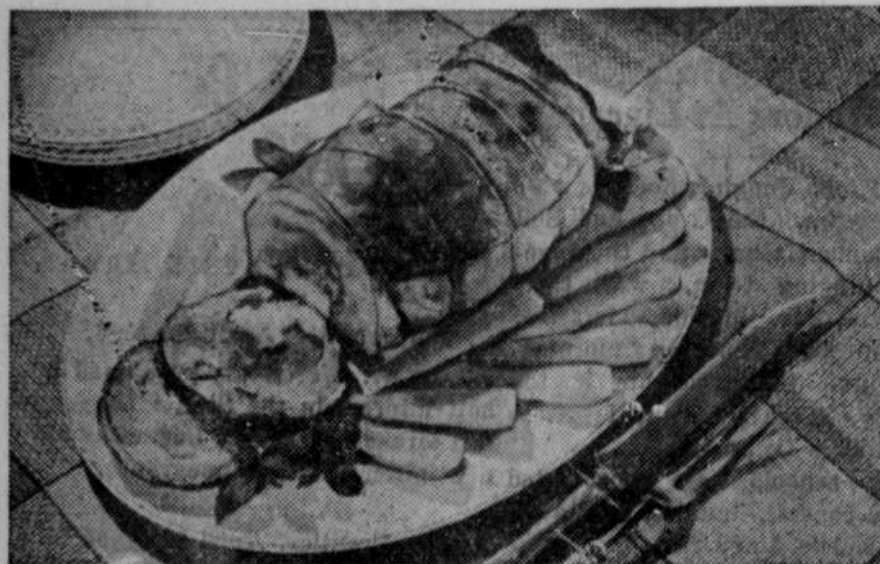


Household News

by Lynn Chambers



THRIFT CUTS—MORE MEAT FOR YOUR MONEY
(See Recipes Below)

MEATS FOR BUDGET MEALS

If you're meat-wise, then you're budget-wise! For the less expensive cuts of meat have a way of making food dollars really stretch.

What's more, the thrift cuts of meat are equally as chock full of flavor, health-giving vitamins, body-building proteins and minerals as the more expensive ones. When you buy a chuck roast instead of chops; hamburger instead of steak; or baby beef liver instead of calves liver, your economy isn't depriving your family or guests of even a teeny, weeny bit of food value. That's the verdict of nutrition experts. And they know.

Economy in purchasing meat comes from knowing the wide variety of different meat cuts available, and from purchasing some of the cuts which are not in greatest demand. For example, a pot roast of beef, delicious as it is and as much as it is enjoyed by everyone, sells for considerably less per pound than a rib roast of beef. The reason, of course, is that there is a greater demand for rib roast.

You will be pleased, and surprised, too, at the way you can save money on your food budget, at the same time adding variety to both your family and company meals, by following today's penny-pincher recipes.

***Stuffed Shoulder of Lamb.**
(Picture above)

How to Buy: Good quality lamb is pinkish and well-marbled with fat. Outside fat is smooth, hard, glossy and cream-white. Look for both government inspection stamp and packer's private grade stamp. Find the grade that suits you, then always buy it. Ask your meat man to bone the shoulder, leaving a cavity to fill with stuffing. (You can use the bones for broth, soup or gravy stock.)

How to Cook: Prepare a well-seasoned stuffing; fill cavity, then sew up edges or skewer in place. Weigh meat after stuffing to compute cooking time. Place fat side up on rack in open pan, rub with salt and pepper. Cook in slow oven (325 degrees F.), allowing about 35 minutes per pound. Garnish with mint leaves and a vegetable; serve. Delicious!

Dressing for Lamb.
2 slices bacon
2 cups bread crumbs
1 cup sour apples, chopped
1 cup raisins
1/2 cup celery, chopped

Fry bacon until crisp and add to bread crumbs, raisins, diced apples and celery. Season with salt and pepper and pile lightly into cavity in lamb shoulder.

Eye-of-Round Roast.
How to Buy: The lean of beef should be well-marbled with fat, firm, smooth, glossy; soon after the meat is cut, the surface should turn bright red. The outer fat should be fairly thick, firm, flaky, cream-white. In lower grades fat is softer, yellower. Though price per pound will perhaps exceed that of rib roast, it is all solid meat—no bones, no fat, no waste of any kind.

LYNN SAYS:

Spread apple or crabapple jelly over the top of roasting ham, veal or pork for the last 30 minutes. The jelly gives an appetizing flavor and a glossy brown top. Crumbled bacon adds a wonderful new flavor to cooked green beans, yellow or white squash, browned navy beans or spinach. Add the bacon in the last 5 minutes.

Long, slow cooking at a low heat is the general rule for cooking the thrifty cuts of meat.

Ranking low on the butcher's price list but high in nutrition are such meats as kidney, brains, heart and liver. They make delicious dishes when properly cooked.

Historical Highlights

by Elmo Scott Watson
(Released by Western Newspaper Union.)

A Unique President

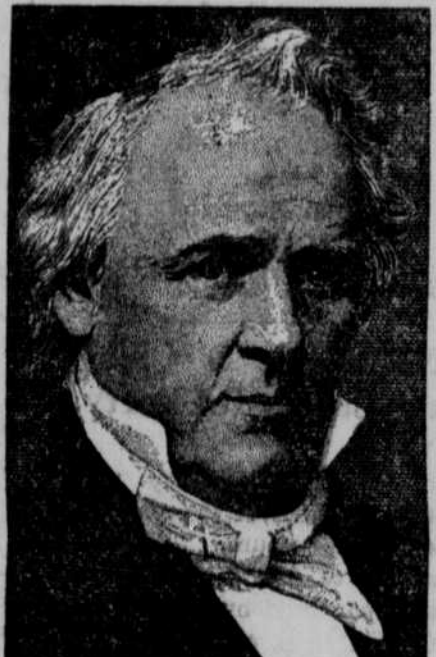
ONE hundred and fifty years ago this month occurred the birth of a boy who was destined to be unique in our presidential history. He was James Buchanan, born April 21, 1791, in Cove Gap, near Mercersburg, Pa., and he became the only native of the Keystone state to reach the White House and our only "bachelor President."

Young Buchanan practiced law in Lancaster, Pa., after his graduation from Dickinson college and in 1814 he was elected to the Pennsylvania legislature. Seven years later the Federalist party sent him to congress and he served there for 10 years. During this period of his career occurred the incident which made him a confirmed bachelor.

He became engaged to Ann Coleman of Lancaster but her father disapproved of the match. So when Buchanan went to Philadelphia to try a case, the elder Coleman intercepted the letters that passed between his daughter and the young attorney and persuaded her that Buchanan's long silence meant he was no longer interested in her.

Meanwhile, gossips had brought Buchanan the news that Ann was engaged to another man. When Buchanan called at her home, he was received coldly by Robert Coleman, who confirmed the gossip, while Ann stood beside her father without uttering a word of denial.

Later Buchanan wrote her a letter demanding that she return his letters and any other keepsakes he had given her, which she did. The next day she went to Philadelphia to visit relatives and there, a



JAMES BUCHANAN

short time later, she died, presumably of a broken heart. One romantic version of the story has it that she took an overdose of laudanum and was found dead with a keepsake of her lover clutched in her hand. Whatever the cause of her death, Buchanan apparently was crushed by his blighted romance and took a vow never to marry.

In 1832 Buchanan was appointed minister to Russia and he is credited with having made the first American commercial treaty with that country. Upon his return, he was elected to the United States senate and, twice re-elected, he served there until 1845 when he was named secretary of state in the cabinet of President James K. Polk. In 1853 President Franklin Pierce appointed him minister to Great Britain. He was accompanied to London by his favorite niece, Harriet Lane, whom he had adopted after the death of her parents and upon whom he lavished all the love that had been thwarted by his loss of Ann Coleman.

By the time he returned from England in 1856, the Democratic party was badly split over the slavery issue and eager for a compromise candidate. They found one in Buchanan and in the campaign of 1856 he was elected over Gen. John C. Fremont, the nominee of the new Republican party.

Buchanan was a statesman of the old school, who, according to one historian, "could make a good campaign speech, laying stress upon the unimportant and glancing at important matters evasively, solemnly and impressively." So it is not surprising that he should have avoided any decisive action when the secession crisis came. But despite that fact, when he left office on March 4, 1861, it was clearly apparent that what he once called "disunion, that worst and last of all political calamities" was inevitable. Buchanan died June 1, 1868, but he lived long enough to see asserted that very disunion which he had feared and had done so little to prevent.

Harriet Lane was Buchanan's official hostess during his stay in the White House and helped him entertain the prince of Wales when he visited this country in 1860. Years later the "Golden Beauty of the White House," now Mrs. Elliott Johnson, a widow, received a special invitation to go to London and see the prince crowned King Edward VII of England. Before her death in 1903 she left a fund of \$100,000 for a statue of her uncle in Washington. It was unveiled by President Hoover in 1923.

Prints Teamed With Plain Wools

Tell Fascinating Fashion Story

By CHERIE NICHOLAS



DESIGNERS are in a mood to play with prints this season. Never in the history of fashion have prints been put to such different and fascinating uses. Anything and everything that can be made of printed fabric is being made. Perhaps the biggest spurge prints are making at present is their teaming up with monotone wools.

This teaming of print with plain is dramatically interpreted throughout all costume design but most notably in jacket suits, redingote ensembles and in capes. While splashy huge-patterned prints play an important role in formal evening apparel and play clothes, neat, small prints are featured in smart daytime ensembles.

However, what these prints of tiny motifs and checks lack in size is made up in color. For instance, the latest fashion is to top red prints of neat design with red wool coats, jackets or capes—a fashion that is being used to a great extent in teenage frocks.

Red prints are the rage this season. Made up in dresses, they are variously teamed with black, navy, or as mentioned above, red. This trend is illustrated in the model shown to the right in the photograph. This dress featured by the Style Creators of Chicago in a recent display, is topped by a flower print red crepe with a thin black wool jacket, tailored to perfection. The pleated skirt and the hat that repeats the print of the dress are smart accents.

The youthful cape coat in dark wool, centered in the group, is made outstanding by the introduction of a silk print lining in the newly im-

portant fine check print, repeating the silk print check of the slim, pleated dress with which it is worn.

A youthful interpretation of the print with plain vogue is pictured to the left. This ingenue dress is of delft blue and white print crepe. The jacket, wearable over other things, is of blue rabbit's hair. Note that the sleeves are short, in keeping with the girliness of the ensemble. There is a cunning little handkerchief of the print. This is one of those casual, intriguingly styled dress-plus-jacket outfits that is so universally likeable for general wear.

There is a new use of prints this season that is challenging the creative genius of designers. It is the idea of trimming with gay prints. You will see it carried out in pipings, biddings, appliques of print motifs, also bow trims of print bands. There is, for example, the dress with pleated skirt that is topped with a monotone jacket that is bound with an inch bordering of print, or possibly a mere binding—just enough to relate it to the dress with which it is worn. Another way of arriving at a "touch of print" for your costume is to have a hat and bag of print that will enliven monotone dresses and coats to the nth degree.

(Released by Western Newspaper Union.)

Plaid Accents



Here's how to add a note of gaiety to a navy suit that boasts an extreme mannish cut. Wear a plaid taffeta hat and carry matching accessories! Choose a wide-brimmed hat of plaid taffeta in red and soft blues. Over your shoulder, sling a matching pouch bag. Clasp the plaid program with a handkerchief of matching plaid. It is the better part of wisdom to buy a simple one-color suit or coat, then depend on accessories to give it eye-dazzling chic.

Hair Styles Reveal

New Flower Motifs
A new vogue that probably will spread like wildfire is a cluster of flowers worn at each side of the head, balanced symmetrically. The flowers are caught to a ribbon band or to one of the new hairbands that fit to the head.

Roses Take Spotlight In Fabric Designs

It's rosetime in fashionland. The most featured flower in fabric design, in hat trimmings and in smart corsages is the rose.

It is going to be a particularly "rosy" summer in cottons, because cottons this year are reminiscent of weaves that were favorites in the early 1900s. You will find roses blooming on waffle piques, on unbleached muslins, in mezzotint, on glazed chintz and on lawns and percales.

For party frocks, the newest materials are hand-painted sheers. A huge American Beauty rose, one painted on the bodice, one on the skirt, enhances the beauty of these sheers.

Don't overlook the cunning little sailor hats that are made to wear with the new tailored suits or cape costumes. You will be charmed with single rose trim that mounts right from the very front of the crown.

The latest evening corsage is a single long-stem rose.

Cotton Fabrics Essential To Wardrobes, Supplies

A surplus commodity without which homemakers would be lost is cotton.

There are probably more cotton fabrics suited for more varied uses than fabrics made from any other fiber or combination of fibers. Cottons make up into at least 30 different fabrics suitable for dresses for women, girls and infants.

Without cotton, sheets, pillowcases, ticking and linings of comforters, curtains, draperies, upholstery materials, bath towels, hand towels and dish towels would disappear.

Frisly Accents

Everybody's doing it! Wear the frilliest frilly-frilly neckwear ever. Regency frills, jabots, big sailor collars with frilled edges, yokes that are frilled.

PATTERNS

SEWING CIRCLE



1333-B

the other is turned back in narrow revers. Make the dress in household cottons, trimming with braid and adding a couple of pockets, and it will be one of your most comfortable work-a-day styles. Make it of light, inconspicuous prints, flat crepe or spun rayon for street wear, with plain neckline, softened by a narrow touch of contrast.

The detailing is perfectly planned to create the high-busted, slim-hipped line most becoming to large figures. The skirt has a gradual flare. It's one of those utterly simple dresses that has loads of distinction.

Pattern No. 1333-B is designed for sizes 36, 38, 40, 42, 44, 46, 48, 50 and 52. Size 38 requires, with short sleeves, 5 1/2 yards of 39-inch material without nap; long sleeves, 5 1/4 yards. 1 1/4 yards braid or 3/4 yard contrast for neck fold. Detailed sew chart included. Send order to:

SEWING CIRCLE PATTERN DEPT.
Room 1324
211 W. Wacker Dr. Chicago
Enclose 15 cents in coins for
Pattern No. Size.
Name

Restaurateur Believed Himself Well Supplied

The couple had enjoyed a meal in the restaurant. When the bill was presented the husband was horrified to discover he had come out without money.

Calling the proprietor, he explained the situation, ending up with:

"It won't take me long to slip home, and my wife will remain here as security."

"Pardon me," said the proprietor, "haven't you anything else?"

"Sir," snapped the customer angrily, "are you insinuating that my wife is not worth the \$1.50?"

"Not at all," the proprietor protested, "but I already have a wife!"

AROUND THE HOUSE

Combs should not be washed, for the water is apt to split the teeth. An old and fairly stiff nailbrush will be found very useful in cleaning them. Work the bristles well in and out between the teeth until all the dirt and fluff is removed, and then wipe the comb carefully on a damp cloth.

If you do not have a special board for pressing sleeves, here is a convenient substitute: Roll up a large magazine, fasten it with rubber bands and tuck it into the sleeve.

Remove seeds from dates with a sharp-bladed paring knife. Keep your fingers moistened with cold water to prevent dates from sticking. Store dates in covered jar in a cupboard.

Never allow cold water to run into an aluminum pan while it is hot. If done repeatedly, this rapid contraction of metal will cause pan to warp.

A large banana and two ounces of cream cheese mashed and mixed together makes a delicious spread for crackers.

Cream cheese mixed with a little chili sauce or catsup makes a piquant filling for sandwiches. They are especially appealing with a hot beverage.

A scrubbing brush with stiff bristles is invaluable when washing badly soiled collar bands, mud-splashed hems or other stains on white clothes. Lay the cloth smoothly on the washboard, wet the brush, rub it across a bar of soap, then scrub the garment with strokes of the brush.

To clean stained brass ash trays, cover them with a paste made of salt and vinegar. Let stand half an hour and then rub well with a cloth and wash the trays in hot water and soapsuds. Wipe dry with a clean soft cloth.

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limited time only -

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