

Brief letters are preferred, and longer letters may be edited. Writer's address and phone number are needed for verification.

Abstinence, not prevention answer to unwanted pregnancies

It's time people realize there is a connection between birth control and abortion. They are not separate issues. The birth control attitude of sex without children leads to the abortion attitude of sex without children.

In a recent Ellen Goodman column, Goodman defended Title X as a good way to prevent "unwanted" pregnancies. She said, "The best way to deal with an unwanted pregnancy is to prevent it."

I say the best way to prevent pregnancy is to abstain. I don't think we expect enough of young people today.

The attitude is that they're going to do it anyway, so give them birth control.

There is a defeatist attitude going around that was initiated and is perpetuated by Planned Parenthood. Doesn't anyone care about the quality of life of these young people? To toss them birth control devices is to treat them like animals.

Sex is separated from its natural end - birth. The sacredness, security and love eventually are lost. When it comes time to marry, how can these be retrieved? I don't think sex is a thing to be taken lightly. It demands the right

setting, the trust, commitment, home and love found in marriage.

We can have an effect on society by touching one person at a time. This is the truly human way of dealing with people. And when they make a mistake, we don't call their children "unwanted pregnancies." We must accept the girls and their babies, supporting each person, never throwing anyone into the category of "unwanted."

Sue Kouma
senior
art

Senators' CROP support helps image

As a Commonwealth depositor and a UNL faculty member, it has been difficult for me to feel good about the actions of the members of the Nebraska Legislature. The general consensus of senators regarding what is right, fair and important has left much to be desired. If their actions reflect the attitudes of their constituents to any great extent, it is disheartening.

However, the purpose of this letter is not to discuss the Commonwealth situation or state budget problems. Rather, it is to commend all those many people in Nebraska and elsewhere, who, despite the difficult economic situation, have demonstrated their concern for others less fortunate than themselves.

In particular, I would like to make special mention of the Nebraska Shares/CROP campaign of the Nebraska Hunger Drive Coalition.

I encourage everyone to consider supporting this campaign to fight

Kerrey's message 'heals wounds'

I wish to respond to the editorial "Kerrey's bluffs, policy changes threaten state," (Daily Nebraskan, Nov. 18).

I consider Gov. Bob Kerrey to be a leader and wish to applaud his message to the Legislature on Nov. 15 when he "healed the wounds."

In my opinion, that was a day that

hunger in Nebraska and throughout the rest of the world. For more information, you may contact the senators' offices or the local CROP office (donations may be mailed to Nebraska Shares/CROP, P.O. Box 83525, Lincoln, NE 68501-3525).

I also would like to acknowledge the contributions to fight hunger made by the management and patrons of Pontillo's, 1246 Q St., Daylight Donuts on South 17th Street; Dairy Queen on South 48th Street, and other establishments that have, over the past few months, participated in the countertop display program of World Vision International. This countertop display program continues.

These types of activities renew my faith in the basic good will of the people of Nebraska.

Warren Luckner
director
actuarial science

will be recorded in our state's history as a "pivotal" day.

The above quotations were taken from a superb Nov. 16 Grand Island Independent editorial, which I agree with.

Mrs. A. D. King
Central City

Coffee's link with disease is disheartening

COHEN from Page 4

I think I got hooked on coffee because my parents would not let me drink it. Since then, I have associated it with rebellion and creativity and, of course, leftist politics which is a synthesis of the two. Tea, on the other hand, is associated with imperialism and, thus, exploitation.

The cigarettes are long gone. Only the coffee remains. I begin the day by drinking it and end the day preparing to drink it in the morning.

The years have taken their toll. I no longer have cream. I no longer have sugar and I have switched at night to decaffeinated — as long as it is brewed. One by one my aging friends have abandoned coffee, complaining about the shakes or nervousness, sometimes holding up their hands if a second cup is offered, recounting how they just can't drink the stuff anymore. Not me. I drink all I want whenever I want, and about the only time affects me emotionally is when I can't get it after a meal.

So, please, Johns Hopkins researchers, check your data. Go over your figures. Coffee starts my heart in the morning, gets me through the day and is the drink that I would miss the most. Think about the harm you'll do to people like me if you positively prove a link between coffee and heart disease.

We'll go back to smoking.

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Cohen writes an editorial column for the Washington Post.

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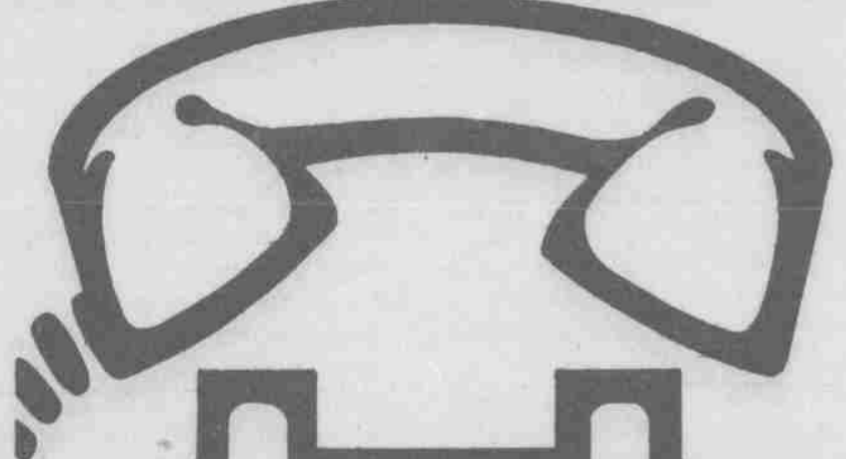
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