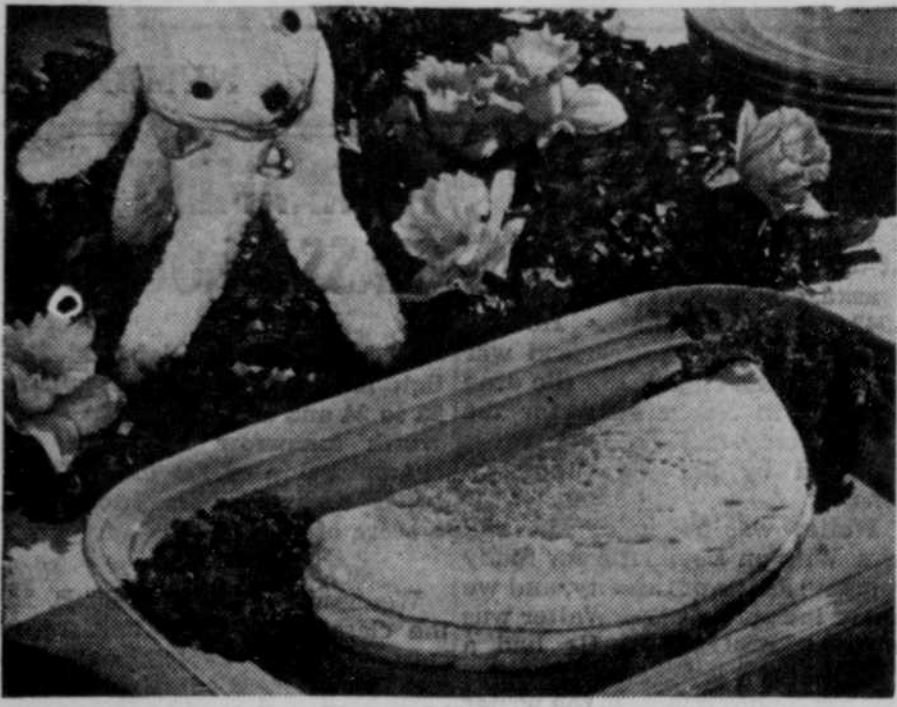


# Household News

by Lynn Chambers



This Golden, Fluffy Omelet Captures Interest (See Recipes Below)

## Lenten Meals

Eggs, cheese, fish and vegetables—these are the foods that will be popular with the market basket during the next few weeks. If you are going to form the bases for your menu from these dishes cook them just as carefully as you do the meat that you use year 'round, for you can't take chances and let mealtime become dull or unattractive.

Point up fish and vegetables with lemon or other attractive sauces and flavorings. Serve your egg and macaroni dishes in attractive settings, with some carefully thought out garnish. Play up fruit and dessert numbers to lend interest to meals. If you heed these simple rules, I'm sure they'll make Lent especially attractive for you and your family.

Now, for some concrete help, I've chosen foods to fit the season. They're vitamin, mineral and interest-laden.

### Macaroni Cheese Custard. (Serves 6 to 8)

- 1 package macaroni, cooked
- 2 eggs, slightly beaten
- 2 cups grated cheese
- 2 tablespoons onion, chopped
- 2 tablespoons parsley, chopped
- 1 pimiento, chopped
- Salt and pepper
- 2 cups evaporated milk

Combine ingredients and pour into a buttered baking dish. Set in a pan of hot water and bake in a moderate (375-degree) oven for 45 minutes.

### Cream Cheese Omelet. (Serves 6)

- 1/4 pound cream cheese with chives
- 3 eggs
- 2 tablespoons milk
- Salt and pepper

Soften the chive cream cheese, blend in egg yolks one at a time. Add milk and seasonings. Fold in stiffly beaten egg whites. Pour into a well-buttered, heavy frying pan and cook over low heat until bottom begins to brown. Then place in a moderate (325-degree) oven until the top is dry and the mixture firm. Fold and serve.

### Spinach Ring With Goldenrod Eggs. (Serves 8)

- 4 pounds spinach
- 1/4 cup salad oil

The name is goldenrod because the dish bears a close resemblance to a flower of that name. Just combine the goldenrod eggs with a tempting green spinach ring and you have a real Lenten treat:

**Sauces that accent the best flavor in foods include these:**  
**Lemon Butter:** 2 parts butter to 1 part lemon juice. This is good on the leafy vegetables, cabbage, broccoli, cauliflower, Brussels sprouts and artichokes.  
**Vinegar Butter:** Melt 1/2 cup butter, add 2 tablespoons vinegar and heat thoroughly. This is good on green beans.  
**Mustard Butter:** Add just a bit of dry mustard to melted butter before pouring on vegetables. With this, onions, greens or broccoli are indicated.  
**Parsley Butter:** Chop 3 to 4 tablespoons parsley fine, add to 1/2 cup melted butter.  
**Tart Sauce:** (also good on fish) Put in double boiler 2 egg yolks, 1/4 cup cream, 1/2 teaspoon salt, 3 tablespoons lemon juice, flick of nutmeg. Cook until thick and creamy, stirring constantly about 2 minutes. Be careful not to overcook. Stir in slowly, 2 tablespoons butter and serve at once.



By LEMUEL F. PARTON (Consolidated Features—WNU Service.)

## WHO'S NEWS THIS WEEK

NEW YORK.—With all the bad news now coming through, there is reassurance in finding an intelligence officer who is really intelligent. If he is both intelligent and optimistic, it's like finding a four-leaf clover. The congenial optimists in this department have known in the last few years haven't been any too bright.

Everybody who knows Col. Egmont Francis Koenig, intelligence officer of the First air force, stationed at Mitchell Field, L. I., testifies that he is "smart in the head." As to his hopeful outlook, here's his current observation about plane production.

"I can assure you that were you to know the exact figures of actual bomber production your heart would swell with pride, as did mine when these figures were confided to me."

The First air force comprises 22 states of this region. As head of its G-2 section, Colonel Koenig is its eyes and ears, and its alarm clock. If he happens to be an optimist, he has to work like a pessimist, who expects the worst. Small, agile, diligent and alert, insatiably curious about many things, he is at the opposite pole of the brass-hat army tradition, easy to see, an enemy of red tape, popular with his men and a multitude of others eager to give him an earful about anything they consider important.

Colonel Koenig's mind has many facets all of which were polished up in various pursuits before he entered the first World war as an amateur soldier and rose rapidly in rank as a apt pupil in the science of arms. A native of New York, he was in Europe as correspondent of the old New York World when the war started and entered the army as a second lieutenant. Two years later, in 1918, he was a major, at the age of 26.

Back home in 1920, he entered the chemical warfare service. He was one of the founders and the first lecturer at the Army Industrial college, later an instructor at the Fort Riley Cavalry school, and then in Hawaii for two years. He was back in 1935, teaching military history and intelligence at the general staff school at Fort Leavenworth.

He attended St. Francis Xavier and took his bachelor of arts degree from Columbia in 1912.

DEAN SWIFT said he had grave misgivings about the human race as a whole but he couldn't help liking John and Peter and Paul.

**Free Frenchmen** In the current tragedy of "Man against himself," this department finds the highly personalized aspects of the encounter the most encouraging.

One feels that way in meeting Lieut. Gen. Louis Souques of the Free French, in New York, en route to London from French Equatorial West Africa. If you happen to think that there is too much machinery in this war and you long for a dash of the Beau Sabreur, fending off black legions with a broken blade, you instantly assign the general this role, and feel much better about the chances for a happy ending. The general's career to date is a reminder that he and the other Free French leaders are tough, realistic, hard-hitting, resourceful and experienced fighting men, who would give battle with cobblestones if they had to.

## NATIONAL AFFAIRS

Reviewed by CARTER FIELD

Great Value of Fighter Planes Now Being Understood by Using Defense of Britain as Example . . . Non-Defense Agency Heads Worrying . . .

WASHINGTON.—Just as the effectiveness in military strategy—as distinguished from mere destruction and terrorism—of the bomber was overestimated in the early stages of the war, so the fighter and the torpedo plane, especially the latter, were underestimated.

The huge production promised by President Roosevelt in his address to congress included all types of planes. There is a strong feeling, however, that a larger quota of the planes should be fighters and torpedo planes and a smaller proportion of bombers than is now contemplated.

Curiously enough, the "fighter" plane is really more a defensive than an offensive weapon while the heavy bomber is primarily an offensive weapon.

Fighter planes are essential to protect bombers, because a fighter plane can make short work of a bomber, a dive bomber or a torpedo plane if it catches one of these without protection from other fighters.

It was the concentration of British fighter planes against German bombers which was one of the chief reasons for the failure of the Nazis to crush Britain early in the fall of 1940. Goering sent over plenty of fighters, but the British fighters had strict orders to avoid combat with them whenever possible, and concentrate on the invading bombers.

**A Murderous Toll** This policy, coupled with the fortunate circumstance that Sir Hugh Dowling had forced the equipment of the British fighters with such heavy fire power (failure to do which explains the utter futility of the much vaunted Italian military aviation) took a murderous toll of the invaders. Some think it was this toll which defeated the Nazi objective. Some think the Germans would have won had they decided to pay the price.

It was after this that the torpedo plane came into its own. The theories of the admirals, British as well as our own, about the almost invulnerability of battleships to air attacks, have been partially justified so far as bombers are concerned. But the torpedo plane has proved the deadliest foe of the big battle wagons. It was these planes which smashed Italian ships at Taranto. It was a plane-fired torpedo which crippled the Bismarck's ability to steer; torpedoes which sank the Prince of Wales and the Repulse.

Strangely enough, the only battleship sunk by a bomb in the whole war so far has been a Japanese vessel, sunk by one of our army bombers.

The idea of bombing Germany into submission has been abandoned. This means that more emphasis from now on must be placed on other types of planes, against the day of expeditionary forces promised by the President.

**Capitol Workers Can't Change Jobs** The idea that national defense would be best served, and local Washington's housing and transportation problems rendered less difficult, by transferring competent workers from reform and other non-defense agencies to the war agencies came to a number of high government officials, including cabinet members, who realized that if this sort of thing started there was no telling where it might stop—or what might happen to their place in the sun as a result.

The first red light was seen by these officials, far more concerned about conserving their own power than anything else, when lend-lease operations really began moving. Then when OPM began to function, needing an army of new clerks and stenographers as well as officials, came a deluge of requests by employees to move from the non-defense agencies to OPM, to the war department, to the navy department, etc.

## JUST ASK ME

Quite Simple  
Sally—What's your idea of a simple wedding?  
Joan—One that costs twice as much as the family can afford.

**Fired!**  
Captain—Is this gun working?  
Private—No, sir. It's been discharged.

The female of the speeches is deadlier than the male.

**Ain't It So?**  
Philosopher—And what do we want in this world to make us happy?  
Cynic—The things we ain't got.

**Only Explanation**  
At last he mustered up his courage to pop the question, and, to his blissful bewilderment, was accepted. When he'd recovered, he stammered:  
"However did it happen, Jasmine, that such a bright and shining angel as yourself could ever fall in love with a dull, stupid fellow like me?"  
"Goodness knows, Ted," was the fair maid's candid comment; "I must have a screw loose somewhere."

**What's Wrong With That?**  
Exam. Paper—If it took seven men four hours to dig a ditch four feet deep and two feet wide, sixty feet long, how long would it take three men to dig the same ditch?  
Bright Student—No time at all, the ditch is already dug.

A pessimist is a man who is always building dungeons in the air.

**Correct Diagnosis**  
A Negress, asking the New Mexico State Employment service to help her to find a job, said her husband had been in a car smash and suffered "conclusion of de brain."  
"You mean 'conclusion of the brain'?" suggested the official.  
"No, suh," said the Negress. "Ah means conclusion of de brain. He's dead."

**In Other Words—**  
There was a terrific crash in the hall, and mother ran out of the dining-room, her eyes wide with fear.  
"Whatever's that?" she gasped.  
Her son, a shining light in the Air Training corps, reassured her. "It's all right!" he replied. "It was only father coming down stairs. He nose-dived, flattened out, and made a crash landing."

## ASK ME ANOTHER?

A quiz with answers offering information on various subjects

- The Questions**
1. How many mints does the United States have for making coins?
  2. Fleet street in London is famous for what?
  3. What proportion of Americans have blue eyes?
  4. The bouquet of a wine refers to what?
  5. What was the greatest attraction of the World's fair of 1893?
  6. Who knighted Francis Drake for sailing around the world?
  7. What is made from flax-sweater yarn, linen or rayon?
  8. Tempus fugit means what?

## Card Currency

Playing cards served as the first paper money ever issued in North America. When French troops in Canada mutinied in 1685 because their pay had not arrived, the governor wrote a money value on playing cards, signed them and paid off the men. This "pay-off" currency remained in circulation for almost a century.

## PATTERNS SEWING CIRCLE



DOESN'T this picture of our two attractive aprons inspire you to start a sewing bee at once? Both are so pleasing in style and so easy to make! And either of them will add decided charm to your home attire.

One pattern, No. 1538-B gives complete directions, for making both styles. You'll like the pinafore for day-long duty. Slip it on

over your head, tie it in back—and there it is, firmly adjusted, neatly in place no matter how active you may be. The wide gracefully shaped belt actually slims your figure at the waistline. The full skirt is generously cut to give your dress complete protection.

You'll certainly want several versions of the smaller apron! They can be so decorative in bright checked ginghams, striped chambrays and plain broadcloth.

Barbara Bell Pattern No. 1538-B is designed for sizes 14, 16, 18, 20, 40 and 42. Corresponding bust measurements 32, 34, 36, 38, 40 and 42. Size 16 (34) pinafore apron requires 2 1/2 yards 33-inch material, 4 1/2 yards ric-rac. Small apron, size 16, 2 yards 32-inch material. Send order to:

SEWING CIRCLE PATTERN DEPT.  
Room 1324  
211 West Wacker Dr. Chicago  
Enclose 20 cents in coins for  
Pattern No. .... Size .....

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I'M THE WHITE SOAP... THE RIGHT SOAP... FOR A SNOW WHITE WASH, SPARKLING DISHES. BIG 17 X 30 DISH TOWEL WORTH 10¢ OR MORE PACKED INSIDE

**Marrying an Angel**  
Theme song in an Armenian wedding might easily be "I Married an Angel"; part of the bride's wedding costume is a pair of cardboard wings covered with feathers which she wears fastened to her head.



ISN'T THIS A WISER WAY? ALL-VEGETABLE LAXATIVE

In NR (Nature's Remedy) Tablets, there are no chemicals, no minerals, no phenol derivatives. NR Tablets are different—entirely different. Purely vegetable—a combination of 10 vegetable ingredients formulated over 50 years ago. Uncoated or candy coated, their action is dependable, thorough, yet gentle, as millions of NR's have proved. Get a 10¢ Conviner Box. Larger economy sizes, too.

Setting an Example  
A good example is the best sermon.

## YOU CAN VOLUNTEER

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YOU BET THEY WERE. AND I'D STILL WALK A MILE FOR A CAMEL!

Actual sales records in Post Exchanges and Canteens show Camels are the favorite with men in the Army, Navy, Marines, and Coast Guard.

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than the average of the 4 other largest-selling cigarettes tested—less than any of them—according to independent scientific tests of the smoke itself!

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