



HERE'S TO BUTTERY FINGERS AND A TAFFY PULL (See Recipes Below)

Tea

with bacon.

*Recipe Given

4 tablespoons butter

16 slices crisp bacon

8 slices buttered toast

Coffee

Beat egg yolks, add flour, mus-

tard, salt and paprika. Mix well.

Add 1/2 cup milk gradually and stir

until smooth. Put mixture in dou-

ble boiler, add rest of milk, and

cheese, cubed. Cook until thick,

add Worcestershire sauce. Wash,

slice, and saute mushrooms, slowly.

Place mushrooms on toast and pour

cheese mixture over them. Garnish

CHILDREN'S DELIGHT

If you want your children and their friends to give you a rating of "super," then



how you looked forward to a taffy pull just as much as going to a circus.

This party is exciting fun because the children have a chance to help in the making of refreshments. Yes, pulling taffy with their fingers all buttered, and watching the dark candy mixture get lighter and lighter each time it's pulled. They'll like this too, because a taffy pull isn't a fussy party. When you send out the invitations, let the mothers know it's a taffy party so the children will be dressed accordingly.

Unlike many foods which are iron sources, molasses when cooked does not lose its iron content.

If possible use a candy thermometer to test the candy so it will be events, interesting facts, and ridcooked just right, neither too stiff nor too messy to handle. When the candy is cool enough, cut it just the right size for small hands. The piece should be large enough to work on, but not too large. When the piece is light tan and very stiff. pull into a long strip and cut.

THE FRONTIER, O'NEILL, NEBRASKA

Ingenious Device for

Detecting Heart Disease Dr. Isaac Starr of the University of Pennsylvania recently told the National Academy of Sciences, meeting in Philadelphia, about an ingenious device: A balancing table, called the "ballistocardiograph." A bed-size table is suspended from the ceiling on wires, three feet above the floor. While a patient lies quietly, the table oscillates back and forth to the throb

of his heart. When his heart contracts it throws a load of blood forward toward his head. "For the same reason that a discharged gun kicks one in the shoulder," said Dr. Starr, "the recoil throws the body feetward." An instant later, when the blood strikes the aortic arch (curve in large heart artery), "(the blood's) headward movement is arrested, creating an impact which throws the body and the table headward."

A normal man pumps about 14 quarts of blood a minute, moves the bed back and forth about 16 onethousandths of an inch with every heartbeat. Connected to a powerful spring at the foot of the table is a tiny mirror. The mirror amplifies this motion 8,000 times. The magnified motion is recorded on a moving photographic film.

Because the jellylike tissues tremble for a brief instant after every "blow" from the heart, after-vibrations warp part of the record. Hence Dr. Starr believes that his machine will never attain "highest

precision." Nevertheless it is good

With the Adrenal Gland

A new clue to the cause of heart disease, found in three of man's commonest hormones, was reported to the American Association for the Advancement of Science by Dr. William Raab of the University of Vermont college of medicine.

learning how to prevent some of the serious heart disorders.

Evidence that many people with Although the taffy pull will be the main event of the party be sure to have games planned to fill out the evening. Quiz games are popular and lists for these can be made up beforehand using questions on slogans, famous personalities, historical many years and doing useful work.

Squash Borer Difficult Insect to Discourage

A year or so ago a writer in one of our prominent horticulturist journals recommended dipping corncobs in hot tar and placing the cobs, when cool, around infested plants.

A method used by old, experienced gardeners is to place shingles around the plants at night, the idea being that the insects gather under the boards, which can be lifted in the morning when the bugs are still inactive. It is well to examine the

underside of the leaves of infested plants, for on these shaded surfaces we usually find egg clusters. These must be rubbed off immediately.

Cabbage worms will, in a short time, be arriving in great numbers. White hellebore applied freely over the surface of the leaves is effective in controlling these crawlers. Pyrethrum, tobacco dust or even ordinary road dust, sprinkled into the plant, usually helps in eradicating these pests. One very large commercial grower said that he depended entirely on road dust to keep his cabbage patch free from worms.

The squash borer is a difficult insect to destroy or even to discourage, the reason being that the grubs tunnel their way through the stem of the plant, preventing the normal flow of nourishment to the leaves. As a result of the activities of the squash bug, the leaves gradually wither and die.

The eggs and freshly hatched larvae can be destroyed by applications of nicotine sprays. Of course, one application will have little effect on the bugs, but constant spraying, especially when applied with a forceful syringe, will have the desired effect. Pyrethrum, which is non-poisonous, may also be used to destroy the eggs and freshly hatched larvae of these destructive pests.

New Caledonia Gains Strategic Importance

Until German panzer units smashed France last year, New Caledonia was merely a French island, 700 miles off the northeast coast of Australia, 248 miles long by 30 miles wide, populated by some 60,000 people, mostly Negroes.

T IS just like big sister's, that is But the fall of France gave New why this jerkin, skirt and blouse Caledonia a strategic importance. It outfit will be so dear to the heart is rich in vital war minerals-nickel, of your teen-age daughter! She'll dren dislike most medicines; they chrome and iron. Japan is eyeing the island, well aware of its proximity to Australia-only five hours flying time.

There have been reports of Japanese military and commercial infiltration. New Caledonia would ? plendid nival base an ake a



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American War of Independence?

The Answers

service.

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1. One rigged for temporary

2. One foot by one foot by one

A gift within a gift is the new Christmas gift humidor package of Prince Albert Smoking Tobacco

now being featured at local deal-

ers. The handsome wrapping of this package conceals a real glass

humidor filled with Prince Albert. The humidor is a welcome gift for

any pipe-smoker-not to mention the choice tobacco inside it. Prince

Albert also is available, in the

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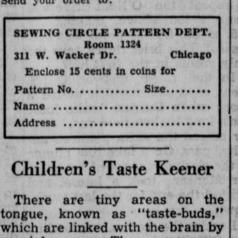
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1296-B

the skirt smoothly flaring and the blouse fresh and clean! Pattern No. 1296-B is the kind you know you can't go wrong with. You can make the skirt and jerkin in a long wearing corduroy, tweed, plaid wool or gabardine and make up a set of blouses in washable cottons (and one in wool jersey, for extra warmth).

The jerkin can also be made to contrast with odd skirts, the skirt to go with sweaters and jackets and the blouse to be worn with suits and jumpers.

Barbara Bell Pattern No. 1296-B is de signed for sizes 8, 10, 12, 14 and 16 years. Size 10 jerkin and skirt require 1% yards 54-inch material; 2% yards 35-inch. Blouse with long sleeves requires 1% yards of 35-inch material; short sleeves, 1¼ yards. Send your order to:



special nerves. These nerves are stimulated when we eat and drink, and they convey to the brain sensations which give rise to the sense of taste.

A young child has over 300 of these taste-buds on his tongue, but as his age increases a proportion of the taste-buds cease to be sensitive. After the age of 20 no more than a hundred are "active." Because a child has three times as many taste-buds as an adult his

sense of taste is three times as keen. That is why sweets, fruit, and so on, appeal to him.

It is also the reason why chilenjoy starting off to school in it- are three times as unpleasant to the jerkin buttoned down the side, them as they are to adults!

A quiz with answers offering

ARE YOUR Bowels Stubborn?

Then try kindness! First of all you can't expect them to act unless you give them a chance. Most people make sure to get 3 meals a day. But they never think of giving their bowels a regular time (daily) for

If you've neglected YOUR bowels until they finally became stubborn and unwilling to act, ask your druggist for ADLERIKA. It is an effective blend of 5 carminatives and 3 laxatives giving DOUBLE action. Gas is expelled and bowel action follows surprisingly fast. After that, make up your mind to give your bowels 5 or 10 minutes" time at regular hour, daily. Your druggist has ADLERIKA.

Equal Right

The equal right of all men to the use of land is as clear as their equal right to breathe the air-it is a right proclaimed by the fact of their existence. For we cannot suppose that some men have a right to be in this world, and others no right .- Henry George.

TEXACO STAR THEATRE No X X X X X

> **Every Wednesday Night** WITH KENNY BAKER HESTRA THE TEXACO PLAYERS PRESENTED BY TEXACO CBS DEALERS

Evil Offspring Jealousy is said to be the off-

spring of Love. Yet, unless the parent makes haste to strangle the child, the child will not rest till it has poisoned the parent .--J. C. and A. W. Hare.



9n Person!

arl CARROLLS

THE SEASON'S BIGGEST STAGE EVENT

This clue offers possibilities for

enough to: (1) detect early, hitherto invisible cases of heart disease; (2) show the relation between high blood pressure and heart function; (3) differentiate between various types of heart disease. **Heart Disease May Rest**

bad hearts live to ripe old ages, contrary to common belief, was presented in another report made by Dr. Louis Faugeres Bishop, Bellevue hospital, New York city. He cites cases even of the much dreaded coronary thrombosis living for

THIS WEEK'S MENU *Chop Suey, Rice or Noodles Bean Sprouts Apricot-Cream Cheese Salad Bran Bread **Orange** Chiffon Pie Milk

Molasses Taffy.

2 cups pure New Orleans molasses

- cup granulated sugar
- 2 tablespoons butter

tablespoon vinegar 1/4 teaspoon vanilla, if desired

1/2 cup water

Cook the molasses, sugar and wa-ter in a heavy kettle slowly until the mixture reaches 260 degrees or until a little of the mixture dropped in cold water becomes brittle. Stir a little during the latter part of the boiling to prevent burning; pour into a buttered pan. When cool enough to handle, cut in pieces and pull until light and stiff. Butter the hands before pulling:

Refreshments can be simple for a taffy party, for children will be so excited about the

taffy, they won't give their best attention to elaborate dishes. Assorted sandwiches will fill the bill perfectly

and a hot chocolate milk drink will take care of their keen, lusty appetites. As dessert you might have simple cupcakes iced with pink and chocolate icing, fruit, and of course, the taffy.

If you'd rather give them a hot dish in place of the sandwiches, here's a simple but elegant one:

Millionaire Gold. (Serves 8)

2 egg yolks 1/2 cup flour 1/2 teaspoon mustard 1½ teaspoons salt 3 cups milk 1/2 pound American cheese 1 teaspoon Worcestershire sauce 1 pound mushrooms

LYNN SAYS:

Stop food wastes. Not only is this a matter of thrift but also a vital step in conserving this country's resources. It is estimated that tiny food wastes total up to a tremendous amount.

Wise shopping will prevent buying unwanted and not usable food. The wise shopper should also recognize between good and poor grades, by reading labels and markings, and by watching the scales.

Poor cooking causes much waste. Meat, for instance, shrinks when cooked at too high a temperature. Vitamins and minerals are lost when cooked too long or when air is stirred into them while cooking. Use short methods for cooking whenever possi-

dles as questions. Children will want some lively fun too, and for this you can have a sack race. The leaders of two lines of players are given two large paper sacks. They place the sacks on their feet and at a signal run to the opposite goal and back, take off the sack and give it to the person next to them. The object is to see which line finishes first.

. . .

Speaking of children, are you having a time with their school lunches? Variety is the big problem for packing a complete meal in one

from the thyroid. The main offender appears to be adrenalin, which is commonly known as the energy hormone, the stuff that | tanas, and guava bushes grow in spreads quickly through the body in a fright. Along with the energy hor-

The heart disease hormones are

two from the adrenal glands and one

ering, of the adrenal glands, which seems to be present as a complica-The thyroid hormone enters as a

PARAMOUNT

MATINEE THURSDAY at 2:15

do its worst.

abundance.

mone is one from the cortex, or cov-

sort of ringmaster, which occasionally eggs on the energy hormone to

WEDNESDAY and THURSDAY EVENING NOV. 12-13

OLSEN & JOHNSON """ Screamlined Revue

BILLY HOUSE • EDDIE GARR

Order Seats NOW Mail orders filled in order received when BY MAIL!! Mail orders filled in order received when accompanied by check or money order and stamped return envelope.

NIGHTS at 8:15 Sharp—\$1.10-\$1.65-\$2.20-\$2.76 and \$3.30 tax incl. THURS. MAT. at 2:15 Sharp—83c-\$1.10-\$1.65 and \$2.20 tax incl.

with Vichy apparently controlled by the Axis, anything can happen. There are mountain ranges encir-

cling the capital of Noumea. Here hibiscus, crotons, poincianas, lan-

Noumea is also the site of the nickel works of New Caledonia. 3. What was the first place in The citizens are anti-Petain, pro-De Gaulle. They wanted to send an have slaves? expeditionary force of 500 to fight the Germans in France, but the British command prevailed upon

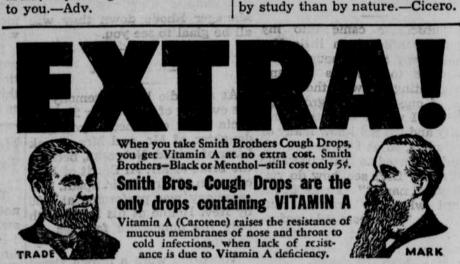
OMAHA, NEBR.

them to keep the men at home for 5. In Greek mythology what was island defense. the name of the monster with 100 eyes?

ANOTHER: information on various subjects on the STAG 3. Jamestown, Va. The Questions Ontario. 5. Argus. 1. What is a jury-rigged ship? 6. An expurgated novel. 2. What is the unit of lumber 7. Robert Morris. measurement called a board foot?

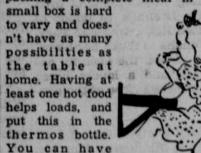
Free, a Grand Cook Book the British colonies in America to Standard Brands, Inc., Dept. W. 4. What Canadian province ex-691 Washington Street, New York tends along the border from New York to Minnesota? City, have prepared a cook book containing dozens of delicious recipes for those who bake at home. It may be had absolutely free by dropping a post card to 6. What is a bowdlerized novel? Standard Brands at the above ad-7. Who was the financier of the dress, requesting that it be mailed

60 COMPANY OF 60 40 BEAUTIFUL 40 A BIG Scheen SHOW 401416 ... ALL AT OUR Regulat EVES. 551 STAGE SHOW PRKES! Study Ennobles There are more men ennobled by study than by nature.-Cicero.



one pound tin, specially wrapped as a gift. Take care of the pipe-smokers on your Christmas list with Prince Albert—The National Hardy Eskimo Dogs the worst blizzards, it is not un-Although Eskimo dogs prefer to common for them to freeze to the and usually do sleep outdoors in ground and be snowed under sufthe coldest weather and even in ficiently to die of suffocation.





cream soups, vegetable soups, then again hot milk drinks for variety.

Sandwiches are a standby, but don't get into a rut with these. Don't have soggy fillings. Wrap each one separately in wax paper. Favorite fillings include:

Peanut butter and jelly Chopped meat mixed with mayonnaise and relish Chopped hard-cooked eggs with

bacon Cheese and luncheon meats Vegetable salad sandwiches Flaked fish with celery, lettuce Chopped figs or dates, nuts, moistened with orange juice

Color peps up the lunch box, so occasionally pack a salad in a paper container. Use fresh fruits of-

ten, or canned ones also packed in small glass or paper containers. Cornstarch puddings are attractive and nourishing, and simple cookies wrapped in wax paper will bring cheers from any child.

Economy is highlighted these days, but it needn't be dull if you use attractively garnished platters.

*Chop Suey or Chow Mein.

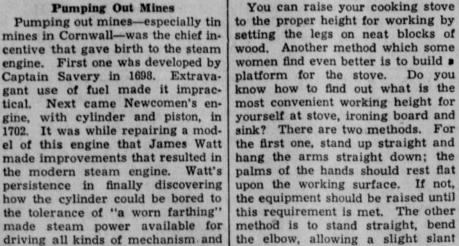
(Serves 6) 1/2 cup butter or shortening 2¾ cups cooked meat, cut in strips 1¼ cups onions, cut fine 1 teaspoon salt 1/4 teaspoon pepper 1 can bean sprouts, drained 2¼ cups celery, cut fine 1 cup hot water For thickening and flavoring:

1/2 cup cold water 2 tablespoons cornstarch 1 tablespoon soy sauce 1 teaspoon sugar

Melt butter, add onions, fry for 3 minutes. Add celery, salt, pepper,

hot water, cover and cook for 5 minutes. Add bean sprouts and meat. mix and bring to a boil. Combine thickening and flavoring ingredients. the "droop test" on bed pillows: add to first mixture. Cook 5 min-If you're in doubt about their age, utes. Serve hot with Chinese noo and if it droops badly, and sags, or dles for Chow Mein, or with steam seems like a sack of metal in the boting rice for Chop suey. Garnist tom of the case, then-out with it platter with thin strips of fried eg. -that pillow is "dated"! and green onions if desired.

(Released by Western Newspaper Union.)



Mountain Town Sliding Now for those pillows! To begin character, but an actual fact. This with, are they really clean? Quite mountain town is sliding gradually possibly after summer's heat, perspiration, use of cosmetics and into the south and east-directly sect repellent salves, etc.-the toward the Arkansas river. At least that is the finding of casings are really soiled. But what Water Commissioner Fred Brackner of the inner fillings-the feathers which make up the average pillow? and of Acting Manager Smith Bedell

of the Canon Gas company. There is no need for this generation-or even this generation's grandchildren-to worry. They'll be long dead before any great concern need be shown, Bedell and Brackney said.

mines in Cornwall-was the chief incentive that gave birth to the steam engine. First one was developed by Captain Savery in 1698. Extravagant use of fuel made it impractical. Next came Newcomen's engine, with cylinder and piston, in 1702. It was while repairing a model of this engine that James Watt made improvements that resulted in the modern steam engine. Watt's persistence in finally discovering how the cylinder could be bored to the tolerance of "a worn farthing" made steam power available for

brought in the factory system and of the arm downward.

the industrial revolution.

Testing Pillows

Here's where you may like to try

Canon City, Colo., is slipping. That is not a reflection on its

Stove on Proper Level

