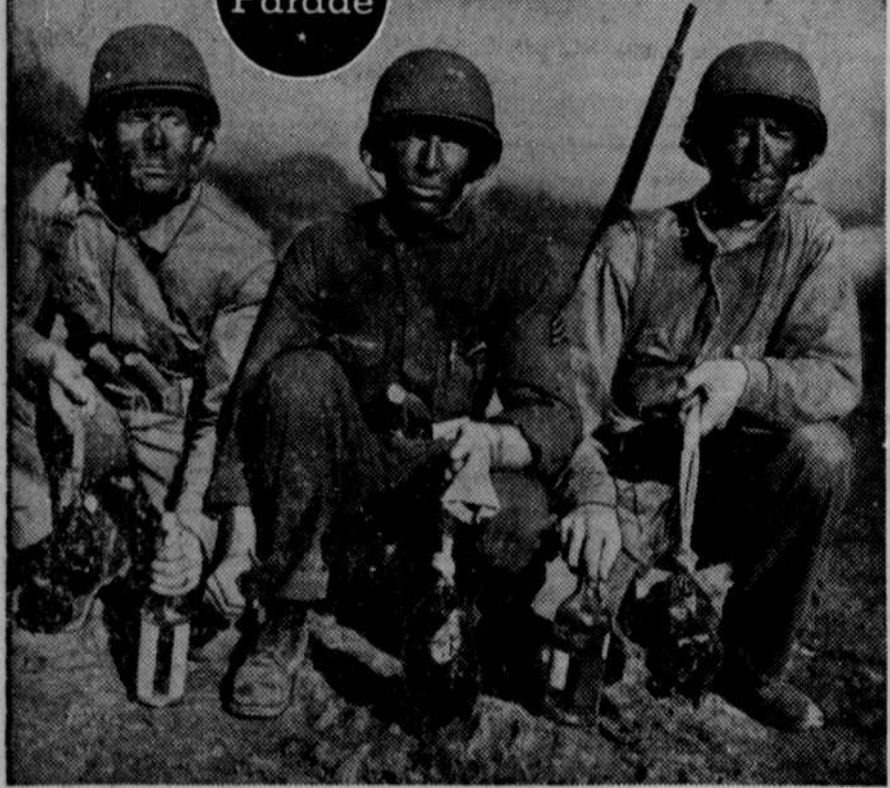
Men are taught to fight tanks at Camp Hood, Texas, the only training area in the nation devoted exclusively to the technique of enemy tank destruction. "Seek, strike, destroy!" is the motto of the tank destroyer corps. To carry out their assignments successfully, the soldiers of the corps must possess the wily cunning of the guerrilla fighter, and unlimited courage.

At Camp Hood every new method of tank destroying is taught. Accompanying pictures were taken while one tank destroyer unit was engaged in maneuvers.

Picture at top shows Private Dorman and Sergt. William Winter greasing up a sticky grenade. The greased coating keeps it stuck to the tank until it bursts. Right: This tank hunter demonstrates technique of throwing a sticky grenade at an enemy tank.



Victory Parade



Typical tank hunters await the order to go into action. The bottles are incendiary grenades known as "Molotov cocktails"—invented in Russia. They contain gasoline and are thrown at openings in the tanks to set them afire. The three greasy socks are sticky grenades.



Nasty medicine for Nazi or Jap is this fellow, Corp. Richard Urban, emerging from a "foxhole," pistol and bolo knife ready.



Sergt. John Swayna finds the going tough, but takes a deep breath and wriggles under barbed wire barrier.



Closeup of gun crew on mobile destroyer unit. These mobile destroyers must outflank enemy tanks, firing four or five rounds from one position, then dashing to an alternate position, and reopening fire before the enemy has time to bring their weapons to bear.



The tank hunters feel their way through a mine field.

## WHO'S NEWS This Week By Lemuel F. Parton

Consolidated Features.—WNU Release.

**Cluster About Peak With a Faith That Saves Mountains**  
High Tor, the highest eminence of the Palisades—making the world safe for cloud-fanciers and rainbow fans. However, he doesn't make the mistake of Ibsen's brand, which led his people up so high they froze to death. High Tor is to Mr. Anderson the symbol of resistance against totalitarian quarry companies which would grind the cosmos through their rock-crushers, and also the symbol of certain ideas with which he garlanded it in his play, "High Tor," of 1937. It has high visibility and has rallied behind Mr. Anderson citizens far up and down the Hudson, and we know that remotely heard thunder is not Rip Van Winkle's elfin bowling team.

As head of the committee to save High Tor, Mr. Anderson is engaged in an effort to prove himself a poor prophet. In his play, he prophesied that the man who owned it ultimately would sell it to the quarry company, to be hacked down. Old Elmer Orden, the owner, died last April and High Tor was thrown on the market. Mr. Anderson's neighboring poets, artists and playwrights are swarming out of their remote hideouts to save the mountain.

Among them are Amy Murray, much beloved poet, who two years ago published a book of verse, poignantly beautiful, much of it about the mountain, and worthy of more attention than it received, and Henry Poor, the artist. Mr. Poor's painting of the mountain hangs in the Metropolitan museum. He and Miss Murray head the fund-raising subcommittee to buy the mountain and turn it over to the Palisades Interstate Park commission as a permanent bird and game sanctuary and a high hurdle for hikers—for Pegasus, too, it would seem as many a chaplet of verse has been hung on the mountain.

Somewhat farther downward sea level, Mr. Anderson is promoting a prizefight for the Fighting French Relief committee. He seems always to be asking himself "What price glory?" Just now he is apt to summon relatives and friends and say: "Have a farm or an education on me."

Mr. Anderson and his fellow craftsmen of the arts have led the old-timers up our way to conclude that poets and artists are all right if they behave themselves. The latter meet them halfway. There has been a new community solidarity in Rockland county, New York, which has stirred it to more than its population share of war-winning activities. Mr. Anderson has made High Tor a symbol of a common endeavor.

WITH college boys being pulled out of school, business men are sent back in. It is Dean Donald K.

**Shakespeare's 7 Ages Fall Into a New Sequence**  
David of the Harvard university business school who opens Harvard to 150 business executives, between the ages of 35 and 40, for a tuition-free course to retrain business executives for war work. He says the aim is to aid in the "production of goods necessary to win the war."

In 1922, Harvard university set up a consulting staff in Europe, which included Sir William Beveridge of London, for guidance of business in the reconstruction years. Sir William has been working in this field ever since, and is just now out with a ten-pound report and recommendation which is mainly a conclusion that there won't be any business after this war—all will be socialized.

Nothing like that for Harvard university this time. Dean David, who was named head of the business school last May, has staked out his curriculum on the old ground rules and the tradition that the pursuit of an honest dollar still will be a stimulus to enterprise.

From Moscow, Idaho, where Mr. David was born in 1896, he went to the University of Idaho and was graduated from the Harvard business school in 1919. He was on the school faculty, in various posts until 1927, when he stepped into business, chiefly in large-scale food merchandising, and made a brilliant success of it. His new pupils will soon get to know that he is no mere academician.

His main prospectus of management, salesmanship and administration carries over into the post-war world.

## HOUSEHOLD MEMOS by Lynn Chambers



Toast the New Year With Gay Pineapple-Cranberry Duff! (See Recipes Below)

### Welcome, 1943

Ring in the New Year with a resolve to keep your chins up, your budgets balanced and your meals victory and vitamin minded. Never mind trivial resolutions, just keep the important ones, and you'll be doing your part in the way you can best—and that's the best job, you, Mrs. America, are qualified to do.

Plan every meal so carefully that you will make use of every bit of food you have. That means doing the most by your leftovers and fitting them into your meal program. Economy is the watchword—elaborate food is out for the duration. Vitamins, minerals and proteins are your cue to balanced meals.

By way of initiating this program you will note that even the New Year buffet supper I've planned fits into the guide outlined above: the chicken may be leftover from your holiday dinner as may be your spinach and beets for vegetable and salad.

#### \*Scalloped Chicken. (Serves 6)

- 1 cup cooked, cubed chicken
- 1 1/2 cups buttered crumbs
- 3 hard-cooked eggs, chopped
- 1 teaspoon salt
- Dash of pepper
- 1 1/2 cups medium white sauce

Cover bottom of baking dish with crumbs. Add chicken, sprinkle with salt and pepper. Pour sauce over all, cover with remaining crumbs. Bake in a moderate (350-degree) oven 25 minutes.

#### \*Spinach Timbales. (Serves 6)

- 3 cups cooked, chopped spinach
- 2 tablespoons butter, melted
- 2 eggs, slightly beaten
- 1 1/2 cups milk
- 1/4 cup soft bread crumbs
- Salt and pepper
- Dash of nutmeg

Soak gelatin in cold water and dissolve in boiling water. Add lemon juice, horseradish, vinegar, salt and Worcestershire sauce. Cool until slightly thickened. Add chopped cabbage and beets. Pour into mold and chill until firm. Serve with watercress or lettuce and mayonnaise.

#### \*Beet and Horseradish Salad. (Serves 8)

- 1 1/2 tablespoons gelatin
- 2 tablespoons cold water
- 2 cups boiling water
- 3/4 cup lemon juice
- 3/4 cup sugar
- 1 1/2 tablespoons horseradish
- 1 tablespoon vinegar
- 1/2 teaspoon salt
- 1/2 teaspoon Worcestershire sauce
- 3/4 cup chopped cabbage
- 3/4 cup chopped beets

Soak gelatin in cold water and dissolve in boiling water. Add lemon juice, horseradish, vinegar, salt and Worcestershire sauce. Cool until slightly thickened. Add chopped cabbage and beets. Pour into mold and chill until firm. Serve with watercress or lettuce and mayonnaise.

#### \*Victory Bread. (Serves 6)

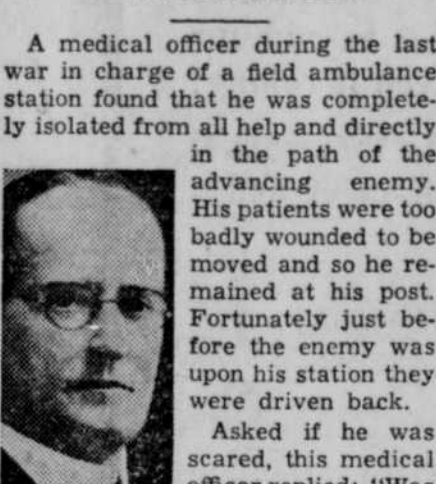
- 1 cup flour
- 1/2 teaspoon baking soda
- 2 teaspoons baking powder
- 1 teaspoon salt
- 1 cup whole wheat flour
- 1 cup wheat germ
- 1/2 cup brown sugar
- 1 cup seedless raisins
- 1/2 cup molasses
- 1/2 cup sour milk
- 1/4 cup melted butter

Sift together flour, baking powder, salt and soda. Add whole wheat flour, wheat germ, sugar and raisins. Combine molasses, sour milk and melted butter and stir quickly into flour mixture. Pour into a greased oblong pan or two loaf pans. Bake in a moderate to slow (300-degree) oven for 1 hour.

#### Lynn Says:

The Score Card: More foods have come in under the ceiling price list. Foods exempt from March ceilings but under the new ceilings are poultry, mutton, butter, eggs, cheese, canned milk, onions, white potatoes, dry beans, corn meal, fresh citrus fruits and canned citrus fruits and juices. Take this list to the market with you and make sure you do not pay any more for these items than you paid for them between September 28 through October 2.

## TO YOUR Good Health by DR. JAMES W. BARTON Released by Western Newspaper Union. DON'T BE ASHAMED OF BEING SCARED



A medical officer during the last war in charge of a field ambulance station found that he was completely isolated from all help and directly in the path of the advancing enemy. His patients were too badly wounded to be moved and so he remained at his post. Fortunately just before the enemy was upon his station they were driven back.

Asked if he was scared, this medical officer replied: "Was I scared? You bet your life I was scared. I was never so scared in my life, but I was caught there flat-footed with my patients and had to get over my scaredness. Perhaps I was too scared to do anything anyway."

It would appear that being scared and admitting that we are scared is helpful to all of us; we should not be ashamed of being scared.

This knowledge that fear is natural and that fear makes us do unusual things or that fear makes symptoms over which we have no control has helped and is helping victims of air raids in Great Britain. In the British Lancet, Dr. H. Wilson states that of 697 civilian patients brought to the first-aid post during air raids 134 were suffering from acute emotional disturbance, temporary paralysis and stupor due to fright and anxiety. All left the hospital within 24 hours and only six returned. They were told that their symptoms were due to fear which is shared by all persons and that it was important that they should return to their normal work and resist the temptation to exaggerate the experiences through which they had passed.

It has been found that these nervous patients who have undergone air raids are less disturbed and afraid than patients, less nervous, who have never experienced air raids. "The admission and acceptance of fear is a safeguard against breakdowns under acute stress. The anxiety that requires attention at the first-aid post may be aided by dispelling fear by reassuring the outpatients that their symptoms are just natural."

### Delaying Operations With Diet, Medicine

A patient consults his physician and it is told that the symptoms are due to gall bladder trouble. To make sure of the diagnosis a gall bladder dye test with X-rays is made and the patient is advised to have the gall bladder removed. Naturally the patient wishes to avoid operation and asks whether treatment by medicine and diet would give relief and perhaps tide him over so as to avoid operation.

The physician may, perhaps, be willing to try nonsurgical treatment for a while as he remembers that most gall bladder operations give satisfactory results, but there are some which do not. He, therefore, lays out a diet which involves eating small meals four or five times a day, and cutting down on certain foods which irritate liver and gall bladder.

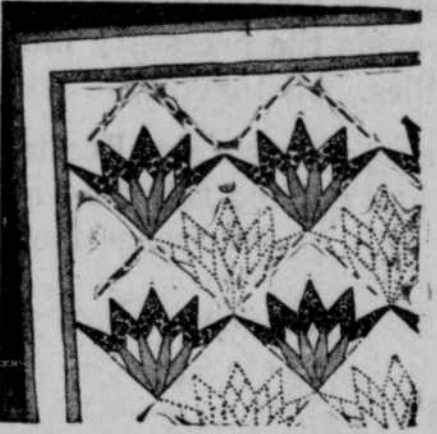
What happens in these cases? In some cases the small meals, the cutting down on fat foods, the daily walk, and perhaps some medical treatment, such as bile salts, give considerable relief. In others, despite faithful following of the physician's instructions and in a great many because they do not faithfully follow instructions, the symptoms are not relieved. Some of these patients keep consulting their physicians until he finally has to tell them that operation is necessary to give relief.

Unfortunately, by this time the condition of the patient is such that operation may not give very satisfactory results and the physician (and sometimes the patient) blames himself for delaying operation. Dr. Walter Alvarez, Mayo clinic, a few years ago pointed out that after suffering for years with a peptic ulcer, the patient when he undergoes operation expects the operation not only to give him an absolutely new stomach but to clear up anything and everything else that ails him. Similarly with the gall bladder patient. By the time the operation is performed neither he nor the gall bladder and other organs are in as good condition as they were some months or years previously.

#### QUESTION BOX

Q.—What is the value of Thiamin hydro-chloride?  
A.—Thiamin hydro-chloride is simply another name for B-1. Its growth, relieves neuritis, prevents deficiency disease such as pellagra.  
Q.—Would it be possible for pityrosporum to cause dandruff?  
A.—Pityrosporum—a yeast form of parasite—may be cause of pityriasis and also dandruff. Your physician can refer you to a skin specialist.

## THINGS for You TO MAKE



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### But One Heir

Among the Ganda, a Bantu tribe of East Equatorial Africa, one male child inherits all his father's property. As the deceased leaves no will (to avoid partiality), the heir is selected after the funeral by his brothers and sisters.

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### Unfortunate One

There is no one more unfortunate than the man who has never been unfortunate, for it has never been his power to try himself.—Seneca.

## When Your Back Hurts—

And Your Strength and Energy is Below Par. It may be caused by disorder of kidney function that permits poisonous waste to accumulate. For truly many people feel tired, weak and miserable when the kidneys fail to remove excess acids and other waste matter from the blood. You may suffer nagging backache, rheumatic pains, headaches, dizziness, getting up nights, leg pains, swelling. Sometimes frequent and scanty urination with smarting and burning is another sign that something is wrong with the kidneys or bladder. There should be no doubt that prompt treatment is wiser than neglect. Use Doan's Pills. It is better to rely on a medicine that has won countrywide approval than on something less favorably known. Doan's have been tried and tested many years. Are at all drug stores. Get Doan's today.

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● When we go into a store, prepared beforehand with knowledge of what is offered and at what price, we go as an expert buyer, filled with self-confidence. It is a pleasant feeling to have, the feeling of adequacy. Most of the unhappiness in the world can be traced to a lack of this feeling. This advertising shows another of its manifold facets—shows itself as an aid toward making all our business relationships more secure and pleasant.