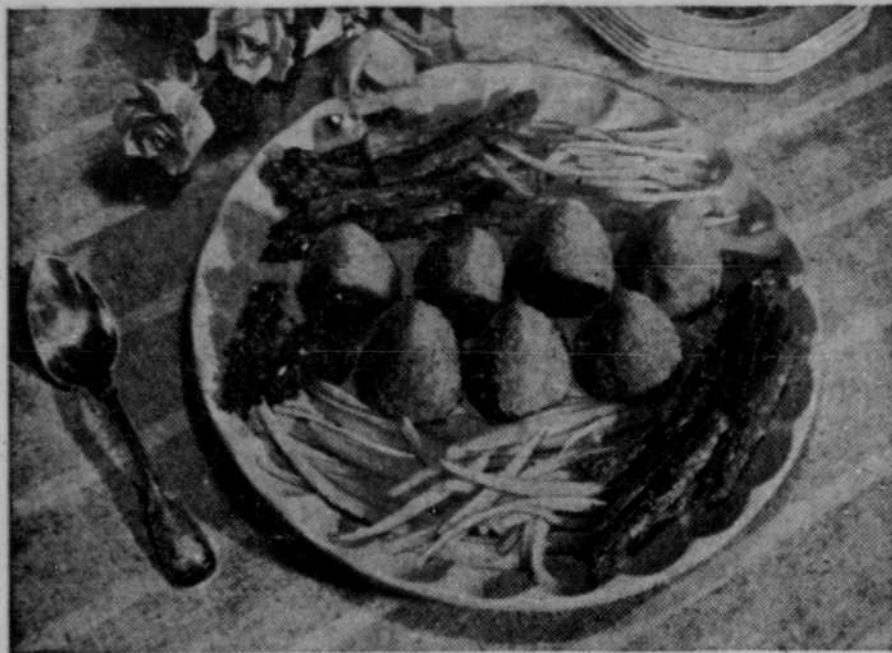


Household News

by Lynn Chambers



Economy Accent . . . Delicious Chicken Croquettes
(See Recipes Below.)

Budget Stretchers

What can I serve as a main course that won't take too many dishes? What can I give my large family that isn't too expensive? These are the two queries often asked by my readers. The answer to both questions is simple—a casserole. Easy to make, easy to serve, economical too, casseroles solve the main dish problem almost perfectly.

Almost? Yes, I say almost advisedly, because if the family ever becomes aware of your ulterior motives in serving casseroles, their interest in them becomes less, less and finally non-existent.

Make your casserole so delectable and so distinctive in flavor and no one will ever realize that it's packed with economy and you have a one-dish meal that's perfection plus.

Never overwork the casserole by trying to use up all the leftovers lining refrigerator and pantry shelves. Never swamp the flavors of the food so you strike a false note and confuse the sense of taste. Use good food and season with discrimination. Your result will be a real success.

Here are some new ideas I've compiled for you. Most of them of the food you have used often enough so they're old favorites, but in new dress! You'll like:

*Rice and Chicken Casserole.

- (Serves 6 to 8)
- 2 cups rice
 - 2 cups milk
 - 1 1/2 tablespoons butter
 - 2 eggs
 - 2 1/2 cups diced, cooked chicken

Boil rice in salted water until tender. Stir in butter, milk and eggs. Put a layer of this into a casserole, then chicken, more rice, etc. Bake in a moderate (350-degree) oven until well browned.

Every now and then you've heard me talk about food affinities. Here's another I'd like to add to the list:

Lamb and Lima Bean Pie.

- (Serves 6)
- 2 pounds lamb neck, shank or shoulder
 - 1 pound dry lima beans
 - Salt, pepper
 - Celery salt

Soak lima beans overnight. Drain and place in a heavy kettle. Have lamb cut in 2-inch pieces. Add to beans, season and cover with water.

Transfer to casserole and top with pimiento biscuit rings and bake in a moderately hot oven 20 to 25 minutes.

To make pimiento biscuit rings: add 1/2 cup coarsely chopped pimiento to baking powder biscuit recipe. You'll get your carbohydrates, proteins along with vitamins and minerals in this economical, hunger-satisfying dish good for family dinner or informal buffet entertaining:

American Goulash.

- (Serves 6)
- 3/4-pound package macaroni
 - 1 1/2 pounds hamburger
 - 1 large onion, chopped
 - 1 tablespoon fat

Lynn Says:

Store Food Wisely: There are no "Finder's Keepers" but you may be the "Loser Weeper" if you do not store those vegetables properly.

Scientific experiments show that lettuce may lose 40 per cent of its vitamin C if kept at room temperature. Refrigerator recommended!

Spinach, left standing on pantry shelf, will be drained of its vitamin C by about one-third. Canned string beans lose about one-third of their vitamin C if they stand in a bowl at room temperature for six hours.

Short cooking time is recommended, too. Cabbage, for instance, loses 69 per cent of its calcium and 50 per cent of its other minerals when these valuable nutrients go up in steam.



WHO'S NEWS THIS WEEK

By LEMUEL F. PARTON
Consolidated Features.—WNU Release.

NEW YORK.—We get word from Detroit that Igor Sikorsky's helicopter, the rocking chair of the sky, is in production and that one **Dreams to Music;** Detroit factory is manufacturing parts. The **War Helicopter Is Latest Contribution** the army and navy have been this way and that about the helicopter, but there is no doubt that it is now a war weapon. Its uses are a military secret, but its value in spotting submarines and in reconnaissance are obvious. It can take off from any ship deck and it can hover in the air like a hummingbird while a mechanic swings down under and changes a wheel.

Igor Sikorsky is a shy, gentle man who dreams great dreams. His book, "The Story of the Winged S," begins with the story of a dream. At the age of 24 he was the father of Russian aviation and he was launching cardboard dinosaurs into the air before the Wright brothers flew at Kitty Hawk. He built the first great air clippers and the czar's first huge bombers were of his design. With the revolution on, he found it difficult to keep his mind on his dreams and went to Paris to lecture before YMCA audiences on a variety of subjects.

Rachmaninoff, the pianist, wanted him to keep on dreaming, and, with other musicians, gathered \$100,000 to this end. In the U. S. A., he built the huge S-35. It was to take Rene Fonck to France, but it crashed on the runway and burned two men to death. Mr. Sikorsky kept on designing and building, a pioneer of multi-engine planes, in his 38-acre air plant in Connecticut.

His dreams are paced to music, Chopin frequently, as music is somehow innate in his genius and inseparable from his aeronautical flights into the future—which he says belongs to the air. Eight hundred classical records are a part of his work-a-day equipment. On his tidy little home farm, he raises cucumbers and drives his own tractor. He loves cucumbers, perhaps on account of their nice design. He is plump, bald and hesitant, with a Charlie Chaplin mustache. His father was professor of psychology at the University of Kiev.

IT WOULD BE just like the versatile marines to unveil a sea-going truck. That's just what they have done, and we've been trying to find out whether it was used in the Dieppe raid.

Just What Doctor Ordered for War

The navy wasn't talkative about it, but there is sufficient wide open news of this jungle jallopy to justify the conclusion that it is the most novel and exciting new fighting tool this war has yet produced and sure to score heavily in landing operations to come—and it appears that they are coming fast.

The marines call it their "invasion taxi," and its inventor, Donald Roebing, grandson of the builder of the Brooklyn bridge, calls it the "alligator." It goes about twice as fast on land as on water. Twenty-five feet long and about as wide as a box car, it can be lowered over the side of a transport or warship, take the water like a duck and, hitting the shore, keep right on mashing along.

It can carry a big load of leather necks, a military freight car, or plenty of fighting gear. The caterpillar treads have wide, diagonally placed cleats which serve as fins or paddles in the water, and nobody has to tuck them in or reset them when it reaches land.

It is armed and armored, of course not heavily, but capable of resisting fairly brisk fire. On February 17 of this year, the marines ordered 200 of them at a cost of \$3,200,000. They have been in forced-draft production in a big Detroit auto factory.

Down in Florida, it was just a "swamp buggy" at first, or a "mercy tank," developed by Donald Roebing after the hurricane of 1933, to rescue storm victims marooned in the Everglades.

It took him seven years to bring it through and a war to make him change the name from "mercy tank" to "alligator." He apparently inherited the inventive and constructive genius of his grandfather, the late Washington A. Roebing, who not only built the Brooklyn bridge, but spanned Niagara gorge in 1850.

Young Roebing has been known as a sportsman, much at sea on his yacht *Irano*, on which he led a Smithsonian exploration of the Caribbean sea and the Gulf of Mexico in 1937. His absorbing life interests are science and invention.

NATIONAL AFFAIRS

Reviewed by CARTER FIELD

How the Censors Denied Knowledge Of Air Pictures . . . 2 Cabinet Members' Economic Views . . .

Bell Syndicate—WNU Features.

Washington.—Sometimes it seems as if the army and navy should have a fictional department. Not to invent tall stories to divert the populace, or even the enemy, but to keep abreast of ideas about warfare developed by amateurs who make their living by writing fiction.

Take the recent case, for instance, of photographs given out by the government showing how alleged markings in fields resulted in arrows or other signs pointing directly at important war factories. One is obliged to assume that these photographs, and the stories that went with them, were given out in good faith. Anything else would be unthinkable.

The fact that they were later denied, and put in the "looking under beds" category, is not the point.

Now it so happens that just such markings, produced by cutting crops in certain ways, or by other devices, which would reveal important directions to aviators flying over them, were actually used by the Japs when they attacked Hawaii on December 7. So the officials who learned of these alleged markings in fields near important war production factories a few weeks ago were entirely justified in being interested. In fact it might have been forgiven them if they had gotten a bit rough with those responsible for these particular markings.

Fiction Story Year Ago

But if they had read some fiction a year or more ago in widely circulated magazines they might have acted differently. In the case of a serial which was probably read by more than a million Americans the same sort of thing, generally, was discovered in Britain back in the 1940 days. Fortunately, the author was not handicapped by publicity men. He did not have the commanding officers rush to the newspapers with the story. Instead the traitorous signs were changed—and changed in such a way that they resulted in destruction for many of the attacking airplanes.

But surely if the enemy is depending on some markers, and these markers are discovered, the censors should forbid anything being printed about it. Can't the markers be changed to point to some fake plant or city such as the Germans are alleged to have constructed by the hundreds in order to protect important objectives?

Or is it that the censors believe the aim of any attacking pilots will be so bad that they will be bound to hit something important if they are trying to hit something else?

In short, how about a little intelligence in the intelligence service?

Harold Ickes Henry Morgenthau Jr.

In many respects Henry Morgenthau Jr. has one of the most surprising combinations of economic views in the federal administration. To understand how amazing the man is, it is necessary to consider a few basic factors, the most important of which is his absolute devotion and slavish obedience to President Roosevelt.

Morgenthau and Harold L. Ickes have the faculty of sounding off in public print, or before committees, most sensationally, and then quickly coming to heel when the President frowns. No matter what either thinks, or has said, it is the will of the President which will guide their actions.

Both like their jobs—could not be pried loose from them—and hence never risk the break which would restore them to private circulation. But right there the similarity ends. Ickes generally gets out of step on the radical side.

When Morgenthau gets out of step it is usually on the conservative side. His best friends say that he would rather be a conservative, if only the President would approve. This is just a theory, though accepted by people who not only know him well, but have studied his actions.

It could never grow out of his private conversations. They run to favoring social service, and that sort of thing, growing out of his wife's championship of most of Mrs. Roosevelt's hobbies.

Of all his public utterances, one on the conservative side with respect to which he has never been publicly spanked, and never been made to retract, relates to silver. Morgenthau is against the government silver policy, and has been since its inception. He saw no point in trying to bid up the world price to the \$1.29 an ounce the silver fanatics wanted. He watched the experiment fail, at a cost of hundreds of millions to the treasury, and to the enormous profit of foreign speculators. The 50 per cent special tax on silver profits took care of the domestic speculators.

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which looks graceful in action and tidy when at ease! Let her have several of these sets to carry her through the school year.

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Porter Knew Where To Get Quicker Service

The young lovers were trying to find some quiet, secluded spot for a long embrace. But everywhere they went there were people, people, people. And the girl was shy. Suddenly the man had a bright idea. Triumphant he led her to the railway station and, standing beside the door of a railway carriage as though seeing her off, kissed her fondly.

After the couple had repeated the experiment at four or five different platforms, a sympathetic porter strolled up and whispered to the young man:

"Take 'er rahnd to the bus stop, mate. They goes ev'ry three minutes from there."

If you are ever stumped by the question of what to send a friend or relative in one of Uncle Sam's armed forces, here's a tip. If he smokes a pipe or rolls-his-own, nothing would please him more than a pound of his favorite tobacco. Surveys among the men themselves show that. Prince Albert Smoking Tobacco has long been known as the National Joy Smoke—it is the largest-selling smoking tobacco in the world. Local dealers are now featuring Prince Albert in the pound can as an ideal gift for service men who smoke a pipe or roll-their-own.—Adv.

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Rice?

No, Thank You, Mr. Hirohito!

NOT as a steady diet. You've done pretty well on rice, but can you keep on doing it? What about Midway and the Coral Sea? Ever hear of Doolittle? MacArthur? Chennault?

What about the Solomon Islands? You can't get around it—those U. S. boys are better, man for man. And they're not sun-worshippers, either—just plain free men, well-fed and fighting mad. Sure it takes a lot of food to keep them going, but we've got what you haven't got, Hirohito . . . an army of free women fighting the home front because they know the need to fight! Not with guns. Not everyone can make shells or build airplanes. It takes an American woman just half of a split second to see where she fits in; the empty shelves at the grocery were enough of a hint for her. 50% more home-canning is our goal, and it's just like making bombs for Tokyo. No one in America will ever live on rice. We'll have fruits and fruit juices, vegetables and meats—home-canned for a few cents a jar.

Can you beat it, Mr. Hirohito? A war won—by women?

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