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Daily Nebraskan

Nothing to eat in this house

As a parent who works with words for eat only if you are starving. Red for bread. a living, I have prided myself over many "touch this and you die." years for a certain skill in breaking the codes of childspeak. I began by inter- same locusts can stand in front of a preting babytalk, moved to more sophisticated challenges like "child out" and graduated with "wicked good."

me. I was unable to crack the meaning of the common cry echoing through have little to do with the supply. most middle-class American households: "There's Nothing To Eat In This age eater mean when he or she bleats House!"

stant refrain during the summer months when children who have been released from the schoolhouse door grow attached to the refrigerator door. It is during the summer when the average taxpayer realizes the true cost-effectiveness of school: It keeps kids out of the kitchen for roughly seven hours a day. A feat no parent is able to match.

At first, like so many others, 1 assumed that "NETH!" (as in "Nothing To Eat In This House") was a straightforward description of reality. If there was NETH, it was because the children had eaten it all. After all, an empty larder is something you come to expect when you live through the locust phase conditions. of adolescence.

Her children feed directly from the microwave oven on hand. bags, rather like ponies. I have other doesn't turn into lunch.

However, I discovered that these be re-heated (See 1.) ing the same pathetic choruses of trap. "NETH! NETH!" By carefully observing One phrase, however, always stumped my research subjects, I discovered that

What then does the average under-'NETH! NETH!" You will be glad to This exclamation becomes a con- know that I have finally broken the unless it is a box of cookies and: code for the "nothing" in NETH and offer herewith, free of charge, my trans-

> Ellen Goodman

NETH includes:

lation.

especially in a pan or by convectional heat. This covers boiling, frying or baking. Toasting is acceptable under dire who devour the ripest food from one

2. Any food that is in a frozen state I have one friend with three teen-age with the single exception of ice cream. sons who swears that she doesn't even A frozen pizza may be considered have to unload her groceries anymore. "something to eat" only if there is a

friends who only buy ingredients for before eaten. This means tuna that is only graze, All the rest is NETHing. supper on the way home so that supper still in a can. It may also mean a banana that has to be peeled, but only Company/ Washington Post Writers Over the years, I have considered in extreme cases. Peanut butter and Group color-coding food with red, yellow and jelly are exempt from this rule as long Goodman is a Pulitzer prize-winning green stickers. Green for eat. Yellow for as they are on the same shelf beside the

4. Leftovers. Particularly if they must

5. Plain yogurt or anything else that

relatively full refrigerator while bleat- might have been left as a nutrition

6. Food that must be put on a plate, or cut with a knife and fork, as opposed the demand of "NETH!" may indeed to ripped with teeth while watching videos.

> 7. Anything that is not stored precisely at eye level. This includes:

8. Any item on a high cupboard shelf,

9. Any edible in the back of the refrigerator, especially on the middle shelf.

While divining the nine meanings of "NETH" I should also tell you that I developed an anthropological theory about the eating patterns of young Americans. For the most part, I am convinced, Americans below the age of 20 have arrested their development at the food-gathering stage.

They are intrinsically nomadic. Tra-1. Any food that must be cooked, veling in packs, they engage in nothing more sophisticated than hand-to-mouth dining. They are, in effect, strip eaters home, and move on to another.

Someday, I am sure they will learn about the use of fire, not to mention forks. Someday, they will be cured of the shelf-blindness, the inability to imagine anything hidden behind a 3. Any food that must be assembled large milk carton. But for now, they can © 1986, The Boston Globe Newspaper

columnist for the Boston Globe.

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