



Broiled Lamb Chops Keep Your Kitchen Comfortably Cool

This Week's Menu

\*Broiled Shoulder Lamb Chops

Lima Beans in Tomatoes

Hashed Brown Potatoes

\*Bran Sour Cream Muffins

Butter

\*Wilted Lettuce Salad

\*Frozen Prune Whip

Tea

summer if the weather is humid,

defrost the refrigerator. This will

help it keep the proper tempera-

inside of the box, the trays, etc.,

water and 1 tablespoon of soda.

Wipe with a cloth wrung in clean,

clear water and dry thoroughly be-

to the box. In this way you give

your refrigerator good care and pro-

\*Broiled Shoulder Lamb Chops.

Have lamb shoulder chops boned

and rolled and cut into slices about 1

tween top of chops and source of

heat. If this distance must be less,

reduce the temperature accordingly.

When one side is nicely browned,

season with salt and pepper, turn

and finish cooking. This requires

about 15 minutes. Serve with to-

cooked lima beans and broiled.

up even the most wilted spirits:

1 teaspoon soda

1 teaspoon salt

1 egg, beaten

1 cup sour cream

2 tablespoons water

2 cups bran cereal

Sift together flour, soda and salt

Combine cream, molasses, water

and egg. Stir- into dry ingredients

and add bran cereal. Fill well-

greased muffin tins two-thirds full

Wilted lettuce makes a quick and

easy salad combination. It is per-

\*Wilted Lettuce.

4 slices bacon, cut in small

pieces and fried brown

cooked eggs and a little diced onion

may be added to make the salad

\*Frozen Prune Whip.

(Serves 6)

1/2 cup granulated sugar for prunes

Cut prunes from pits in small

moistened in remaining 1/2 cup milk

and stir to dissolve gelatin. Pour

over beaten eggs, stirring briskly.

Chill until thick. Whip cream stiff

and fold into chilled gelatin mix-

ture; add prune mixture. Pour into

refrigerator tray, place in freezing

unit and freeze. Stir once or twice

Have you a particular household or

cooking problem on which you would like expert advice? Write to Miss Lynn

Chambers at Western Newspaper Union,

210 South Desplaines Street, Chicago,

to her. Please enclose a stamped, self-

addressed envelope for your reply.
(Released by Western Newspaper Union.)

during freezing process.

degrees) for 20 to 25 minutes.

blends so well with them:

% cup vinegar

1 teaspoon sugar

11/2 cups cooked prunes

1/4 teaspoon ground cloves

1/2 cup granulated sugar

1 teaspoon vanilla extract

1 tablespoon plain gelatin

1 cup whipping cream

1/2 cup water

extra delicious.

2 cups milk

2 eggs

½ cup molasses

1 cup flour

Bran Sour Cream Muffins.

(Makes 18 small muffins)

matges which are stuffed with

Here are muffins that will act as

long its service to you.

inch thick. Thor-

broiling oven with

regulator set for \_

broiling. Place

is a distance of

about 3 inches be-

oughly preheat

Coffee

\*Recipe Given.

#### Kitchen Comfort

Spring Fever? Are the warm lazy days working havoc with your desire to cook, to

work in the kitchen? Then dispel these lagging feelings with quickly put - together meals that cut down your work to a minimum

and the use of your oven to practically nothing.

This is the season to make the most of your broiler and meats that are at their best when broiled. Broiler specialties are lamb chops (both shoulder and loin), steaks, thick ham slices, and young chickens. If you heat your oven very hot and also the pan in which you are broiling your meat before you put the meat into the oven, you will actually be cutting down the time you have your oven on. In this way you are way ahead on economy of heat and also in keeping your kitchen comfortably cool.

To cut down the time you spend in actual cooking, select foods that cook quickly or that can be cooked and served together. Our menu today is a good example of this: the lamb chops on lamb chops broil quickly and the rack so that there lima beans brought to a boil and cooked quickly take only as much time as the lamb chops to cook until tender. Serve them on the same platter, too-they're pretty that way and you will have fewer serving

dishes to wash. The Refrigerator.

Your appreciation for your refrigerator or icebox undoubtedly zooms upward quite fast with the first appearance of warmer weather. Indeed, what could you possibly do without refrigeration that keeps

fruits, vegetables, leftovers, meats, milk, butter, eggs and countless other products in perfect condition? In what other place could you

possibly store away the salad to keep crisp and cool and the delectable desserts that must remain firm before serving? Those reasons are enough to make

you keep your refrigerator in the best of condition, but the recent limitation on making and selling refrigerators will certainly give you and bake in a moderate oven (350 further reason to cherish it with the best possible care.

Keep the refrigerator away from the sun that comes into the kitchen. Keep it away from the stove, too, and give it enough space for good circulation of air at the back and top. Most refrigerators need a 21/2inch leeway at the back and 6 to 12 inches at the top.

Temperatures are important, so check them with a thermometer. Safest temperature is between 40 and 45 degrees Fahrenheit.

Cool hot foods before putting them into the refrigerator. Cover foods except those having thick skins. Moisture from uncovered foods collects on the freezing unit and you will have to defrost oftener.

Your refrigerator has a big job in keeping everything cool, as every piece of food requires just so much energy to cool. For this reason you should not overcrowd your refrigerator or stuff it full with bags, cartons and vegetable tops that also need energy to be cooled.

Defrosting. Once a week or oftener in the

## Lynn Says:

Keep your kitchen well ventilated and you will drive away much of the feeling of fatigue that comes while you cook. Warm air usually rises so it is better to keep the windows open from the top to create better ventilation and avoid drafts.

Place an electric fan right above the stove so that it fans the warm air right out the windows, or combine a fan with a screen placed in the upper sash of one of the windows and adjust to fan the air in or out the room. In some kitchens it is practicable to place a fan in the chimney flue provided for that purpose.



# WHO'S **NEWS** THIS WEEK

By LEMUEL F. PARTON (Associated Newspapers—WNU Service.)

NEW YORK.—It will come hard to think of Gen. James H. Doolittle as the Jimmy Doolittle who used to be the bantamweight boxing Top Boxer, Racer, champ of the Pacific coast. Air Stunter -- He's But there's Now Gen. Doolittle no mistake. elevated general, nominated by President Roosevelt, is none other than the weather-beaten, tanned, wrinkled, rumpled, bandy-legged roughhouse fighter and flier of a few years back. He has grown gray in the air, and much of his hair has been wafted out into the windstream, since the days when he first became known as a speed demon. He won't be long in opening up

his own fighting front, somewhere, somehow-judging by the way he did the same in a boxing match in which we once saw him.

His father, a carpenter and prospector of Alameda, Calif., took his family to Alaska and there young James bucked blizzards, mushed with sourdoughs and got generally case-hardened for his latter adventurous career. Back in the States, he enlisted in the army air service.

Outside loops were to him just like skipping the rope and he quickly beture. When you defrost, wash the came the army's crack stunt-flier and racing pilot, instructing rookies with a solution of 3 quarts of warm at San Diego. He studied at the army's technical school at Dayton, Ohio, and later enrolled at the Massachusetts Institute of Technology. fore returning the food and trays

> In 1925, he won the Schneider cup for the army, hitting a speed of 232 miles per hour. These exploits of his daredevil years qualified him for some hairraising adventures in demonstrating American planes to foreign governments. In 1928, showing off fighting planes in Chile, he fell from a window ledge and broke both ankles. The next day, when a competing German pilot went aloft to give little had himself lifted into the cockpit of his plane, with his broken ankles tied to a rudder bar. Then by clever and hazardous maneuvering he forced his rival to the ground, and tore off a few snap-rolls around the tall peaks of the Andes.

His stunt brought to the Curtiss company one of the largest contracts ever awarded to an American coma spring tonic with their rich-in-iron pany.

molasses and bran cereal that peps BARNEY OLDFIELD, the automobile racing driver, pulled up in a race to change a tire. There was a bit of bungling on the job. Esprit-The Thing His French mechanic That Slams Out spoke up: Piers in Jig Time Oldfield, "Meester what zis crew needs is esprit."

"Go out and buy one!" bellowed Barney. "We gotta win this race." It's like that in war. We can't buy the "esprit," although we are fanning up quite a lot of it. Somehow we've got to get the teamwork. In the meantime, there is observable in these parts a serial demonstration of fast double-play teamwork between management and labor, which is heartening.

fect with the broiled lamb chops be-We cite the George Rogers Concause of the bacon flavoring which struction Co., demon pier-builders, who recently finished a 700-foot pier and shipway in 43 working days-25 days, or more than 30 per cent, faster than any previous record for a job of this type. This company has been slamming out similar piers since 1869. It is crucially important When bacon is browned, add other war work, as on these piers, fighting ingredients and heat to boiling point. ships are repaired or remodeled. Pour over lettuce. Sliced hard-

There's no involved incentive plan for employees. The workers are old-line shipbuilders who know what they are building for. George W. Rogers, grandson of the founder of the firm, and now its head, says of his workers: "At mass meetings of the various shifts on the job the men themselves have helped provide the driving force required to maintain the record-

breaking schedule." Mr. Rogers studied engineering at Cornell university, with no intention of ever being a "dock-walloper," as pieces. Combine prunes with 1/2 cup he calls his occupation. He went to sugar and spice and heat to dissolve Cornell and won his letters in bassugar. Chill. Combine 11/2 cups ketball, football and track. When milk, salt, and 1/2 cup sugar and his father died, he took up the scald. Add flavoring and gelatin family business.

In the last war, he served in the navy as a deck officer on a battleship, and did convoy duty and saw action with submarines. With the outbreak of this war he tried to get back in the navy, but they offered him three stripes and a desk and he decided he would be more useful in kicking out piers in a hurry-which is an old family custom. He lives in Forest Hills, and has two daughters, one 19 years of age and the other 21. They are studying in one and assembling engines.

## Reason for Suspicion OFFO

VIC YARDMAN

clated Newspapers-WNU Service

66 HOW me the one among your guests or cowpunchers," said Sheriff Newton Cook, "who's left-handed, and I'll show the man who stole your money."

Mac Brickell, owner of the Bar Z Y cattle ranch, looked up quickly. For a moment he studied the lean, bronze face of Pecos county's law officer, then turned to glance meaningly at his foreman, Dusty Pren-

Sheriff Cook said, "Well? Is there a left-handed hombre on the ranch?" "Yes," said Brickell slowly,

'there is. Dusty here was trying to teach him a rope trick the other day and he had trouble because Landon was left-handed. His name's Warren Landon." He paused. "What makes you think that the thief is a left-handed jigger, Sheriff? Landon is one of my best paying customers." "I'll explain that later," Cook nodded toward Dusty. "Go fetch him, Dusty, and we'll ask him a few

questions. "Wait a minute!" Dusty turned at the sharp command from his boss. "Newt," Brickell went on, "I ain't ally. going to allow you to accuse Landon without knowing first what grounds you've got. Landon's been coming here every summer for three years. Business is too tough in the dude ranch game to risk losing a cus-



Sheriff Cook said, "Well, is there left-handed hombre on the ranch?"

tomer like him. Besides, the man's rich. What would he go stealing a paltry thousand dollars for?" "Maybe if business is tough in the

dude ranch business, it's tough in other businesses. Maybe it's tough with Landon, and maybe that's why Landon needed the thousand dollars." Sheriff Cook pushed his sombrero and scratched his head. "I can see your point of view, though, Mac, so suppose we attack the thing from a different angle. Suppose you an' me and Dusty go over to Landon's cabin and tell him about the robbery. We won't say nothing, but I'll look at him mighty suspiciously, and the fact that all three of us are there, wearing guns, too, will, if he's guilty, have an effect on him. I mean, by his manner he'll reveal his guilt."

"You're sure he will? Landon was supposed to be off fishing when the money was stolen."

Cook shrugged. "The man who stole that thousand dollars thinks he's so smart that no one would ever suspect him. When we pop in on Landon first shot out of the box, he'll be so danged surprised he'll give himself away whether he wants to or not."

Sheriff Cook pointed to the floor of the small room in which they were standing. "See those cigarette ashes? There's enough to guess that they came from three or four cigarettes, at least. But do you see any stubs? No. And why? Because the thief was too smart to leave anything around as identifying as cigarette stubs. However, here's this paper of matches. Probably dropped in the dark. But unimportant. Why again? Because, even though there were fingerprints on the package, they wouldn't do us any good. We're miles from anyone who has the intelligence or equipment to read fingerprints. Moreover, out here we don't resort to such new-fangled ideas. And the thief knew that.

"Now, listen," the officer went on, "this is the way I figure it. Landon knew that the thousanddollar payroll arrived at the ranch yesterday morning, as did everyone else. He knew, because of his past three years' experience on the Z Y, that you always left it in this office overnight, until the next day, when you pay off. He needed a thousand bucks and he needed it in a hurry. So yesterday afternoon he sets off on a fishing trip alone, taking a lunch with him in case he didn't return by supper time. Toward dark, when everyone is in eating their supper, he comes back, climbs in the office window and waits there. He eats his lunch and smokes a cigarette or two while the evening wears away.

"Presently as is customary out here, the guests and most of the punchers gather in the main ranch ever the thief is, climbed out of the of hair.

window with the thousand dollars, went to his cabin, hid the money and then came up to the main ranch

"That," said Mac Brickell, "sounds like a darn good story and darn logical. Only what makes you think Warren Landon was the man?"

"Because he's left-handed, Listen, Mac, let's you and me and Dusty pop over to Landon's cabin like I said. If he's innocent, there'll be no harm done; if he's guilty, you can see for yourself."

For a moment Mac Brickell hesitated. Then he shrugged, and led the way out into the ranch yard. The three men crossed the brook that separated the main buildings from the two rows of guest cabins. and presently stopped before one whose door stood open.

Brickell rapped and peered inside, but Cook pushed his way past and ranged along the wall. The ranch owner followed, and then came Dusty. A tall, blond man rose from the

cot against the opposite wall, sat up and stared at them curiously. 'Well, Brickell, what's up?' Brickell shifted nervously. "Why,

nothing much, Mr. Landon. see, the sheriff here-" "Came up to investigate the rob-

bery of the payroll from Brickell's office," Cook cut in. He thrust forward his jaw belligerently. "Know anything about it, Mr. Lan-

The officer's voice was filled with accusation and contempt. Brickell gestured futilely, almost apologetic-

Landon bounded to his feet. "Do I know anything about it? Me? Why the devil would I know anything about your lousy thousand dollars? Why, you insulting-

"What thousand dollars are you talking about?" Cook barked. His hand was resting lightly on the butt of his six-shooter. "Who said anything about a thousand dollars? How did you know there was that amount in the payroll?"

Landon blinked, swallowed. The blustering bravado and indignation dropped from him like a cloak. "Why-why-I've been coming

here for three years. I ought to know by this time what Brickell's payroll amounts to. Eh, Brickell?" He turned to the ranch owner, desperate appeal in his tones. "I'm sorry, Mr. Landon, Brickell

said. "I-at first I didn't believe it could be you. But I guess the sheriff was right. You see, the amount of my payroll changes every month what with letting hands go and taking them on during the height of the season. Sorry." Landon was like an animal at bay.

But almost at once he saw that escape was impossible because be Sheriff Cook and Dusty had drawn their guns and were ready.

Later on, back in Brickell's office, Sheriff Cook produced once more the paper of matches. "You see these," he said. "Well, notice how the matches that have been used were torn from the left-hand side of the package. A right-handed man always holds the package in his left hand and tears the matches on the right side off first. That's how I knew your thief was lefthanded."

Brickell nodded dismally. He had lost a first-class customer and wasn't in an especially pleasant mood, Later, after examining the partly used packages of matches belonging to half a dozen right-handed men, he was forced to admit that Cook was right-and clever.

## Seventeenth Century Ideals Still Fresh

The customs, folklore and even the native tongue of France still exists in the little community of Old Mines, Mo., where the inhabitants have persisted in keeping their Seventeenth century ideals fresh.

Despite the flood tide of overenergetic Americans around them, a score or more of families, descendants of early settlers, remain French in religion and in every-day life. They speak a sort of old French

patoise, as a priest terms it. Father Van Tourenhout, a Belgian born in St. Louis, continues to make journeys to Old Mines to hear French confessions. He encourages celebration of traditional feasts such as the Guignolee. He dons a biretta and soutane for the occasion. The peasant women wear the blue kerchief of early France.

Each week these peasants drive to nearby Potosi-which they still insist on calling Mine a Breton-for provisions, herding their families into wagons. For entertainment they meet in the evenings at homes of their neighbors for a singing party or a tale-telling.

The stories are those passed down through the centuries. The peasant cannot always tell the meaning of the words he uses. They have been dropped from his vocabulary. He repeats them as a ritual—as a child says "fee-fi-fo-fum." Many are altered versions of tales from Bocaccio and La Fontaine. Others are fairy tales with a few details changed to fit the local scene.

## Hats, No Hats

The wearing of hats has often been blamed for the loss of men's hair and going without a hat is supposed to promote hair growth. But both theories are false, according to one of the nation's leading trichologists. For over-exposure of the scalp to the hot summer sun is one of the most common causes of conditions leading to baldness. And it has never been proved that the Illinois, explaining your problem fully of the defense projects, learning to house for the regular evening of wearing of a hat had the slightest be motor mechanics, dismounting fun. It is then that Landon, or who- adverse effect on the preservation



(Released by Western Newspaper Union.

#### She Gave Americans the Memorial Poppy

COR the first time in a quarter of a century. Memorial day this year finds the United States at war. On t at day, May 30, millions of Americans will be wearing a red poppy in memory of the men who gave their lives for their country. Most of those who wear them will be honoring sons or brothers or friends who perished during World War I, made it clear that, important as for out of that conflict grew the morale may be, it will be necesmemorial poppy idea.

But to others this custom has a more poignant significance this year. For the blood-red flower they are wearing is symbolical of the blood shed by an American boy to whom they said good-by only a few months bor or on the Bataan peninsula or in the Java sea.

How did the custom of wearing the red poppy on Memorial day originate? Visit the quiet little university town of Athens, Ga., and as you walk along its shady streets you may meet a sweet-faced, gray-haired, soft-spoken Southern woman whom the citizens of Athens know as "Miss Moina" but whom millions of World War I veterans call "The Poppy Lady." For it was Moina Michael who had the inspiration for this tribute to America's fighting men and who made the red poppy the symbol of their valor and their sacrifice.

The story of that inspiration and the growth of the idea is told in a book published recently by Dorrance and Company of Philadelphia-"The



MOINA MICHAEL

Miracle Flower," written by "The Poppy Lady" herself. In 1918 Miss Michael, then a teacher in the normal school of the University of Georgia, entered training at Columbia university for overseas service with the Y.M.C.A. On the Saturday morning before the Armistice a young soldier, visiting the hostess house maintained in the building where attack. She seems to have control the Overseas Y.M.C.A. War Secre- of the sea in the entire area in taries had their headquarters, laid which she is operating. She is known on Miss Michael's desk a copy of a woman's magazine.

During a spare moment she looked through the magazine and a strikingly colored picture caught her eye. of her operating areas. The ques-It was the illustration for a reprint tion of supply becomes serious in of Col. John McCrae's famous poem, "In Flanders Fields." As she read the poem, she found herself reading again and again the last stanza. plies by sea except when escorted

In a moment of sudden inspiration, Miss Michael seized a used yellow envelope and scribbled on it a poem "We Shall Keep the Faith." At that moment she also took a pledge to herself always to wear a time being, that the United Nations

red poppy as a sign of remembrance. can apply. That day a committee from the 25th conference of Y.M.C.A. War Secretaries, then in session, brought her a check for \$10 in appreciation of her efforts to make a homelike hostess house of their headquarters. She told them of the pledge that she had just taken and that she intended to spend the money for red poppies to wear in honor of the men who had died "in Flanders Fields." Impressed with the idea, this com-

mittee reported it to the conference and soon afterwards many of the secretaries began asking Miss Michael where they could get poppies to wear. That afternoon she went on a shopping trip and returned with two dozen small silk red poppies which she gave them. Subsequently other conferences

adopted the red poppy as the emblem of the Overseas Y.M.C.A. Workers, to be worn in honor of the soldiers who had perished in the war, and through the efforts of Miss | ment. Michael many other organizations gave their support to the idea. In 1920 the American Legion at its national convention in Cleveland adopted the Flanders Field Memorial Poppy, the Legion Auxiliary did likewise in Kansas City in 1921, as did the Veterans of Foreign Wars the next year.

From America, the memorial poppy idea spread to England and many other foreign countries where, as in the United States, these little red silk flowers are made by the maimed, gassed and wounded men of World War I who have no other source of income. It is estimated that the profits from their sale totals more than \$7,000,000 in all the countries where they are sold and every penny of this goes to the aid of disabled veterans and their needy dependents. In more ways than one Miss Michael's red poppy is a "Miracle Flower."

## NATIONAL **AFFAIRS**

Reviewed by CARTER FIELD

Raids on Japan Designed To Weaken Her Attacks . More Encouraging War News Due Soon . . (Bell Syndicate—WNU Service.)

WASHINGTON. - Adm. Thomas Hart and other military figures have sary, before this war can be ended, to defeat the enemy in battle-on land, on sea and in the air.

The spectacular airplane raid from Australia to the Philippines. followed so quickly by the raids on Tokyo, were NOT merely for purago-a boy who died at Pearl Har- poses of morale, as so many have assumed. As a matter of fact, morale was tremendously important in the Tokyo raid, but it was Chinese, not Japanese morale that was really important even in that. None of the leading figures directing the military moves of the United Nations has any delusions about Japa-

nese morale. The two raids were designed, first and foremost, to compel Japan to weaken her far-flung attacks by holding planes on the home islands for their defense instead of sending them as replacements to Burma, the Philippines, Java and elsewhere. Even in Burma, where she has been enormously successful in pushing toward her objectives, Japan has been paying a very high price in loss of planesand aviators. This would make little difference if the lost planes are promptly replaced.

Because of the difficulty in getting supplies-and new planes-to the Flying Tigers, Japan could afford almost any ratio of losses that might be necessary, and be sure of victory in the end.

#### Japan Now in Danger

But Japan does not yet know how serious is the bombing threat for her home land. If the raids are to continue, and perhaps grow heavier. she cannot afford to risk weakening her home defenses by sending all the air strength called for by her admirals and generals from the Siberian border to the gates of Aus-

So far as air power is concerned, the Japanese have been put at the same disadvantage which the United Nations have suffered since the beginning of the war. They have had to be ready everywhere, not knowing where the Axis powers would

strike. To that extent she is weakened in her continuance of the offensive. Unfortunately this applies only to air to have more troops than she knows how to use for the present.

But this last is seriously affected by the danger of air attacks in ANY the face of that threat. She will not dare-assuming the threat can be continued-to move troops or supby ample air power.

This necessity will constitute another element in the pressure to provide amplé air defense everywhere, the only sort of pressure, for the

#### Nation Will Be Pleased

Things are being done in this war effort of the United States which will please the people when they know about them. This sounds like whistling in the dark at the moment. But some extraordinary things are

going on-things which would answer a lot of criticism which is being whispered around-things of a character to arouse public enthusiasm when they are revealed, as they will be later on. The importance of this lies in the

contrast between our system of government and the British. Winston Churchill may weather the storm. He is a magnificent orator. But it's likely to be touch and go. It's very hard for even a good orator to avoid the consequences of what his critics think was very bad military judg-

But the President is in no such danger. The criticism in this country could reach tremendous proportions without jarring him very much. Congress could act up, but it could not deny him money for military purposes, and it could not take over the direction either of the army and navy or international relations.

So it is not politically essential for FDR to force out the good news. If any military reason justifies it, the President can permit the suppression of not only the things being done. to which allusion has already been made, but of other things which might be of even greater impor-

The good news alluded to has come to the writer accidentally. They lead to the conviction that there must be many other things which have received no publi-