

Fresh-From-the-Vine Grapes Make Clear, Bright Jelly!

Your Canning Shelf

\*Concord Grape Jelly

\*Quince Honey

Peach-Plum Butter

\*Bread and Butter Pickles

Pickled Peaches

\*Chili Sauce

mer 5 minutes. Strain juice through

cheesecloth. Measure out 4 cups.

Measure sugar and mix with juice.

Bring to a boil over hottest fire,

stirring constantly. Bring to a full,

pour into hot, sterilized jelly glasses.

Note: 2 cups of light corn syrup

may be substituted in this recipe

\*Peach and Plum Jam.

(Makes 8 small glasses)

1 box powdered fruit pectin

2 cups light corn syrup

1 pound blue plums

11/2 pounds peaches

4½ cups sugar

21/2 cups sugar

sterilized glasses and seal.

11/2 pounds quinces

21/2 cups water

3 cups sugar

minutes. Grate

quinces very thin,

or slice thinly.

Weigh pulp and

use 1 pound, Add

lemon juice and

strained liquid

from peelings.

Cook until tender.

add sugar, and

glasses and seal.

ing of chili sauce:

1 cup vinegar

3 tablespoons salt

1 cup sugar

mediately.

1 cup chopped onions

\*Quince Honey.

(Makes 6 small glasses)

2 tablespoons lemon juice

Wash, pare and core quinces.

Add water to peelings and cook 30

\*Chili Sauce.

(Makes 5 quarts)

1 gallon chopped, peeled tomatoes

11/2 cups chopped green peppers

Tie spices loosely in cheesecloth.

Boil with vegetables until mixture

is reduced to half its original quan-

tity, stirring all the while to prevent

scorching. Add vinegar, salt, sugar

and boil rapidly for 5 minutes. Pour

\*Pickled Peaches.

(Makes 8 pints)

1 tablespoon whole cloves

Chambers will be glad to give you ex-

Released by Western Newspaper Union.

11/2 teaspoons ground allspice

2 tablespoons cinnamon

11/2 teaspoons cloves

3 cups honey

3 cups vinegar

2 cups water

1 teaspoon salt

2 sticks cinnamon

5 quarts peaches

boiling syrup and seal.

to put up some:

\*Recipes Given

Paraffin at once.

#### Meals-With Zest

Does meal after meal slip by unnoticed, eaten only because it does away with hunger? Do your meals pull their punches so to speak-look good, have proper balance, contrast in texture, etc., but still seem to lack

something vital? A dinner, lunch or breakfast that lacks a sense of completeness is like a ham sandwich without mustard, meat without seasoning, fish without a tart sauce, a pie without a flaky crust. The small things that do big things for menus are the relishes, pickles, jams and jellies, which brings me to today's topic.

Relishes such as pickles, jellies, conserves and preserves can supply that sense of completeness to a meal | jelly. if you use them with a thought to flavor affinity.

For chicken try strawberry or plum jam. Goose calls for spiced peach jam or apple jelly. Orange and cherry jam or relish are tops with bland duck. Spiced grape jam or gooseberry jams are "musts" with beef just as mint or crabapple jelly are musts with lamb. Pair off that golden brown ham with plum grape jelly. Veal needs current or sugar and corn syrup.) Mix well precisely, he flew to Catalina. blackberry jam.

If you can't get quince jelly, try cranberry jelly with pork. Liver will be extra good with tomato relish.

Think of all the plate lunches and sandwiches you are going to serve the year 'round for lunches, snacks and pack-up boxes. You'll need

\*Bread and Butter Pickles.

(Makes 8 pints) 12 large cucumbers 4 onions, sliced

4 cups sugar

1 quart vinegar 3 cups water 4 teaspoons celery seed 4 teaspoons mustard seed

2 teaspoons tumeric Cut cucumbers in 1/4 inch slices. Soak with onions in strong salt water for 4 hours. Combine remain-

ingredients and bring to a boil. Add strained cucumber and onion slices. Bring to a boil again and boil 5 minutes. Pack into hot, sterilized jars.

Concord grapes are plentiful in the fall and make delicious jelly. You can substitute corn syrup in this

\*Concord Grape Jelly. (Makes 11 medium glasses) 4 cups juice 7½ cups sugar 1/2 bottle fruit pectin

You will need about 3 pounds of grapes for four cups of juice. Wash and stem grapes and crush grapes. Add just enough water to keep from scorching, bring to a boil and sim-

#### Lynn Says:

The Score Card: Cantaloupe supplies for this year will be lighter because of curtailed production, but watch your markets for the "peaks" of the season as supplies come in from California, Arizona, Georgia and South Carolina.

Recently a group of prepared cereals have had their whole grain nutritive values restored or are now made from whole grains so watch labels when doing your

The peach crop this year will be like last year-one of the best, according to present indications. Heavy shipments have already started coming in and production will climb up to about 50 million bushels-a new high.

Broilers and fryers will be abundant during these next few months, so don't miss out on good fried chicken or crisply browned and broiled chicken. Young chickens are abundant now because of increased war poultry

Canned foods will come in fewer sizes this fall and winter in the effort to cut down on use of



## WHO'S **NEWS** THIS WEEK

By LEMUEL F. PARTON Consolidated Features-WNU Release.

NEW YORK.—It might be a good idea to turn Glenn L. Martin loose on this cargo plane job and let him see what he can do. We once 'Clumsy Looking saw him pull through a

Kite' Opened Eyes doubtful en-Of Public in 1912 terprise which wasn't nearly so good a short-end bet as making cargo planes in a hurry.

It was at Avalon Bay, Los Angeles, in 1912, when aviation was fascinating outdoor vaudeville, with its hall mark of world destiny still hidden. Bleriot, the French flier, had out-stunted our lads by a flight over the English channel.

On this golden day in 1912 there appeared at the water's edge a clumsy looking kite, precariously poised on a single wooden pontoon. Word got around that this Martin, whoever he might be, was actually going to fly this thing over to Catalina island, 20 miles away.

around with barnstorming troops, planes. They know better now. with home-made planes, known to rolling boil and boil hard 1/2 minfound in the California skies a clear drifting into it. for two cups of sugar. Use 51/2 cups of sugar and 2 cups light corn syrup any rate, bankers of the day so re- ter which has been fully discussed. in the recipe for Concord Grape garded it.

He had built his Catalina Clipper in an abandoned church, with such material as he might come by, with-It seemed that it might do almost for the take-off, young Martin wasn't paying any attention to the skeptical crowd. He tightened up some bolts, Peel and pit peaches. Chop fine- put an inflated rubber tube around ly. Pit plums and chop until fine. his neck, and strapped a compass over continental Europe, is somejelly or horseradish mixed with Add powdered pectin (or pectin, around his leg. Then, to state it thing of which we can be proud.

and bring to a boil, stirring con-Just in passing, when he reached stantly. Bring to a full rolling boil, the financial, as apart from the techand boil hard 1 minute. Remove nical, stage of his operations, he from heat and skim. Pour into hot, wore most elegantly tailored black flying suits, and no more messing Quinces come into their own in the around in dungarees. His flying fall and if you're fond of them, plan mates called him "Dude Martin," but this get-up achieved an effect of safe and sane conservatism and it was not surprising that he got backing from the bankers.

> THE last time we saw Waldo Frank was in the summer of It was a month or two before the if production had not exceeded ex-

S. America Chief war start- pectations. Obviously Interest of This Frank was we turned. War was coming-of that Mr. Frank felt sure. We would be pulled in, and we wouldn't be ready, either with arms or understanding.

cook until two drops fall from spoon The mood of the conversation is at same time, or when a drop jells more clearly recalled than just what easily on a saucer. Pour into sterile Mr. Frank said. However, we do remember that he was sad because Nothing compares to the sweet, continental America had not shaken spicy, home-like smell of the makloose from a dying Mediterranean civilization and built a proud and safe and cohesive civilization of its

A short, stocky man, with a loose tweed suit and a neat black moustache, he moved down a trail in the dusk to a dark cave of interlocking forest trees. The dark trail led to Buenos Aires where he lies today, a casualty of a war of ideas which he has been waging for more than 20 years.

Six Fascist thugs beat him with the butt of a revolver, after the Axis - inclined Argentinian government had found him persona non grata.

His book, "Our America," pubinto hot sterilized jars and seal imlished in 1919, was both an exalted declaration of faith and a disquieting appraisal of our complacent and slovenly failure to realize what the gods had bestowed on us, and to measure up to this endowment. In this and many later books and magazine articles, he preached a somewhat mystic philosophy of "The Whole," with such earnest faith and plodding persistence that it is not surprising that he carried his chal-Heat honey, vinegar, water and lenge to the dangerous political front salt. Scald peaches, remove skins

of Argentina. and insert cloves. Place a few in the boiling syrup, add cinnamon and During the decades in which he wrote nearly 40 books-he is one of cook until peaches are tender, and the most prolific of American writacquire a slightly transparent look. ers-Mr. Frank was profoundly in-Pack in sterilized jars, cover with terested in South America, in his conviction that North and South What are your food problems? Cake were interdependent, in their culmaking? Bread making? Pickles, jams, tural and economic destiny. When jellies? Children's lunches? Miss Lynn he first was in Argentina in 1929. pert advice on your particular probthe president provided him an airlem, if you write her explaining what you want to know, at Western News-paper Union, 210 South Desplaines Street, Chicago, Ill. Please enclose a was in that year that he visited the principal cities of South Amerstamped, addressed envelope for your ica, on a lecture tour, appealing for continental solidarity.

## NATIONAL **AFFAIRS**

Reviewed by CARTER FIELD

Plane Production Exceeds Expectations . . . Air Freighters to Overcome Sub Menace? Bell Syndicate—WNU Features.

AJASHINGTON.—Praise is never as interesting as blame, but if we examine only what has happened since December 7 the air service, from top to bottom, has done a pretty good job. Up to December 7 there may be many opinions. The defense of the air services, both army and navy, was that they could not do much planning without knowing WHAT they were going to be called on to do until this country became actually involved, and the White House told them what was wanted.

So the thing divides into three chapters: Before Pearl Harbor, the events of December 7 themselves, and since December 7.

We can dismiss the period BE-FORE December 7 by admitting that up to that time the admirals and generals, as a whole, underestimated woefully the striking power of airplanes. Up until then there was considerable skepticism, for example, among not only our admirals but the British, as to whether a Young Martin had been ramming battleship could be sunk by air-

But the admirals and generals do fliers as a daring innovator, but not deserve ALL the blame for what and years of long service? Here's with the public in general not quite happened before Pearl Harbor. one which is practical through and sure of even his first name. Lin- There was no such planning for war through-yet cheerfully styled so ute. Remove from fire, skim, and coln Beachey, Art Smith, Si Christof- as should have been done, in view you'll always enjoy wearing it! It ferson, Bob Fowler and others had of the fact that we were so surely fits well too, due to the darts at

sport, rather than a business. At the Philippines is a separate chap- above all that you own!

#### Mass Production Promised

But SINCE December 7 the air services have really given a good out benefit of bankers. We recall account of themselves. It is not that it had a quaint, homespun look. permitted to give figures, but the number of pilots, bombardiers, gunanything except fly. Getting ready ners and navigators trained is extraordinary, and the fighting which has been done by our planes all over the world, including participation in some of the bombing raids

Similarly the production of planes has more than come up even to President Roosevelt's expectations. There are troubles and bottlenecks galore, but the plain truth is that these bottlenecks, in many instances, are caused not by failures in those weak links in the chain, so to speak, but in the surprising production in OTHER links, thus outstripping the weak links, and turning them into bottlenecks.

When one reads of shortages of critical materials, one must remem-1939, on our terrace in the country. ber that there would be no shortages

Obviously, if the expectancy is 100, and the production is 150, of any Prolific Writer deeply troubled. It was or a tank, some essential will be given article, be it a ship or a plane a dead-end conversation, every way found short. Provision had been made for 100, not 150.

#### In Ten Months' Time A Masterful Achievement!

Production of those cargo-carrying airplanes, designed to overcome the submarine menace by delivering war supplies by air, is promised by Henry Kaiser within ten months after he gets the contract. This is a much earlier delivery date-assuming the contract is made-than

anyone has even speculated upon. Before any formal proposal, Kaiser has said to officials, he wants to know several things, the most important of which is-does the government want this effort started, and, if it does, how many planes does it want?

There is no doubt that Kaiser is a disturbing figure in Washington. He was regarded for a long time practically as a crank. He had to work pretty hard to get a hearing. The best evidence of the change of attitude that has occurred is the fact that recently, when it was announced that he would speak at a luncheon of the National Press club, it was necessary to hang out the SRO signs well in ad-

vance. "What we are interested in," Douglass is fond of saying, "is not how much a ship weighs, or how much water she displaces, or any one of half a dozen other details. But we are enormously interested in how much freight she will carry, and how long it will take her to get from one port to another."

He then always hastens to point out that the arm chair strategists must not assume that a ship which makes 20 knots is twice as good, for cargo delivering purposes, as one which makes 10 knots. There are two complications to such simple arithmetic.

One is that the ship capable of plane for his tour of the country. It | making 20 knots is apt to take just as long to load, and just as long to unload, as the ship which can make only 10 knots. The other is that the faster a ship is the more fuel she consumes per mile.

# PATTERNS SEWING CIRCLE



the waist with the apron strings field of operations and Martin was The success of the Japanese sur- to hold the line firm! Make it in one among many there, having a prise attack in destroying planes on chambray, gingham, seersucker or good time in what seemed then a the ground both in Hawaii and in calico-you'll prize this apron

Pattern No. 8210 is designed for sizes 14 to 20; 40 and 42. Size 16 takes 25% yards 32 or 35-inch material, 5 yards ric rac

### A General Quiz

#### The Questions

1. Is sterling silver the same as

Pattern No. 8206, size 8 takes 2¼ yards 35-inch material, 5 yards ric rac. Pattern 2. Who said genius is 2 per cent No. 8189 size 8 takes 2 yards, 21/2 yards inspiration, 98 per cent hard work? 3. Do trees die of old age? 4. What city is built on seven

hills? 5. What king of England couldn't speak English?

6. What is meant by "eminent domain"?

7. Did Washington wear a wig? 8. What civilized country, about 40,000 square miles in area, has no railroads?

9. In what state may one pass through the settlement of Pneumonia, enter Hell's Gate into Purgatory and pass on to Paradise? 10. What was the "Flying Dutchman" and what did it portend?

#### The Answers

1. No. sterling is but 92.5 per cent silver and 7.5 per cent copper.

2. Thomas A. Edison. 3. Almost never. Invariably, if not cut down, they are blown over by the wind or struck by lightning.

4. Rome. George I. 6. The right which the govern-

ment reserves to take private property for public use. 7. Washington powdered his

hair and tied it up in a queue, but he never wore a wig. 8. Iceland.

Virginia.

10. A spectre ship reported seen in bad weather about the Cape of Good Hope, supposed to presage bad luck.

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#### Spiritual Power

The vision of spiritual power, even as we see it in the imperfect manifestations of human life, is ennobling and uplifting. The rush of courage along the perilous path of duty is finer than the foaming leap of the torrent from the crag. Integrity resisting temptation overtops the mountains in grandeur. Love, giving and blessing without stint, has a beauty and a potency of which the sunlight is but a faint and feeble image. When we see these things they thrill us with joy; they enlarge and enrich our souls .- Henry Van

#### **What Causes** Your Constipation?

The super-refined foods we eat these days too often do not give us enough "bulk food." And medical science tells us that lack of sufficient "bulk" is one of the commonest causes of constipation!
If that is your trouble, harsh cathartics and violent purges

are, at best, only temporary remedies. How much better to get at the cause and correct it! Why not make sure that you are getting the "bulk" you need by eating Kellogg's All-Bran? All-Bran is a delicious, crispy cereal that millions of folks rely on. Eat All-Bran yourself-eat it daily-and drink plenty of water —not only to get regular but to keep regular. All-Bran is made by Kellogg's in Battle Creek. If your condition is not helped by this simple treatment, it's wise to see a doctor.

#### HOUSEWIVES: \* \* \*

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