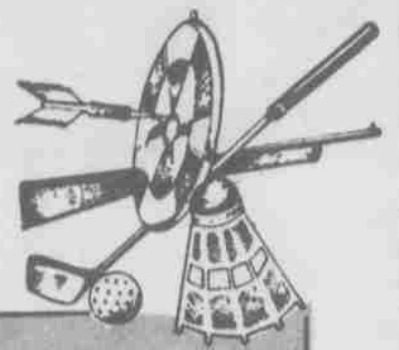


CLIP & SAVE

THE SEMESTER IN SPORTS



INTRAMURALS

ACTIVITY	ENTRY PERIOD	PLAY BEGINS	ACTIVITY	ENTRY PERIOD	PLAY BEGINS
Campus Recreation Manager's Meeting	NA	August 28	Rifle Shoot (M,W,C)	NA	October 14
Cross Country (M,W,C)	NA	September 3	Table Tennis Doubles (M,W,C)	Oct.1-Oct. 14	October 20
Punt, Pass & Kick (M,W,C)	NA	September 4	Basketball (C)	Oct. 8-Oct. 21	October 27
*Frisbee Skills (M,W,C)	NA	September 7	Volleyball (M,W)	Oct. 8-Oct. 21	October 27
*Hackey Sack (M,W,C)	NA	September 7	Indoor Soccer (C)	Oct. 8-Oct. 21	October 27
Tennis Singles (M,W)	Aug. 25-Sept. 3	September 8	*Backgammon	Oct. 8-Oct. 21	October 28
Tennis Doubles (C)	Aug. 25-Sept. 3	September 8	3-on-3 Basketball (M,W,C)	Oct. 8-Oct. 21	October 28
Slow Pitch Softball (M,W)	Aug. 25-Sept. 3	September 8	*8-Ball Pool (M,W)	Oct. 15-Oct. 28	November 4
Flag Football (C)	Aug. 25-Sept. 3	September 9	Olympic Weightlifting Meet (M,W,C)	NA	November 4
Outdoor Racquetball Singles (M,W)	Aug. 27-Sept. 9	September 15	Turkey Trot (M,W,C)	NA	November 9
Mud Volleyball (C)	Sept. 3-Sept. 16	September 19	Indoor Soccer (W)	Oct. 21-Nov. 4	November 10
Outdoor Racquetball Doubles (C)	Aug. 27-Sept. 9	September 15	Pitch	Oct. 29-Nov. 11	November 17
Horseshoe Singles (M,W)	Sept. 3-Sept. 16	September 22	Water Basketball Tournament (M,W,C)	Nov. 5-Nov. 18	November 21
Archery (M,W,C)	NA	September 23	Pre-Season Basketball Tour (W,M,C)	Nov. 18-Dec. 2	December 5
Fast Pitch Softball Tournament (M,W)	Sept. 10-Sept. 23	September 28	Swimming Relays (M,W,C)	NA	December 7
Placekicking (M,W,C)	NA	September 28	160 lb. Tug-of-War (M)	NA	December 9
Flag Football (M,W)	Sept. 10-Sept. 23	September 29	120 lb. Tug-of-War (W)	NA	December 9
Soccer (C)	Sept. 10-Sept. 23	September 29	Tug-of-War (M,W,C)	NA	December 9
Golf Tournament (M,W,C)	Sept. 17-Sept. 30	October 4	Sports Trivia (M,W,C)	NA	January 15
Innertube Water Basket. Tourn. (M,W,C)	Sept. 17-Sept. 30	October 3	Snow Softball Tournament (M,W,C)	Dec. 3-Jan. 13	January 16
Badminton Singles (M,W)	Sept. 17-Sept. 30	October 7	Basketball (M,W)	Dec. 3-Jan. 13	January 20
Rodeo (C)	Sept. 24-Oct. 7	October 12	Volleyball (C)	Dec. 3-Jan. 13	January 20
Racquetball Singles (M,W)	Sept. 24-Oct. 7	October 13	*Table Soccer Doubles (M,W,C)	Dec. 3-Jan. 13	January 20
*Table Tennis Singles (M,W)	Sept. 24-Oct. 7	October 13			

INDOOR RECREATION FACILITY SCHEDULE

August 25-December 14, 1986

A current UNL ID card is required of everyone for entry into all recreation facilities. All indoor recreation facilities are closed on dates of home football games. Individuals participate at their own risk.

COLISEUM GYM
 M-F 6:30 p.m.-10:00 p.m.
 Saturday 10:00 a.m.-8:00 p.m.
 Sunday 12:00 noon-10:00 p.m.

WEIGHTROOM
 MWF 11:30 p.m.-1:30 p.m.
 T-Th 11:45 p.m.-9:30 p.m.
 MWF 2:30 p.m.-9:30 p.m.
 Saturday 10:00 a.m.-7:30 p.m.
 Sunday 12:00 noon-9:30 p.m.

POOL M-F Closed until further notice
 The Coliseum will be closed the following dates:
 September 6 September 21 October 18
 September 8 (open 5-10 p.m.) September 27 November 1
 September 10 October 5 & 6 November 22
 September 12 October 11 December 5 & 6
 December 13 & 14

Lockers are available through the School of Health, Physical Education and Recreation.

EAST CAMPUS ACTIVITIES BUILDING
 Locker/shower facilities for women and men.
GYM
 M-F 11:45 a.m.-1:15 p.m.
 M-F 5:00 p.m.-10:00 p.m.
 Saturday 12:00 noon-8:00 p.m.
 Sunday 12:00 noon-9:00 p.m.

WEIGHT & FITNESS ROOM
 M-F 11:00 a.m.-1:30 p.m.
 MWF 4:00 p.m.-10:00 p.m.
 T-Th 5:00 p.m.-10:00 p.m.
 Saturday 12:00 noon-8:00 p.m.
 Sunday 12:00 noon-9:00 p.m.

Lockers are available through the Campus Recreation Office, Room #32.

MABLE LEE HALL
 Locker/shower facilities available to women and men.
GYM 301 (North) M-F 6:00 p.m.-10:00 p.m.

Basketball Priority Saturday 1:00 p.m.-6:00 p.m.
 Sunday 1:00 p.m.-6:00 p.m.

GYM 313 (South) Volleyball Priority M-F 3:00 p.m.-10:00 p.m.
 Saturday 12:00 p.m.-6:00 p.m.
 Sunday 12:00 p.m.-6:00 p.m.

POOL T-Th 11:00 a.m.-7:00 p.m.
 MWF 2:00 p.m.-7:00 p.m.
 Saturday 12:30 p.m.-5:30 p.m.
 Sunday 12:30 p.m.-5:30 p.m.

MEN'S P.E. BUILDING
 No locker/shower facilities available.
GYM M-F 2:30 p.m.-6:30 p.m.
 (August 25-October 6)
 M-F 2:30-10:00 p.m.
 (October 10-December 14)
 Saturday 12:00 noon-5:00 p.m.

SCHULTE FIELDHOUSE RACQUETBALL CTS. M-F 10:30 a.m.-1:00 p.m.
 (9) north end of M-F *6:00 p.m.-10:00 p.m.
 Memorial Stadium Saturday *10:00 a.m.-6:00 p.m.
 Sunday *1:00 p.m.-9:00 p.m.

*NOTE: Schulte Fieldhouse will be closed Friday night prior to all home football games and the day of home freshman football games.

INDOOR TRACK Check with the Campus Recreation Office after November 25, 1986 for opening date.

ED WEIR OUTDOOR TRACK M-F Open until 6:30 p.m.
 Please do not run on track during track practice.

Shower facilities are available for men and women.

CAMPUS RECREATION OFFICE
OFFICE M-F 8:00 a.m.-5:00 p.m.
EQUIPMENT RENTAL M-F *8:00 a.m.-4:45 p.m.
CHECK-OUT

TRIP PROGRAM SCHEDULE

September 10, 11, & 12-14
BASIC ROCK CLIMBING SEMINAR. Take advantage of this unusual opportunity to learn technical rock climbing at a very affordable price. Seminar includes one evening, one afternoon in Lincoln and one weekend at Palisades State Park, near Sioux Falls, South Dakota.
SIGN-UP DEADLINE: SEPT. 10 **LIMIT: 12** **COST \$50.00**

September 19-21
NIOBARRA RIVER CANOE TRIP. Canoe the famous "Canyon of the Niobrara River," now under consideration as a national wild and scenic river.
SIGN-UP DEADLINE: SEPT. 11 **LIMIT: 12** **COST: \$50.00**

September 24-28
INTERMEDIATE ROCK CLIMBING SEMINAR. Progress to multi-pitch climbing as practiced in the Needles of the Black Hills in South Dakota. Basic Rock Climbing required as a prerequisite.
SIGN-UP DEADLINE: SEPT. 17 **LIMIT: 10** **COST: \$105.00**

October 3-5
DISMAL RIVER CANOE TRIP. Imagine yourself in a secluded oasis tucked neatly away into the Nebraska Sandhills! You won't believe you're in Nebraska.
SIGN-UP DEADLINE: SEPT. 25 **LIMIT: 12** **COST: \$50.00**

October 24-26
AUTUMN COLORS BICYCLE TOUR. This popular trip features cycling in the Missouri River Valley during the peak of Fall colors. Support vehicle, meals and camping equipment provided.
SIGN-UP DEADLINE: OCT. 16 **LIMIT: NONE** **COST: \$35.00**

November 26-30
SNOW AND ICE CLIMBING SEMINAR. Learn the fundamentals of travel in alpine environments. Conducted in Rocky Mountain National Park, Estes Park, Colorado. Must have successfully completed Basic Rock Climbing Seminar.
SIGN-UP DEADLINE: NOV. 12 **LIMIT: 10** **COST \$125.00**

December 27-Jan. 10
ADVENTURING IN THE SWITZERLAND OF CENTRAL AMERICA. This post Christmas holiday will include whitewater rafting on tropical rivers, hiking in mountain cloud forests, swimming, and snorkeling on both the Atlantic and Pacific Oceans in colorful Costa Rica.
SIGN-UP DEADLINE: NOV. 26 **LIMIT: 10** **COST \$1100.00**

January 2-9
DOWNHILL SKIING. Enjoy five days of skiing at one of Colorado's finest resorts in Steamboat Springs, Colorado.
SIGN-UP DEADLINE: DEC. 5 **LIMIT: 12** **COST: \$205.00**

January 2-10
CROSS-COUNTRY SKIING. Enjoy cross country skiing at Bear Creek Lodge in Northern Minnesota.
SIGN-UP DEADLINE: DEC. 5 **LIMIT: 12** **COST: \$205.00**



OFFICE OF CAMPUS RECREATION

1740 Vine Street, Lincoln

472-3467

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